

[Subscribe](#)[Past Issues](#)[Translate](#)[RSS](#)[Membership](#) | [RMDS Calendar](#) | [Previous Centaurs](#) | [View this email in your browser](#)

# eCentaurs

## RMDS President's Message

Well, another show season is in the bag for most of us; however, RMDS and Region 5 will be well represented by a few of us at the National Finals! Congratulations to those that have been invited to attend!! It is my hope that those attending will be willing to share your experience so that the rest of us can be a part of your adventures.

The RMDS Board of Governors' Meeting will take place on Saturday, November 20th, at the Renaissance Hotel in Denver at 9:00 am. This meeting is very important in making decisions for the future of RMDS. All are welcome. There are several Board positions up for election and a few Chair positions that need to be filled. The Board positions that are up for election are Vice President (1 year), Secretary (2 years), and Treasurer (2 years). The Chair Committee positions that need to be filled are Adult Amateur, Marketing, Professional, and the Championship show.

The duties of each position are listed in the By-Laws under the "About" section on the RMDS website. PLEASE consider filling one of the positions. Once again, this is YOUR club; it needs its members input and commitment to continue being a club.

Happy Riding, Dorothy Kapaun  
President, RMDS'

*"The real voyage of discovery consists not in seeking new landscapes, but in having new eyes."*  
Marcel Proust

## USDF Region 5 September 2021 Message

The USDF convention is just around the corner and sadly, we're back to a virtual convention this year. With Covid numbers on the rise again, it's a safer and easier way to meet. We are very hopeful that the convention will be back in person in 2022. I hope that more of you are able to join us. Be sure to check the convention schedule and attend the Region 5 meetings, along with the Board of Governors, and learn more about how your USDFworks.

The information and schedule will be posted at [www.usdf.org/Convention/](http://www.usdf.org/Convention/). We are electing a new president of USDF this year and there are two candidates for consideration. Both candidates will be speaking during our 2nd regional meeting at the convention. Your Participating Member Delegates to the USDF Convention for 2021 are Joan Clay, Cecilia Cox, Sarah Lindsten, and Sarah Martin. These ladies will be representing our Region during the voting portions of the Board of Governors meetings, in addition to representatives from each GMO. If you have an opinion on a Presidential candidate or any other things of import, please reach out to the delegates and let them know your thoughts. – their contact information can be found at <https://www.usdf.org/about/about-usdf/governance/nominating/delegates.asp>.

We will have the USDF Region 5 Jr/YR Clinic with George Williams at Hobby Horse Farms in Longmont, Colorado on October 23-24, 2021. Spectators will be allowed this year and we hope that you'll join us. Thank you very much to Kaite Lorentz for the donation of your lovely facility for this clinic. Congratulations to the folks who will be selected to ride – we don't know who they are at the time I write this, but it's great to see more depth forming in our youth for Region 5 again! There are many fun things on tap for education with our GMOs in the near future, so please be sure to check your local calendars and participate in these great opportunities!

Till next month!  
Heather Petersen  
Region 5 Director  
[www.usdfregion5.org](http://www.usdfregion5.org)

[Subscribe](#)[Past Issues](#)[Translate ▾](#)[RSS](#)

- LEARN
- MAKE NEW FRIENDS
- PROMOTE YOUR PASSION
- BUILD COMMUNITY
- GIVE BACK
- HAVE FUN



## RMDS Needs You: Consider Volunteering for a Position with RMDS

### Six Reasons Why You Should Get Involved

By Sally O'Dwyer

RMDS is your Group Member Organization of USDF (GMO). Created more than 50 years ago, we are one of 8 clubs that comprise Region 5, and we have well over 500 members. As a nonprofit, our organizational structure is almost entirely volunteer-dependent, and as such, RMDS cannot function without member involvement. RMDS currently has several leadership positions open and many support positions available.

**1. YOU ARE WANTED!** RMDS needs new members to bring new ideas, creativity and to offer input. Sadly, far too many people see their GMO as just one more club they must sign up in order to compete. Some people may be hesitant to step up and accept a position within the club because they are new to the sport, feel as they don't know much about dressage, or perhaps because they are low-level

[Subscribe](#) | [Past Issues](#)[Translate](#) ▾[RSS](#)

that if you step up, you will not be alone, we promise not to overburden you, and we will help you be successful in your efforts.

**2. No Man Is an Island: Your GMO is a critical part of your circle of support.** Successful competitors know that dressage is not an individual sport, and have a network that is broad, strong, and far-reaching. For what is competition, but a coming together of lovers of the sport to show our best. Great riders understand this and work closely with their local GMOs to preserve, build, enhance, grow, and foster a community that serves as the dance floor where riders share and celebrate the love of the sport. Your support circle must include others who “get it.” When you volunteer, you help the organization, and at the same time, you create a wider network of people who can help you grow and lift you up in your sport.

**3. Grow a healthy community.** While you might not be able to “see” a community, we all know what it feels like to be part of a healthy, vibrant, and inclusive platform where we all can participate. Unfortunately, without strong participation from everyone, the same brave, tired, people end up shouldering all the work. This is unfair and can lead to cranky and resentful members. An organization can only serve the community well and offer new and exciting opportunities if there are sufficient volunteers to help implement these activities. No one wants a stagnant organization that only has the bandwidth to keep things afloat, barely managing to keep up with the status quo.

**4. Educate yourself.** As riders, we put so much effort into dressage—the countless hours of practice and lessons, not to mention the huge financial investment. But is this all that you do, you are missing out. You must be invested in your GMO to truly understand the world of competition. Your GMO is always there for you if you learn how to access their resources and the best way to do this is by getting to know people at the organizational level.

**5. Give back.** The satisfaction of giving back and helping others through the GMO community cannot be understated. Part of your love of dressage should be about sharing and promoting the sport. We learn best when we share our understanding and passion with others. As you share, you gain a deeper understanding of the sport.

**6. Participate at the local level, support the national level.** Most people don’t realize that, as an umbrella organization under USDF, the work we do here in our backyard supports the dressage community throughout the entire US. USDF has over 100 affiliated dressage clubs. By joining your local GMO, you automatically become a group member of USDF. As a member, you provide both financial support and are part of the USDF governance. Each year, our GMO sends delegates to the USDF National Convention, who represent our interests.

Please reflect on your ability to serve and consider growing your involvement with your club. In November, we will be electing new Board Members. Perhaps it’s time to get off the sidelines and take a step into making your organization the best it can be.

**“Confidence is absolutely essential because without it the horse just cannot make a sufficient surrender of himself, mentally and physically, to learn and to absorb our teaching. Mental and physical processes are so intimately connected, that they cannot be separated.” -Henry Wynmalen “Dressage”**

**Omnibus Correction: Stan Adamson's phone number is 303-818-1876**

## **Save The Date: November 20th Board of Governors Meeting--9 am start**

Renaissance Hotel-Quebec Street-Denver, CO

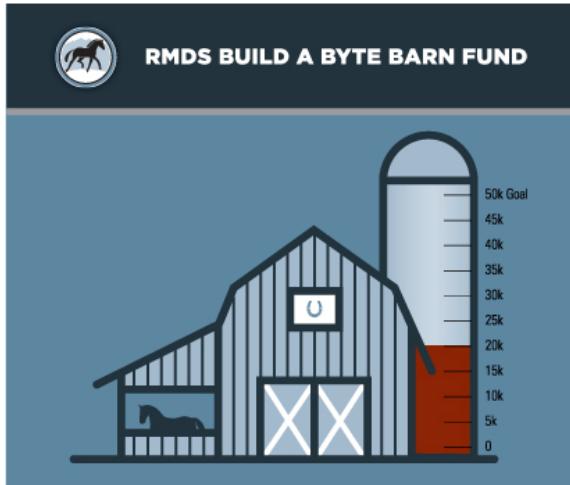
Each year, RMDS holds a Board of Governors meeting to conduct important business, elect new Board and Committee members, and review Standing Rules and Bylaws. The Chapters are provided with any proposed changes and are required to send delegates to attend

[Subscribe](#) | [Past Issues](#)[Translate](#) ▾[RSS](#)

We hope to add some new members to the Board so check out the openings on the website or join up as a committee member assisting an existing Chairperson. All are invited to attend--but only delegates can vote. Plan to join us at the Board Meeting either as a Delegate for your Chapter or as a member so you can learn about the organization and what we try to do for you. Click on the link below to review the proposed changes:

<https://www.rmds.org/blog/2021-rmds-board-of-governors-information>

## Reminder: Award trophies from 2020 must be returned to Shannon Lemons by October 15

[Join RMDS](#)[Renew or Login](#)

**RMDS had a new database built and website designed. Our previous database was over 30 years old and needed to be revamped in order for our organization to move forward.**

Make your tax-deductible donation for 2021! RMDS is a 501(c)3.

**We are building a Byte Barn! Donate a Brick Byte:**

\$50 donation = 1 Byte

\$250 donation = 1 Megabyte

\$500 donation = 1 Gigabyte

\$1000 donation = 1 Terabyte

[Donate Now](#)

[Calendar](#) | [Board and Chapter Contacts](#) | [USDF Region 5 Message](#) | [Marketplace](#) | [Classifieds](#)



[Subscribe](#)

[Past Issues](#)

[Translate ▾](#)

[RSS](#)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

