



eCentaur

RMDS President's Message

Spring is fully here and hair is in the air and our faces!! Our first show is only days away and it is full as is our second show! It is good to know so many of us are excited to be competing and socializing again. However, we must remember that our shows that are affiliated with USDF/USEF are under their rules, as are clinics that are USDF sponsored. If we do not want to lose the privilege of our shows, we MUST follow the rules that are set forth by USDF/USEF. This means we MUST continue to socially distance, we MUST wear our masks, we MUST not congregate in large groups. If you are asked to abide by these rules, please do so for the sake of the entire RMDS.

While Ride for the Cure is full with a wait list for the competition, I cannot say the same thing for the volunteer list for Ride for the Cure. I have said it before and will say it many times, without volunteers filling the jobs that are required to run a show, the organizers will need to hire people to do the jobs. This will translate to higher entry fees. PLEASE VOLUNTEER!! It really is quite pleasant and very much appreciated and it's a great way to get to meet people, horses and dogs!

“Service is the Currency of the Universe” Dr. Alok Trivedi

Happy Riding
Dorothy

Time to move on?

If you're thinking of selling,
call me for a no obligation property
evaluation and market overview.

Jan Johnson
Your Colorado Horse Property Specialist

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USDF Region 5 May 2021 Message

Competitions are finally back in full swing for Region 5 and educational programs are a go! Life is starting to become a bit more normal. Auditors are still limited, as are spectators at competitions, but we moving forward.

Our USDF Executive Board Spring meetings are coming up next week as I write this. We are hopefully doing just one more year of Spring meetings on Zoom and then perhaps returning to in-person gatherings. I miss meeting with everyone face-to-face and sharing ideas, meals, walks and just time working for our sport.

The prize list is now out for the Great American USDF Region 5 Championships being held September 16-19 at HIPICO Santa Fe in Santa Fe, New Mexico. There is a great panel of officials and a wonderful central location for our region. I hope you consider joining us as either competitors or volunteers. We are still working on a venue for 2022 in a respectable time frame (September/October), but there are a couple of options that are coming to light so hopefully we will have good news for you soon.

The deadline for Participating Member Delegate nominations was April 15. Our region will have 4 PM delegates for the 2021 USDF Convention in Houston, Texas December 1-4. Our 4 nominees for the PM delegates are Joan Clay, Cecilia Cox, Sarah Lindsten and Sarah Martin. Please be sure to vote in the election for our nominees in June. Many thanks to Dorothy Kapaun, our

As of May 12th, our potential candidates for the 2021 FEI North American Junior and Young Rider Championships August 9-15 in Travers City, Michigan will be finalized. As I write this, we have 9 riders who have declared (7 Juniors and 2 Young Riders). If you would like to contribute or help with their fundraising efforts, please contact Joan Clay, our Region 5 Jr/YR FEI coordinator at jnclay@comcast.net or 970-420-0877. This competition is a reasonable distance for us to travel by trailer, which makes things much more feasible, but we still need your help in order to be able to. If you're a rider, PLEASE DON'T FORGET TO TURN IN YOUR DECLARATIONS!

I hope everyone stays healthy and safe.

If you have news you'd like to share, please let me know, we're happy to get it out and about for you.

Happy Spring!

Till next month!

Heather Petersen

Region 5 Director

[View USDF Region 5 Website](#)

Know Thy Test

by Sally O'Dwyer

When I enter the show ring, I fear I will be possessed by a horrific amnesia attack and forget where/what I am supposed to be doing. I know that I am not alone in this fear. So, what to do? Go all in and think as if you are going to get a PhD in your test.....



Read the full article: <https://www.rmds.org/blog/know-thy-test>

Upcoming Events

May 7-9 - Dressage for the Cure Warmup & Dressage for the Cure - Parker, CO

May 10 - GVDS presents “What NOT to Wear: The Latest in Dressage Attire” by Tiger Adams - ZOOM

May 13 - RMDS Executive Board Meeting 6:30 pm - ZOOM

May 15 - NCDA Schooling Show with Sharron Sarchet - Greeley, CO

May 15-16 Swing into Spring I & II - Sante Fe, NM

May 16 - NCDA Clinic with Sharron Sarchet - Fort Collins, CO

May 24 - GVDS presents “Equine Therapy Options for Peak Performance” by Carrie Washburn - ZOOM

May 29-30 - Nighthawk Dressage II & III - Longmont, CO

May 29-31 - Classical Horse Club Alpine Extravaganza - Eagle County, CO

June 4 - GVDS Schooling Show II – Grand Junction, CO

[Click to View Full Calendar](#)

Rein-Back: 50 Years of RMDS. Features from the Archives Understanding “Throughness”

An Elusive ‘Balance’ of the Aides

by Janet “Dolly” Hannon

While traveling to different parts of the country to clinic, the most common misunderstanding that I encounter is the participants not understanding “throughness” and the effect correct bending has on this progression.

“Throughness” is a popular dressage buzzword. The German word for “throughness” “Durchlaessigkeit” does not translate well to English. But the closest single word is permeability, which means the state of being permeable or open to passage.

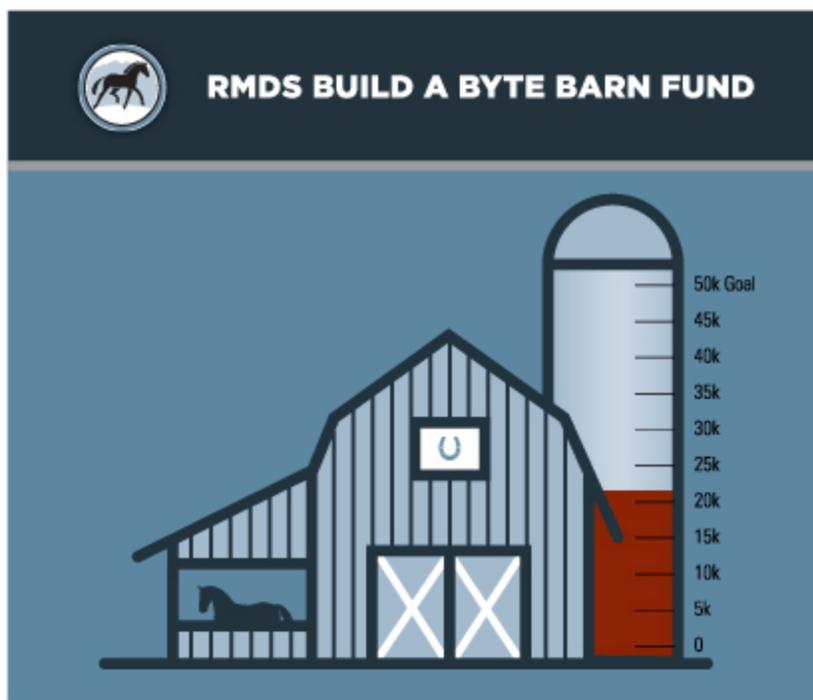
Read the full article: <https://www.rmids.org/blog/rein-back-50-years-of-rmids-features-from-the-archives>

miss out on fun events and important announcements!

From the homepage at rmds.org: if you are brand new to RMDS click join - if you have been a member at any time through the years click log-in.

Join RMDS

Renew or Login



RMDS had a new database built and website designed. Our previous database was over 30 years old and needed to be revamped in order for our organization to move forward.

Make your tax-deductible donation for 2021! RMDS is a 501(c)3.

We are building a Byte Barn! Donate a Brick Byte:

\$50 donation = 1 Byte

\$250 donation = 1 Megabyte

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