

# THE CENTAUR

## RMDS Spreads the Word at Denver's Rocky Mountain Horse Expo

The High Plains Chapter of RMDS hosted a booth at the Rocky Mountain Horse Expo March 14 -16th at the National Western Complex in Denver. The trade show was located in the National Western Complex and the Event center next door hosted some live horse demonstrations thru out the weekend. Though this is typically an event that attracts horse enthusiasts from the Western disciplines, High Plains Dressage attracted significant attention to make the effort worthwhile. We handed out 500+ pens with our website printed on them and over 100 copies of the USDF Connection and the RMDS Centaur.

To those of us involved in RMDS we often forget that there is a portion of the horse world that is not familiar with our organization let alone the sport of Dressage. Using a wonderful DVD showcasing Dressage and Freestyles, provided by Wow Radio host Kris Garrett and High Plains Dressage member Tyteeka Reye, we were able to draw many visitors into our booth and chat. The conversation and questions would range from upcoming events, what trainers are in their area; schooling shows this summer and what do we offer for juniors. A different DVD put together by High

Plains VP Sharon Soos, included clips of Dressage tests by various breeds such as Quarter horses and Paints. RMDS member, Glenda Needles had very kindly sent a terrific video of her FEI Quarter horse from years ago. Both of these videos gave us ample opportunity to discuss the benefits of Dressage for all breeds and disciplines. Often the conversations would include discussion of Reining as an Olympic sport and the similarities between Dressage and Reining.

It is our hope that by being a presence at this event we could encourage all horse owners/riders to view the sport of Dressage as a positive influence for training and riding any breed. High Plains Dressage Chapter would also like to thank High Plains Dressage VP Sharon Soos for organizing and manning the booth all weekend. Along with High Plains Dressage President Alex Curnutte, High Plains Dressage member Cathy Van Berg and RMDS President Laura Speer and Simone Windeler's generous donation of the display board which we used to highlight our banner and the Centaur, we were able promote and discuss Dressage and the Rocky Mountain Dressage Society.



High Plains President Alex Curnutte chatting with Expo attendee Lynda Pruett.

### In This Issue...

Rocky Mountain Horse Expo....cover  
 Johnson Heads Horse Org .....cover  
 Story of Chevas -Part Two .....II  
 Development of Laterals.....18

### Regular Features...

Region V Message.....8  
 Editor's Scoop.....8  
 President's Message.....9  
 Judges, Instructors, TDs.....10  
 Chapter News.....12  
 Calendar .....14-15  
 Trainer Talk.....16  
 Classified Ads.....22  
 Biz Card Ads.....26-27

## Kathy King Johnson Named Exec Director of Medicine Horse Program

In February, the board for the charitable non-profit Medicine Horse Program announced that it had chosen Kathy King Johnson as its new Executive Director. Johnson, who has served as chief operating officer for the program for the past seven months, succeeds Karolyn A. Gazella, who will step down as Executive Director and join the Medicine Horse Board of Directors.

Medicine Horse Program is a Boulder-based nonprofit that gives adolescents, adults and families therapeutic interaction with horses. Equine Facilitated Psychotherapy is a new and quickly growing field. Medicine Horse offers Equine Facilitated Psychotherapy to at-risk youth who would normally not have access to therapy or horses.

"As COO, Kathy, together with Karolyn, has overseen dramatic improvements at Medicine Horse, both in facilities and pro-

*continued on page 2.*

*Johnson, continued from page 1*

grams, and she is the ideal person to succeed Karolyn in the position of Executive Director," said Cliff Neuman, Board Chair.

Before joining Medicine Horse Program, Kathy was a premier dressage trainer at Table Mountain in Golden. Kathy is a graduate of the University of Michigan honor's



*The always chic Kathy Johnson, modeling the latest in fashion, a black horse stole. Her promotion to exec director, she says, was in response to her belief in volunteerism and in the program's objectives.*

English program and is a Hopwood award winning writer. She has a master's degree in education from the University of Houston where she taught rhetoric and composition while doing doctoral work.

"I am very excited about the opportunities that we have at Medicine Horse and believe that we can make great strides in providing further support for the at-risk youth population that we are honored to serve. I look forward to working closely with our Medicine Horse community of friends, donors and volunteers to continue our important work," said Johnson.

"The Board has been extremely impressed with Kathy's diverse skill set and we are fortunate to have her leading our organization," said Cliff. "Karolyn has done a wonderful job as our Executive Director over the past two years and we are very ex-

cited to have her once again join our Board of Directors."

Gazella has been with the organization for nearly five years, first as a volunteer, then as Chairman of the Board, and previously as Executive Director. "I love this organization and what it stands for," explained Gazella. "I'm thrilled to remain connected as a volunteer. It will certainly continue to be my charity of choice." Gazella is stepping down from the Executive Director position to pursue her writing and publishing career.

Medicine Horse has four core programs, and is integrating a fifth. *The HopeFool Project* is an award-winning class partnering rescued Premarin foals with depressed and anxious teens. Premarin foals are by-products of the PMU or premarin industry. Premarin stands for pregnant mare urine, an estrogen replacer prescribed to menopausal women. The foals are kept with their dams until they are big enough to send for slaughter, then they are auctioned off. Medicine Horse, with the help of its corporate sponsors, rescues four to five foals per year.

According to Johnson, the teenagers involved in the HopeFool project often feel marginalized and anxious. Many have been taken from their families much like the foals. The teens work with trained therapists and horse handlers to help gentle the Premarin foals. In the process, both foal and teen can be healed.

*Equus Integration* is designed to break down barriers among diverse populations and to help combat gang violence. Specifically, it builds interaction skills that enhance communication between English-speaking and non-English-speaking teens. The teens in this program are often newly arrived in America from Mexico, Africa, China and from other countries. They know little or no English. Working with horses, who are non-verbal, teaches them new ways to communicate.

*Just Say Whoa*, in partnership with the Boulder BEST program, is designed for truant teens and repeat juvenile

offenders. Through interaction with horses, the class helps teens confront their complex lives. Horses teach boundaries and help teens deal with anger management and control issues.

*Healing with Horses* is carried out in collaboration with Hospice of Boulder and Broomfield Counties. This 2006 NOVA Health and Human Services award-winning class is designed to help children deal with issues of grief associated with a significant loss. Because horses are herd animals and have strong separation anxiety, they mirror the children's emotions and help them understand their own grief.

*Equine-Ability* is its newest program, designed for the developmentally delayed population, many of whom are also physically challenged. This growth and learning class teaches horse care and safety, as well as life skills. Equine-Ability empowers these young adults through hands-on horse care, riding classes, and therapy sessions.

## ARE YOU DEDICATED TO DRESSAGE?

*Learn, Ride & Win  
with Cañon Ridge Farms*

We Invite You To Visit Our Brand New Facility



- 28 stall heated barn with daily turnout
- Customized care including high quality feeding program
- Personalized instruction with our top trainers
- Sand/rubber footing in our 110 x 220 indoor arena and our full size outdoor arena

**CAÑON RIDGE  
FARMS**

BOARDING, TRAINING, SALES  
303-663-3245  
www.canonridgefarms.com  
Crested Rock

# KL Realty

*Karen Libin The KL Team  
Marketing Unique  
Equestrian Real Estate*



**50 ACRE RANCH**

Immaculate, irrigated fifty acres with a barn and indoor arena, pastures and a 5000 sq.ft. residence.

\$4,295,000 | MLS# 550616



**HAYSTACK DAIRY**

In the heart of Boulder County - 32 acres with irrigation and a 1000 sq.ft. updated residence.

\$1,250,000 | MLS# 561208



**FAIRFIELD FARM**

6 bed, 7 bath luxury home on .35 acres next to open space; features equestrian facilities.

\$2,950,000 | MLS# 527837



**EXECUTIVE RETREAT**

5200 sq. ft. house showcases log and timber accents, with premium finishes on 10 acres.

\$1,850,000 | MLS# 561202



**122 ACRE ESCAPE**

Panoramic views of the continental divide from this property set the tone for a 5036 sq.ft. solar home.

\$2,400,000 | MLS# 538568



**COUNTRY LUXURY**

Magnificently crafted, centrally located 6 bed, 8 bath executive home with horse and family facilities.

\$2,250,000 | MLS# 521676



**RURAL COMFORT**

The property spreads over 14.5 acres, comes with irrigation rights, and magnificent views.

\$899,000 | MLS# 540961



**BEAUTIFUL ACREAGE**

35 acre irrigated equestrian property. Fully updated 5 bedroom home, outdoor arena and 4 stall barn.

\$2,200,000 | MLS# 556346



**BIG TREES AND WATER**

Look to the future by fashioning a compact, energy efficient home in a paradise of 8.5 watered acres.

\$575,000 | MLS# 537576



**AFFORDABLE ACREAGE**

The property spreads over 10.6 acres overlooking the foothills; potential to become a premier horse facility.

\$649,000 | MLS# 555158



**MOUNTAIN LODGE**

High end family retreat. Private setting with horse facilities on 40 acres bordering national forest.

\$1,750,000 | Call for info



**6077 JAY RD**

5-acre treeed lot in Boulder. Backs to open space. Includes a 2100 sq.ft. shed, irrigation water and power.

\$899,000 | MLS# 555405



**117 ACRE FARM**

Three county-approved building lots, ranging in size from 4.6 to 6.5 acres on 117 acres of irrigated land.

\$2,250,000 | MLS# Call for info



**FARMLAND WITH A VIEW**

Gorgeous 39 acre building site with big water right! Ideal spot for country estate with room for horses.

\$899,000 | MLS# 544949



**RURAL BUILDING SITE**

2.02 acres of rural ambiance less than half a mile outside Boulder County.

\$179,900 | MLS# 491323



**10 ACRES WITH VIEWS**

4 bedroom house with pleasant living spaces. Backs to National Forest with trails from property.

\$545,000 | MLS# 555000

**www.klrealty.net**

KL REALTY | 1531 BROADWAY, BOULDER, CO 80302 | 303.444.3177

# ROCKY MOUNTAIN DRESSAGE SOCIETY

## 2008 RMDS EXECUTIVE BOARD

President.....	Laura Speer	970-330-7233	riversidestables_evans@yahoo.com
Past-President.....	Heather Petersen	719-683-8435	slush@drgw.net
Vice-President .....	Sharon Soos	303-904-7534	sherry@thesoosranch.com
Secretary .....	Alex Curnutte	303-663-0358	curnuttes@msn.com
Treasurer .....	Lisa Wiggins	303-598-3619	Lisawiggins1@aol.com

## PERMANENT COMMITTEES

Adult Amateur .....	Tara Nolan	719-210-4242	taranolan@live.com
Awards.....	Barb Goldman	303-666-4528	boelandjarb@hotmail.com
Results.....	RMDS Central Office	720-890-7825	rmds@rmds.org
Championship Show.....	Debbie Wilke	303-646-8937	ddwilke@concentric.net
Communications.....	Nicole Bizzarro	303-939-0110	nicoleb@burkedes.com
Centaur Production .....	Gavin Ehringer	719-471-8764	gavinehringer@earthlink.net
Omnibus Production.....	Burke Design-Nicole Bizzarro	303-939-0110	nicoleb@burkedes.com
Omnibus Advertising .....	RMDS Central Office	720-890-7825	rmds@rmds.org
Webmaster .....	Michael Petersen	719-683-8435	webmaster@rmds.org
Education .....	Heather Petersen	719-683-8435	slush@drgw.net
Junior/Young Rider .....	Susan Rudman	303-697-8528	sewrunred@msn.com
Junior Camp .....	KC Parkins-Kyle	303-841-9953	murphyhors@aol.com
Membership.....	RMDS Central Office	720-890-7825	rmds@rmds.org
Registration Officials.....	RMDS Central Office	720-890-7825	rmds@rmds.org
& Show Standards			
Scheduling & Insurance.....	RMDS Central Office	720-890-7825	rmds@rmds.org
Scholarship .....	Grace Maddox	303-823-8881	grace.maddox@gmail.com

## CHAPTER PRESIDENTS

Arkansas Valley .....	Brenda Haley	719-275-0118	shininghorse@copper.net
Boulder Valley.....	Claudia Barkmeier	303-417-1675	cbarkmeier@rwbaird.com
Colorado Springs.....	Simone Windeler	719-540-2000	wjsimone@msn.com
Foothills.....	Aimee Edwards	720-981-0996	aimeeedwards@msn.com
Grand Valley.....	Tiger Adams	970-523-7464	tiger@thehorseinsport.com
High Plains .....	Alex Curnutte	303-663-0358	curnuttes@msn.com
Northern Colorado.....	Laura Speer	970-378-7573	riversidestables_evans@yahoo.com
Penrose .....	Sharon Ghilarducci	719-462-5760	quailridgedrsg@hotmail.com
Tri State.....	Tammy Fagan	307-856-5451	tfagan@wyoming.com
Western Colorado.....	Judith Family	970-923-8832	dns@rof.net

## GOVERNING BODIES

RMDS is a USDF Group Member Organization.

RMDS members are automatically USDF Group Members.

United States Dressage Federation (USDF)  
4051 Iron Works Pkwy. Lexington, KY 40511  
859-971-2277

RMDS Central Office: rmds@rmds.org

2942 Park Lake Drive

Boulder, CO 80301

Phone: 720-890-7825 Online dues paying now available at: www.rmds.org

US Equestrian Federation (USEF)  
4047 Iron Works Pkwy. Lexington, KY 40511  
859-258-2472

USDF Region 5 Director

Theresa L. Hunt

huntery@mindspring.com

USDF YR Rep: Tammy Fitch, tfitch@lcfsystems.com

USDF Youth Coordinator: Julie Barringer-Richers, 720-341-5033 jbarringerrichers@comcast.net

Federation Equestre Internationale (FEI)

Ave. Mon Repos 24, PO Box 157

1000 Lausanne 5, Switzerland

41 21 310 47 47

©2008 *The Centaur* is the official publication of the Rocky Mountain Dressage Society. Its content may not be reproduced in print or electronic media without permission of the publisher. Copying for personal or educational use is allowed. Editorial questions, article suggestions, article submissions, corrections, and letters to the editor may be sent to: Gavin Ehringer, editor, *The Centaur*, PO Box 9, Colorado Springs, CO 80901; phone (719) 471-8764; e-mail: gavinehringer@earthlink.net. Advertising questions and copy should be directed to: RMDS Central Office, 2942 Park Lake Dr., Boulder, CO 80301; phone (720) 890-7825; e-mail: rmds@rmds.org.

### RMDS Meeting Schedules RMDS Executive Board

All RMDS Executive Board meetings occur on the second Thursday of every odd-numbered month. Steering committee meetings are held on the second Monday of every even-numbered month. Board of Governor's meeting is held the second Saturday of Nov. Contact the Central Office for precise dates.

#### RMDS CHAPTER MEETING SCHEDULE

**Arkansas Valley** 3rd Thurs,  
Quality Inn, Canon City, 6 pm.  
Brenda Haley 719-275-0118  
shininghorse@copper.net  
www.horsetop.net

**Boulder Valley**, 2nd Mon.,  
even months.  
Claudia Barkmeier 303-417-1675  
cbarkmeier@rwbaird.com

**Colorado Springs**, 3rd Tues,  
Location TBD.  
(Check CSDressage.org website).  
Simone Windeler 719-540-2000  
wjsimone@msn.com

**Foothills**, 1st Thurs. each month.  
Aimee Edwards, 720-981-0996  
aimeeedwards@msn.com

**Grand Valley**, 1st Tues. each month,  
location TBD.  
Tiger Adams, 970-523-7464  
tiger@thehorseinsport.com

**High Plains**, 3rd Tues. each month,  
7 pm, location TBD.  
Alex Curnutte 303-663-0358  
curnuttes@msn.com

**Northern Colo.**, 3rd Tues.  
each month, location TBD.  
Laura Speer 970-330-7233  
riversidestables\_evans@yahoo.com

**Penrose**, 1st Wed, each month,  
location TBD.  
Sharon Ghilarducci 719-462-5760  
quailridgedrsg@hotmail.com

**Tri State**, TBA,  
Tammy Fagan 307-856-5451  
tfagan@wyoming.com

**Western Colorado**, Judith Family,  
970-923-8832  
dns@rof.net



## Ralf Schmitzer Clinic

**May 1 -4, 2008** at Whispering Winds in Monument

**May 8-11, 2008** at a private barn in Franktown

**Clinic fee:** \$425 which includes a special theory and demo riding session on each Friday

Auditing: \$25 per day or \$35 for Friday including the theory and demo riding session

**Contact:** Simone Windeler at 719-287-2040  
www.windelerdressage.com -  
Simone is a RMS certified Classic Riding Instructor

Or Clinic Manager: TJ Sommerfield at 303-941-9949

### Calendar Info

Always contact the individual to check calendar information, as dates, times and places may change. **SHOW COMPETITORS SHOULD DO A SCORE CHECK WITH THE CENTRAL OFFICE OR ON-LINE at [www.rmids.org](http://www.rmids.org).**

Calendar Submissions: Submissions of events for the RMDS calendar need to be received no later than the 10th of the month prior to the date of the calendar listing. Please be sure to correctly spell all proper names (clinician/judge/location/contact) and include a phone number where you can be reached with questions. Send calendar items and events requiring RMDS sanction to Beth Geier, RMDS Central Office, 720-890-7825.

**THE CENTAUR NEWSLETTER**

The Centaur Newsletter is published monthly. To guarantee that ads and articles will run in a given month, they must be received by the 10th of the month prior to the month of publication, i.e. January 10 for the February edition. If not received by the deadline, articles and ads may be placed in the following issue, if not time sensitive.

**CONTACT INFORMATION**

For article suggestions, articles, columns, letters to the editor: Centaur editor Gavin Ehringer, PO Box 9, Colorado Springs, CO 80901 ph. 719-471-8764, e-mail gavinhringer@earthlink.net.

**ADVERTISING**

RMDS office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301 ph. 720-890-7825, e-mail rmds@rmds.org.

**DISPLAY ADVERTISING**

For information about corporate advertising and/or sponsorship, please contact Beth Geier (contact info above).

Artwork (ads) must be provided in electronic format only. Acceptable forms include: JPG, PDF, TIFF, EPS, Quark XPress (include all fonts and image files). IF UNSURE ABOUT AD FORMATTING, please contact editor (contact info above) for consultation and advice. **Microsoft Word IS NOT an acceptable form of advertisement submission, except in the case of classified ads.**

*No substitutions may be accepted.* If your ad is submitted in a file format other than those listed above, you will be contacted regarding an additional charge for reformatting or redesign. Hourly charge for redesign/reformat is \$35, in minimal units of one hour.

Please be sure to include a printed version of your ad with your payment so that the ad may be proof-read against the electronic version. Printed ad copy cannot be used as final art.

**CLASSIFIED ADS**

Classified ads may be submitted via e-mail to the RMDS office, address above. You may also type or hand-write a classified ad and mail it to RMDS headquarters, attn. Beth Geier, *The Centaur*. Please, limit your classified ad copy to 50 words or less. Exceeding 50 words will result in additional charges per line.

**PAYMENT AND AD COPY DELIVERY**

E-mail ads to: [RMDs@rmds.org](mailto:RMDs@rmds.org), and cc the electronic copy to: [gavinhringer@earthlink.net](mailto:gavinhringer@earthlink.net). Send payment and hard-copy to: RMDS Office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301.

**AD RATES AND SIZE SPECIFICATIONS.**

Classified \$20 per item for sale (includes web listing). 50 words maximum. Classified w/photo \$32 per item for sale.

Full page .....	\$150.....	7.5" x 9.5"
Half page .....	\$90.....	7.5" x 4.75"
Outside back half.....	\$105.....	7.5" x 4.75"
1/4 page (Vertical Only).....	\$55.....	3.75" x 4.25" (vertical only)
1/8 page (business card) .....	\$30.....	3.625" x 2.25" (horizontal only)

Ask about discounts for multi-month or annual ad contracts.

**EDITORIAL POLICY**

Articles submitted for publication will not be returned. Please contact the editor before submitting unsolicited articles or photos. Articles represent the work and views of their authors, not necessarily the RMDS, its officers or employees.

**TRAINERS AND INSTRUCTORS - Get on the World Wide Web and Build New Business.**

If you wish to increase business, you can place your information on the RMDS website at very low cost. Send information to: Michael Petersen, 12395 Gull Lane, Peyton, CO 80831, ph. 719-683-8435 or e-mail: [webmaster@rmds.org](mailto:webmaster@rmds.org) (note on the subject line "trainer info").

Please include your name, phone number(s), postal addresses, e-mail, locations where you train and other pertinent info, i.e. awards, certifications, lesson types, schooling horses, etc.

The website averages 200 hits per month on the trainer page and RMDS receives 25-30 e-mails per month requesting names of trainers/instructors in the RMDS region. Don't miss the opportunity to expand your client base and gain recognition.

Cost is \$50 annually. Mail check to: RMDS Central Office, 2942 Park Lake Drive, Boulder, CO 80301.

**ADVERTISE EVENTS ON THE RMDS WEBSITE**

Website ads on the RMDS site provide your event with high visibility. Your ad will run for one month from the date it first appears. Unless the webmaster is notified in advance ([webmaster@rmds.org](mailto:webmaster@rmds.org)), the ad will be removed from the website once the date of the event advertised has passed.

Please limit content of the ads to 20 words. E-mail and website addresses will be displayed as links.

Because of the implicit connection to the RMDS, we reserve the rights to:

1. Refuse any ad.
2. Edit ad content.
3. Limit the number of ads displayed at any one time.

**IMPORTANT INFO ON RMDS MEMBERSHIP**

Awards are based on the information on your membership card. Be sure to double-check everything very carefully.

Duplicate cards are available for \$2.00. If emailed to you, they are free. Request a new one by emailing the Central Office at [rmds@rmds.org](mailto:rmds@rmds.org)

Proof of adult amateur status must be sent to the Central Office every year. Showing proof at shows is not enough for the year-end awards. Owner, rider, horse MUST be current members PRIOR to any ride for the score to count towards qualifying for RMDS Championships and for qualifying for any year-end award. If PONY is not listed under breed and you have a pony, send a copy of the measurement form or the permanent pony card to the Central Office. Remember, membership and its details are your responsibility. Be sure corrections are made.



### RMDS Membership Form

RMDS is a USDF Group Member Organization. All members are automatically USDF Group Members.

Individual Membership - \$55.00 (prior & renewing members add \$5 after January 1)

Additional family members (same address) - \$40

Business Memberships- \$75.00 Centaur newsletter only - \$35.00 Life Membership - \$650.00

All business memberships include one individual membership.

Please include all information for person designated as individual member.

All individual members will receive Centaur newsletter & the Omnibus.

Indicate Local Chapter (only one):

Boulder Valley

High Plains (Parker, Littleton, Aurora)

Tri-State (Wyoming, Adjacent States)

Arkansas Valley

Colorado Springs

Northern Colorado (Fort Collins)

Western Colorado (Aspen, Vail etc)

Foothills (Golden, Evergreen)

Penrose (Canon City)

Grand Valley (Grand Junction)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/ZIP \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (E-Mail) \_\_\_\_\_

USDF No. \_\_\_\_\_ Occupation \_\_\_\_\_

Names, DOBs, & USDF #s of additional family members \_\_\_\_\_

I pledge \$ \_\_\_\_\_ to go towards the RMDS pledge to the USDF Capital Campaign. (Include amount with your membership check)

Type of Membership: (check one)  Individual  Business  Family  Centaur Only

\_\_\_\_\_ Please remove my name from lists sold by RMDS  Renewing member - Need another binder-**include additional \$8.00**

-----Tear Here-----

### Horse Registration Form

→ Horses must be registered with RMDS to be eligible for year-end awards and for horse-of-the year award.

→ Eligibility starts on the date the envelope containing this form and check is postmarked.

→ The name on this registration must be the same as that used on horse show entry forms.

Lifetime Horse Registration Fee - \$40.00 Changes (i.e., owner or horse's name) \$15.00

Horse Name \_\_\_\_\_ Sex \_\_\_\_\_

Breed (if known) \_\_\_\_\_ Registration No. (include copy of papers) \_\_\_\_\_  
(list grade if no registry papers available.)

Owner Name(s) (one owner must be an RMDS member) \_\_\_\_\_

Address of Owner \_\_\_\_\_

Owner's Phone (Home) \_\_\_\_\_ (E-Mail) \_\_\_\_\_

Name of Representative (If owner is a business) \_\_\_\_\_

**Membership & horse registration acknowledged via postcard. Mail completed form with check made payable to RMDS**

**to: RMDS Central Office - 2942 Park Lake Dr. - Boulder, CO 80301 720-890-7825**

# Editor's Page

## Editor's Scoop

Spring is the time for a thorough cleaning, and the Centaur has been getting a little musty lately, so I am setting forth with a resolution to look at the nooks and crannies and try and make things neater and more functional.

To begin, when I took over this publication as editor & designer, I inherited many ads and materials that came from previous issues. Since then, many more have been added to the files.

One problem I constantly come up against is advertisers and contributors who create documents in Microsoft Word. I don't know what it is with Bill Gates, but his company likes to produce programs that run poorly with my Macintosh and with my desktop publishing program.

So, I put in the ad requirements that we would not accept documents created in Microsoft Word. However, we have been lenient on this policy. No more.

From now forward, advertisers will need to adhere to the file types called for in the ad

specs on page 6 of this issue. Basically, anything other than a classified ad needs to be sized to fit the space and needs to be formatted as a graphics file - .jpg., .TIFF, .pict, etc., NOT as a Microsoft Word file.

If you find this confusing, please consult a graphics professional to help you to create your ad, and give yourself plenty of time to create the ad and to proof read it before you submit it to The Centaur.

Which brings us to another issue - timeliness. The deadline for The Centaur is the 10th of the month. Over the past year, that deadline has crept forward. People actually have called me on the last day of the month asking if there is still time to get material in to The Centaur. The answer is no.

I am tightening this policy because when I help the procrastinators with 11th-hour submissions, it slows down the publishing process and forces The Centaur to come out late. This is not fair to the people who did the work in advance and adhered to deadlines and who expect to see The Cen-

taur in their mailboxes by the first week of the month. So please, be considerate. We will be able to do a better job for everyone if we keep a stricter policy on deadlines. So, please, don't call the RMDS office after the 10th of the month with an advertising request.

Finally, I am pleased that we have gotten more submissions in the last few Centaur issues. For those who have made the effort of writing, many thanks.

Not every article or submission makes it into the publication - thankfully, the bounty of articles in the last few months has left us with a surplus. However, I will try to put each and every article into the queue so that we can reward those of you who send contributions by printing them. This will not always be possible, however, but we do greatly appreciate those who write. It is far better for us to have too many submissions to choose from than not enough.

My thanks!

Gavin Ehringer, editor

## Region 5 Report

Participating Member delegate and the Youth Executive Board nominations are due to USDF April 15. I would like to have pm delegates from every state in our region and with the next convention in Denver we should be well represented. Contact our nomination coordinator, Joyce Sanford at [azjoyce@comcast.net](mailto:azjoyce@comcast.net). The USDF website also has a FAQ sheet explaining the requirements and process. The convention is your chance to become involved in the governance and decision making of your sport. The symposium featuring Kyra Kyrklund will be fabulous!

We have nineteen FEI Juniors and Young riders that have declared this year! Good Luck to you all and start fundraising. With the NAJYR Championships in Colorado our team will not have as far to travel and we can really show our support as spectators to cheer them on and volunteer to help with this international event. Our region's FEI Jr/YR clinic with Kathy Connelly is May 17-18 in Scottsdale this year since the last one was held in Colorado. A new scholarship, the Renee Isler Dressage Support Fund, provided by The Dressage

Foundation, will help defray some of the travel expense. Declared riders should contact the FEI Jr/YR Coordinator, Tammy Fitch, [tfitch3@cox.net](mailto:tfitch3@cox.net). Our Chef d'Equipe is Ellie Stine-Masik, [esm-ranchdq@yahoo.com](mailto:esm-ranchdq@yahoo.com).

FREE MONEY! USDF has money each year available for educational programs. Our region has not applied for yet: \$1000 for Regional Youth Team Championships and \$500 for Adult Team Championships (don't need to be recognized

USEF/USDF), \$750 for Youth Educational programs, \$1500 Adult Educational programs, and more. You can get more details on the USDF website, or email me [hunterry@mindspring.com](mailto:hunterry@mindspring.com).

Happy Riding!  
Theresa Hunt  
Region 5 Director

## 2008 Omnibus Corrections

Page B-3 Effective 4/1/08, All FEI Pony Rider Tests are equivalent to Second Level. All FEI Junior Rider Tests are equivalent to Third Level.

Page C-25 8th Heaven Spring Starter Series III, May 10, TD - Susan Selby

Contact information for Camille Griffin: [camillegriffin@msn.com](mailto:camillegriffin@msn.com) 719-488-2812

Visit the RMDS website: [www.rmids.org](http://www.rmids.org). Contact the RMDS Central Office 720-890-7825 or [rmids@rmids.com](mailto:rmids@rmids.com)

# Editor's Page

## From the desk of RMDS President Laura Speer

Congratulations to the High Plains Chapter for a great booth at the Rocky Mountain Horse Expo! I was impressed as I manned the booth for a few hours. Many people who stopped by for information said they hadn't known where to learn more. It was very evident that community interest is out there, we just need to tap into the different avenues of publicity. Thank you, High Plains Chapter, for taking the initiative to do this event!

Also, don't forget about the upcoming RMDS sponsored Terri Ciotti Gallo freestyle clinic. Details are in this Centaur. This clinic is promising to be super.

On a different tact, often I see frustrated owners with nice horses upset because they've been told, or they've come to the conclusion on their own, that they need a big fancy, expensive warmblood to be competitive in dressage. We all have visions of making it to the Olympics but the reality is that having what it takes for competition at that level is very expensive and, for most of us, unrealistic.

I have learned to be happy for what I

have. I enjoy my horses and the level I am riding at now. I have been able to train a couple of my horses to 3rd level. It has taken a lot of hard work and money to get there. I plan on working hard and continuing my education so I can make it to the FEI levels.

Part of my hard work has gone into upgrading the family farm so that it is a safe and useful place for me to train, the other part has been making nice horses out of supposedly "unwanted", "rescue" or "rehab" horses. Yep, those beautiful Swedish warmbloods I ride fall into this category too. I didn't spend a lot of money on them—they were rescues! I bought them from a breeder who was going through hard times. Luckily, he realized this and sold his horses before they starved to death.

There are a lot of nice horses out there that wouldn't pass a vet check but would be totally appropriate for young riders or amateurs to learn on. They may not be able to stand up to a heavy show schedule but daily riding, weekly lessons and occasional shows would be just fine.

There are also a lot of affordable, sound,

and sane horses that can do dressage that don't fall into the big, fancy warmblood category. People worry too much about what breed the horse is. If he does a good job and makes riding and showing fun, than keep him and ride him! Personally, I would love to have a buckskin Appaloosa to train and show. But I am happy with the horses I have now because they are quiet, sane, and fun wherever I go.

So, this is where being realistic with your goals comes in to play. Can you afford the expenses of a heavy show schedule and all of the training that goes with it? There are those who are able to do this and it is wonderful thing! I hope they count their blessings too. But for a lot of dressage riders it is a quest to sit the trot and show first level. Money is tight and you need to calculate your resources to use your money wisely.

In the end, at whatever level you ride and with whatever horse you have, it is your personal enjoyment of the sport of dressage that matters most.

With forward thoughts,  
Laura Speer

## RMDS SPONSORED EDUCATIONAL EVENTS

All events are open to everyone to audit or participate unless otherwise stated. A great opportunity to continue your education.

### 2008

April 12-13

Terry Ciotti Gallo Freestyle Clinic - Autumn Hill - Longmont

June 29-July 2

Junior Camp - KC Parkins-Kyle 303-841-9953

August 23-24

USEF 'r' exam - Janet Foy & Lois Yukins - Parker

Sept 25

Rocky Mountain Series-Sport Horse Breeding Finals & USDFBC Finals - Colorado Horse Park

Sept 26-28

RMDS Open and Championship Show - Colorado Horse Park

Dec 3-7

USDF Convention-Denver, CO

Contact Laura Speer to volunteer 970-330-7233 riversidestables\_evans@yahoo.com

Dec 6-7

Adequan/USDF National Symposium-Kyra Kyrklund

Contact Heather Petersen to volunteer

### 2009

Sept 24

Rocky Mountain Series-Sport Horse Breeding Finals & USDFBC Finals - Colorado Horse Park

Sept 25-27

RMDS Open and Championship Show - Colorado Horse Park

For details on these and other RMDS events, contact Educational Chairman Heather Petersen 719-683-8435 slush@drwg.net or

Read the Centaur

Go on the website - [www.rmids.org](http://www.rmids.org)

Contact the RMDS Central Office 720-890-7825 or [rmids@rmids.com](mailto:rmids@rmids.com)

# The Story of Chevas, Part II by Julie Barringer-Richers

*In the March Centaur, we featured an article by Dolly Hannon about the early life of a horse she owned named Chevas. After many wonderful years with Dolly, that horse ended up in the barn of Julie Barringer-Richers at Autumn Hill Farm and new owner, Hope Mirissett. This is the second part of the continued story of Chevas.*

I too loved Chevas, not just for his patience, but also for his tenaciousness and sweet temperament. As he aged, he went through phases of being a finicky eater, to losing most of his teeth, to not always keeping his knees "locked" while he slept standing up. I used to say he was narcoleptic!

One thing that never changed though was Chevas' loyalty to his horse buddies Leo, Chateau, Cordy and of course, his best friend, Potsie. All of these horses were together at Autumn Hill since about 2001, and I called them "The Sunshine Gang". Potsie was the first to go a couple of years ago, followed by both Cordy and then Chateau in the last year. At the time of Potsie's death, Chevas stood by while his best buddy was put to rest. After Potsie passed

away, Chevas sniffed all around his body and then stood quietly at his head, not even trying to eat the grass that was all around. I am not kidding when I say that the two of them were the best of friends.

My client, Hope Morrissett, bought Potsie from Corey Judd and then Chevas from Susannah Moffitt back in 1995. Potsie was for her to ride and Chevas was for her children. I was thrilled with the opportunity to have both horses in my program, as I had watched them both over the years and had let it be known that I would find someone to buy them when they came up for sale.

Hope's children, along with another girl that was a friend of theirs, took lessons on Chevas and he was shown for a few more seasons as well. As the kids grew older and developed other interests, Hope allowed me to use both horses as school horses and more kids than I can count rode them over the years.

They moved with me from Autumn Hill to two different facilities and then back to Autumn Hill in 2001. Both horses were retired in 2002, Potsie at the age of 30 and Chevas at the age of 28 or 29. Hope kept

them with us at Autumn Hill, always providing them with everything that was needed for their wellbeing. Chevas required monthly Winstral shots, special shoes, Isoxsuprine and B-Vitamin injections.

He also required a constantly creative and interesting diet to be sure that he would keep some weight on his lanky frame. He wasn't the least bit sway-backed, but he had the funniest stiff canter and buck, which entertained us as he cavorted around the pasture with the last of his buddies, Leo. In fact, just this past week, he and Leo were supposed to be "babysitting" the sometimes, rowdy horses turned out in the pastures on either side of them, but instead, Chevas was a "wild thing" and kept inciting everyone to run madly around their turnouts. Chevas and Leo moved as one around their turnout, bucking and galloping until I finally had to have them brought in so the other horses would settle down.

As of late, Chevas was having more and more difficulty getting up after he lay down, but he could always get up with a little assistance from my husband or the staff at Autumn Hill. This last Saturday night (Jan.

## Technical Delegates, Judges & Certified Instructors

### Dressage Judges Ratings & Levels Qualified to Judge

Status	Status	Levels	Status	Status	Levels
"L"	Learner*	Training-Second (RMDS only)	"S"	Senior	All Levels
"r"	Recorded	Training-Second	"I"	International	All Levels
"R"	Registered	Training-Fourth	"O"	Olympic	All Levels
* May only judge at RMDS shows.					
<b>FEI 'I'</b>		Beth Geier .....303-673-9840	<b>TECHNICAL DELEGATES USEF</b>		Sabine Kallas .....307-733-9497
Janet Foy .....719-260-1566		Ilyse Gold .....970-588-3859	Eva-Maria Adolphi (UT) -r		Ellene Kloepfer .....303-828-3879
<b>USEF 'S'</b>		Jan Goodrich-Spear.....303-664-0152	801-254-3247		Clayton Martin.....719-379-3716
Debbie Riehl-Rodriguez ..303-642-7708		Gwen Ka'awaloa * .....303-646-4363	Veronica Holt - R .....303-646-3829		Sheri Mattei-Mead .....970-669-3733
Sandra Hotz .....303-817-2030		Linda Coates-Markle.....303-469-0279	Laurie Mactavish - R .....970-390-5160		Kathryn Meistrell .....303-646-9059
Anita Owen.....303-953-9904		Sarah Martin * .....719-379-3716	Deeda Randle (WY) - R ...307-638-6737		Bridget Milnes .....303-660-4986
<b>USEF 'R'</b>		Kathleen Mayger* .....970-310-8729	Catherine Siemiet - r .....719-942-5311		Kristi Wysocki .....303-648-9877
Janet "Dolly" Hannon.....303-919-4112		Linda Ohlson-Gross * .....303-840-9818	Dianne Stanley - r (MT) - 406-652-4061		<b>USDF CERTIFIED INSTRUCTORS</b>
Kristi Wysocki .....303-648-9877		KC Parkins-Kyle.....303-841-9953	Libby Stokes - r.....303-688-2795		<b>TRAINING - 4th</b>
<b>USEF 'r'</b>		Sally Robertson.....303-237-6915	<b>RMDS - (RMDS sanctioned shows only)</b>		Simone Ahern-Harless ....719-749-9274
Loni Gaudet .....970-532-0852		Kathy Simard* .....720-981-4448	Joan Clay .....970-490-1927		Nancy DeVaney .....303-681-2516
Amy Jablonovsky .....970-493-2833		Maria Wasson .....303-682-9594	Rusty Cook .....505-877-1456		Loma Fowler .....303-841-0417
Suzanne Zimmer .....303-478-8325		Regina Wendler .....970-879-7505	Jeannette Hillery .....303-494-7718		Sarah Martin.....719-379-3716
<b>USDF 'L' Graduate</b> - Schooling & RMDS only recognized shows		Simone Windeler .....719-540-2000	Susan Selby .....970-227-9530		Kathy Simard.....720-981-4448
Simone Ahern-Harless* ...719-749-9274		*Denotes graduating with distinction	M. Elaine Thomas .....719-495-1510		Melinda Weatherford .....970-484-5218
Francie Brashear.....303-840-7626		<b>DRESSAGE SPORT HORSE BREEDING JUDGES</b>	<b>USDF CERTIFIED INSTRUCTORS</b>		
Gigi Brittain* .....303-646-1506		Janet Foy 'R' .....719-260-1566	<b>TRAINING - 2ND</b>		
Julie Burt .....719-372-6270		Debbie Riehl-Rodriguez 'R' .303-642-7708	Julie Burt .....719-372-6270		
Rae Ann Cook * .....970-225-1408		Kristi Wysocki 'r' .....303-648-9877	Jill Cantor Lee .....970-686-9163		
Emmy Detlof.....719-495-4188			RaeAnn Cook .....970-225-1408		
Marti Foster * .....303-277-1132			Janet "Dolly" Hannon.....303-279-4546		

*The Story of Chevas continued...*

26<sup>th</sup>) tho', he just couldn't give us any help when we tried to get him up. He was clearly saying, "Enough already! I am now ready to go and be with my dear old friend Potsie in that wonderful green pasture in the sky."

With a heavy heart, but with much gratitude for having known him, I stood by with his owner, Hope, and my husband, Doug, while our vet put him to sleep. Our friend Frank then sent Chevas' spirit on his way with a wonderful song and ceremony done in Frank's native Lakota language and tradition.

Now Leo is the last of this esteemed group of old gentleman, and truly, Chevas' passing is the end of an era for Dressage in Colorado. I feel very fortunate and blessed to have known Chevas and, along with my other school horses that have passed before him. I take comfort in knowing that their wonderful spirits will live on in the many horses in this world that have the patience, kindness and love to allow teachers such as myself to teach and students of all ages to learn to ride and enjoy the privilege of being in the presence of a truly noble creature.

*Thanks to Dolly Hannon, Julie-Baringer Richers, & the Morrissetts.*

## Kyra Kyrklund Announced as 2008 Adequan/USDF National Symposium Presenter

Lexington, KY (March 11, 2008) - The United States Dressage Federation is excited to announce that world-class trainer and rider, Kyra Kyrklund, is returning to conduct her third Adequan/USDF National Symposium. This year's symposium will be held December 6-7 in Denver, CO.

Originally from Helsinki, Finland, Kyra won the Finnish Championships ten times from 1972 to 1989 and competed in every Olympic Games from 1980 to 1996, placing fifth three times. In addition, Kyra has participated in the 1990, 1994, 1998, and 2006 World Equestrian Games placing second, fourth, ninth, and seventh respectively.

Beyond Kyra's extensive resume in the ring, she has also developed a system of training horses that combines the core elements of the German and Swedish systems with her own, unique techniques.

Kathie Robertson, Senior Programs & Education Coordinator, stated "We are very pleased to be able to bring Kyra and her wealth of knowledge and training techniques to the attendees at this year's symposium. It is sure to be an unforgettable experience for riders, auditors and horses alike."

For more information on the 2008 Adequan/USDF National Convention and Symposium, please visit [www.usdf.org](http://www.usdf.org) or contact the USDF office at (859) 971-2277.

Founded in 1973, the United States Dressage Federation is a non-profit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit [www.usdf.org](http://www.usdf.org), e-mail [usdressage@usdf.org](mailto:usdressage@usdf.org), or call (859) 971-2277.

## Pilates Simply Put...

Pilates was developed in the early 1900's by German-born Joseph Pilates to **Promote** greater trunk and pelvic stability...

When using the Pilates principles the **Outcome** will be better posture, stronger and more flexible muscles and increased energy...

With this goal in mind the primary **Focus** of the Pilates exercise is to create muscle balance in the body, greater coordination of movement and control of the abdomen and breathing...

The Pilates method of body conditioning **Begins** with a basic awareness of your posture, movement and breathing...

Pilates is suitable for all ages and levels of fitness. It incorporates all the essential concepts necessary to achieve postural and lifestyle improvements and sports-specific cross-training benefits. This method provides a way to learn about your body and develop greater levels of agility, energy and concentration...

To set up a training session or learn more about our services. Call Georgia at 303-841-3945



## Specializing in Pilates for the Dressage Rider

**Georgia A Burleson**

**Certified Pilates Instructor 303-841-3945**

# Chapter News

## Boulder Valley Dressage

I'd like to start with a few words of gratitude to those of you who have entrusted me to join Claudia as the new co-president of Boulder Valley Dressage. It's an honor for me to contribute my efforts to support the dressage community. Within RMDS and our BVDS membership I have gotten to know many talented people and collectively we have an unbelievable resource of energy and ideas for this coming year.

So that you can get to know me I offer the following introduction. I have been an active realtor in Colorado for many years with horses always being in my life. I found an opportunity to make my passion for horses and the lifestyle that comes with them a way of life. I operate Meadow Creek Farms in Lafayette a boarding and training facility where I work everyday to assure that every horse and horse owner is provided with the best quality care. Working with the support of a team of

dedicated professionals, we are able to enrich our boarding community as well as offer horse enthusiasts in our region multi-disciplined training, quality clinics, and horse show opportunities.

This year begins with our Spring Fling Ride-a-Test and Show. The Ride-a-Test will be held on Saturday, April 26, followed by our RMDS-recognized show on Sunday, April 27 – both events will be hosted by Singletree Farm. The long-awaited Adult Amateur Camp will start on Thursday July 17<sup>th</sup> with a welcome reception and cocktail hour. Plan for a long weekend geared to all rider levels; a wonderful opportunity for the beginner learning to post the trot up to the Grand Prix rider looking to fine tune her skills. Check the website for opening dates and contact information. Saturday, August 30 is the Boulder Valley Dressage Prelude to the Dressage Classic, our fall RMDS-recognized show, hosted by Meadow Creek Farms. Then there will be a two-day Sarah Martin clinic on August 31

and September 1 (Sunday and Monday), also at Meadow Creek Farms. This week of dressage has its finale (on September 6 and 7) with the 2008 Dressage Classic to benefit Renée's Friends Fund – a two-day show with classes through Grand Prix level. Renée's Friends Fund is a successful

**Show Managers  
&  
Show Secretaries**

**Wonderful booklet of  
"How To" information.**

**\$30, postage included**

**Contact RMDS Central Office**

### RMDS 2007 PONY OF THE YEAR



(TRAINING LEVEL). COCO IS A BIG 14.1 AND CATCHES EVERYONE'S EYE. VERY NICE SMALL HORSE CONFIRMATION. BAY WITH WHITE SOCKS, BLACK POINTS, MANE AND TAIL. CORRECTLY STARTED IN 2007 AND QUICKLY EXCELLED. HIS TL SCORES WERE CONSISTENT IN MID TO HIGH 60'S. HE HAS 3 NICE GAITS – A VERY RHYTHMIC TROT – AND A VERY WILLING ATTITUDE. LOVELY EXPRESSIVE FACE AND KIND EYE. HE IS SAFE, SANE, AND SOUND. COCO IS READY TO MOVE UP AND CONTINUE A SHOW CAREER IN DRESSAGE OR POSSIBLY HUNTER/JUMPER. OBO. \$9500. CALL ADRIAN REED 719-332-5707.

### Northern Colorado's Premier Dressage Facility



Regularly Scheduled Clinics with European/American Instructors

Trainer of Your Choice Welcome

Nike Air Foot Indoor Arena~Box Stalls with Runs ~ Daily Turnout

Multi-Use Outdoor Arena with Jumps

Full Care Boarding Facility ~ Open Space Access

Conveniently located near Windsor, Fort Collins and Loveland



Boarding Available  
Please Call for an Appointment  
970/686-6025  
970/231-2251  
Windsor, Colorado

# Chapter News

Colorado non-profit that helps men and women with breast cancer cope with the effects of this disease on everyday life. You can find out more about this worthy organization at [www.reneesfriendsfund.com](http://www.reneesfriendsfund.com). Also show registrations and additional information can be located at



**NO WORRIES UNLIMITED**

**Jill C. Schmidt**  
303-774-8754

Complete Personal Asst. Services  
Barn & House Sitting  
Horse & Dog Exercising

Bonded • Experienced • References

noworriesunlimited.com  
jill@noworriesunlimited.com

[www.meadowcreekfarms.net](http://www.meadowcreekfarms.net) and there you'll find additional links and helpful information.

There is an enormous need for volunteerism. There is no better time to give your time, attention and support to these events. In Colorado we possess a healthy equestrian community with more than hundreds of horse owners and all of us have something to contribute and I encourage every trainer, club member, rider, enthusiasts of all kinds to come out and get involved in the many worthwhile projects and events planned for this year.

This year our region has the honor of hosting national dressage events, including the Junior Young Rider Championships and the USDF National Convention. This will be a pivotal year for Colorado as the national dressage community focuses its attention upon us.

Our BVDS Chapter will host the annual RMDS banquet and sponsor several shows including the Prelude to the

Dressage Classic Show on August 30<sup>th</sup>, which will be followed by The Dressage Classic Show to benefit Renee's Friends Fund on September 6<sup>th</sup> & 7<sup>th</sup>.

Attendance and participation in these national and regional events offer us the opportunity to support and enhance the way our discipline is viewed within the greater equestrian community. These events will not be possible with out the volunteer support from each individual and all chapter members. Please consider contributing your time and talents to one or several of these special events and encourage others in your chapter to join us. Together our collective efforts will reflect a healthy future for the discipline we are devoted to and assure a bright future for the art of dressage.

To learn more about the opportunities above please visit [www.meadowcreekfarms.net](http://www.meadowcreekfarms.net) and click on the links.

*Kate Shepherd, Co-President*  
*Boulder Valley Dressage Society*

*Isn't it time you and your horse enjoy the best?*



**8<sup>TH</sup> HEAVEN FARMS**

**NOW ACCEPTING SELECT CLIENTS**

Call 303.688.5727 to schedule a visit

**8TH HEAVEN FARMS** is a **FIVE STAR ★★★★★** equestrian facility:

Excellent care for your horse, first class amenities for you, and top-notch trainers and visiting clinicians for both.

Come experience the hospitality of 8th Heaven - you'll never want to come back to earth.

*Located just 8 miles east of Castle Rock*

**KC PARKINS KYLE**  
Head Dressage Trainer

**GIGI BRITAIN**  
Dressage Instructor

**ROGER KYLE**  
Colt Starting & Fear Management Coach



COMPETITIVE RIDING \* LESSONS  
WORKSHOPS \* CLINICS \* SALES

- \* International Level Competitor
- \* USDF Certified Instructor
- \* USDF Silver & Bronze Medalist

Adhering to Classical principles, developing elegant riders and happy horses at ALL LEVELS.

Located at Sextant Farm in Longmont.

Your dreams are my business.

**970.209.8491**

[WWW.JCLDRESSAGE.COM](http://WWW.JCLDRESSAGE.COM)



# 2008 Shows & Events

**APRIL 2008**

- 1 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn
- 5 Triple Creek Dressage Schooling Show - Longmont**  
Contact Lynn McChesney, 303-444-4291
- 5 Riverwalk Series Schooling Show-Pathfinder Park, Florence**  
Contact Brenda Haley 719-369-2421 or Karen Randall 719-275-4220 or go to www.horsetop.net
- 5-6 Paul Belasik Clinic - 8th Heaven Farms, Castle Rock.**  
Contact: Beverly Swanson 303-688-5727
- 12 Margot Nacey Seminar - Berthoud**  
Contact Margot Nacey 970-443-5467
- 12-13 RMDS Freestyle Clinic-Terry Ciotto Gallo, Autumn Hill-Longmont.**  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 15 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn/
- 18-19 Dennis Callin Clinic - A Rising Star Equestrian Center - Arvada**  
Contact Glenda Needles 303-619-8292  
geminidr@geminidressage-lic.com
- 19-20 Nancy Smith Clinic-8th Heaven Farms - Castle Rock**  
Contact Beverly Swanson 303-688-5727  
info@8thheavenhorses.com
- 19 Mariah Farms Schooling Show.** Mariah Farms, Castle Rock. Contact: Lisa Lamke (303)660-2456, llamke@msn.com
- 20 2008 Dressage Benefit Schooling Show Series-Lazy J Bar S Ranch-Loveland,** Contact Donna Baxter 303-229-9085
- 20 Schooling Show at Sun Prairie Stables - Peyton**  
Contact Simone 719-749-9274 or simone@sunpraiiestables.com
- 26-27 Dressage at the Peak** Mid-Spring, Fountain. USEF-YR Qualifier. Contact Heather Petersen 719-683-8435, slush@drwg.net
- 26 Boulder Valley Schooling Show, Singletree.** Contact Beth Geier 303-673-9840 bethgeier1@comcast.net
- 26-27 Reliability, Trust & Fear Management w/Roger Kyle - 8th Heaven Farms.** Contact Beverly Swanson 303-688-5727  
info@8thheavenhorses.com
- 27 Boulder Valley Spring Fling, Singletree.** Contact Beth Geier 303-673-9840 bethgeier1@comcast.net
- 29 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn/

**MAY 2007**

- 1-4 Ralf Schmitzer of Germany-Clinic-Whispering Winds Farm**  
Contact Simone Windeler 719-287-2040 wjsimone@msn.com
- 3 Riverwalk Series Schooling Show-Pathfinder Park, Florence**  
Contact Brenda Haley 719-369-2421 or Karen Randall 719-275-4220 or go to www.horsetop.net
- 4 Autumn Hill Sunday Series #1, Longmont.** Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 8-11 Ralf Schmitzer of Germany-Clinic-Franktown**  
Contact Simone Windeler 719-287-2040 wjsimone@msn.com
- 9 Grand Valley Spring Show #1, Grand Junction-USEF**  
Contact Lisa Binse 970-243-8543
- 10 8th Heaven Farms Spring Starter Series #3-Castle Rock.** Contact Beverly Swanson 303-584-9904 eighthheavenhorses@yahoo.com
- 10-11 Grand Valley Spring Show #2, Grand Junction-USEF.**  
Contact Lisa Binse 970-243-8543

- 13 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn
- 16-17 Bent Jensen Clinic - Wild Wind Farm, Elizabeth**  
Contact Anne Edelman 303-228-1684  
aedelman@edelmanlawfirm.com
- 17 Cheyenne Schooling Show - Dressage & X Country**  
Contact Rowena Heckert 307-632-4151 rheckert@msn.com
- 17 Dressage for the Cure, Littleton.**  
Contact Tara Hieb 303-619-5101 tara@cottonwoodridingclub.com
- 18 Foothills Spring Dressage Show, Golden.** Contact Aimee Edwards 720-981-0996 aimeeedwards@msn.com
- 17-18 Paul Belasik Classical Dressage Clinic, Grand Junction.**  
Contact Lynea Schultz-Ela 970-872-3961 lynea@paonia.com
- 23 Dressage in the Plains #1, Peyton-USEF.**  
Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 24 Photographing Horses for Amateurs w/Carol Walker, 8th Heaven Farms** Contact Beverly Swanson 303-688-5727  
info@8thheavenhorses.com
- 24-25 Dressage in the Plains #2, Peyton-USEF.**  
Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 24-25 Sabine Kallas Clinic - Huntley, Montana**  
Contact Barbara Ramlow, 406-348-2280 crkside@nemontel.net
- 27 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn/
- 5/30-6/1 Grand Valley Memorial Show, Grand Junction-USEF.**  
Contact Lisa Binse 970-243-8543
- 31 Mariah Farms Schooling Show.** Mariah Farms, Castle Rock. Contact: Lisa Lamke (303)660-2456, llamke@msn.com

**JUNE 2008**

- 5 Riverwalk Series Schooling Show-Pathfinder Park, Florence**  
Contact Brenda Haley 719-369-2421 or Karen Randall 719-275-4220 or go to www.horsetop.net
- 6 Dressage at High Prairie #1, Parker-USEF-YR Qualifier**  
Contact Glenda McElroy 818-841-3554
- 7 Dressage at High Prairie #2-Parker, USEF-YR Qualifier**  
USDFBC Sport Horse Competition  
Contact Glenda McElroy 818-841-3554
- 8 Dressage at High Prairie #3, Parker-USEF-YR Qualifier**  
Contact Glenda McElroy 818-841-3554
- 10 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn
- 14-15 NCDA Rocky Mountain Classic - Cheyenne, WY**  
Contact Jane Donnelly 970-669-5775 denny20@msn.com
- 14-15 Millbrook Farms Dressage Show-Lehi, UT USEF**  
Contact Jan Lawrence 801-768-8739 millbrk@xmission.com
- 15 Centaur Rising Dressage Show 1 - Pine - RMDS**  
Contact Kristin Cooper, 303-838-5086.
- 20 Sage Creek Dressage #1, Charleston, UT USEF YR Qualifier**  
Contact Alison Childs 435-640-3287
- 21 Sage Creek Dressage #2, Charleston, UT USEF YR Qualifier**  
Contact Alison Childs 435-640-3287
- 24 Janet Foy Clinic - Reiterhof Ranch**  
Contact Jody 303-646-9520 www.geocities.com/ingolfn
- 28 Autumn Hill Dressage Festival #1, Longmont-USEF-YR Qualifier.**  
Contact Heather Petersen 719-683-8435, slush@drwg.net

# 2008/09 Shows & Events

- 28 **Cottonwood Riding Club Schooling Show** - Littleton  
Contact Tara Heib 303-791-7656 www.cottonwoodridingclub.com
- 29 **Autumn Hill Dressage Festival #2**, Longmont-USEF-YR Qualifier  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 29-7/2 **RMDS Junior Dressage Camp**, 8th Heaven Equestrian Facility  
Contact KC Parkins-Kyle 303-841-9953
- JULY 2008**
- 12 **Taka Chi Dressage Summer RMDS Show**- Blanca  
Contact Sarah Martin 719-379-3716
- 13 **Autumn Hill Sunday Series #2**, Longmont  
Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 18 **Dressage at the Peak Summer Warm Up**, USEF Estes Park  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 19-20 **Dressage at the Peak II Summer Show**, USEF Estes Park  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 20 **Centaur Rising Dressage Show 1** - Pine - RMDS  
Contact Kristin Cooper, 303-838-5086.
- 25 **Sage Creek Dressage #3**, Charleston, UT USEF YR Qualifier  
Contact Alison Childs 435-640-3287
- 26 **Sage Creek Dressage #4**, Charleston, UT USEF YR Qualifier  
Contact Alison Childs 435-640-3287
- 26 **Autumn Hill Dressage Festival #3**, Longmont-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 27 **Autumn Hill Dressage Festival #4**, Longmont-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 29-8/3 **CN JAYRC Championships**, Parker.  
Contact USDF 859-971-2277
- AUGUST 2008**
- 2-3 **Cheyenne Dressage & Eventing Open Show**, Cheyenne-USEF.  
Contact Rowena Heckert 3007-632-4151 rheckert@msn.com
- 8 **Dressage in the Rockies #1**, Parker-USEF  
Contact Glenda McElroy 818-841-3554
- 9 **Dressage in the Rockies #2**, Parker-USEF  
Contact Glenda McElroy 818-841-3554
- 10 **Dressage in the Rockies #3**, Parker-USEF  
Contact Glenda McElroy 818-841-3554
- 16 **Dressage at Sun Prairie**, USDFBC Sport Horse Competition Peyton-USEF  
Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 17 **Autumn Hill Sunday Series #3**, Longmont. Contact Contact Camille Griffin 719-488-2812 camillegriffin@msn.com
- 16-17 **Paul Belasik Classical Dressage Clinic**-Grand Junction  
Contact Lynea Schultz-Ela 970-872-3961 lynea@paonia.com
- 22 **Paragon Dressage I**, Parker-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 23 **Paragon Dressage II**, Parker-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 24 **Paragon Dressage III** Parker - USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 23-24 **USEF "r"-Paragon Dressage, Parker**. Contact Heather Petersen 719-683-8435, slush@drwg.net
- 23 **Utah Dressage Society Annual Show #1**, USEF  
Contact Eva-Marie Adolphi 801-254-3247
- 24 **Utah Dressage Society Annual Show #2**, USEF  
Contact Eva-Marie Adolphi 801-254-3247
- 24 **Centaur Rising Dressage Show 1** - Pine - RMDS  
Contact Kristin Cooper, 303-838-5086.
- 30 **2008 Dressage Classic Boulder Valley/Meadow Creek**, Erie  
Contact Jeannette Hillery 303-494-7718
- 30 **Aspen Ridge Schooling Show**, Monument.  
Contact Simone Windeler 719-287-2040 wjsimone@msn.com
- 31 **Aspen Ridge RMDS Dressage Show**, Monument.  
Contact Simone Windeler 719-287-2040 wjsimone@msn.com
- SEPTEMBER 2008**
- 5 **RMIHC All-Breed Dressage Show** - Castle Rock  
Contact Tracy Vale 719-495-0248 valmoor@aol.com
- 6 **Pendragon Stud RMDS Dressage Show**, Larkspur  
Contact Leslie Terry 303-688-4147 lesliet34@aol.com
- 6 **Grand Valley Dressage Fall Show**, Grand Junction-USEF  
Contact Lisa Binse 970-243-8543
- 7 **Western Slope Championships & Open Show**  
Contact Lisa Binse 970-243-8543
- 6-7 **Boulder Valley/Meadow Creek Dressage Classic #2**, Erie.  
Contact Sarah Barnes 303-817-2783
- 13-14 **Biomechanics Symposium** - J Ashton Moore - Durango  
Contact Mary Ann Towsley 970-382-3485 mtowsley@animas.net
- 14 **Foothills Last Chance Show**, Golden  
Contact Aimee Edwards 720-981-0996 aimeeedwards@msn.com
- 20 **Cottonwood Riding Club Show** - Littleton  
Contact Tara 303-791-7656 www.cottonwoodridingclub.com
- 25 **Rocky Mountain Sport Horse Breeding Championships & Qualifying Open Breed Show**-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 26-28 **RMDS Championships & Open Show**, Parker-USEF  
Contact Heather Petersen 719-683-8435 slush@drwg.net
- OCTOBER 2008**
- 11-12 **Milbrook Farms Autumn Dressage Show**, Lehi, Utah-USEF  
Contact Jan Lawrence, 801-768-8739 millbrk@xmission.com
- 31-11/2 **Great American Insurance Group/USDF Regional V Dressage Championship**-Scottsdale, AZ  
Contact Sue Plasman 530-695-0509 splasman@comcast.net
- DECEMBER 2008**
- 3-7 **USDF Convention - Denver**  
Contact RMDS President Laura Speer to volunteer 970-330-7233 riversidestables\_evans@yahoo.com
- 6-7 **Adequan/USDF National Symposium \*** - Kyra Kyrklund - Denver  
Contact USDF www.usdf.org 859-971-2277
- SEPTEMBER 2009**
- 24 **Rocky Mountain Sport Horse Breeding Championships & Qualifying Open Breed Show**-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net
- 25-27 **RMDS Championships and Open Show**, Parker-USEF  
Contact Heather Petersen 719-683-8435, slush@drwg.net

*For updates to the calendar, go to the website: [www.rmds.org](http://www.rmds.org).*

**These events depend upon volunteers. If you can help, please contact the event organizer.**

**\* Symposium volunteers contact Heather Petersen 719-683-8435, slush@drwg.net**

# Trainer Tips with Sarah Martin

## Countdown to Show Time: One Week Ahead of the Competition

*Preparation, as we all know, is the key to success. Having a strong idea of the steps to take - and them taking them - is a winning strategy at any level of dressage. In this series of articles that are appearing in The Centaur, trainer Sarah Martin takes us through the stages before, just prior to, and ultimately during the show.*

What you need to do a week ahead:

*Know your test [s] by memory.* Visualize them daily. In bed before you get up is excellent- picture the arena where you will be, and ride through every detail of every movement in your mind. When you feel a place where your horse stiffens or is reluctant to move with you, go back and re ride that piece until your horse feels cooperative. This is only an indicator of where in your mind you are not absolutely clear on how to ride the movement or the feel of that part of the test. Start this at least a week ahead as it will give you good insights on what you need to work on with your horse when you do ride. Draw your test so you are absolutely sure of your geometry and touch points.

*KNOW your geometry and letters!*

*Pick up your coat from the drycleaners.*

*Be sure your show boots still fit. Ride in them.*

*Do major cleaning projects well ahead - thorough tack cleaning, polish boots, bathing and clipping your horse- then just touch everything up the day before.*

*Make equipment changes at home - ride in your new bridle, new girth, new pad, new gloves, new hat- anything new- at least once to be sure that it works and is adjusted correctly.*

*Plan your time frame.* Take your ride time and work backwards- warm up, tacking, grooming, braiding, feeding, walking, perhaps lunging, driving from wherever you start the day. Add an hour.

*Know your goal.* Commit to it and write it down, and review it daily. You may not accomplish your goal and then criticize yourself for what did not get accomplished. Make your goal and stick to it! For young horses or the first time riding a test on a horse who has not shown with us before our goals go like this:

A] First time in, complete the pattern

B] Second time in, complete the pattern with the ability to OBSERVE what needs improving

C] Third time and forward, complete the pattern and make corrections as you go- train the test as you ride it.

*Create and maintain a list of what you need for the show.*

Keep it posted in your trailer, in your tack box and at your house. If you show a lot, gradually develop a complete set of gear that only goes to the show. Clean it as soon as you return and have it waiting for next time.

*Sarah Martin is a USDF Certified Instructor through 4th level. She holds her USDF Bronze, Silver and Gold Medals. Sarah is a USDF "L" graduate with distinction, and teaches clinics throughout the United States and South America. Twice tapped by The Dressage Foundation to chaperone their Olympic Dream Program [in 2006 and 2007] she does most of her writing on airplanes. In this issue of The Centaur, Dodge also provides an excellent article on lateral movements.*

*Sarah can be reached through her web page, [www.blancadressage.com](http://www.blancadressage.com)*

# Andria Allen

BRINGING PEOPLE AND PROPERTIES TOGETHER



*Despite all the news,  
real estate continues to be a  
good investment.*



**NEW LISTING!**

**10 ACRE HORSE PROPERTY IN MEAD**  
4 bedrooms, 3 bath home with FR, LR, DR, eat-in kitchen, study. Outdoor arena, cross fenced pastures and paddocks, modern 5 stall barn, 40x28 shop/barn. Easy access to I-25. MLS # 535897. Price \$499,000



**RARE 3.5 ACRE LEVEL LOT IN BOULDER COUNTY**

Custom 2-story home with 5 bed, 3 baths, formal dining room, family room, great room, eat-in kitchen & breakfast nook. Unparalleled, panoramic mountain views. MLS #555143. PRICE \$699,000



**WOODED PARADISE ON 5 ACRES**

Beautiful 5 acre property in Boulder county. Home features 5 BD, 3 Full BA, walk-out lower level, lovely open floor plan on the main. Wood stall barn with fenced pastures. Irrigation water incl. Gorgeous, mature landscaping provides privacy and quiet, minutes from urban areas. MLS #547516. PRICE \$799,000



**BRING ALL OFFERS!  
GREAT INVESTMENT PROPERTY IN LOVELAND**

Create your dream equestrian property or subdivide & build to suit. Almost 90 irrigated acres of lush pasture, 4000 sq ft home w/stunning mountain views. Sale includes center pivot irrigation system and all equipment. Approved wetland pond on property. MLS # 527795. PRICE \$1,697,000.



For more photos and information on these and additional properties visit us online at [www.AndriaAllen.com](http://www.AndriaAllen.com) Call me for professional, personal service

**www.AndriaAllen.com • 303.810.8375 • Office: 303-772-5800**

# Lateral Movements

## Their use and development through the levels by Sarah Martin

Developing your horse's lateral suppleness is essential in order to properly develop longitudinal engagement and elasticity.

Every horse can be divided into three major muscle "rings":

1. The hindquarters- starting from the top of the tail, over the croup, down the flank and over the stifle, back up the hind leg to the base of the tail.

2. From the low back in front of the croup, along the spine to the front of the withers, down the shoulder [where the neck emerges from the shoulder] through the chest and along the belly back up the flank in front of the stifle.

3. From the girth area behind the elbow, up to the base of the withers, over the neck, poll, jaw; down the base of the neck back to the chest where it ties into the girth area.

Like the picture of the Olympic rings, these three rings overlap one another. Each area where they begin and/or overlap can be considered a "hinge point" where you can introduce lateral bending into your horse's frame. By creating lateral range of motion you are able to supple your horse's spine and develop the carrying power of the muscles in your horse's back.

If you approach your horse in a systematic way, it can be quite easy to develop his understanding of how to accept and yield to the lateral influence of the rider's aides. Most horses develop resistance or confusion when the rider unintentionally mixes up the sequence of the aides, leaving the horse uncertain as to how to follow the directions being given.

For a rider to be able to introduce lateral movements in a clear and systematic way, it is important that they have first gained enough education in their own body to be able to separate their aides. You must have an independent seat that is both capable of following the horses' motion and influencing the horses' motion. The rider must have control of their arms and the ability to separate the action of their elbow and forearm from the action of their wrist and fingers. They must be able to maintain a feel to the bit that does not include balancing off the reins with their hands. Lastly, the rider must have independent leg aides. You must be able to make an action with one leg, for example bringing your foot back or making a quick activating aid with your heel or spur, without an action in the opposite leg, or up in your seat, torso or shoulder.

These are developments that should be accomplished first on the lunge line and then with independent riding. When a rider has accomplished these aspects of body control and awareness, learning lateral work and the sequence of the aids can further refine your ability to feel and control the bal-

ance in your body.

The Dressage tests issued by USEF and used at the national level are written by a highly accomplished panel of professionals who have spent their lives training, judging and educating dressage horses and riders. The tests get rewritten and reissued every four years, and they are an excellent reflection of the progression you should introduce to your horse and the expectations you should develop for your own and his ability as you progress up the ladder of dressage.

Unfortunately many decades ago, the base movement from which all lateral work is developed, the Turn on the Forehand, was removed from formal dressage tests. This is a movement that introduces the basic concept of the horse yielding to rein



*Now Taking Boarding Applications  
for Early Spring Openings*

11051 Jasper Road • Lafayette, Colorado 80026  
(303) 587-4848 • [www.meadowcreekfarms.net](http://www.meadowcreekfarms.net)

and leg pressure and that teaches the rider to separate their aids in the correct sequence, and in my opinion, is indispensable in the development of lateral work. The best aspect of the Turn on the Forehand is that it is introduced from the walk or halt, giving the rider time to process the sequence and balance without punishing the horse when they unintentionally lose their balance.

The Turn on the Forehand as ridden by a dressage rider asks the horse to accept the flexion from the inside rein, yield the inner shoulder and the inner hind leg to the pressure of the rider's inner leg, resulting in a slight advance of the legs both front and rear as the horse performs the movement. This is different than the Western Turn on the Forehand where the horse is asked to pivot on his inner shoulder and NOT to pick up his inner foreleg. This creates confusion for a horse who has been trained in one discipline and is now learning another.

For the development of a Dressage horse, the turn on the forehand is a very simple and systematic way of teaching both horse and rider the correct sequence of the aids.

1. Sitting with a balanced and independent seat, with legs hanging draped over the horse but without gripping, the rider initiates contact with the inside rein. Actions much like squeezing the water out of a small sponge are made over the inner rein until the horse understands that a slight yielding of the jaw is the only expected response. Visually, the rider can see a slight indentation where the jaw line meets the throatlatch. You should just see the edge of the horse's inner eye and inside nostril, with the nose of the horse vertically under the eye.

2. Once the horse is accepting and yielding to the slight pressure of the inner rein, the rider shifts a SLIGHT increase of weight to their inner seat bone- if you are sitting correctly your weight should be distributed evenly,

50-50, to both seat bones. A slight increase means you develop about 52-48 over your inner seat bone. Then the rider activates the horse with quick, light actions of their calf, touching the horse's side and IMMEDIATELY releasing their leg. Most starting riders WAY over ride these aids, causing the horse to brace or

block rather than yield. Remember that a horse can feel a fly walking on their side - they FEEL you, the issue is do they UNDERSTAND you. Every horse will initially start to pull up or against the rein as they feel the impulse of your leg. This is where the maintenance of the sequence is imperative. Keep a quick, light, massage action transmitting down the rein AS you impulse with your inner leg. At the start it is fine for the horse to lower his head down and over bend to the inside as they step forward and outward from the rider's inner leg action - literally falling through the outside shoulder - so that they truly understand the 100% yield that is expected of them simultaneously from their hind leg, ribcage, shoulder, neck and jaw.

3. Once this is understood, the rider starts to refine and balance the horse's response by adding support from his or her outside leg the moment the horse initiates the shift from the inner legs. This stands the horse up and sends their momentum forward rather than outward.

4. As the horse carries his body forward, the rider receives the balance and momentum into a soft closing of their outside hand. The connection through the outside rein is what defines the balance of the horse's frame. A longer rein = a longer frame. Adjusting the length of the outside rein starts to give the rider a clear understanding of the relationship of the outside rein to the horse's balance.

Turn on the forehand can be introduced along a wall, or out in the center of the arena. Initially the rider can allow the horse to move quite a bit as they process the aids, up to the equivalent of a 10 meter half circle. As the rider and the horse gain an un-



**NOW TAKING  
BOARDING  
APPLICATIONS  
FOR EARLY  
SPRING OPENINGS**

**UPCOMING EVENTS AT  
MEADOW CREEK FARMS**

**APRIL**

7	MONDAY	Sarah Martin Dressage 9-1
12	SATURDAY	Frederic Bouland Eventing Clinic
13	SUNDAY	Frederic Bouland Eventing Clinic
13	SUNDAY	Sarah Martin Dressage 4-7
14	MONDAY	Sarah Martin 9-1 / Dolly Hannon 1-4
19	SATURDAY	H/J Schooling Show
28	MONDAY	Dolly Hannon Dressage 8:30- 4:45

**MAY**

3	SATURDAY	H/J Schooling Show (Snow Date)
5	MONDAY	Sarah Martin 9-1 / Dolly Hannon 1-4
10	SATURDAY	X-Country Schooling Day
10	SATURDAY	Shannon Peters Dressage
11	SUNDAY	Shannon Peters Dressage
12	MONDAY	Sarah Martin 9-1 / Dolly Hannon 1-4

11051 JASPER ROAD LAFAYETTE, CO 80026

WWW.MEADOWCREEKFARMS.NET

303-587-4848

*“Laterals” cont. from page 19...*

derstanding of the movement, a smaller area illustrates a greater understanding of the body mechanics involved. A correct and advanced execution of the movement involves the aides being ridden and accepted in such a rapid sequence that the horse appears to flex, yield, and return to a halt in one smooth action.

When the rider has mastered this simple sequence, the flow needed between the leg, seat and rein aides will be quite easy to carry in to the leg yield, the next movement in the development of the dressage horse.

Leg yielding is the first lateral movement to appear in a dressage test. It is well worth reading the USEF rulebook for the definitions of each of the lateral movements, as they are described in exact detail. [The USEF rulebook can be accessed online at [www.usef.org](http://www.usef.org) go to the Dressage Division. These descriptions are better than many that you will see published!]

Leg yielding in a Dressage test appears at first level, although hopefully a rider will have been using Turn on the Forehand and Leg yielding in the course of their Training level work.

Once a horse and rider have coordinated the Turn on the Forehand, the Leg yield is easiest to introduce by walking the horse through the corner of the arena on an oblique line that intersects the wall at about 40 degrees. If the rider is working to the right, the flexion will be initiated on the left rein, so the horse is looking out to the wall. The sequence of the aides is the same, but now the rider uses their weight to flex the horse around their outer leg, and then uses their seat to direct the horse along the arena wall. It is important to realize that the 52-48 weight split must be flexible once

the horse is moving. The rider's seat must move with and mimic the horse as long as he is moving in the direction and on the angle requested. Too much yield in the haunches will require the rider to correct with a light pressure of their outside leg. It is important in that moment that the rider is sitting in a 50-50 balance of their seat bones. Think of starting a lateral movement like what an accomplished ice skater does to start moving- they thrust with one leg, then as momentum builds they are able to glide evenly over both skates. When momentum starts to fade, they thrust again. Loss of balance causes the thrust to be obvious, otherwise the thrust blends into the motion and momentum of the skater, appearing effortless to the observer. As a rider, the lateral thrust is sent from a temporary shift over your inner seat bone and from your inner leg, across the horses back to your outside leg and receiving rein. Once you start to achieve this coordination along a wall, the exercise is increased in difficulty by riding from centerline and returning to the wall.

The rider must be able to integrate the action of the inner and outer aids across the balance of their seat bones for this line to appear smooth and to

stay straight. By the same token, the horse must be able to accept and process the aides sequentially in their body for their muscles to respond in a coordinated manner. Do not interpret a loss of balance as a resistance to the idea, but rather understand and observe where the loss of balance occurs and address which aid lost communication or coordination in that moment. This is where the absolute understanding of the aid sequence becomes so important, as quickly returning to the flow of inside rein/inside leg/ across the seat to the outside leg/up to the outside rein will correctly reestablish your horse's balance.

Timing becomes an aspect of fine tuning your aides. Asking a hind leg to yield when it is air borne makes the horse's job easy, whereas asking it to yield when it is on the ground makes it difficult, and sets you out of balance with your horse. Learn to separate your aids, then learn to coordinate them, then learn to time them- this is the work of the true Masters in Dressage!



## STONE GATE RANCH HOSTS OPEN PLEASURE HORSE SHOW AND RIDING CLINIC - OPEN HOUSE

### **World-class equine training center and boarding facility opens four arenas and 20-acre eventing course for weekend of horse events April 19 and 20**

Fort Collins, Colo., March 10, 2008 — Introducing Stone Gate Ranch to the riding community, owner and manager Miriam White today announced that riders and the public are invited to attend an all-breed, open pleasure horse show Saturday, April 19, and a multi-discipline riding clinic and open grounds/barn tour Sunday, April 20.

“At Stone Gate Ranch, top competitors can count on world-class care for their horses,” said White. “That includes properly maintained footing in our full-size indoor dressage arena, three outdoor arenas, cross-county course and galloping trails.”

According to White, accomplished and aspiring riders are invited to bring their own horses or reserve a school horse to experience Stone Gate Ranch. Registration for both show and clinic will be open from April 1 through April 18. Registration forms are available from Stone Gate Ranch.

### **Open Pleasure Show**

On Saturday, riders will compete for ribbons in English, Western and Suitable for Dressage classes. Show registration is \$35.00 with \$3.00 for each class entered.

### **Clinic/Open House**

White says Sunday’s clinic/open house will give participants opportunity to tour the grounds and to ride Stone Gate’s stadium jumping and cross-country courses. Riders can jump on their own, or they can sign up for group coaching on jumping and eventing with Stone Gate’s instructor. Participants can also register for group coaching clinics in dressage, Western riding, carriage driving and natural horsemanship. Each 30-minute clinic group coaching session is available at the special, open house rate of \$15.00. White also encourages trainers who are looking for a facility out of which to base their operation to call for a private tour.

### **About Stone Gate Ranch**

Stone Gate Ranch’s owner and manager Miriam (Mimi) White is a USDF bronze medalist and holds a Master Certification in instruction and riding from Colorado Horseman’s Association. Best known as founder and chief riding instructor at Equinox School of Riding in Arvada, Colo., she is now training a limited number of horses and riders at Stone Gate Ranch.

Stone Gate Ranch offers world-class care and highest quality training conditions for equine athletes. Owner/managers live on site and put highest value on keeping the horses happy, safe and healthy. Four experienced and highly qualified trainers work out of Stone Gate Ranch, offering instruction and training in Western pleasure, driving, jumping, eventing, dressage and natural horsemanship. Boarders and students of all ages are welcome. Please call for stall availability, riding lessons and more information.

### **Stone Gate Ranch Features:**

- Full-size indoor dressage arena with mirrors on short and long sides and dust-free footing
- Bright, sunny indoor arena with natural lighting
- 37 stalls (30 with runs) in safe, quiet, horse-friendly wooden barn
- 9 outside paddocks with loafing sheds
- Pasture boarding
- High quality grass and alfalfa hay
- Three outdoor arenas, including huge oval near bridge and running water, large dressage arena and jumping arena
- Cross-country/eventing course with galloping trails
- Four highly experienced and qualified trainers on site
- Owners live on premises and personally manage horse care
- School horse available by appointment

**Contact:** Miriam White  
Stone Gate Ranch  
3628 North Taft Hill Road  
970-430-0181  
[mimiwhite54@hotmail.com](mailto:mimiwhite54@hotmail.com)

# Classified Ads

## HORSES

**SCHOOLMASTER FOR LEASE AND LESSONS** FEI schoolmaster for partial lease. Lessons available with lease, or on an individual basis with out lease. East Parker. Indoor arena. Linda Ohlson Gross 303 840 9818

**REDUCED PRICE! MOTIVATED SELLER:** Capezio (aka Cecil) is a 1992, 16.3 hh bay, Holsteiner gelding. Numerous RMDS/USDF Reg V Championship wins & placings @ Training-2nd Level with adult amateur rider. Schooling third level. Easy to sit and is also an awesome lunge lesson horse. Loads, clips, ties, bathes. Excellent manners for vet and farrier, too! \$19,000 or come see him and make me an offer. Joan Clay (970)420-0887.

**OLIVIA** Absolutely beautiful, solid bay, TB mare, 16.1h, 9y.o., wonderful balanced sport horse type, for breeding or dressage work. Good basic training, sensitive, responsive, obedient, kind and willing for a soft hand and seat. Has shown and is very tranquil at shows. Very reasonably priced, will sell with breeding to either of my two Andalusian stallions if desired. Contact Francis Carbonnel 720-979-3120 or classicallegacy@aol.com

**SWEET SIXTEEN:** Pretty 8 y.o. gray 1/2 Andalusian 1/2 draft mare, 16h, mountain raised, very sturdy yet forward thinking with balanced canter and a big, but smooth, trot. Super sweet, learns effortlessly, terrific outside, just needs a little time to be a superstar. Absolutely adorable as a family horse. She will leave her feed to be petted. Contact Francis Carbonnel 720-979-3120 or classicallegacy@aol.com

**UNO:** 8 y.o. 16.1h gray purebred Andalusian gelding, big, straight, fluid movement, 3 good gaits, very handsome, excellent dressage potential. Can be ridden in a halter, has his lateral movements, beautiful, kind temperament. This kind doesn't come along very often! Contact Frances CARbonnel 720-979-3120 or classicallegacy@aol.com

**Decoroso SMDR,** 16h, dapple grey, Pure Spanish/Andalusian stallion. Championship Morphology (National Champion Senior Stallion), Movement (Reserve National Functionality Champion), and Performance (Multiple USDF Region 5 Championships & Reserve Championships; and #22 HOY Prix St. Georges). Showing Intermediate II and Gran Prix in 2008. \$145,000. Joe Skelton 970-482-1954.

**Enamorado VII,** 16.2h, imported bay, Pure Spanish/Andalusian stallion. #1 P.R.E. Breeding stallion competitive Dressage 2005 & 2006 (USEF). Trained and very successfully shown in California by Hilda Gurney thru I-1. RMDS HOY and Champion 4th Musical Freestyle. Currently showing I-2 and Gran Prix by summer. \$120,000. Joe Skelton 970-482-1954.

**Ganadora SMDR,** 16.1h, grey, Pure Spanish/Andalusian mare. Number 1 USDF All Breed at Training, 1st & 2nd Open & Musical Freestyles; USDF Region 5 Champion 1st & 2nd Levels Musical Freestyles. Big movements. Ready to show 3rd level. Currently in- foal for July 2008. \$45,000 Joe Skelton 970-482-1954.

## HELP WANTED

**Show Grooms Wanted** for USEF recognized shows. Horse handling experience is necessary, however most of the help required is ring side help. Please call or email for details regarding show dates, duties and pay. Ann Edelman (303) 228-1684; aedelman@edelmanlawfirm.com

# ~Jessica Greer~

*Assistant to Sandra Hotz*

*Prix St. Georges Qualifier for 2003 NAYRC*

*4th Level Horse of the Year RMDS 2003*

*3rd Level Open Champion USDF (70.0%) 2007*

*2nd Level Horse of the Year RMDS 2006*

*Is now accepting a limited number of students and horses in training.*

*Able to travel. Call (970) 581-5613*

*for availability and scheduling.*

*E-mail: Hercules\_35@msn.com*

*'L' Judge Candidate*

# ATTENTION JUNIORS AND YOUNG RIDERS

With the 2008 NAJYRC approaching, we are diligently working on earning the funds required for both our Junior and Young Rider teams. People throughout the Region are already working hard on fundraising. Food concessions have been successful. Get involved--spend time with your fellow Jr/YR's! Here are some upcoming dates for fundraising events that you can take advantage of and do your share:

March 29<sup>th</sup>, Sat. @ 8<sup>th</sup> Heaven Farm - RMDS Show – Lunch concessions

April 5<sup>th</sup> & 6<sup>th</sup>, Sat. & Sun. @ 8th Heaven Farm

April 12<sup>th</sup> & 13<sup>th</sup>, Sat. & Sun. @ Autumn Hill - Terri Gallo Clinic - Breakfast & Lunch concessions

April 26<sup>th</sup> & 27<sup>th</sup>, Sat. & Sun. @ Cactus Creek Ranch - Dressage at the Peak Horse Show –  
Breakfast & Lunch Concessions

May 10<sup>th</sup>, Saturday @ 8<sup>th</sup> Heaven Farm - RMDS Show – Lunch Concessions

A special “Thank You” to all of the facilities and event management  
for allowing the Jr/YR's the opportunity to raise funds!

Also, “Thank You” to all of the Jr./Young Riders that have already volunteered:

Morgan Heinrichs, Devon Wycoff,  
Hannah Lewis, Jessica Sheppard,  
Rachael Motsinger, Kailey DeVore,  
Lauren Rudman and Caroline Schenk .

Please call Susan Rudman, 303-697-8528 to volunteer. Enjoy your time volunteering and appreciate the opportunity to come to know everyone. You don't need be a Jr/YR intending for the NAJYRC in 2008. This offers a great opportunity to become aware of what it means to be involved such a prestigious Championship!

**WE ARE ALSO LOOKING FOR TEAM SPONSORS AS WELL AS  
ITEMS AND SERVICES FOR OUR UPCOMING SILENT AUCTION.  
CONTACT JULIE BARRINGER-RICHERS AT 720-341-5033 OR  
SUSAN RUDMAN AT 303-697-8528 FOR MORE INFO.  
WE LOOK FORWARD TO HEARING FROM ALL OF YOU!!**

# RMDS To Host Premier Freestyle Designer TERRY CIOTTI GALLO

April 12-13, 2008 Autumn Hill International Equestrian Center, Longmont, Colorado

Mark your calendars and save the date! World Class Freestyle designer Terry Ciotti Gallo will be coming to Colorado April 12-13, 2008 for a weekend of lectures and "hands-on" freestyle work.

Terry's broad and colorful history in sports, dance, and music stretches over 30 years. She started as a theatrical choreographer where her works were seen on stage, film and on video, but with a background as a competitive gymnast, she also acted as a dance instructor, choreographer, coach, and judge for international-caliber gymnastics. Terry coupled the sports world with her dance and music knowledge to help a variety of athletes with the total development of their freestyle performances. This led to the establishment of her company Klasic Kur in 1989.

She has had the privilege of seeing her designs competed at the Olympics, World Equestrian, World Cup, and Pan American Games, as well as the North American Young Rider Championships. Because she believes that volunteerism and philanthropy are an important part of being a member of society, she donates her time to raise money for breast cancer research. She also serves as the chair for the United States Dressage Federation Freestyle Committee. Terry works with Steffen Peters, Debbie McDonald, Guenter Seidel, George Williams and many others of the top US Dressage competitors.

The lectures and riding session will be open to auditors and the participating riding spots will be open to all levels of riders and all divisions of riders. We hope to offer Terry the chance to work with riders from First Level through Grand Prix. This will also give the auditors and participants the chance to work with and see freestyle design for a large variety of horses and riders.

#### Clinic Pricing

RMDS Clinic Auditors	\$60 2 days (includes all lectures and handouts and auditing of all rides)
	\$35 1 day
Non-RMDS Clinic Auditors	\$80 2 days (includes all lectures and handouts and auditing of all rides)
	\$45 1 day

All auditing rates will be \$15 more if reserved after April 10th.

Auditor Sign-up:

Rider Name \_\_\_\_\_ RMDS # \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Auditing (Please circle one):      BOTH      Saturday      Sunday

Amount Enclosed: \_\_\_\_\_

Send All Auditor Registrations to: Heather Petersen, 12395 Gull Lane, Peyton, CO 80831

Questions: 719-683-8435 or slush@drgw.net

advertisement

# Cottonwood Riding Club

10415 Roxborough Park Road  
Littleton Co, 80125

Phone 303-791-7656 FAX 303-791-7636 [www.cottonwoodridingclub.com](http://www.cottonwoodridingclub.com)

## 2008 DRESSAGE Schooling Show series!

**March 29<sup>th</sup> June 28<sup>th</sup> September 20<sup>th</sup>**

**Closing dates are the Monday prior to each show date.**

**This show will offer tests Introductory through First level only! Simply fill out the application below and we will have times available by phone and on the website by the Wednesday before the show. When you get to the show simply tell the judge what test(s) you would like to ride.**

**RULES:**

1. Absolutely **NO DOGS** allowed.
2. Warm up/schooling: Schooling will be allowed in show arena from 7:00 A.M. to 8:00 A.M. Schooling will be allowed to show participants only. Warm up will be available all day in designated arenas only. All riders must use caution at all times while riding but especially while in the warm up arena.
3. Classes will begin at 9:00 A.M.
4. Informal riding attire is acceptable, however snow boots and T-shirts will not be allowed. All horses must be in proper English attire, according to RMDS rules, boots and wraps will be accepted
5. Any and all changes are \$10
6. **LATE FEE** any entries received after the closing date will be assessed a \$10 late fee.

**ENTRIES:** Each test is \$10 and there is a \$10 office fee. All entries need to be sent with a check for the proper amount

**AWARDS:** Awards will be given through 6<sup>th</sup> place and three riders must ride that test in order for awards to be given.

**DIRECTIONS:** From Santa Fe and C470, go south on Santa Fe to Titan road (roughly 4 miles) and go west (2 miles) to Roxborough park road take a right and our driveway is the first left. Follow the signs for trailer parking.

Name of Rider \_\_\_\_\_

Name of Horse \_\_\_\_\_

Address (if not boarding at Cottonwood) \_\_\_\_\_

City /Zip \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_

I agree to indemnify and hold harmless Cottonwood Riding Club, and all employees and volunteers from any liability relating to accidents, injury, theft, or damage to me or anyone else associated with me, including animal, and children under my care. This release shall bind heirs, my assigns and me. Warning! Under Colorado Law, an equine professional is NOT liable for any injury to or death of a participant in equine activities resulting from the inherent risk of equine activities pursuant to section 13-21-120.

Signature of Rider or Parent or Guardian, if under 18yrs \_\_\_\_\_

I plan to ride in (circle as many as you like):	Intro A	Training 1	First 1
	Intro B	Training 2	First 2
		Training 3	First 3
		Training 4	First 4

# Business Ads

## Specializing in Sports Psychology for Equestrians



Gargot Partners

5855 West County Road B  
Berkhead, CO 80513  
(970) 351-7121 • (970) 448-5467  
[www.mentaladvantagepl.com](http://www.mentaladvantagepl.com)

Dr. Margot R. Nacey (#1716)  
Licensed Clinical Psychologist

The Mental Advantage Program  
EMDR  
Imagery & Visualization  
Performance Enhancement  
Seminars and Clinics  
Pony Camp

## COUNTRY SUPPLY

Help support our Junior Camp! RMDS receives a small percentage back when you make a purchase on line.

Go to: [www.Horse.com](http://www.Horse.com) . Place your order and use Code: RMDS camp password: dressage



*Professional, Artistic Images  
of Horses & Their People*

## Living Images

BY CAROL WALKER

phone 303.323.6542 • email [cw@LivingImagesC/W.com](mailto:cw@LivingImagesC/W.com)  
Visit our online portfolio at [www.LivingImagesC/W.com](http://www.LivingImagesC/W.com)

## Raian Kaiser, certified instructor



Now offers the unique and gentle bodywork of The Equine Touch for your horse, and Vibromuscular Harmonization for you.

Part of a comprehensive training program with a focus on improving your seat and your horse's gait.

(970) 203-0725    [equinetouchinfo@yahoo.com](mailto:equinetouchinfo@yahoo.com)

## Classical Legacy

PROMOTING CLASSICAL EQUITATION AND THE ANDALUSIAN HORSE



**FRANCES CARBONNEL**  
USDF Bronze and Silver Medalist

303-646-0521 H • 720-979-3120 C  
[www.classicallegacy.com](http://www.classicallegacy.com)

SALES • CLINICS • INSTRUCTION



## FOXCREEK

*Mobile Equine Outfitters*

**(303) 413-0179**

1750 30<sup>th</sup> Street, Ste. 86., Boulder, CO 80301

[foxcreekmea.com](http://foxcreekmea.com)

RMDS BRIDLE TAGS  
Make Great Gifts!

**\$30 for a Pair**  
Contact **RMDS Central Office**  
for more details  
**(720) 890-7825**



## Southwest Sport Horse

**Kristina K. Lee**  
608.897.3403

(Cell) 608.931.8934  
[KLee4@aol.com](mailto:KLee4@aol.com)

N4222 Oak Hill Circle  
Brodhead, WI 53520

[www.southwestsporthorse.com](http://www.southwestsporthorse.com)

# Business Ads



**HAPPY HORSE**  
**TACK & SADDLE SHOP**

Featuring  
*Amerigo Saddles*  
*Custom Cavallo Boots*

Tack & Blanket Repairs  
Frequent Buyer Programs  
Quantity Discounts for  
stable products and more!

**NOW SHOP ONLINE!!!**  
[www.happyhorsetack.com](http://www.happyhorsetack.com)

113 Peterson Street Ft. Collins, Colorado **970.484.4199**

**Lunge Lessons Can Help You Develop Balance, Feel & Timing!**

Your Horse or My GP Schoolmaster

**Kelly O'Leary**  
720-480-8266




**PHANTOM HILL FARM**  
RaeAnn Cook  
USDF certified Instructor  
Training & Lessons

(970) 225-1408 • [rhfdressage@rran.com](mailto:rhfdressage@rran.com)  
7808 S. Lemay Ave. • Fort Collins, CO 80525

**Heather J. McEntee Dressage**  
[heather@hjmcdressage.com](mailto:heather@hjmcdressage.com)  
[www.hjmcdressage.com](http://www.hjmcdressage.com)  
(719) 338-9913



BOARDING ★ LESSONS ★  
TRAINING THRU FEI ★  
CAMPS ★ SCHOOL HORSES

5351 TALL HORSE TRAIL ★ SEDALIA, CO 80135

**JANET "DOLLY" HANNON**



Dressage Instruction  
Training - Clinics  
USEF "R" Judge

Cell: 303-919-4112  
Barn: 303-2794546  
E-mail: [dollyhannon@msn.com](mailto:dollyhannon@msn.com)  
6282 Kilmer Loop #201  
Golden, CO 80403

**Rocky Mountain Equine Massage Therapy**  
A unique style to help the horse balance movement

*Listen-Connect-Follow-Influence*

Carolyn Knapp-Nelson, CEMT  
720-985-7107, cell

Discounts for multiple horses at a single location



**FLYING STAR SADDLES**  
(303) 655-1815

ALBION  
Lovatt & Ricketts  
Duett



KIM BENSON  
Web: [www.flyingstarstables.com](http://www.flyingstarstables.com)  
Email: [flyingstar@mesanetworks.net](mailto:flyingstar@mesanetworks.net)  
3 miles east of I-25 at HWY 7

Dressage, Hunter / Jumper and All Purpose  
Consignment Saddles available



**FLYING STAR STABLES**

- ★ Boarding/Training
- ★ Lessons/Clinics/School Horses
- ★ Young Horses Started
- ★ Horses for Sale

(303) 655-1815  
KIM BENSON

★ 1044 COUNTY ROAD 15  
BRIGHTON, CO 80601  
3 MILES EAST OF I-25 AT EXIT 229

[FLYINGSTAR@MESANETWORKS.NET](mailto:FLYINGSTAR@MESANETWORKS.NET)  
[WWW.FLYINGSTARSTABLES.COM](http://WWW.FLYINGSTARSTABLES.COM)

**THE TACK COLLECTION**

**Come Visit!**

**We are at 1355 Forest Park Circle  
in Lafayette (SE corner of  
Arapahoe & 95th St.)**

Store hours are 9-6 Monday through Saturday  
phone: 303/666-8364 • fax: 303/604-2783  
toll free: 866/303-TACK  
email: info@tackcollection.com



**Where shopping is fun!**

HERMES • PRESTIGE • KEITH BRYAN • CLIFF BARNESBY • FRANK BAINES • PASSIER • OTTO SCHUMACHER • VERHAN • TRILOGY

[www.tackcollection.com](http://www.tackcollection.com)



**ROCKY MOUNTAIN DRESSAGE SOCIETY**  
2942 PARK LAKE DRIVE  
BOULDER, CO 80301-5139

Nonprofit  
Organization  
US Postage  
**PAID**  
Parker, CO  
Permit No. 22