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# eCentaur

## RMDS President's Message

I want to give a HUGE congratulations to the many RMDS riders that qualified for the US Dressage Finals! To be invited to participate in this competition is quite an accomplishment. I wish those that have been invited and choose to go the very best of luck!! It is a big commitment of time, money, emotions, and hard work. We will be cheering you on!

The RMDS Board of Governors meeting will take place on Saturday, November 20 beginning at 9 am at The Renaissance Hotel in Denver. The Board positions of Vice President, Secretary, and Treasurer are all up for election. There are also some Committee Chair positions that need to be filled. I would like to ask you to please consider filling one of the positions we have opened. I realize I say this far too often, without Volunteers to fill these positions, this club cannot function. I find it sad that there were over 400 members with NO volunteer hours. Life is busy for most of us; however, if this club truly means something to you, please consider making a bit of time for this wonderful organization.

“To accomplish great things, we must not only act but also dream; not only plan but also believe.”

ANATOLE FRANCE

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## USDF Region 5 September 2021 Message

It's been another interesting year. Thankfully, horse shows, for the most part, have gone well and had great attendance. Clinics and educational opportunities have returned and we are all enjoying spending time with our

horses. Covid still has a very strong presence in our lives sadly.

The USDF convention and the awards presentations are just around the corner and it's time to set some time aside in your busy schedules and join us on Zoom for some good information and unique socialization. The convention schedule has been posted online at [www.usdf.org](http://www.usdf.org) so that you can start to plan out the meetings and educational sessions you would like to attend. We had really hoped to be back in person for Convention this year, but things just didn't work out that way. 2022 will be the year and we'll be in Lexington, Kentucky!

We are hosting a Region 5 meeting prior to the USDF Convention on November 18<sup>th</sup> at 6 pm. Here is the call information:

Time: Nov 18, 2021 06:00 PM Mountain Time (US and Canada)

Join Zoom Meeting

[https://us02web.zoom.us/j/83882353284?  
pwd=RHkvZDFxeGYzcDZFUmthS25MUVlkdz09](https://us02web.zoom.us/j/83882353284?pwd=RHkvZDFxeGYzcDZFUmthS25MUVlkdz09)

Meeting ID: 838 8235 3284

Passcode: 280120

All members of Region 5 are welcome to join us. This will be a bit more of a working meeting as our meeting during the USDF Convention will have some time set aside for USDF President Candidates to speak and other USDF business.

A reminder that your Participating Member Delegates to the USDF Convention for 2021 are Joan Clay, Cecilia Cox, Sarah Lindsten, and Sarah Martin. Please contact them or me if you have any concerns regarding items listed on the BOG agenda or anything you would like to have brought forward at the Regional meeting during the convention. There are some very important things that will be covered, so please let your delegates know how you feel.

We're hoping for some new and diverse bids for the 2023 championships. I'd love to hear from any interested parties as soon as possible so I can get you a list of the information we're going to need for those bids. All Regional Championships still must be held by mid-October since the winners of all divisions will continue to feed into the Nationals Championships. That's right folks! The Junior/Young Riders will also now be competing at the US Dressage Finals as of this year, currently held each November in Lexington, Kentucky.

There were a few educational opportunities in our Region this year and we

were able to host the USDF Jr/YR Clinic in October in Colorado. We had 8 lovely riders who participated in the clinic and traveled from all over Colorado and Utah to be there. More great things are being planned by our GMOs throughout the winter and into next year so please be sure to check them out and support your local groups with your attendance as participants and auditors so these educational opportunities can continue!

Till next month!

Heather Petersen

Region 5 Director

[www.usdfregion5.org](http://www.usdfregion5.org)

[Learn More About Region 5](#)

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## JENNIFER ROTH, CLASSICAL TRAINING WITH A COMPETITIVE EDGE

By *Cheri Isgreen*

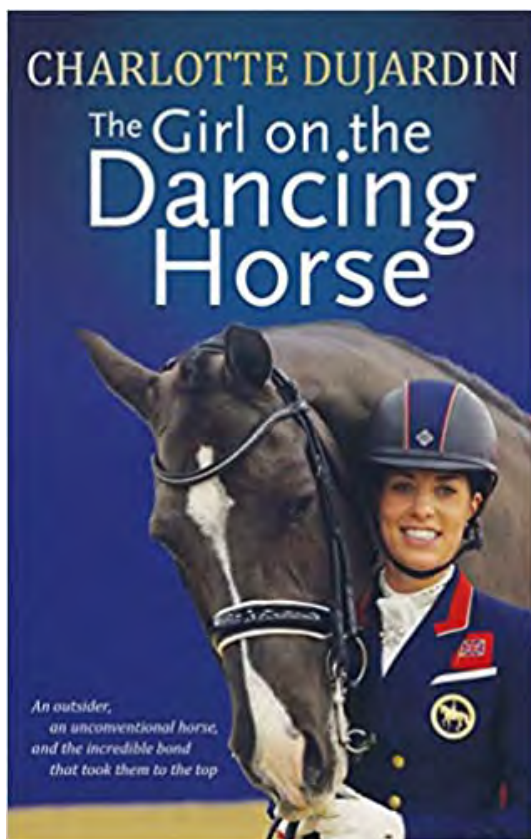
With generous assistance from a USDF GMO Education Initiative grant and support from the Grand Valley Dressage Society, rural Colorado dressage members had the rare opportunity to train with USEF 'S' Judge, Jennifer Roth.

Jennifer's wisdom and expertise brought out the very best in each horse/rider pair. Author Cheri Isgreen covered this clinic and offers TERRIFIC RIDER TIPS.

This article is proudly posted on our website. [Click here](#) for more information and Rider Tips :



<https://www.rmds.org/blog/jennifer-roth-classical-training-with-a-competitive-edge>



## Boulder Valley Book Club Open to all RMDS Members

By Sally O'Dwyer

*"Riding cannot be done with a book in hand. Yet, riding first has to be understood before it can successfully be practiced."* Charles de Kunffy

**The Boulder Valley Dressage Book Club was developed to** connect, promote community, and encourage dressage education through reading during COVID, and after. The Club meets via zoom for an hour quarterly. This club is a sure-fire way to improve your riding at home. If you would like to join, email [slodwyer@gmail.com](mailto:slodwyer@gmail.com) and we will happily add you to our email list and send you the meeting zoom link.

The last book we read was **Ride Big: The Ultimate Guide to Building Equestrian Confidence by John Haime**. As competitors, we can all benefit from building our confidence. The book is filled with concrete ways to improve the performance mindset.

## Our next meeting is Jan 3<sup>rd</sup>—so you have plenty of time to read!

The next book we will be reading is Charlotte Dujardin's book, **The Girl on the Dancing Horse**. *Charlotte Dujardin and her charismatic horse Valegro burst onto the international sports scene with their record-breaking performance at the 2012 Olympic Games in London. Dujardin began riding horses at the age of two, but dressage was the domain of the rich—not the life a girl from a middle-class family was born into. Her parents sacrificed to give her as many opportunities as they could, and she left school at 16 to focus on equestrian competition. It was at 22 when she was invited to be a groom for British Olympian Carl Hester, that she met the equine partner that would change her fortune. This is the story of an outsider, an unconventional horse, and the incredible bond that took them to the top.*

## Find out what is happening and how to get involved by attending the Board of Governors Meeting-- November 20th-- 9 am start

Renaissance Hotel-Quebec Street-Denver, CO

Each year, RMDS holds a Board of Governors meeting to conduct important business, elect new Board and Committee members, and review Standing Rules and Bylaws. The Chapters are provided with any proposed changes and are required to send delegates to attend the meeting. Each chapter is entitled to send one (1) vote for every (20) members. Every vote counts. These delegates will bring votes and any questions or ideas to the Board.

Please RSVP with the Central Office for Lunch! We need your order by Tuesday, November 16.

We hope to add some new members to the Board so check out the openings on the website or join up as a committee member assisting an existing Chairperson. All are invited to attend--but only delegates can vote. Plan to join us at the Board Meeting either as a Delegate for your Chapter or as a member so you can learn about the organization and what we try to do for you. Click on

the link below to review the proposed changes:

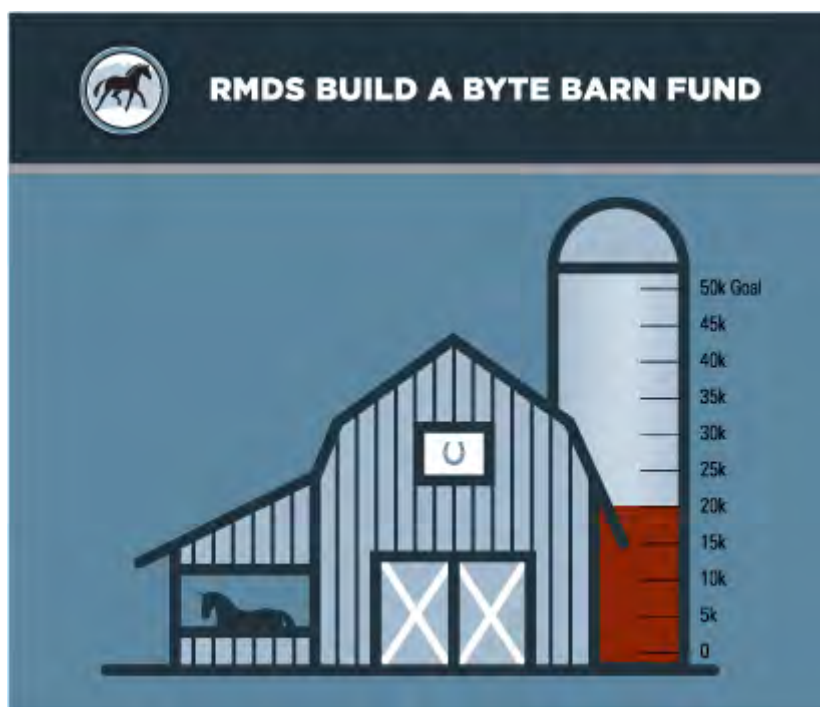
<https://www.rmds.org/blog/2021-rmds-board-of-governors-information>

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Join RMDS

Renew or Login

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**RMDS had a new database built and website designed. Our previous database was over 30 years old and needed to be revamped in order for our organization to move forward.**

Make your tax-deductible donation for 2021! RMDS is a 501(c)3.

**We are building a Byte Barn! Donate a Brick Byte:**

\$50 donation = 1 Byte

\$250 donation = 1 Megabyte

\$500 donation = 1 Gigabyte

\$1000 donation = 1 Terabyte

## Donate Now

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