

THE CENTAUR

Inspiration Within & Across Disciplines

by Jill Cantor Lee

The best teachers are those that not only impart information, but who also inspire us to think. This is the kind of teacher Jane Savoie is and I am excited that she is coming to Colorado.

Ten years ago I attended one of her workshops in California and it had a profound effect on my riding, teaching and training. Not only did she set me on the path to being a strong competitor who thoroughly enjoys the show ring, she changed my training style rather dramatically. I am not sure that was her intention but nonetheless, I am extremely grateful.

I participated in the Jane Savoie clinic as a demo rider. What she taught me, in the simplest sense, was how to enter the show ring feeling prepared, competent and happy. She gave me great ideas for crafting a test to impress the judges and earn high marks. I am sure this was her intended result.

What she didn't plan for was the kind of epiphany I had as a result of her more detailed training advice pertaining to the specific horse I was riding. Basically, the conclusion I came to was; ask consistently and you shall receive consistently. In sum, she taught me about our responsibility as riders to practice kind and consistent behavior modification. She showed me how my own horse could be absolutely transformed from being tear your hair out behind the aids to being as bright and eager as a border collie. Most importantly, whether she meant to or

not, she taught me that there is a very big difference between a horse being "on the aids," and a horse actually understanding the aids.

A horse being on the aids can be the result of a rider's excellent position, timing, and skill. A horse understanding the aids can only evolve out of clear and consistent behavior modification in which a physical language is established between horse and rider and the horse has an unequivocal understanding of how to respond to the rider.

By and large, western riders, circus trainers, and the High Schools of dressage are much more proficient at providing the horse with this kind of clarity. In some ways the riders and trainers in these disciplines have an easier job though than the competitive dressage rider. This is because competitive dressage is the only equine sport that demands the horse have the extreme elasticity needed to achieve collected, medium, and extended gaits, as well as to do flawless transitions between them. Therefore, we must have gradations in feel. The combinations of contact we maintain in our legs, backs and hands can be almost infinite in order to maintain the combination of lightness and power that creates elasticity.

I think where we go astray is in justifying gradations in the horse's understanding of the aids. Other disciplines, such as reining, do not demand elasticity. Therefore, the aids can be far simpler and it is easier to develop an unequivocal understanding in the horse.

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The same is true of the French School of dressage and other High Schools.

Unfortunately, competitive dressage riders often make the mistake of being critical of this kind of training. We say that it is "circus-like", and incorrect because the horse isn't "on the aids." In my opinion, competitive dressage riders make a big mistake in doing so. If we want competitive dressage to truly be the ultimate in horsemanship, it is necessary to incorporate the horse's unequivocal understanding of the aids into our riding. If you have ever said "whoa" to a reining horse, or ridden Spanish walk on an Andalusian, you know what I am talking about. I think many of the very top riders of our sport inherently

Hail Spring! A preview of spring and summer shows across the RMDS

Is it just me, or did winter seem to have several extra months this year? Well, with temperatures in the 70s and the snow receding into a bitter cold memory, we're finally in the throes of ... mud season.

Fortunately, that too shall pass and at least we have a glorious six months of Rocky Mountain weather to look forward to.

With the change in climate, most of us are eagerly anticipating the spring and sum-

mer show season.

For this issue of *The Centaur*, we invited chapter president from throughout RMDS to preview the spring and summer show season and hit us with a few highlights - the events that (it is hoped) you won't want to miss.

Here's what we got:

The High Plains Chapter is planning a show weekend at Colorado Horse Park. On Saturday, June 16, they will be offering a

schooling show through second level with Judge Emmy Detlof in one ring and, in another ring, a clinic hosted by clinician Sharon Schneidman.

Schneidman has been riding and teaching dressage for 35 years. She has experience through the FEI levels. She will be available to work with any level of horse/rider combination at this clinic.

As a rider and participant, you can partake in the clinic and refine your skills and

know this. Unfortunately only a few actually teach people to ride this way.

Jane helped me achieve this understanding in my horse by explaining two basic principles:

First, if you want a horse to be completely light to and understanding of the rider's aids, do not use escalating aids. Rather use one aid at the ideal intensity. If the horse does not respond, use a correction. A correction can be a firm abrupt kick or strong tap of the whip. In either case it is far more demanding than an aid and very quick.

Second, never praise a horse when you get the desired response from a correction. Rather, reapply the desired aid and if the horse gives you a 100-percent response (o.k. maybe just a true valiant effort) praise them like crazy.

If this is strictly adhered to in terms of whoa, go, and sideways, miracles can happen. For instance, when I rode with Jane I was on a Dutch Appaloosa cross who was terrifically talented and who could look great, while at the same time being so behind the driving aids that it felt like pushing water up hill.

It amazes me that this can actually be the case with so many dressage horses. They can be frightfully dull to the aids. I told her my concerns and she agreed to help. She ex-

plained the above guiding principles and off we went. It was amazingly hard for me not to praise my horse after I corrected him. Most times I used the whip as the correction. When I used the whip as an aid, I used a brisk kick as a correction. It took a lot of discipline to reapply the ideal aid after a correction, and to give the horse an opportunity to make the right decision from the appropriate aid, as opposed to the correction. It did not take long though for my horse to really understand.

I followed this program with each driving aid (leg, seat, voice or cluck, and whip) until he clearly understood the appropriate response. He became hot as a pistol. Then we applied the same concept to the down transitions. I used my seat as the aid and my voice and hands as the corrections. In a very short time he could come to an instant and square halt from my seat aid alone.

What had not occurred to me prior to riding with Jane was that my horse simply did not understand my driving aids. Because I was not completely consistent and logical, he thought the application of these aids was just an arbitrary group of tools I used to annoy him.

When annoyed, his answer was to shut down. Then finally I would pop him with the whip and he would jump forward. Then I

would praise him. I was inadvertently making him more and more dull to my aids. Because the reaction to the whip was more from reflex than understanding, the forward reaction only lasted a couple of steps. Then, the whole cycle would start again.

Over the next couple of weeks I reinforced this work while also trying to blend the "black" of whoa and the "white" of go to get mediums and extensions. I concentrated on blending the feels while maintaining the horse's understanding. Some days I just had to go back to the basic principles of whoa and go without escalating aids. I was able to build elasticity by blending my aids, not by dulling my horse's understanding.

This principle has become a cornerstone of my training and I believe my horses are brighter and happier for it. I will never dismiss someone's training as a trick or "circus" stunt because it takes tremendous consistency and horsemanship to teach a horse tricks.

A good horse person is a good horse person, no matter what discipline. I'm always keeping my eyes open for valuable learning opportunities in, as well as outside of, the dressage world. I am always grateful for teachers like Jane Savoie who inspire me to understand my horses better.

Thanks to Jill Cantor Lee.



Reinining does not demand elasticity in the horse, and therefore, aids are simpler. Photo: USET/National Western Stock Show

Winter Series Dressage Schooling Show

At
Mariah Farms

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Offering training level through second level using 2007 USDF Tests – A great opportunity to try out the new USDF dressage tests for 2007!

Series cumulative high-point awards for AA, JR/YR

Shows open 30 days before show date and close 7 days before show date.

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Stalls available \$20

Use forms from RMDS web site: www.rmds.org
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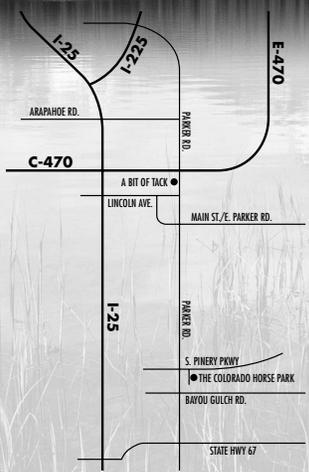
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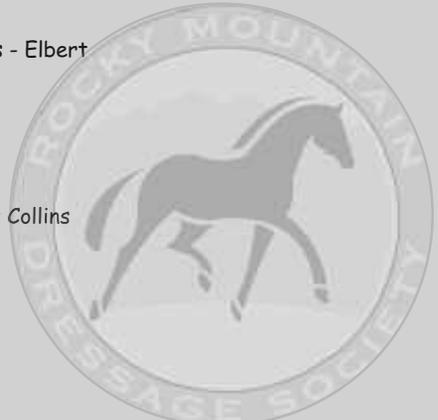
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A GREAT OPPORTUNITY TO CONTINUE YOUR LEARNING!

- | | |
|-------------|--|
| April 14-15 | USDF "L" Session C - Debbie Riehl-Rodriguez - Somewhere Farms - Elbert |
| June 9-10 | USDF "L" Session D1 - Lois Yukins - Colorado Horse Park |
| July 8-13 | Junior Camp-CSU-Ft Collins |
| Sept 26 | Breed Show and Breed Championship - Colorado Horse Park |
| Sept 27-30 | RMDS Open and Championship Show - Colorado Horse Park |
| Sept 27-30 | Region V Championships-Colorado - Colorado Horse Park |
| Oct 13-14 | USDF Adult Clinic featuring Jane Savoie - Phantom Hill Farm - Ft Collins |

USDF "L" contact Heather Petersen 719-683-8435 slush@drwg.net



For details on these and other RMDS events, Read the Centaur, Go on the website - www.rmds.org
or Contact the RMDS Central Office 720-890-7825 or rmds@rmds.com
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RMDS is a USDF Group Member Organization.
 RMDS members are automatically USDF Group Members.

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Editor's Page

From the desk of RMDS President Jane McBride...

Dear Members,

Hooray! We are finally having some nice riding weather and we can even see the ground. Trail riding can't be too far off.

I haven't had the opportunity to attend many of the RMDS educational programs this winter. I did enjoy the wonderful new test presentation given by Janet Foy. There was a huge turn-out and much of the proceeds went to the RMDS pledge to the USDF capital campaign. Approximately \$2,000 will be donated from that event alone.

I would like to thank all the members and friends who attended this event. I would also like to thank those people who had a hand in organizing and supporting it. We learned a great deal and were treated to Janet's delightful entertaining humor. I'm sure you will hear more about it from the educational chair and from your friends.

I have started visiting the RMDS chapters and I look forward to being invited to

one of your meetings soon. It is great that I'm finally getting the opportunity to put many faces with names. (Although, I'm shamefully awful with names).

I couldn't believe that RMDS did not have a Sales Tax Exemption certificate after all these years. You will be happy to know that it does now. If you ever find yourself in the position of making a purchase for RMDS, please remember that there is an exemption certificate available at the office. This will bring RMDS a very nice savings. The office will be sending chapters instructions on how they can apply for their exemption certificates.

Our March RMDS meeting was, to quote Beth, a marathon. I think those who attended would all agree with that. The RMDS is governed by its executive board. There are twelve officers and nine chapter president voting members, which presents obstacles to efficient meetings. I'm working on a revised agenda for future meetings.

We will be operating under Roberts Rules of Order, which will assist our secretary with her minutes duties, allow the meeting to flow more smoothly, and shorten the length of our meetings. I understand that talk at the table is pertinent. However, we need to limit our discussions.

I've come to these decisions after receiving feedback from other board members. Sometimes discussions are held "off the record" to allow members to express opinions openly. I expect all members present to keep these matters confidential, as requested. Our meetings are open to all members if you wish to attend. My wish is for all of us to have fun working toward our common goals of making RMDS the best it can be. Thanks to all board members.

I hope to see you at the shows soon!
Happy Riding.

Thanks,

Jane McBride

The Scoop from the Editor's Stall...

Late in February I had the good fortune to attend a schooling show at Mariah Farms in Castle Rock.

I had two very good reasons for attending this particular show: first, I was looking forward to reuniting with a very dear acquaintance, Lisa Lamke, who I knew back in my rodeo days. And second, I was curious to see Frances Carbonnel and the amazing Andalusian horses that she keeps in training at the Lamke family stables, Mariah Farms.

Lisa and I had become reacquainted as a result of my taking over the editorship of *The Centaur*. Back when I was reporting on rodeos, Lisa worked for a fledgling organization called Bull Riders Only.

We both had a mutual friendship with a fellow named Ray Brown who had a little show band called "Ricky & The Redstreaks."

The Red Streaks played rodeos all over the country, but were most famous for Cheyenne Frontier Days. They played at an old hotel ballroom called 'The Hitchin' Post before an audience of about a thousand beer-besotted cowboys and cowgirls. Eventually, the hotel had to raise the chandeliers because people kept swinging from them.

I wrote a nice little story about the Red Streaks once, and Ray has always said it was the one article that really captured the essence of the band.

Consequently, I got into all the shows for free. So did Lisa, who was a special friend to Ray. Unlike many of the Redstreaks groupies, Lisa wasn't the kind to pull up her shirt or dance like a stripper onstage. She was just a nice, pretty and intelligent young woman who was easy to talk to and fun to be around.

Needless to say, it was great to see Lisa again and to see how much she and her husband have prospered. The couple now operates Mariah Farms, a boarding facility in bustling Douglas County.

Mariah Farms has a nice indoor arena, well-kept stalls, and easy highway access. The Lamke's have a nice little business, and one of their greatest assets is Frances Carbonnel.

Frances Carbonnel runs her training and instruction out of the barn, and I had been promising to come up and see her horses for months.

What an amazing afternoon it was! Simone Windeler had been judging the morning show and afterward, Frances invited

Windeler and I to ride her horses.

I have been on some amazing horses from all disciplines of riding, but have never been more impressed with horses than the ones that Frances trains.

Despite knowing very little about dressage, Frances let one of the stallions in her keep, Nobel II, and together they took me through the paces of the passage, piaffe and the lovely Spanish walk.

Although a wonderfully experienced dressage instructor, Carbonnel specializes in Classical Riding. Her passion is easily seen in the performance of the horses under her care. I was simply amazed and astounded by the things that they could do.

Windeler, also a student of Classical Riding, showed what a true rider could do on a great horse, and I could only admire how much enjoyment the two women had riding these marvelous horses.

What a treat to spend a day at Mariah Farms among such good friends and made me thankful to be in the horse community.

Hope you have some great experiences this spring!

Gavin Ehringer, editor

then test them out at the schooling show. This could be possible all on the same day! Clinic applications will be available by contacting Terri Wallace at 303-478-8838.

On Sunday, June 17, a two-ring RMDS show will be held.

Because the Colorado Horse Park is the venue for Championships this year, this is a great opportunity to experience riding there at a smaller show. Usually this venue is host to large busy shows which can be intimidating and scary. Here's a chance to practice your test under less intimidating circumstances.

Check out the RMDS website for contact info and the prize list or contact Alex Curnutte at curnuttes@msn.com.

The highlight of the **Colorado Springs Dressage Association's** spring calendar is their CSDA Dressage at the Peak Event, slated for April 28-29 at the Norris Penrose Event Center.

For those who haven't visited Colorado Springs' urban horse park lately, you'll be surprised, even delighted, by the renovations which have taken place there. The entire entry way drive has been augmented and a new wing added to the main arena. The entire complex, formerly under the care of El Paso County government, has been transferred to the Pikes Peak or Bust Rodeo board, which has overseen the historic rodeo there for decades.

Although opinions are mixed on the overall management strategy for the complex, the dressage community has been raving about the quality of footing in the indoor and outside arenas.

The Dressage at the Peak Mid-Spring show will be judged by Charlotte Trentleman (S) and Beverly Rogers. The RMDS-sanctioned show is also a Jr/YR qualifier, making it an excellent opportunity for multi-generational families to compete and earn points.

Foothills Dressage Society invites you to our spring and fall RMDS shows, May 20 and September 16.

The dates of the shows are specifically chosen with the serious competitor in mind, but the format appeals to beginner and experienced rider alike. The spring show gets you started with judge's feedback before you head off for the summer season. Julie Burt, L program graduate, will judge the May show. The introductory classes are a great place for the first-time rider to step into the

show ring. There is also a lead line class for riders 9 and under.

The Last Chance show is scheduled for September 16, to give competitors one last chance to get a qualifying score for Regionals. The judge will be Maria Wasson, L graduate.

RMDS members who receive qualifying scores at both shows qualify for the RMDS Regionals at High Prairie. Members boarding at TMR have the opportunity to qualify for Regionals without leaving home to show! If you don't get a qualifying score at your first show, there are plenty of shows throughout the region and plenty of time to try again before the Last Chance show.

Foothills will also offer High Point Awards for junior, open and adult amateur divisions (introductory level excluded).

Held at scenic Table Mountain Ranch in Golden, Colorado, the show features full-sized arenas with award winning footing and great arenas to warm up and longe.

Come into the air-conditioned facility to take a break between classes, to change clothes, or to have lunch. Bonus: great caterers!

For more information, go to www.foothillsdressage.org

Come have fun in Northern Colorado! **Northern Colorado Dressage Association** will be hosting a spring schooling show on Sunday, April 15 at the Fort Collins Equestrian Center.

A super way to get you and your horse out in a friendly environ-



Jodi Green and Carbon Copy, High Point Open champions at the 2006 August Foothills show. Photo by Equine Event Photo.

ment. Email show managers Paula Lunberry at plunberry@comcast.net or Susie Gordon at susiegordon@comcast.net for show entry forms.

The Fort Collins Equestrian Center will be the site of NCDA's USEF/USDF show on June 16 and 17th. This is the show that is normally held at LCCC and is known for being a great show. Take advantage of the closeness and the new dressage arena at Ft. Collin's Equestrian Center! More information on this show is in your omnibus. Don't miss this fun show!

COLUMBINE EQUESTRIAN CENTER

is pleased to announce

officials for Shows 1 & 2

May 5 & 6, 2007: Nancy Thacher is judging and Catherine Siemiet is the TD

June 23 & 24, 2007: Deeda Randle is judging and Christine Hastings is the TD

Andria Allen

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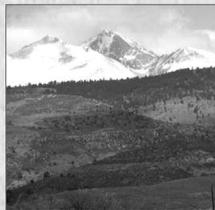


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10 ACRE FARM

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\$950,000 | MLS# 501247



20 ACRE PROPERTY

Great investment opportunity: 20 acres with MUD zoning. Charming 2 bed, 1 bath house, detached storage and garages, 11 stall horse barn, hay shed, arenas, and loafing sheds.

\$950,000 | MLS# 519829



35 ACRE PROPERTY

Tantalizing 35 acres with 5-stall barn, oversized garage, outdoor arena, hot-fenced pastures and cross country course. 5400 sq.ft. 4 bed, 4 bath log home with ground floor master.

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Tudor style 5 bed, 5 bath home with Little Thompson River frontage. Horse facilities include a 7-stall barn, outdoor arena, fenced pastures, loafing sheds, second storage barn, and more.

\$945,000 | MLS# 515182

www.klrealty.net



LOCATION & VIEWS

3 bed, 3 bath house with modern kitchen and wonderful views on 2 acres. Easy access to Boulder and Longmont makes for affordable rural living with all the advantages it brings. Set up for llamas.

\$649,000 | MLS# 518204



31 IRRIGATED ACRES

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RURAL LIVING

This magnificently located 14-acre property west of Loveland features an extensively remodeled 1915 classic 4 bed, 3 bath home with killer views of the divide. Includes a useful 52' x 36' RV workshop.

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School is in session! Upcoming Ed events

by RMDS Education Director Heather Petersen

Well, show season is finally upon us and it's time to put all that education you gained during those winter months to good use! We'll be doing a few little things throughout the show season, such as some "View From C and/or B", the C session of the USDF L program and the D1 session of the L program, so be on the lookout for those events. Unfortunately there is no auditing allowed for the D1 session of the L program, but if you volunteer to scribe, you'll get the inside track!

Also be on the lookout for a scribe training session to be run during on of the Colorado Horse Park shows. As more info on that becomes available, we'll try to keep everyone in the loop.

If you are interested in scribing

for the D1 session or riding or auditing the C session of the L program, drop me an email or call (719.683.8435 or slush@drgw.net). Auditing is only \$60 for the weekend and if you are a demonstration rider, auditing is free!

I'd also like to thank our wonderful demonstration riders from the B session of the USDF L program - it was a very exciting weekend and we couldn't have learned all that we did without them - many thanks go to Karen Whitman riding Van, Mary Stack riding Cary, Kelly Schick riding Doug, Kristen Alvarez riding Flash, Karen Whitman riding Special Addition, Mary Rolf riding Boomer, Marika Brimeyer riding Miss Boogaloo, Jasmine Becker riding Sullivan, Karen Whitman riding

Kirby, Nell Foxworth riding Rowdy, Nell Foxworth riding Willow and Robin Gay riding Lenny. We also owe our deep gratitude to the facility, Singletree, its boarders, owner Jan and their wonderful grounds person. Thanks also go to Janet Foy and our additional instructor in training, Gary Rockwell.

We have many other projects in the works for the coming year, so if you have any ideas I'd love to hear from you and get your feedback on what the membership would truly benefit them.

Thanks and good luck this year!

Heather

719.683.8435 or slush@drgw.net

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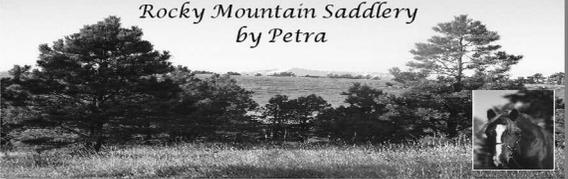
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April 2007 Region 5 Message

April 1 is the start of the new fiscal year for USDF. Each region has \$1500 in grant money for adult education programs. These are not grants for individuals, but educational programs. Applications are on the USDF website and if you have any questions or ideas, please email our adult education coordinator, Lisa Hennessy email hennessy_l@msn.com.

USDF is planning a Fall 2007 FEI-level Trainers Conference in California on October 27-28, 2007 at Star Vaughn Equestrian in Elk Grove, CA, featuring Jan Brink. This has not been finalized, but you might want to keep the dates open

on your calendar if you are interested.

Region 5 NAYRC Freestyle Gold Medalist Bobby Lynn McKee riding Jamalone, is on the cover of 2007 Qualifying Criteria and Selection Procedures for the North American FEI Junior and Young Riders' Championship. The Championships will be held July 31 – August 5, 2007 in Lexington, Virginia. We will send a team of Juniors and Young Riders, eight riders have declared for each division. Please contact Tammy Fitch, our FEI Junior/Young Rider coordinator, tfitch@lcfsystems.com to help with fundraising. Shipping horses to Virginia is very expensive. Donations to USDF Region 5 are tax deductible as per provisions of 501(c)3. Ellie Stine-Masek, USEF "S" judge will be our Chef d'Equip this year. Email: esmranchedq@yahoo.com.

The North American FEI Junior and Young Riders' Championships invite

teams of riders from North and Central America, the Caribbean, Bermuda, each province of Canada, and each USDF region, producing an Olympics-like atmosphere.

At the national level, this is the first year for the 2007 USEF Dressage Developing Programs, include National Junior Dressage Championship, National Young Rider Dressage Championship, National Young Adult "Brentina Cup" Dressage Championship, and National Developing Horse Dressage Championships will be held June 14-17, 2007 in Gladstone, New Jersey.

This is the first year for Young Riders to participate in the national championship and the first time for shows to be designated qualifiers. Each championship has different declaration forms and deadlines.

The next USDF Convention and Symposium will be in Orlando, Florida on November 27-December 2, 2007. Our region needs seven Participating Member delegates for the convention, and as of Mar 15 we only have six. The deadline to nominate someone (or yourself) to is April 15. This is your opportunity to have an impact on the decisions made at the Board of Governors meeting.

For more information contact our Nominating coordinator, Joyce Sanford, azjoyce@comcast.net or 520-877-8000. Minutes from last year's Board of Governors is online.

More information is available at <http://www.usdf.org/aboutus/governance/nominating/index.asp>.

Happy Riding! Hope to see many of you at World Cup in Las Vegas.

Theresa Hunt
Region 5 Director
huntery@mindspring.com

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Reflections on seat, position and “synergistic biomechanics”

by Jill Cantor Lee

Do you know why the ideal dressage seat is in fact ideal? Do you know how each part of the rider’s body influences a specific part of the horse’s body? Do you know how “connection” relates to rider’s back and mind not just the feel of the reins in their hand?

Do you know how true collection is as much a function of the rider’s seat as it of the horses training?

Have you ever wondered why some horse/rider combinations are steeped in harmony and expression, and others are merely technically correct? If you would like to know the answers to these questions, it is time to learn about the “synergistic biomechanics” of dressage.

Biomechanics is the study of how living things move. “Synergistic biomechanics” is a term created to describe the study of how horse and rider move together to create a performance that is bigger and more beautiful than the sum of its parts (a person and a horse).

By understanding why the ideal dressage seat is ideal, we can not only become more effective riders, we can also become more knowledgeable spectators and consumers. Most importantly, the more correctly we sit on our horses, the kinder and more humanely we are able to ride them.

Bear in mind though, beautiful dressage is not only the result of an impeccable seat and position, but also that of clear and logical behavior modification of the horse, patient and systematic gymnastic development of the horse, and an element of performance art.

There is a basic structure to our seat and position that allows energy to flow synergistically through the horse and rider to create beautiful movement. The fathers of classical equitation described two key lines that provide a simple guide to how a rider

should sit. By maintaining these lines, we take a critical step in allowing energy to flow freely between horse and rider.

The vertical line runs through the rider’s ear through their elbow, hip and ankle. The horizontal line runs from the rider’s elbow to their hand, to the horse’s mouth. These two lines are critical to maintain for several reasons. First, by maintaining the vertical



Observing your riding posture in relation to the horse’s body angles can help you begin to understand the concept of synergistic biomechanics. Jill Cantor Lee and Romeo. photo Mike Schump

line the rider’s weight is distributed on the strongest part of the horses back, right behind the withers. This is the easiest and most balanced spot for a horse to carry weight. This alignment also allows for maximum shock absorption by the rider’s pelvis and ankles, allowing the rider to sit in harmony with the horse.

If a rider breaks this line, for instance, by having the hips behind the ankles thereby being in a “chair seat,” the rider pushes down on a weaker part of the horse’s back and stops the energy flow.

By maintaining the horizontal line, elbow/ hand/horse’s mouth, the rider can allow for maximum elasticity over the horse’s top line while still maintaining their own core strength. A rider has infinitely more core strength with their elbow bent (maintaining vertical line) than with it

straight and open.

Just by keeping these two lines of classical equitation in mind, riders can do a lot to improve their own position, their “eye”, and their ability to make informed choices as a consumer.

When thinking about Synergistic Biomechanics as an energy flow system, we see that specific parts of the rider’s body influence

specific parts of the horse. For instance, the rider’s fingers relate to the horse’s jaw, the rider’s wrist to the horse’s pole, the rider’s arm to the horse’s neck, and the joints in the rider’s leg to the joints in the horse’s hind leg.

The principles of Synergistic Biomechanics relate to all disciplines and allow us to see why when we want a different result from the horse, we sit differently. For instance, in the reining world we want the horse to lock its hind legs and to carry its neck straight in front with a gentle arch, allowing him to slide and spin. Consequently the rider locks her leg in

front of her, pushes her bottom down and forward and pushes her arms forward while softly closing her hand.

In the pirouette of dressage (our version of the western spin) the horse’s croup lowers and the hind legs keep moving on a dinner plate size circle as the horse’s shoulders turn around them. In order for the hind leg to stay in motion and for the croup to lower, the dressage rider’s leg joints, including the hip, open and close almost imperceptibly in the rhythm of the horse’s stride. The rider stretches up and engages her stomach muscles.

She maintains the ear/shoulder/elbow/hip/heal axis. The rider’s arms (especially the elbows and wrists) quietly, almost imperceptibly, follow the horse’s neck movement. In both cases, the horse’s body mirrors the human’s; different positions for

different goals.

I have found the best way to teach people about Synergistic Biomechanics is in an interactive workshop setting using a combination of lecture, demonstration, and mounted sessions. The workshops are very "hands on" and have proven to be a fun and effective way to deliver a great deal of information to riders of all different levels.

When riders begin to understand why we sit the way we do, a whole new world of understanding opens up to them. The workshops can be very empowering and are designed to facilitate the work participants do with their local instructors.

USDF Certified Dressage Instructor, Jill Cantor Lee, has trained and ridden horses to the Grand Prix Level. Jill has trained in Germany and the United States and has repeatedly earned scores in the 70's at the FEI levels. She is known for having an exceptionally elegant and classical seat and for her harmonious riding. Information in the workshops has been acquired from over 30 years experience studying, riding, teaching, and training dressage and other equestrian sports. She can be contacted at (970) 209-8491. For more information see JCLdressage.com).



Jill Cantor-Lee
Dressage

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EACH WEEKEND-3 SHOWS & 3 CHANCES TO EARN POINTS



2007/2008 Shows & Events

APRIL 2007

- 3 Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 6-9 Peter Borggreve Clinic**, Meadow Creek, Erie.
Contact Gwen Dordick 303-885-3363 gwendordick@msn.com
- 12 Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfaitranch.com
- 14 Triple Creek Ranch Schooling Show** - Longmont
Contact Lynn McChesney 303-444-4291
lyntriplecreek@cs.com
- 14-15 Paul Belasik Clinic**-Cottonwood Farm-Grand Junction
Contact Lynea Schultz-Ela 970-872-3961 lynea@direcway.com
- 14-15 USDF 'L' Program**-Session C-Debbie Riehl-Rodriguez-
Somewhere Farm-Elbert Contact Heather Petersen
719-683-8435, slush@drwg.net
- 14-15 Shannon Peters Clinic** - Meadow Creek Farms - Lafayette
Contact Kate Shepard 303-587-4848
- 15 Freestyle Clinic with Barbara Gardner** - Phantom Hill Farm
Fort Collins (snow date April 29) Contact Janet Duvall
jsduvall@deepwatercommunication.com
- 15 New Mexico Dressage Schooling Show** - Taos, N.M.
Contact Judy Huddleston 505-776-1132 cshjih@aol.com
- 20-21 Stephan Kiesewetter Clinic**, Chatellen Farm
Contact Liz Schump 970-481-2621 Eschump@aol.com
- 21 Mariah Farms Dressage Schooling Show Series** - Castle
Rock Contact Lisa Lamke 303-660-2456 llamke@msn.com
- 21-22 World Cup-Las Vegas**
- 24 Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 27-29 Equine Touch Level 1 & 2 Clinic** - Loveland
Contact Raiann Kaiser 970-203-0725 equinetouchinfo@yahoo.com
- 28-29 Dressage at the Peak Mid-Spring**-Colorado Springs-USEF-
YR Qualifier Contact Heather Petersen 719-683-8435
slush@drwg.net
- 28 Boulder Valley Schooling Show**- Singletree-Boulder
Contact Patti Taylor 303-772-3087 patti_taylor@earthlink.net
- 29 Boulder Valley Spring Fling**-Singletree-Boulder-RMDS
Contact Patti Taylor 303-772-3087 patti_taylor@earthlink.net
- 29 Dress Rehearsal Day & Ride-A-Test** 8th Heaven Farms - Castle Rock
Contact Beverly Swanson 303-688-5727 info@8thheavenhorses.com

MAY 2007

- 4-6 Fear Management Clinic** - 8th Heaven Farms - Castle Rock
Contact Beverly Swanson 303-688-5727 info@8thheavenhorses.com
- 5-6 Columbine Show #1**-Columbine Equest. Center-Littleton-
USEF Contact Dorothy Rohrbach 303-646-2309
- 8 Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 10 RMDS Executive Board Meeting**-6: 30 pm Perkins Restaurant
I-25 & Buchtel-Denver Contact Central Office 720-890-7825
- 11-13 Grand Valley Spring Show #1 & 2**-Grand Junction-USEF
Contact Candace Graus 970-245-2886
- 12 Autumn Hill Sunday Series #1**-Saturday-Longmont- RMDS
Contact Julie Barringer-Richers 720-341-5033

- 12-13 Dressage for the Cure**-Cottonwood Riding Club-Littleton
RMDS Contact Tara Gandomcar 303-791-7656
- 13 Dressage in the Four Corners** - Farmington, N.M. USEF
Contact Heather Petersen 719-683-8435 slush@drwg.net
- 20 Foothills Spring Dressage Show**-Table Mtn Ranch-Golden
RMDS Contact Kathy King Johnson 303-494-0905
- 22 Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 24 Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfaitranch.com
- 25-27 Dressage in the Plains I & II**-Peyton-USEF
Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 26-27 Dalwhinnie Dressage Show I & II**-Ridgway-USEF-YR Qualifier
Contact Heather Petersen 719-683-8435 slush@drwg.net
- 26-27 Nancy Smith Clinic** - 8th Heaven Farms - Castle Rock
Contact KC Parkins info@8thheavenhorses.com

JUNE 2007

- 1-3 Fear Management Clinic** - 8th Heaven Farms - Castle Rock
Contact Beverly Swanson 303-688-5727 info@8thheavenhorses.com
- 5 Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 5-7 Karl Mikolka Clinic**-Ft Collins Equestrian Center
Contact Ann Hagaman 970-493-4662
- 8-10 CHP Dressage at High Prairie #1,#2,#3**-Parker-USEF-YR Qualifier
Contact Glenda McElroy 818-841-3554
- 9-10 USDF 'L' Program-Session D1**-Lois Yukins-Colorado Horse
Park Contact Heather Petersen 719-683-8435, slush@drwg.net
- 16-17 NCDA Rocky Mountain Dressage Classic**-Ft Collins-USEF
Contact Julie Barringer-Richers 720-341-5033
- 16-17 Black Hills Dressage Show**-Rapid City, SD USEF
Contact Sue Hinker 605-348-2816 thinker@rapidnet.com
- 16-17 Millbrook Farms Dressage Show 1** - Lehi, Utah USEF
Contact Jan Lawrence 801-768-8739 millbrk@xmission.com
- 21 Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfaitranch.com
- 22-23 Sage Creek #1 & #2**-Charleston,UT-USEF-YR Qualifier
Contact Heather Petersen 719-683-8435 slush@drwg.net
- 23-24 Columbine Show #2** - Columbine Equest. Center-Littleton-
USEF Contact Dorothy Rohrbach 303-646-2309
- 26 Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 29-7/1 Equine Touch Level 1 & 2 Clinic** - Loveland
Contact Raiann Kaiser 970-203-0725 equinetouchinfo@yahoo.com
- 30-7/1 Autumn Hill Dressage Festival I**-Longmont, CO-USEF-YR
Qual. Contact Julie Barringer-Richers 720-341-5033

JULY 2007

- 5-8 Boulder Valley's Adult Camp** - Autumn Hill IEC - Longmont
Contact Claudia Barkmeier 303-786-7240 cbarkmeier@rwbaird.com
or Barb Goldman 303-666-4528 barbara.r.goldman@chase.com
- 8-13 Junior Camp**-CSU-Ft Collins Contact Hollee Price
720-275-8311 - hollee24k@comcast.net
- 12 RMDS Executive Board Meeting** - 6:30 pm Perkins Restaurant

2007/2008 Shows & Events

- I-25 & Buchtel-Denver Contact Central Office 720-890-7825
- 15 **Autumn Hill Sunday Series #2**-Longmont- RMDS
Contact Julie Barringer-Richers 720-341-5033
- 17 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 19 **Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfairranch.com
- 20-22 **Dressage at the Peak Summer Warm-Up & Show**-Colorado
Springs-USEF Contact Heather Petersen 719-683-8435
slush@drwg.net
- 27-29 **Autumn Hill Dressage Festival II**-Longmont, CO-USEF
Contact Julie Barringer-Richers 720-341-5033
- 28-29 **Sage Creek #3 & 4**-Charleston, UT-USEF
Contact Heather Petersen 719-683-8435 slush@drwg.net
- 31 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com

AUGUST 2007

- 3-5 **CHP Dressage in the Rockies #1,2,3** - Parker - USEF
Contact Glenda McElroy 818—841-3554
- 11-12 **Cheyenne Dressage & Eventing Dressage Show**
CANCELLED Expect to return in 2008 - Contact
rlheckert@msn.com
- 14 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 18 **Dressage at Sun Prairie**-Sun Prairie Farm-Peyton-USEF
Contact Camille Griffin 303-663-0041 719-488-2812 camille
griffin@msn.com
- 19 **Autumn Hill Sunday Series #3**-Longmont - RMDS
Contact Julie Barringer-Richers 720-341-5033
- 23 **Janet Foy Clinic-Black Forest Area** Contact Patricia Janssen
719-749-9866 patricia@parfairranch.com
- 24-26 **Paragon Dressage I,II,III**-Colorado Horse Park-Parker-USEF
Contact Martha Fischer
- 25-26 **Utah Dressage Society Annual Show I II**-Charleston, UT-
USEF Contact Eva-Maria Adolphi 801-254-3247
adolphi@redrock.net
- 28 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com

SEPTEMBER 2007

- 1 **Aspen Ridge Schooling Show**-Monument, CO Contact
Heather Petersen 719-683-8435 slush@drwg.net
- 1 **Grand Valley Fall Show**-Grand Junction-USEF
Contact Candace Graus-970-245-2886
- 2 **Western Slope Championship & Open Show** RMDS
Contact Candace Graus 970-245-28862
- 2 **Aspen Ridge Dressage**-Monument, CO-RMDS
Contact Heather Petersen 719-683-8435 slush@drwg.net
- 8 **Boulder Valley Schooling Show** Somerset-Longmont
Contact Jeannette Hillery 303-494-7718 jmhillery915@comcast.net
- 9 **Boulder Valley So Long to Summer Show** Somerset-
Longmont-RMDS Contact Jeannette Hillery 303-494-7718
jmhillery915@comcast.net
- 11 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com

- 13 **RMDS Executive Board Meeting**-6: 30 pm Perkins Restaurant
I-25 & Buchtel-Denver Contact Central Office 720-890-7825
- 14 **Rocky Mountain Iberian Dressage Show** - Castle Rock
RMDS Contact Heather Petersen 719-683-8435 slush@drwg.net
- 16 **Foothills Chapter Last Chance Show** Table Mountain - Golden
Contact Suzanne Koczon-Shiple 303-697-0552
- 20 **Janet Foy Clinic** - Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfairranch.com
- 25 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 26 **Rocky Mountain Sport Horse Breeding Chmp. &
Qualifying Open Breed Show**
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 27-30 **Great American/USDF Region V & RMDS Dressage
Championships & Open Show** - Parker-USEF
Contact Heather Petersen 719-683-8435, slush@drwg.net

OCTOBER 2007

- 9 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 11 **Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfairranch.com
- 13-14 **Paul Belasik Clinic**-Cottonwood Farm-Grand Junction
Contact Lynea Schultz-Ela 970-872-3961 lynea@direcway.com
- 13-14 **USDF Adult Jane Savoie Clinic**-Phantom Hill Farm-Ft Collins
Contact RMDS Central Office 720-890-7825 rmds@rmds.org

NOVEMBER 2007

- 6 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 8 **Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfairranch.com
- 10 **RMDS Board of Directors & Awards Banquet** -
NCDA Chapter
- 20 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com

DECEMBER 2007

- 4 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com
- 6 **Janet Foy Clinic**-Black Forest Area Contact Patricia Janssen
719-749-9866 patricia@parfairranch.com
- 18 **Janet Foy Clinic** - Reiterhoff Ranch Contact Jody 303-646-9520
www.geocities.com/ingolfin/ or reiterhoffranch@yahoo.com

JANUARY 2008

- 18-20 **USEF "r"** Table Mtn. Ranch - Golden -
Contact Heather Petersen 719-683-8435 slush@drwg.net
- 19 **"L" Continuing Education** - Table Mtn. Ranch - Golden
Contact Heather Petersen 719-683-8435 slush@drwg.net

SEPTEMBER 2008

- 25 **RMDS Breed Championships & Open Breed Show**
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 26-28 **RMDS Dressage Championships & Dressage Open Show** -
Parker-USEF Contact Heather Petersen 719-683-8435 slush@drwg.net

THE CENTAUR NEWSLETTER

The Centaur Newsletter is published monthly. To guarantee that ads and articles will run in a given month, they must be received by the 10th of the month prior to the month of publication, i.e. January 10 for the February edition. If not received by the deadline, articles and ads may be placed in the following issue, if not time sensitive.

CONTACT INFORMATION

For article suggestions, articles, columns, letters to the editor: Centaur editor Gavin Ehringer, PO Box 9, Colorado Springs, CO 80901 ph. 719-471-8764, e-mail gavinehringer@earthlink.net.

ADVERTISING

RMDS office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301 ph. 720-890-7825, e-mail rmds@rmds.org.

DISPLAY ADVERTISING

For information about corporate advertising and/or sponsorships, please contact Beth Geier (contact info above).

Artwork (ads) must be provided in electronic format only. Acceptable forms include: JPG, PDF, TIFF, EPS, Quark XPress (include all fonts and image files). IF UNSURE ABOUT AD FORMATTING, please contact editor (contact info above) for consultation and advice. Microsoft Word IS NOT an acceptable form of advertisement submission, except in the case of classified ads.

No substitutions may be accepted. If your ad is submitted in a file format other than those listed above, you will be contacted regarding an additional charge for reformatting or redesign. Hourly charge for redesign/reformat is \$35, in minimal units of one hour.

Please be sure to include a printed version of your ad with your payment so that the ad may be proof-read against the electronic version. Printed ad copy cannot be used as final art.

CLASSIFIED ADS

Classified ads may be submitted via e-mail to the RMDS office, address above. You may also type or hand-write a classified ad and mail it to RMDS headquarters, attn. Beth Geier, The Centaur. Please, limit your classified ad copy to 50 words or less. Exceeding 50 words will result in additional charges per line.

PAYMENT AND AD COPY DELIVERY

E-mail ads to: RMDs@rmds.org, and cc the electronic copy to: gavinehringer@earthlink.net. Send payment and hard-copy to: RMDS Office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301.

AD RATES AND SIZE SPECIFICATIONS.

Classified \$12 per item for sale. 50 words maximum.
w/photo\$22 per item for sale.
Full page\$125.....7.5" x 9.5"
Half page\$85.....7.5" x 4.75"
Outside back half.....\$100.....7.5" x 4.75"
1/4 page.....\$50.....3.75" x 4.25"
1/8 page (business card)\$25.....3.625" x 2.25"
Ask about discounts for multi-month or annual ad contracts.

EDITORIAL POLICY

Articles submitted for publication will not be returned. Please contact the editor before submitting unsolicited articles or photos. Articles represent the work and views of their authors, not necessarily the RMDS, its officers or employees.

TRAINERS AND INSTRUCTORS - Get on the World Wide Web and Build New Business.

If you wish to increase business, you can place your information on the RMDS website at very low cost. Send information to: Michael Petersen, 12395 Gull Lane, Peyton, CO 80831, ph. 719-683-8435 or e-mail: webmaster@rmds.org (note on the subject line "trainer info").

Please include your name, phone number(s), postal addresses, e-mail, locations where you train and other pertinent info, i.e. awards, certifications, lesson types, schooling horses, etc.

The website averages 200 hits per month on the trainer page and RMDS receives 25-30 e-mails per month requesting names of trainers/instructors in the RMDS region. Don't miss the opportunity to expand your client base and gain recognition.

Cost is \$50 annually. Mail check to: RMDS Central Office, 2942 Park Lake Drive, Boulder, CO 80301.

ADVERTISE EVENTS ON THE RMDS WEBSITE

Website ads on the RMDS site provide your event with high visibility. Your ad will run for one month from the date it first appears. Unless the webmaster is notified in advance (webmaster@rmds.org), the ad will be removed from the website once the date of the event advertised has passed.

Please limit content of the ads to 20 words. E-mail and website addresses will be displayed as links.

Because of the implicit connection to the RMDS, we reserve the rights to:

- 1. Refuse any ad.
- 2. Edit ad content.
- 3. Limit the number of ads displayed at any one time.

MEMBERSHIP

Awards are based on the information on your membership card. Be sure to double-check everything very carefully. Duplicate cards are available for \$2.00. If emailed to you, they are free. Request a new one by emailing the Central Office at rmds@rmds.org

Proof of adult amateur status must be sent to the Central Office every year. Showing proof at shows is not enough for the year-end awards.

Owner, rider, horse MUST be current members PRIOR to any ride for the score to count towards qualifying for RMDS Championships and for qualifying for any year-end award. If PONY is not listed under breed and you have a pony, send a copy of the measurement form or the permanent pony card, to the Central Office.

Remember, membership and its details are your responsibility.

Be sure corrections are made!

Beginning October 1, 2007 all horse registrations will be \$40 and corrections will be \$15 per correction.

REGISTRATION FORM

RMDS Jr./Young rider camp 2007

Campers Name & Age: _____

Address: _____

City, State, and Zip: _____

Phone: _____

Parents Names: _____

Horse's Name, Age, Sex: _____

What type of riding do you normally do? _____

Do you take lessons? For how long? _____

Your Instructor: _____

Do You compete? _____

Have you ever been to camp? _____

Please mail your registration with a \$100.00 deposit ASAP (made out to RMDS). We have a limited number of slots available. Once registrations are received all forms and the camp schedule will be sent to you. Total camp tuition will be due by May 15th. Tuition will be refundable less deposit up to 30 days prior to camp if campers slot can be filled.

Mail To:

Hollie Price
185 Starburst Cir., Castle Rock CO
80104



2007 RMDS Junior Riders Dressage Camp @ Colorado State University

Join us for a great camp from July 8th to the 13th on the beautiful Campus of CSU in ft. Collins

- Great Dressage instruction
- Lunge line instruction, quad Drill, Vaulting, freestyle
- Arts and Crafts
- Swimming
- New and old friends come together for a GREAT TIME
- show off all your new skills at our show
- Amazing Prizes—donated by some great retailers and dressage supporters throughout Colorado



When: July 8th–13th

Where: CSU in Ft. Collins

Cost: estimated to be no more than \$600.00. We are looking for donations to subsidize some of the cost for our campers. Final cost will be determined by May 2007
 Limited to our 1st 12 registrants with a \$100.00 deposit

Age: 9–18

Campers will be Participating in dressage lessons each day (fit horses are required)
 Stalls are provided at the equine center, but each camper is responsible for feed and bedding for their horses
 All meals are included in camp costs as well as lessons and most extra curricular activities
 For more information please go to www.rmids.org or contact Hollee price at hollee24k@comcast.net

Complete registration will be published on the web and in the centaur beginning March 2007





DRESS REHEARSAL DAY!

Dressage

Axel Steiner
advises riders:
"recreate the show-day atmosphere" to school show-day jitters away. Spook-proof your horse!

Ride-A-Test
& Mini-lesson
with KC Parkins-Kyle,
'L' judge and FEI rider/trainer

Only \$95 for the Day
Prizes & gifts!

Fear Management Tips
from Roger Kyle,
Denver Mounted Patrol Trainer
& *Equine Trust Pro*

Turnout Tips
& Critiques
from a "Lisa Wilcox" impersonator

Equine Collections
from Cheval

Mexican Grill Lunch
Benjamin Soria, Chef

Register at

www.8thheavenhorses.com

CLICK ON NEWS & EVENTS

Try your show-day skills in a real-time show atmosphere. We'll test your nerves with flapping flags and scary gazebos, with Roger Kyle to help you with tips on fear management. Ride your test & get a mini-lesson on how to raise your score with 'L' judge and FEI rider/trainer KC Parkins Kyle. Relax shopping for spring equine fashions from Cheval and feast on an authentic Mexican grill. Family & friends welcome (just lunch, \$7)!

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Castle Rock
(303) 688-5727

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USDF Silver & Gold Medals

Sharon Schneidman
USDF Gold Medal & 35 years of FEI dressage

Nicole Gluesenkamp
German FN Bereiter

www.westmantonstables.com

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2940 Cañon Ridge Road
Castle Rock, Colorado
80104 USA

Westmanton Stables LLC
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Parker CO 80134
Tel & Fax #: 303.841.5280
E-mail: gsschneidman@comcast.net

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303.829.3805 (cell) or 720.842.0643 (barn)

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John and Pat Propp, Owners
www.freedomfarmsinc.net

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Dressage Judges Ratings & Levels Qualified to Judge

Status	Status	Levels	Status	Status	Levels
"L"	Learner*	Training-Second (RMDS only)	"S"	Senior	All Levels
"r"	Recorded	Training-Second	"I"	International	All Levels
"R"	Registered	Training-Fourth	"O"	Olympic	All Levels

* May only judge at RMDS shows.

Any class ridden before a judge not qualified to judge at that level must ride "Hor's d'concours" (score does not count).

FEI 'I'
Janet Foy719-260-1566

USEF 'S'
Debbie Riehl-Rodriguez ..303-642-7708
Sandra Hotz303-817-2030
Anita Owen.....303-953-9904

USEF 'R'
Janet "Dolly" Hannon.....303-919-4112
Kristi Wysocki303-648-9877

USEF 'r'
Amy Jablonovsky970-493-2833
Suzanne Zimmer303-478-8325

USDF 'L' Graduate – Schooling & RMDS only recognized shows
Simone Ahern-Harless* ...719-749-9274
Francie Brashear.....303-840-7626
Gigi Brittain303-681-2516
Julie Burt719-852-5269

Rae Ann Cook *.....970-225-1408
Emmy Detlof.....719-495-4188
Kathleen Donnelly*970-310-8729
Marti Foster *303-277-1132
Beth Geier303-673-9840
Ilyse Gold970-588-3859
Jan Goodrich-Spear.....303-664-0152
Gwen Ka'awaloa *303-646-4363
Linda Coates-Markle.....303-469-0279
Sarah Martin *719-379-3716
Linda Ohlson-Gross *303-840-9818
KC Parkins-Kyle303-841-9953
Sally Robertson303-237-6915
Kathy Simard*720-981-4448
Maria Wasson303-682-9594
Regina Wendler970-879-7505
Simone Windeler719-540-2000
*Denotes graduating with distinction

Dressage Sport Horse Breeding Judge
Janet Foy 'R'719-260-1566

Debbie Riehl-Rodriguez 'R' .303-642-7708
Kristi Wysocki 'r'303-648-9877

TECHNICAL DELEGATES
USEF
Eva-Maria Adolphi (UT) -r
801-254-3247
Veronica Holt - R303-646-3829
Laurie Mactavish - R970-390-5160
Deeda Randle (WY) - R...307-638-6737
Catherine Siemiet - r719-942-5311
Dianne Stanley.....(MT) - 406-652-4061
Libby Stokes - r.....303-688-2795

RMDS-(RMDS sanctioned shows only)
Joan Clay970-490-1927
Rusty Cook505-877-1456
Jeannette Hillery303-494-7718
Jane McBride.....719-598-4496
Susan Selby970-227-9530
M. Elaine Thomas719-495-1510

USDF CERTIFIED INSTRUCTORS
TRAINING – 2ND
Julie Burt719-852-5269
Jill Cantor Lee970-686-9163
RaeAnn Cook970-225-1408
Janet "Dolly" Hannon.....303-279-4546
Sabine Kallas307-733-9497
Ellene Kloepfer303-828-3879
Clayton Martin.....719-379-3716
Sheri Mattei-Mead970-669-3733
Kathryn Meistrell303-646-9059
Bridget Milnes303-660-4986
Kristi Wysocki303-648-9877

USDF CERTIFIED INSTRUCTORS
TRAINING – 4th
Simone Ahern-Harless719-749-9274
Nancy DeVaney303-681-2516
Loma Fowler303-841-0417
Sarah Martin.....719-379-3716
Kathy Simard.....720-981-4448
Melinda Weatherford.....970-484-5218

Classified Ads

HORSES

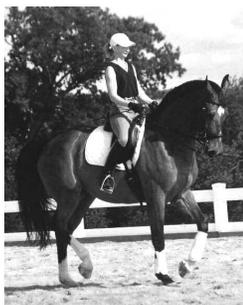
1997 Polish/Russian Arab: Gelding—Built like a warm-blood! Gray—15.2 hands. Excellent conformation—flashy. First level scores in the mid-sixties. Initial training by one of Debbie McDonald's proteges—showed at River Grove. Great on trails and endurance—very pretty movement. Started over fences. No vices. Full guarantee on health. Easy keeper, nice ground manners and not dominant with other horses. \$9,000 OBO. Horse is showing locally in combined training and dressage. Child-proof. Single owner. Call Pamela Clarke at (307) 745-8794 or email: pclarke@uwyo.edu

Haflinger at stud: Alpenprinz—Andri: elegant dark chestnut registered Haflinger with flaxen mane and tail. Proven stallion out of historically strong Austrian lines. Traditional confirmation. Imported from Canada in 2006. Documented history with logging, traffic-proof driving, riding. Wonderful disposition. Cover price \$350 (AI \$450). Contact Diane Kempson at Nightingale Haflingers at (307) 745-8794 or dkempson@uwyo.edu

Flashy imported Danish warmblood 16.3h chestnut gelding with 3 excellent gaits. Currently in professional training, working third level with great half passes and flying changes. See Dreamhorse ID 941209 for more details or call Teri Hallman 928-474-9757.

Flashy 5 yo Friesian Sport Horse 15 hand gelding. Aragorn is 1/2 Friesian, 1/2 Appaloosa, dark bay with a white blanket over his hips. His gaits are bold, fluid, and rhythmic; his conformation is solid and balanced, and he has a willing work ethic. Aragorn will be a competitive mount for the smaller rider. He is currently in full time training. \$8,500. Contact Brittany Oliver 970-324-6777 or Robyn Clark 303-655-9791

Contingent Fee—1990 Bay 16.2 Holsteiner Gelding This handsome Grand Prix horse will make a wonderful competitive mount for an aspiring AA, Junior, or Professional. He is very fun to work with and a real head turner at shows. He is extremely sound with clean x-rays. Let him take you to Young Riders or your gold medal. Grand Prix scores up to 66.875%, 2004 AHHA I-2 Champion, 2003 Regional Champion I-1 and Prix St. George. 70K Jami Kment kjkment@yahoo.com



Holsteiner gelding, 10 yrs. old, 16H with eye catching movement. Going 2nd, training 3rd. Ability to do much more. Very athletic. Started over fences at 2ft. Nice ground manners, easy to trailer. Would do best with an experienced rider. Asking \$16,000 Call Francie at 303-840-7626

AT STUD: American Saddlebred, liver chestnut, 16 hand, big bones, short back, old bloodlines of Wing Commander and Stonewall King. Early bookings \$500.00 after June \$1000. AI available. Also offering well papered Saddlebred

mares for lease and have a few nice 2 & 3 year olds for sale, starting at \$1800. Contact: Peggy Want, (307) 857-0012 or email blackcrow@wyoming.com.

RMDS Trakehner of the Year, 2006. Black, 12-year-old, 16'2" gelding. Falcon showed at training level last season with scores from 63%-70%. Falcon has been in work throughout the winter and is ready to show first level. He is currently schooling second level and is in professional training. He is a willing, honest, and responsive horse with a sound work ethic. For further information, contact Kathleen Donnelly, 970.310.8729, or Elizabeth Munson, 970.412.8596. Asking price is \$14,500.

Thoroughbred Gelding, 1994. 16.3h, dark bay. Training third level, shown successfully first level by an adult amateur. Evented at Novice. Sound. Price negotiable, motivated seller. 307-760-5744, lbarrows@uwyo.edu.

UPPER LEVEL HORSE AVAILABLE FOR HALF-LEASE TO TALENTED JUNIOR 9 year-old 16.2 hand Dutch warm-blood, "Ruxpin" is available for a long-term 1/2 lease to the right junior rider. Ruxpin was 3rd place Adult Amateur RMDS Horse of the Year at 3rd level in 2006 and is currently schooling 4th level and Prix St. George movements. Potential lessee should have solid show experience, through 2nd level or higher. Ruxpin will remain at Table Mountain Ranch in Golden, CO and the lease requires participation in a training program with Dolly Hannon and Debbie Riehl-Rodriguez. This is an excellent opportunity for a junior wishing to potentially qualify for the 2008 FEI Junior Championships. Please call Susan Kracklauer at 303-421-3511.

TACK/EQUIPMENT

Karl Niedersus Symphony dressage saddle 17" seat. In excellent condition. wide tree used very little. asking \$1,200 Call Francie at 303-840-7626

Keefer Grand Prix International 17" seat and regular width tree, brown, very good condition asking \$400.00 Call Francie at 303-840-7626

Passier, Nicole's Grand Gilbert 17" seat wide tree, very good condition, asking \$500.00 Call Francie at 303-840-7626

Dressage Arena: A Premier Classic Arena is available from Tri-State Dressage. Used for three shows. It is portable but ideally suited for a more permanent site. \$1500.00 or best offer. Please call Tammy Fagan 307-856-5451 or tfa-gan@wyoming.com

OTHER

Heather J. McEntee Dressage at GM Ranch. Beautiful 35 acre facility in Sedalia. 30 mins. to Monument, 15 mins. to Castle Rock. Excellent Care. Indoor arena, outdoor arena, 2 round pens, trails. Stall & field board. Boarding/Lesson packages, Lease packages, School horses. Dressage instruction/training through 2nd level. Heather: 719-338-9913.

Is equine chiropractic right for your horse? An introduction to “Vibrant Energy Healing”

by Debbie O'Reilly

Do you ever wonder why your horse is not performing at his optimum? Have you ever questioned why the judge said “not enough impulsion” or “not through the hind end” even though your horse is normally a freight train? Do you ever get out of bed or up from a chair and feel 100 years old because you are so stiff? That’s why the art of Chiropractic is so necessary in the discipline of dressage.

Chiropractic care for animals is a relatively new alternative health care practice. Usually your veterinarian will recommend your horse or other pet for this special treatment. A Certified animal chiropractor who is either a licensed vet or licensed chiropractor are best trained for this type of treatment. The only professional organization for animal chiropractic is the American Veterinary Chiropractic Association (AVCA) which is affiliated with Options for Animals. The AVCA certifies both chiropractors and vets after completing 180 hours of intensive training encompassing both veterinarian and chiropractic courses. I am certified through the AVCA/Options for Animals since March, 1997. I have been treating horses, dogs, cats and other fur-bound animals here in Colorado since December, 1996.

Chiropractic is a health care discipline that does not use drugs or surgery. Chiropractic deals with the nervous system that is housed inside the spinal column. The spinal cord carries all the nerves that go to every organ in the body. These nerves exit the spinal column through areas between vertebrae, which are the individual spinal bones. Chiropractic

maintains that adequate nerve supply is vital to the proper functioning of the entire body. When these joints are misaligned or “subluxated”, they affect the nerves and the flow of nervous energy.

The causes of subluxations are trauma (such as slips, falls, and forceful blows), drugs, abnormal forces at birth, and other stresses. Performance and show animals have the greatest risk of subluxation.

A chiropractic adjustment corrects the subluxation and restores proper functioning of the nervous system. Chiropractic care is used successfully on human patients all the time.

Animals also have individual vertebral bones that subluxate and cause nerve pressure and pain. Animals respond to chiropractic adjustments just as well as humans, sometimes even better. Animals greatly benefit from chiropractic care.

How do you know if your horse needs chiropractic care?

Some signs are:

- Pain when you push on the animal’s back, especially near the spine.
- Numerous unnecessary trips and slips, not corrected by shoeing.
- Resistance to turning their head one direction or problems with bit or reining.
- Changes in behavior that cannot be explained.
- Difficulties with cantering or jumping.
- Not typically lame, but just plain “off”.

- Stiffness that a vet cannot find a definitive cause.

Chiropractic care takes time, since we are allowing the body to heal itself after proper nerve functioning has been restored. Animals recover quickly as a rule, but older animals and more serious problems take more time. The speed of recovery depends on these factors:

TIME. The length of time that the problem has been present. The more time that has elapsed since the onset means the recovery will take longer.

AGE AND PHYSICAL CONDITION. Older animals are slower to heal.

DAMAGE. How much damage has been done? Sometimes there is simply no repair for damaged tissues.

COOPERATION. The speed of recovery often depends on how well the owner will cooperate with the animal chiropractor that is treating their pet. If the animal is removed from treatment too soon, the best possible results may not be achieved.

It is important to make sure the spine is kept in optimum condition. Most animals should have adjustments as needed throughout the year. Older, performance, and show animals may need to be seen more frequently. Ask your veterinarian if your animal could benefit from chiropractic today.

Dr. Debbie O'Reilly is currently practicing at Vibrant Energy Healing Center in Littleton, Colorado.

Chapter News

Colorado Springs Dressage Assoc.

CSDA will hold their March meeting on March 20th at 7:00 pm at Perkins Restaurant on Powers and Constitution.

Our speaker will be Dr. Sandi Grover, the topic is "Spring shots".

We are excited to hold our traditional May show a little earlier this year on Apr. 28-29. It is the Dressage at the Peak Mid-Spring. We have two great judges, Charlotte Trentleman (S) and Beverly Rogers (S). The show will be held again at the Norris Penrose Event Center. We have had excellent feedback from the competitors regarding the footing at Penrose. This show is also a Jr/YR qualifier.

CSDA is pleased to announce that we will contribute \$500 to the RMDS capital fund.

Best,
Simone Windeler, CSDA President

High Plains

The High Plains Chapter is putting together a weekend show at Colorado Horse Park on June 16 – 17. We are very excited to offer a clinic with **Sharon Schneidman** on **Saturday, June 16th**.

Sharon is a USDF Gold Medalist, with 35 yrs experience in Dressage training through the FEI levels. This clinic is open to all levels of riders and horses. Contact Terri Wallace at 303-478-8838 for more information.

Also on **Saturday June 16th**, we will be having a schooling show running at the same time. **Sunday June 17th** will be an RMDS show in two rings with judges; Emmy Detlof and Suzanne Zimmer. For more information please contact Alex Curnutte at curnutttes@msn.com or 303 663 0358. As soon as the prize list is available we will put it on the RMDS website. We need member help with this show! Volunteers, come forward and support your chapter and your friends.

This show is the largest undertaking that the current board of High Plains has attempted. That being said, we need your help! We would like to put our best foot forward but that takes many hands. Please attend the March 20th meeting and see how you can help or email Alex Curnutte.

Chapter plans for the coming year are

based on member input and involvement. What do you want the Chapter to do? Clinics, lectures, seminars, shows, or not? It's up to the members.

Our next meeting will be **March 20th**, 7 pm at Jocks and Jills. Located on Mainstreet, 2 blocks east of Parker Rd in Parker. We need your input so the chapter can go the direction that the members want. We hope to see you there.

Alex Curnutte 303 663 0358 curnutttes@msn.com

Tri-State Dressage

652 North Portal Road
Riverton, WY 82501

Tri-State is off to a great start. Our new board is a group of energetic ladies with a love of Dressage. They are wonderful to work with and we are having a great time in the process of bringing Dressage to our Community. The new board members are: President - Tammy Fagan,

2007 Omnibus Corrections

- A-9 Correct zip for USDF is 40511
- C-14 Junior Tests-Junior Individual can be used to qualify for 4th level Great American/USDF Regional Championships
Young Rider Test-YR Team Test is equivalent to 4th level not Prix St Georges
- C-29 Boulder Valley Spring Fling - Judge: Schooling Show RaeAnn Cook
Judge swap: Beth Geier to judge April show; KC Parkins-Kyle to judge September
- C-31 Columbine Show I & II Show I – Judge: Nancy Thacher –R; TD: Catherine Siemiet
Show II – Judge: Christine Hastings-S; TD: Deeda Randle
- C-33 Grand Valley Dressage Shows
Open Date: April 9
May 11-13 Show Secretary: Kathy Sassano
Send entries to: Grand Valley Dressage Society-PO Box 4093-Grand Junction, CO 81502

THE SWEDISH WARBLOOD ASSOCIATION OF NORTH AMERICA

proudly presents a discussion with the top riders & trainers of Sweden

WHERE: Sat, April 21, 2007 @ 10:00am
Las Vegas, Nevada

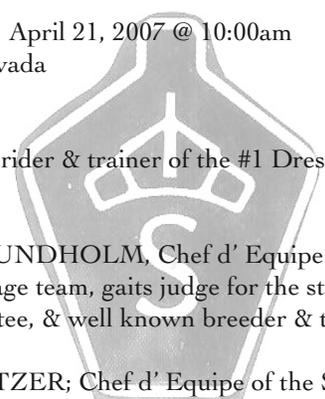
WHO:
JAN BRINK, rider & trainer of the #1 Dressage Stallion, Briar.

ELISABET LUNDHOLM, Chef d' Equipe of The Swedish dressage team, gaits judge for the stallion Selection committee, & well known breeder & trainer.

MARIA GRETZER; Chef d' Equipe of the Swedish jumping team, jumping judge on the stallion Committee, talented jumper rider

OPEN TO ALL

For details & pre-registration see <http://www.swedish-warblood.org>



Chapter News

Vice President – Echo Youngbauer, Secretary – Mary King, Treasurer – Joyce Hazlewood, Board Members At Large – Julie Feiler, Barbara Ramlow, Peggy Want and Immediate Past President - Darlene Vaughan.

Our Education Committee has an exciting season of activities to participate in. Once again we are putting on the very popular Tri-State Schooling Show Series. It consists of a five show series accumulating points towards series end awards given out at our series end awards dinner in the late fall. This is the third year we have been doing the series. The first year we had three shows, last year four. We are pleased to announce that the Casper members will be hosting show # 3 in Casper, WY this year. All the other shows will be held in Riverton, WY, two at the Central

Wyoming College Equine Center and two at the Fremont County Fair Grounds. So far we are also hosting three Clinics.

We have a wonderful community to work with, Central Wyoming College and the Fremont County Fair Board sponsor our Series and Clinics so to return the gesture we will be hosting a 4-H and Beginner Adult Clinic, manned with Tri-State members donating their time to help give individuals new to dressage a start in the world of dressage, show # 2 will follow. We are very fortunate to have dressage classes offered to 4-H members at the 4-H Jr. Horse Shows during County Fairs throughout Wyoming. County champions qualify to go to the Wyoming State Fair held in Douglas. What a great way to get the youth in our area started in

Dressage. We welcome you to join us in a fun filled season.

Tammy Fagan
TRI-STATE DRESSAGE
SERIES SCHEDULE

Show # 1 - March 31st
CWC Equine Center in Riverton. The April Fools Day Clinic with Barbara Bell to follow on April 1st.

Show # 2 - May 20th
CWC Equine Center in Riverton. The 4-H Adult Beginner Clinic held the day before on May 19th same facility. Show # 3 - June 30th in Casper facility TBA.

Show # 4 - Fri. July 27th during the Fremont County Fair 4-H Jr. Horse Show at the Fremont County Fair Grounds in Riverton.

Show # 5 - Sept. 22nd
Fremont County Fair Grounds in Riverton. Clinic to follow Sept. 23rd

with Barbara Bell.

For more information please contact Tammy at tfagan@wyoming.com or (307)856-5451.

Boulder Valley Dressage April 2007 Report

Welcome to Spring – we hope that you are enjoying the recent warm weather. We are moving full steam ahead into show season and want to remind you of our very own Spring Fling and Spring Fling Schooling show on April 28 and April 29 at Single Tree Farm.

Last year the schooling show was very well received. It is a very helpful to go to the schooling show on Saturday and introduce yourself and your horse to the new surroundings – to say nothing of trying out the new tests. See your Omnibus or our website www.bvdressage.org for the prize list. If you have immediate questions you can contact the show manager Patti Taylor at patti_taylor@earthlink.com or the show secretary Barb Newman at barb.newman@qwest.com

Mark your calendars for the Adult Amateur Camp – yes by popular demand camp is back! This year it will be held at Autumn Hill from the evening of July 5 thru Sunday July 8. We have many exciting events planned and it will be limited to 20 campers. Watch your email in box and the website for more details. Our next meeting will be held on Monday April 9, again watch your email in box and website for the location. We welcome your input, feedback and especially your pictures. Start emailing me your pictures now for our annual banquet – we will post them on the website if you would like. So long for now – have fun riding.

Best Regards,
Claudia Barkmeier
President Boulder Valley Dressage
303-417-1675 H
cbarkmeier@rwbaird.com

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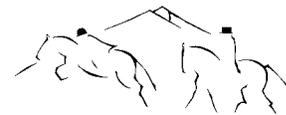
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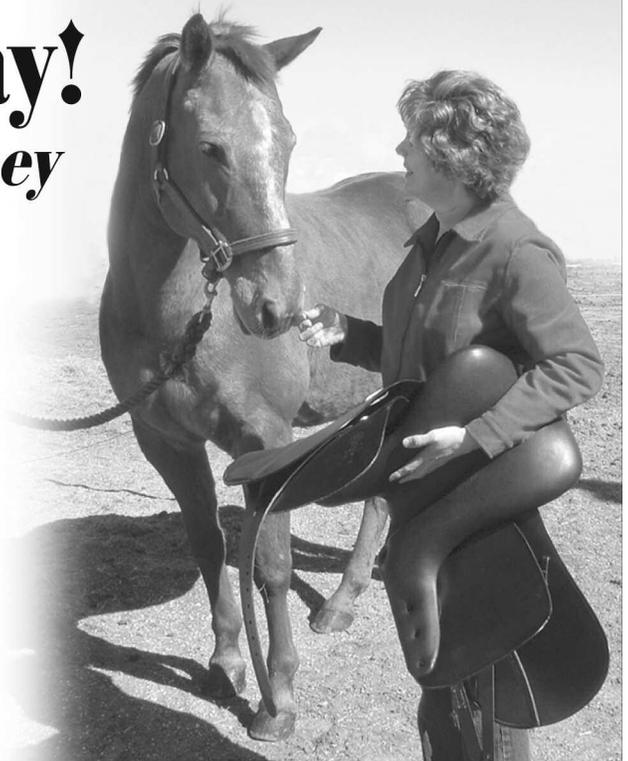
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