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eCentaur

President's Message

We have had two successful shows in the month of May. The Denver Polo Club made its Dressage debut by hosting Dressage for the Cure. Their spacious arena allowed for three dressage courts and ample room for warm-up. They are excited to host RMDS shows again. The second show of May was at Nighthawk Equestrian Center. They once again put on a fantastic show. Neither of these shows could have been possible without the many volunteers!! It truly takes a village to put on a show. I feel this is an excellent time to remind everyone that if we are wanting to qualify for awards, we must volunteer a minimum of 4 hours! Volunteering at shows is just one way to volunteer. Please refer to our website for the many other ways to volunteer.

June is full of many opportunities to show, clinic and volunteer! Whether you want to ride in or audit a clinic, compete or fulfill your volunteer requirements, June has something for you! The Team Competition is happening on June 25, this is an excellent opportunity to get out and meet new people and have a lot of FUN!! This is competition without the pressure and with your friends and in costumes!

We are looking for someone to fill the RMDS Show Liaison. This person would work with the Board to help with the RMDS Championship Show. This person would HELP find sponsorship, come up with fun evening activities and promote volunteers. This role would be best for someone with a sense of FUN! Why are we members of the Rocky Mountain Dressage Society? What benefits does this membership provide to us? What does our membership require of us? The first thing that comes to mind is the community that is RMDS. The many people that have come into our lives because of the membership. The friendships that are built at a show or educational event.

Happy Riding, Dorothy Kapaun

USDF Region 5 Director's Message

Summer is here, shows are in full swing for our Region and lots of clinics are in the books as well! I hope that everyone is enjoying their time with their families and their animals this summer and staying healthy.

We are very close to finalizing the sites for the 2023 USDF Region 5 Regional Championships and hopefully, USDF will be announcing those soon. Some other small reminders regarding Regional Championships include making sure that to perform score checks with USDF to ensure your qualifying scores have been properly recorded, check to make sure the horse owner matches between USDF and USEF, and if you are planning to change regions for Regional Championships, please pay attention to the deadlines posted on the USDF website for accomplishing those changes. Be sure to declare your intentions for the US Dressage Finals in you have plans to join us in Kentucky this year!

The 2022 USDF Convention will be November 30th - December 1st in Lexington, Kentucky! Come visit Region 2 and be a part of the governance process and attend some fabulous educational sessions. The host hotel is right in downtown Lexington and there are many great restaurants and things to do within walking distance. Enjoy the ice skating rink in the park right behind the hotel, or several fabulous whiskey distilleries within a short drive.

As of when I write this, our potential candidates for the 2022 FEI North American Junior and Young Rider Championships August 8-14 in Traverse City, Michigan are going strong and making great qualifying efforts. We have quite a few declared young adults and we should hopefully be fielding two teams this year! If you would like to contribute or help with their fundraising efforts, please contact Joan Clay, our Region 5 Jr/YR FEI coordinator at jnclay@comcast.net or 970-420-0877. This competition is a reasonable distance for us to travel by trailer, which makes things much more feasible, but we still need your help in order to be able to attend.

Please be sure to read the emails that come out from USDF and USEF on a regular basis. USDF is putting out a lot of information on educational programs, Regional Championships, awards, and many other things. USEF will keep you posted on rules and regulation changes, educational offerings, fun shows being broadcasted on the USEF Network, and updates to program qualifications and deadlines. If you do have intentions of competing this year or

next, make sure you stay on top of things.

If you have news you'd like to share, please let me know, we're happy to get it out and about for you.

I hope everyone stays healthy and happy.

Till next month!

Heather Petersen

Region 5 Director

www.usdfregion5.org



Congratulations to Stacy Adams

RMDS Scholarships help members learn, grow, and achieve their goals! Stacy Adams, the 2022 recipient of the Beverly Swanson Memorial Adult Amateur Scholarship, is utilizing her funds for lessons with fellow RMDS member, Simone Windeler. With the summer season just beginning, Adams has already fulfilled a longtime wish to compete at Dressage for the Cure, attaining her first two USDF Bronze Medal scores in the process!

Want to work for RMDS?

Every two years, contracts for RMDS positions come up to be rebid or replaced. The positions are:

RMDS Central Office Manager

RMDS Magazine

RMDS Championship Show Management

Information regarding each position may be found on the RMDS website: <https://www.rmids.org/policies>

Contracts are due by June 30, 2022. Send to the RMDS Central Office rmids@rmids.org & Dorothy Kapaun dorothykapaun@yahoo.com.

Contracts will be reviewed and selected at the July 14, 2022 Executive Board meeting. Please plan to attend to further promote your contract and to answer any questions that may arise.

Thanks to all our volunteers, supporters, fans, horse husbands!





RMDS Lesson Fundraiser is LIVE!

Try a new trainer (or even purchase a lesson with your regular trainer) and help RMDS! Lessons are still available to purchase and we encourage everyone to visit the [RMDS website](#) to learn more. THANK YOU to all those who donated and to those who have already purchased lessons!

List of Donated Lessons in Alphabetical Order

LAURA BACKUS
MEGAN BRETEY
JUDY CARNICK
JOAN CLAY
CAROL CUNEFARE
SHANNON DAHMER
KRISTIN FORTUNSKI
VIRGINIA GILES
JESSICA GREER
DOLLY HANNON
GABRIELLE HILBERT
MIMI JUNICK
AMANDA MOORE
GLENDA NEEDLES
AMELIA NEWCOMB
MONIQUE POTTS

JESSICA SCHUERING
INKA SPATAFORA
JENNIFER THURSTON
SIMONE WINDELER

The “Gifted” Grant, A Homebred Arabian Horse, and An Old Lady Athlete

My name is Debi Stevens. I am an active 69-year young, “old lady athlete” living a lifelong dream of riding and training a horse in a manner that develops obedience, flexibility balance and harmony. In short, following the equine discipline of Dressage. I ride 3 to 5 times per week, spend many hours I am not riding studying online, and volunteer many hours in my local USDF affiliated club (the Arkansas Valley Dressage Association (AVDA)). However, I do live in a very small town where Dressage instructors are less than plentiful. I retired from being the founder of the prison dog training program for the entire State of Colorado. Proudly, I can honestly say during that career, I rescued thousands of dogs and impacted many more human lives.

CLICK HERE TO READ MORE..

<https://www.rmids.org/blog/the-gifted-grant-a-homebred-arabian-horse-and-an-old-lady-athlete>

Debi Stevens and Holly Bergay pictured below





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