



CENTAUR

educating horse and rider as partners

DECEMBER 2012

A Peek Inside

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Happy Holidays!



Gratitude *By Lynn Clifford*

Is Your Bucket Half Full?

When was the last time you remember getting on a horse and feeling pure joy, uncluttered by the cares of your day or whether you were doing it the "right" way? Congratulations to those who recall this liberated feeling of connection in the recent past. For those who have not felt this in some time, or perhaps have never felt it, then this article is especially dedicated to you.

In this world of bigger-faster-more-is-better, I wonder a bit where we think it is we are going? I feel more grounded with horses at the end of a fast-paced day; schooling in an optimal way helps me choose to slow down. I often feel healthier through a connection with horses; they are typically gracious and unconditional witnesses

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NEWSFLASH!

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FUN FACTS ABOUT THE BOARD
SIMONE WINDELER
INKA SPATAFORA
KIM LAMPERT

Information and articles in the Centaur Newsletter are the sole opinion and responsibility of their authors, and not that of RMDS or its Executives.

Able to Step Through a Door

An RMDS Opening Doors Scholarship Report

By Gwen Ka'awaloa

Opening Doors is an appropriate name for the scholarship, as I was able to step through a door I could not seem to open before.

This scholarship allowed me to complete a journey and a goal as a rider. For the last 15 years I have had the goal of completing the USDF rider medals, and the Gold was the last one I needed. Unfortunately for me two horses capable of getting me there died suddenly and in 2002 I found myself searching for a new partner. I chose a 3 year old that I

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Happy Holidays!

A big thank you to all who attended the Board of Governors and annual awards banquet at the Denver Renaissance Hotel, it was a huge success. I want to thank Laura Speer and Shannon Lemons for helping with the planning, organization and implementation of the event.

I had a pretty busy November entertaining two great trainers in my home about two weeks apart. Lynn Clifford, trainer and Life Coach from Santa Fe, NM, conducted a workshop that the Foot-hills Chapter sponsored. The weather was chilly and snowflakes flew the first day, but we had a good turnout from all over the RMDS membership area. Read more about the workshop and Lynn in this issue. My friend, dressage trainer, USEF 'R' judge Leslie O'Neal-Olsen, flew



Lori and (top) Mozart, (left) Worglanz (aka Wally), and (right) Unico GPA

in from Atlanta, GA for a week. Leslie did some private lessons with a few RMDS members, but most of the time she helped me feel more confident in my riding and reminded me to keep my elbows at my sides.

At this time of the year, the beginning of the holiday season and chilly winter nights, we need to think of those who are not as privileged. Reminding ourselves that we are a fortunate group of individuals who own/lease horses, can afford to take lessons, pay board, and just be involved with our equine partners in some way. Be thankful and take the time to thank those who have supported your goals, dreams, and equine habit.

-Lori Mitchell, President, RMDS

Fun Facts About the Board: Simone Windeler, Past President, RMDS

Lori Mitchell has brought a new column to the Centaur! Each month, learn about our Board Members through these revealing questions.

- 1. What horseperson/rider do you most admire?** Nuno Oliveira
- 2. The greatest number of horses you ever owned?** Four
- 3. Who is the most famous person you ever met?** President Obama
- 4. What celebrity do you most resemble?** none
- 5. Favorite drink and snack food?** Alcoholic :-) red wine, non-alcoholic water Food: Nuts
- 6. If the world were ending today, what would be your last meal?** King Crab Legs
- 7. Favorite saddle to ride in?** Ascadeur Dressage Saddle by Ralf Schmitzer
- 8. Favorite grooming tool or product?** Best tip I have gotten lately for sores, tail rubs etc - first rub with Betadine - then follow with baby oil. Don't wash Betadine off. And wear gloves :-)
- 9. What state/country were you born?** Germany - Bavaria
- 10. Share something about yourself that the RMDS membership would be very surprised to learn about you?** When we moved to the US - it was a toss-up between Hawaii and Colorado - Colorado won because I really like to ski.

Boulder Valley Chapter

BVD has held their elections for the 2013 Board Officers. Congratulations to:

Sarah Barnes – President
Stephanie Margulis – Vice President
Kathie Hibbard – Secretary
Beth Geier – Treasurer

Our membership is at 182 members as of August of this year.

We held our So Long To Summer Show at Sextant Farms again this summer. It was very well attended, well run and people had a great time! Thanks to Stephanie Margules for allowing BVD to use her great facility.

We have many leadership opportunities and committee posts available and we invite all BVD members to get involved and share your skills and enthusiasm with our membership. Please send your inquiries via e-mail to bvdrsvp@gmail.com and plan to attend our first meeting of 2013 on Monday, February 11th @ 6:30 pm.

Details about our meetings and events can be found on our newly updated website! Please visit www.bouldervalleydressage.org

Boulder Valley Dressage's Annual Awards Banquet will be held on January 12, 2013 at the Hotel Boulderado. Please join us to celebrate the accomplishments of our many talented riders and your fellow BVD members. Details and a registration form will soon be available on our website and members will receive an invitation via e-mail that will feature on-line registration for your convenience. We currently have opportunities for BVD Award Trophy sponsorships available. If you or your facility would like to sponsor a trophy, please contact our Award Committee Chair, Julie Barringer-Richers at jbarringerrichers@comcast.net.

To ensure that you receive our BVD e-mail communications, add bvdrsvp@gmail.com to your approved contacts. If you have changed your e-mail address or have not provided it to BVD, please contact Beth Geier at bethgeier1@comcast.net with your updated information.

-*Kimberly Lampert*, President, Boulder Valley

Pikes Peak Chapter

The Pikes Peak Dressage Society will hold its annual holiday party and gift exchange at Simone Windeler's house on Dec 11th starting at 6 pm. Join us for some fun games, good food (yes, it's a potluck) and holiday cheer. Details on the party and directions to Simone's house are on the website [/www.pikespeakdressage.org](http://www.pikespeakdressage.org) and on our Facebook page www.facebook.com/pages/Pikes-Peak-Dressage-Society/173869702713427?ref=hl

Simone Windeler, President, Pikes Peak

Foothills Chapter

It has been a busy year for the Foothills chapter. We had two clinics, with Heather Robertson from California. Two Ride A Tests, one hosted at Roberts Ranch in Littleton with Dolly Hannon as the judge. Dolly really focused on educating the rider and trainer team. Our second Ride A Test was held the day before our Last Chance Show in September. Debbie Reihl-Rodriguez judged at A Rising Star Equestrian Center, Arvada. Debbie was a real trooper, while she had a horrible cold and was not feeling well she was able to give her expert advice and guidance to the riders and horses for the morning rides and Dolly Hannon stepped in for the afternoon. Debbie was back with gusto the next day as she managed our Last Chance Show. Thank you RMDS members who participated in all of our 2012 Foothills Chapter events.

The 2013 Educational events will include, more Ride A Tests, Last Chance Show and a Lunge/Seat clinic! Check our Foothills website, www.foothillsdressage.org for details and dates and the RMDS Calendar.

New 2013 Board Members were elected at the October 2012 meeting as follows – Our first meeting of 2013 will be held at El Senor Sol, Arvada location on February 4th at 6:30 pm.

President: Lori Mitchell
Vice President: CC Ross
Treasurer: Laura Quakenbush
Secretary: Heather Fitzgerald
Show Committee: Jan Danis, Joan Bruck, Linda Gaber
Education Committee: Pam DeVore, Dolly Hannon, Betsy McKenzie
Scholarship Committee: Heather Fitzgerald

-*Lori Mitchell*, President, Foothills

Arkansas Valley Chapter

Congratulations to member Karen Randall and her horse General. Karen showed him successfully in 1st level at several recognized shows this year and General was also 4th in 2nd level championships under Simone Ahern. It's great watching this pair climb up the ladder!

A successful election was held at our November meeting with President Cat Siemiet and Vice President Brenda Haley returning renewed and ready to begin a great year. Happily, Kathy Burke, Secretary and Sandy Vernon, Treasurer will remain in their positions. Many thanks to Jamee Amundson for her leadership this past year. We are partying for Christmas with donations being collected for Ruby Ranch Rescue. That takes us up to January for our annual planning potluck meeting. May your halts all be square!

Jamee Amundson, President, Arkansas Valley

CSDA Chapter

CSDA has had a very busy year in 2012 with the changes we have undergone, getting our internal programs and processes redefined, and working to find a sustainable focus and direction for the Chapter that will meet the expectations and interests of our membership.

Our RMDS recognized competition in August was a success with very positive feedback from the competitors about the venue, the friendly show management, and the overall laid-back atmosphere of the entire day. We are taking the lessons learned from this experience and will be applying them to future competitions to make our competitions a preferred venue for competitors.

For 2013, the CSDA board will be focusing on educational programs and clinics as we begin to provide services that our membership has requested. These programs will encourage and engage our membership base to participate more and become an active part of CSDA.

CSDA general membership meetings are held the third Tuesday of every month and all CSDA members and their guests are welcome to attend. The agenda, meeting time, location, and directions are posted on the website at www.csdressage.org.

Patricia Leech, President, CSDA

Important Things to Know This Month

RENEW your RMDS Membership!

Even if you are not planning on competing in 2013 consider renewing your membership, we will keep you in-the loop and up-to-date for when you are ready to go back in the ring. Most importantly, renewing supports RMDS and helps us continue to promote dressage in the Rocky Mountain region so we will be here when you need us.

Membership renewal will be accepted through the Central Office via check, or through PayPal online. Membership fees are \$60 until December 31, after which they increase to \$65.

Letter to the Editor

"I just wanted to let you know that I totally love the Centaur! I appreciate all the hard work that goes into it. Keep up the good work!"

Jennifer Quigley
Computer Science, East Middle School

USDF News

USDF Training Level Freestyle Unveiled

Lexington, KY (October 29, 2012) – The United States Dressage Federation (USDF) is pleased to announce the approval and release of the USDF Training Level Freestyle. Approved by the United States Equestrian Federation (USEF) Dressage Committee and the USDF Judges and Freestyle Committees, this freestyle is designed to encourage development of rhythm, regularity, and consistency of tempo in a horse's gaits through the use of music; and to improve harmony between horses and riders. The USDF Training Level Freestyle will go into effect on December 1, 2012 for use in competition.

Dolly Hannon, USDF Freestyle Committee Chair, stated, "Through the diligent work and coordinated effort of the USDF Freestyle and Judges Committees, and the USEF Dressage Committee, we are pleased to provide this opportunity for members to explore riding to music, and the benefits associated with it. We hope that it will also bring even more enjoyment to their competition experience. The US Pony Club's willingness to share their score sheets and experience in Training Level Freestyles allowed for the speedy approval of this test, and we couldn't be more excited for its launch!"

The USDF Training Level Freestyle test sheet can be found on the USDF website under the competitions menu. Rules regarding the requirements to ride a Training Level Freestyle can be found on the USEF website under DR rules. For more information about the USDF Training Level Freestyle, or freestyles through Fourth Level, please contact the USDF office at musicalfreestyle@usdf.org.

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit www.usdf.org, e-mail usdressage@usdf.org, or call (859) 971-2277.

Microchip Requirement for First Time FEI Horse Registration

Begins January 1, 2013 *From the USEF Communications Department*

Lexington, KY – A modification to the Veterinary Regulations was approved at the 2011 FEI General Assembly held in Buenos Aires. Beginning January 1, 2013, all horses newly-registered with the FEI must be microchipped. (2012 FEI Article 1011.1.2.3). The microchip must be compatible with ISO 11784 and ISO 11785, and all microchip information must be entered in the horse's passport and reported to the USEF. This requirement applies to initial FEI registration only.

The standard microchip number consists of 15 digits, the first three identify the manufacturer or country code and the remaining numbers are unique and non-duplicated. The technical concept of animal identification described is based on the principle of radio-frequency identification (RFID). These numbers represent the unique identifier that will be associated with a specific horse from date of implant until the animal's death.

Check with your veterinarian on how to get a microchip for your horse.

ISO 11784 and ISO 11785 compliant microchips for implant in U.S. horses are commonly available and include the following:

134.2-kHz microchips:

Bayer ResQ®

HomeAgain®/Digital Angel

USEF recommends that all horses initially registering with the FEI after December 31, 2012, be scanned for existing microchips prior to a new microchip being implanted.

If you have any questions please contact Ken Ball at kball@usef.org.

Fun Facts About the Board: Inka Spatafore, Grand Valley President, RMDS Lori Mitchell's new column!

1. **What horseperson/rider do you most admire?** Christoph Hess
 2. **The greatest number of horses you ever owned?** Three
 3. **Who is the most famous person you ever met?** Paul Schockemuehle
 4. **What celebrity do you most resemble?** none
 5. **Favorite drink and snack food?** Chinese
 6. **If the world were ending today, what would be your last meal?** Spiessbraten and Rotkraut
 7. **Favorite saddle to ride in?** Bates Isabell
 8. **Favorite grooming tool or product?** Love all Vetrolin products
 9. **What state/country were you born?** Germany
 10. **Share something about yourself that the RMDS membership would be very surprised to learn about you?** ? I think I would say that I am very serious and also sensitive person. I strive to perfect things and always have an open ear for everyone.
-

Fun Facts About the Board: Kim Lampert, Boulder Valley Chapter President, RMDS Lori Mitchell's new column!

1. **What horseperson/rider do you most admire?** My trainer, Petra. She rides so many different horses and gives them all the best rides possible. I admire her courage and stamina in our sport.
2. **The greatest number of horses you ever owned?** That was 5 at one time. Riding 3 and 2 retired.
3. **Who is the most famous person you ever met?** Tough one...I've met a few...in Dressage it would be Debbie McDonald.
4. **What celebrity do you most resemble?** Don't have a clue...
5. **Favorite drink and snack food?** Prosecco and Marconi Almonds
6. **If the world were ending today, what would be your last meal?** Chicken Vindaloo..Extra Spicy, a bottle of Prosecco, and Dulce De Leche Ice Cream
7. **Favorite saddle to ride in?** For Dressage, Trilogy, for Jumping, Devacoux
8. **Favorite grooming tool or product?** The super soft brush
9. **What state/country were you born?** Illinois
10. **Share something about yourself that the RMDS membership would be very surprised to learn about you?** I am a Black Belt in Tae-Kwon-Do and taught it for a few years.

'You' Work Before Ride Can Improve Experience

Lynn Clifford's Foothills Clinic By Linda Gaber, Foothills Chapter



The newest bits, boots and yes, even deerskin full-seat breeches can't prepare riders for the best rides of their life, according to classical trainer and life coach Lynn Clifford.

Instead the New Mexico holistic instructor offered strategies and exercises to help horses and humans experience growth by learning to live "from the inside." She worked with RMDS riders at a workshop and horse/rider session Oct. 13-14 sponsored by the Foothills Chapter at Pleasant Ridge Farm in Conifer. Animal communicator Shelly Gibbs also was available for intuitive readings. Clifford's goal was to offer equestrians of all levels insights and tools for addressing mental and emotional challenges such as fear, recovering from injury or accident, balancing stressors, reducing show jitters and coping with uncomfortable student/trainer relationships. She will offer another clinic here in May 2013.

Pay attention to numerous internal barriers to success to improve both riding and life: emotions, stress, fear, life/work/home balance, trainer/barn relationships, goals, threats and negativity. Awareness and assessment of these challenges can improve every riders horse and human dance, she said.

And, notice your and your horse's interaction with each other's space and energy. A horse's average 8-pound heart can share information with a rider's heart's electromagnetic field, "the most powerful rhythmic field produced by the

"After clarify, act and review is enjoy," Clifford said of the goal-setting exercise. "The gift of achieving your horse and life goals is that you get to receive."

body," according to the Institute of HeartMath (www.heartmath.org) Not only do horses feel a fly, they also sense their rider's positive and negative information and actions. "The horse is a reflection of how we operate. We need to have congruence with the inside and outside of ourselves to have calmer horses," Clifford said.

Unfortunately, humans can bring to the saddle four "universal addictions: Intensity, perfection, need to know and fixating on what is not working," according to California teacher, author and cultural anthropologist Angeles Arrien.

Clifford has a remedy: "Be your inner instructor." Breathe deeply, notice and correct negative thoughts, meditate, talk with a friend, go on a trail ride, write in a journal or keep "morning pages." Clifford does this before she gets out of bed, writing down her waking thoughts – and later checking back to note any positive or negative trends.

The goal is to be ready for your best ride. "Before you put your foot in the stirrup, prepare yourself to be fully present," Clifford wrote in an article she distributed at her clinic, "Emotional Centering (EC) in the Saddle." "The attitude that you bring to the barn affects your relationship with

others, including your horse," she wrote. "Emotional centering allows a horse handler to make clear decisions that are based on the collective information received from the handler's mind, body and emotions."

Watch for trouble if EC isn't present. Safety, security, peace of mind and enjoyment for both horse and human are compromised. Riders can lose EC by:

- Not trusting their instincts and judgment
- Riding with unclear or unfair motives (thinking the horse will "fix" their frustrations)
- Not preparing (riding without adequate emotional and mental preparation)
- Mind games (hanging on to outmoded ways of thinking, such as that a previous accident will reoccur. This also can create a self-fulfilling prophecy.)
- Mismatched partnership (horse or trainer, which can lead to added frustration and lowered self-esteem)
- Performance anxiety (pressure to keep up on trail, competition and need for approval, all ideas that pay attention to real or imagined standards that have nothing to do with the moment or what your horse needs)



Emotions are another source of information for riders. They should not be ignored as they can lead to reduced rider safety, as well as less success and enjoyment. Everyone has experienced most of these: fear, vulnerability, anger, frustration, sadness, grief and depression. Acknowledge and address them with why, what and where, realizing that there can be many layers of answers. The goal is to take action, get help, do things differently, mourn, take a new direction, restore and protect.

Stress and tension can be very evident to fellow riders, as well as horses. They usually are present with anger and are very dangerous on horseback. It can lead to inappropriate aggression that engenders fear in your horse, chartered psychologist April Clay wrote in her 2008 Dressage Today article, "Don't Let Anger Rule Your Riding," which Clifford also distributed to her audience. Be self-aware to detect this tension by relaxing your major muscle groups. Difficulty breathing, sweating and dry mouth are other indicators that an explosion may be imminent, Clay wrote. "The most effective strategy for dealing with anger is to develop the ability to distinguish between thoughts, feelings and actions," she wrote. "Simplify your focus, and don't let emotions dictate your actions."

Self care is a way to reduce stress and anxiety, increase relaxation and energy, and improve sleep, appetite and rewarding activities. To

avoid burnout and self neglect, try these strategies for a healthy balance in your life, writes Dennis Portnoy in his book "Overextended & Undernourished: A Self-Care Guide for People in Helping Roles." Clifford gave her RMDS audience a copy of his chapter, "Saying 'Yes' to Yourself." Portnoy advises: Take breaks, exercise, maintain a life outside of your helping role, make a list of healthy things you do to nurture yourself, strive to achieve and sustain a healthy balance, design a self-care plan. For example, he suggests these positive changes: hire a house cleaner, meditate, get a massage regularly and spend time with friends and others who are caring and nurturing.

Perhaps surprisingly, goals can play into a good ride. "If it's your goal, that's what matters," Clifford said. "It's a solo journey, to find your inner truth." Begin with the end in mind, then track your desire, ability, reason and need to develop authentic goals that are in alignment with you and your horse.

Here is her guide for developing long-term or short-term goals:

- Specific (details are important)
- Meaningful (values-based)
- Attainable (realistic)
- Timely

- Tangible (visualize it, use senses to feel it)

Now reiterate your confidence in achieving these changes and goals, Clifford said. "Ask yourself, 'Why is it important to change?' Because it affects our relationship (horse and rider), my riding ability, my confidence, my enjoyment, my love for my horse" are reasons she suggested as typical answers. "To start, take mini steps. Perhaps forgive yourself or your horse" for past issues. Then ask what needs to be completed first (perhaps watching educational DVDs), then add when and where you will work to accomplish these new goals, with whom and how. Note what things might interfere (for example, finances), and describe how you will know your plan is working.

"After clarify, act and review is enjoy," Clifford said of the goal-setting exercise. "The gift of achieving your horse and life goals is that you get to receive."

Lynn Clifford, M.A., EAGALA II, is a third-generation equestrian professional focusing on holistic education and growth for humans and horses. She can be reached in Santa Fe, N.M., at (505) 231-5353 or lynn@lynnclifford.com. Shelly Gibbs is available at (505) 660-4346 and www.shellygibbs.com. 🐾 🐾 🐾

...Able to Step Through a Door I Could Not Seem to Open Before

An RMDS Opening Doors Scholarship Report *By Gwen Ka'awaloa, Pikes Peak Chapter*

Cont'd from pg 1

found in the Netherlands. This choice would put my goal further out as I had to get this youngster from untrained to the Grand Prix level.

In 2010 it seemed as if the goal was in sight, however another goal of becoming a USEF licensed dressage judge would take over, and all my finances and time were put towards this instead. I tried to get to Grand Prix with a few lessons with my instructors and some coaching at shows. However, since I did not have experience at the Grand Prix level my training suffered. The scores that Safarie and I logged were not good. We missed the elusive 60% by a few points here and there, but the truth is we were not getting enough help.

My wonderful friend and student, Michelle Anderson, suggested I apply for a scholarship so I would have the funds to pay for a concentrated training program to help me achieve my goal. I was hesitant to do this as I knew others needed the funds as well. With Michelle's help and encouragement I wrote the letter and applied. In January I was informed that I had been chosen to receive the award.

Next a phone call to my trainers and mentors, Kristi Wysocki and Anne Barrett, and a game plan was formed to reach my goal.

Our first show in April showed we had improved, but as sometimes happens, the score did not. I almost threw in the towel, feeling that even with all the hard work I was not improving enough as a rider and that maybe my horse and I were not capable. Fortunately for me my feelings of despair happened during a lesson with Kristi and her encouragement and support pushed me forward. A few weeks later the first of my scores over 60% was reached, then a few weeks after that, two more. The Gold Medal was completed by the end of June.

With this accomplished I decided to try the next goal, a freestyle. This required the help of a good friend, Barbara Gardner. We had a history in the 1990's of several successful freestyles. In only



two weeks Barbara would put together a freestyle that would go on to qualify for RMDS and Region V Championships.

Safarie earned a USDF Performance certificate for the Musical Freestyle Challenge. He also earned the Breed Award for KWPN NA Grand Prix Freestyle. We did not finish the Championship shows with our best scores, but we did accomplish my goals and the goals for my horse.

2012 will be a memorable year for me, I finally found my riding moving forward and a 10-year partnership with my horse completed with the ultimate dressage goal: the Grand Prix.

The scholarship made this goal possible. RMDS helped me to achieve my dream. Financial help was the start. Great trainers and friends were the support. Thank you to all RMDS members for making my dreams and goals a reality. 🐾

Summer School

An RMDS Leg-Up Scholarship Report

By Linda Gaber, Foothills Chapter

Summer School. That is what I am calling my 2012 show season.

Armed with confidence as the 2012 RMDS Leg-Up Scholarship winner, Gallod Enki, my 11-year-old Welsh Cob, and I competed in four shows before four judges with seven Training Level 1 and 2 rides, including a final Ride-A-Test. Think of it as earning a college degree in three months. Yes, Mom, I graduated! My horse and I took home a valuable education.

There were some Ds and Fs for our work, plus some successes. And, as in most classrooms, I learned some significant lessons:

- Breathe
- Stay calm. Ask for help if you need it
- Show early and often starting with schooling shows in spring, then bigger shows in summer
- Do not go to a show alone. Pair with a rider who can read your test during your ride and help during show
- Simplify show days by stabling horse on show grounds overnight before a show and during two-day shows
- Eat and bring nutritious food and drink plenty of water. Ditto for horse. Know amount and type of horse food to bring. Monitor food and water intake, plus poop and urine
- Enjoy riding your horse and meeting others who have horses. Everyone has tips, information and ideas to share



Here is our Summer School Report Card:

May

Entered Dressage in the Plains I & II, Sun Prairie Farms, Peyton – May 25-27

Low Marks: Show cancelled due to Colorado Springs fire

Learned: Need to enter more than one early show to get in show shape and routine. Better to start with several schooling shows or Ride-A-

Test to be able to focus on tests and rides, with fewer distractions and pressure. Completed first-time experience of packing clothes, food, bedding for rider, plus food, bedding and equipment for horse stabling for overnights away from barn

June

Entered Autumn Hill Dressage Festival I & II, Longmont, CO - June 23-24

Low Marks: Scratched because I didn't enter early enough to get overnight stall

Learned: Need to plan ahead, enter early, have another show in reserve

July

Entered Centaur Rising Dressage Show, Conifer, CO - July 15

High Marks: Close to barn, easy trailering, short day; my 89-year-old mother Jean Hogberg, her caretaker Linda Carlson and spouse Richard attend from their homes in Conifer. Win two blue ribbons and high point amateur ribbon. (I was the ONLY Adult Amateur riding those tests.)

Low Marks: Hot temperatures, red face, need plenty of water, horse and rider flagging from heat

Grades: Score 61 and 62, which boost confidence. Points from 5 to 7.5 indicate need to improve. A place to start

Learned: Show rider and horse preparation and timing, rode off first show jitters

Entered Autumn Hill Dressage Festival III and IV,



Aim Higher and Achieve More with ANDRIA ALLEN

The housing market in this area is HOT!!

Historically low interest rates, decreased inventory, and buyer demand are creating a great opportunity to sell your home. Let's get your property listed and under contract today!



NEW LISTING!



3714 COYOTE TRAIL, LONGMONT

MLS# 691194. PRICE: \$624,900

3.8 acres surrounded by 80 acres of open space. 3-stall barn/shop w/runs. Custom home features 4 beds, 5 baths, fully finished daylight basement. Perfect equestrian property!!



NEW LOWER PRICE!



1045 W 154TH AVE, BROOMFIELD

MLS #687336.

NEW PRICE \$499,900

3.21 acres, two stall barn, two cross fenced pastures, huge garden, 2048 sq ft tri-level home with 4 beds, 3 baths. Irrigation water for pastures, well water for garden and city water for house.



UNDER CONTRACT!

809 WINDFLOWER, LONGMONT

MLS #691223 PRICE: \$499,900. Beautiful, fully custom patio home on the Fox Hill golf course!! 2 bed, 3 bath, finished basement w/wetbar. Custom finished galore. Enjoy sunsets on your patio overlooking the 14th fairway!!



10774 COUNTY ROAD 22, FORT LUPTON

MLS #689705. PRICE \$325,000. 9.75 acres with 4 stall pole barn, tack room, pipe runs. Large arena. Two cross fenced pastures. Shed row. Home features a lg master upstairs, 2 beds on main, 2 baths, walkout basement with hobby room and shop. Convenient location halfway between Firestone and Ft Lupton.



NEW LISTING!



8080 HYGIENE ROAD, LONGMONT

PRICE \$495,000. Spacious 5 bed, 2 bath home nestled among abundant trees on 4.3 acres. Arena, barn w/ tack room & hay storage, 4 stall shed rows, irrigation water. Great location!!



ANDRIA ALLEN

Aim Higher and Achieve More

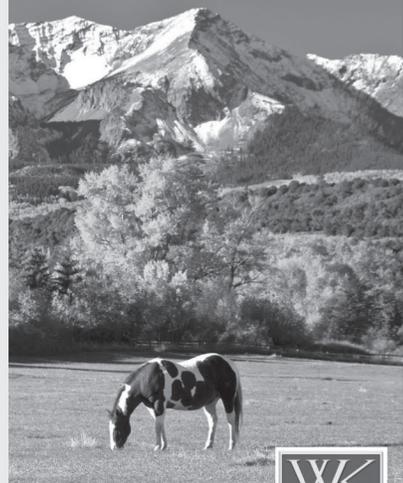
Visit my blog for interesting information, statistics and articles about the real estate market at www.andriallen.wordpress.com

Inventory Down 12.5%-40.3%
YTD Sales UP 17.9%-46.4%

If you check local real estate sales statistics, it is very clear what the main force is behind our improving market.

It isn't rising home values. It isn't fewer days on market because of better pricing. It's supply. There is a dramatic lack of supply.

It does not appear these trends are going away in the near future. If you're thinking of selling your home, now is a great time to do so.



To see photos and more information about any of these properties, please visit my website at

www.AndriaAllen.com

• 303-810-8375



...Summer School

Longmont, CO - July 28-29

High Marks: Surprise! Win two blue and two red ribbons, with few Adult Amateur entries. First ever overnight stabling alongside friendly, helpful competitors was pleasant, convenient and another avenue for learning

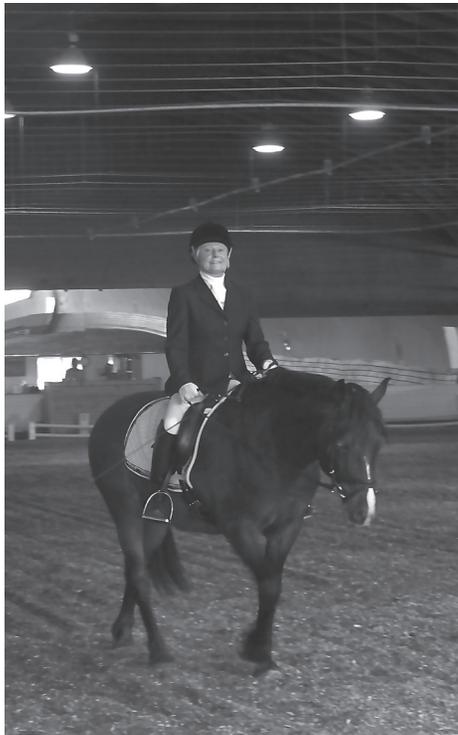
Low Marks: Higher-rated show that wasn't a good fit for our lower-level skills, plus national-level judges expecting top quality competitors

Grades: Score 51, 53, 56 and 56. No reader, forget test segment. Points from 2 to 7

September

Entered Foothills Ride-A-Test with Debbie Riehl-Rodriguez, A Riding Star Equestrian Center, Arvada - Sept. 1

High Marks: Score 61 in low-key setting with no competitors and informal apparel. With reader, earn points from 4 to 7. Format after test allowed 20 minutes of training discussion with judge, who had suggestions for getting better response from Enki to forward aids, more acceptance of bit and clearer bends. 🐾 🐾 🐾



...Gratitude

to the twists and turns of life. Working with horses helps me recognize where my edges are – both my limits, as well as my capacities – as I explore what their possibilities are as individuals and as well as within a partnership.

The title of this article, Is Your Bucket Half Full?, seemed appropriate coinciding with this season of gift-giving. Giving. Giving thanks. Regardless of your practices or beliefs, I propose we have an opportunity starting this moment. After all, gratitude is something that provides gifts in return – like greater joy and reciprocity!

For some, to be grateful takes courage because it can be a vulnerable act. I say "act" because it is often a choice, an action we can practice, versus something that we typically do not consciously practice.

To be grateful requires being receptive and having a certain degree of trust or letting go. Sometimes we release a belief that has become outdated (e.g. riding the half pass is too hard); an outmoded habit or way of doing something unconsciously (e.g. tensing the left side of the body); or we recognize that it is time to move on so that we can experience the gratitude of the harvest of something completed (e.g. although this horse has been a great teacher, I am ready for a match where I feel safer).

To begin, feel free to try to follow "Attitude of Gratitude" exercises in your way and time. And, perhaps you may come up with unique ideas or variations that express your thankfulness. Please write me with them!

- Let the troubles of your day disappear in the rhythmic currying of your horse's coat, including all the nooks and crannies you may typically hurry over. You may also try two brushes (one in each hand) and try gentle hand-over-hand brushing which will use both sides of your body. Take at least five minutes longer than usual.
- If you haven't already, really acknowledge your horse for the teacher it is – even if he or she is teaching you what you are coming to recognize that you do not want. Preferably acknowledge them while you are together in a relaxed setting. Review the journey you have been on



together and look for the "silver lining on the saddle pad" of the time together, no matter what it looked like.

- Thank your partner for supporting you in the ways he or she does, thank your riding buddies, thank the staff where you board your horse and/or your local feed or tack store.
- Thank yourself for showing up and doing this thing you love with these incredible four-legged beings and all that it entails: the mucking, the mud, the sour days, as well as the sweet ones.
- Enjoy the silence, as well as the subtle noises you and your horse make together while working. For example, don't take your cell phone on your rides unless it is for safety and leave the iPod at home for a day. Really listen.
- Pay attention to your breath for a few moments and then synchronize it with your horse's breath.
- Stop doing and just join your horse sometime, for example, while respecting the horse's space, sit within listening distance while he or she is eating.
- Check in with your priorities occasionally. First, do you know what they are? Second, are you on track? It can be a challenge to feel grateful when you do not feel synchronized with your goals. For example, perhaps the ribbon at your last show became more important than the relationship with your self and your horse?

In closing, be happy to give thanks as gifts and may you experience your bucket as half full!

Lynn Clifford, MA., is a third-generation professional equestrian, FEI-level trainer and former licensed professional counselor. She can be reached in Santa Fe, N.M., at (505) 231-5353 and lynn@lynnclifford.com. 🐾 🐾 🐾

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Western Colorado	Judith Family	970-923-8832	dns@rof.net

GOVERNING BODIES

United States Dressage Federation (USDF) 859-971-227 www.usdf.org
4051 Iron Works Parkway, Lexington, KY 40511

USDF REGION 5

Director Heather Petersen 719-683-8435 slush@drwgw.net
FEI JRYR Coordinator Joan Clay 970-420-0887 jnclay@comcast.net
Website www.usdfregion5.org

US Equestrian Federation, Inc (USEF) .. 859-258-2472 www.usef.org
4047 Iron Works Parkway, Lexington, KY 40511

RMDS is a USDF Group Member Organization and RMDS members are automatically USDF Group Members.

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RMDS CHAPTER MEETING SCHEDULE

Arkansas Valley: 4th Tuesday, 6 pm, Sunflower Bank in Canon City. Jamee Amundson, 308-672-1364, piaffenpassage@aol.com

Boulder Valley: 2nd Monday, even months, location TBD, Kim Lampert, 303-638-3606, Dive4java@comcast.net

Colorado Springs: 3rd Thursday, for location information, contact Pat Leech, 719-749-2860, pat.leech@skybeam.com, www.CSDressage.org

Foothills: quarterly meetings, location TBD, Lori Mitchell, 303-816-2375, bandwdressage@aol.com

Grand Valley: 2nd Thursday each month, location TBD, Inka Spatafora, 970-260-2660, classicaledge@earthlink.net

High Plains: Bi-monthly meeting, location TBD, Wendy Cibis, 720-570-6413, wcibis@comcast.net, www.highplainsdressage.com

Northern Colorado: 3rd Tuesday, each month, location TBD, Hana van Campen, 303-918-3863, bigsprucefarms@bendelow.net

Pikes Peak: 2nd Tuesday of each month, location TBD, Simone Windeler, 719-287-2040, simonedressage@gmail.com

Platte River Dressage: Meeting time and location TBD, Laura Speer, 970-371-2934, riversidestables_evans@yahoo.com

Wasatch Mountains: Location TBD, Linda Nickerson, 801-647-3291, mail@snowypeaksranch.com

Western Colorado: Judith Family, 970-923-8832, dns@rof.net

RMDS EXECUTIVE BOARD MEETING SCHEDULE

All RMDS Executive Board meetings are open to all and occur on the second Thursday of every odd-numbered month. Meeting time is 6:30 pm. Meeting dates in 2012 are January 12, March 15, May 10, July 10, September 13, and October 20 Retreat. Contact the RMDS Central Office for location. Steering Committee meetings are held on the second Monday of every even-numbered month. Board of Governors' meeting is held the second Saturday of Nov (this year was Nov 10). Contact the Central Office for precise details.



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The Centaur Newsletter

The Centaur newsletter is published monthly. To guarantee that ads and articles will run in a given month, they must be received by the 7th of the month prior to the month of publication, i.e. January 7th for the February edition. If not received by the deadline, articles and ads may be placed in the following issue, if not time sensitive.

CONTACT INFORMATION

For article suggestions, articles, columns, letters-to-the-editor: Centaur Editor, Nicole Bizzarro, Phone: 303.828.6763, email: nicbiz@indra.com

ADVERTISING

RMDS Office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301, Phone: 720.890.7825, email: rmds@rmds.org

DISPLAY ADVERTISING

For information about corporate advertising and/or sponsorship, please contact Beth Geier (contact info above.)

Artwork (ads) must be provided in electronic format. Acceptable forms include: jpeg, pdf, tiff, eps, and doc. IF UNSURE ABOUT AD FORMATTING, please contact the editor (contact info above) for consultation. No substitutions may be accepted. If your ad is submitted in a file format other than those listed above, you will be contacted regarding an additional charge for reformatting or redesign. Hourly charge for redesign/reformat is \$50, in minimal units of one hour.

Please be sure to include a printed version of your ad with your payment so that the ad may be proof-read against the electronic version. Printed ad copy cannot be used as final art.

CLASSIFIED ADS

Classified ads may be submitted via email to the RMDS office (address above.) You may also type or hand-write a classified ad and mail it to RMDS headquarters, attn: Beth Geier, The Centaur. Please limit your classified ad copy to 50 words or less. Exceeding 50 words will result in additional charges per line.

PAYMENT AND AD COPY DELIVERY

Email ads to: rmds@rmds.org, and cc the electronic copy to nicbiz@indra.com. Send payment and hard-copy to the RMDS office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301.

AD RATES AND SIZE SPECIFICATIONS

Classified \$20 per item for sale (includes web listing.) 50 words maximum. Classified w/photo \$32 per item for sale.

Full Page \$150 7" x 9.5"

Half Page \$90 7" x 4.5"

Outside back half \$105 7" x 4.5"

1/4 Page (Vertical Only) . \$55 3.25" x 4.5"

1/8 Page (Business Card) \$30 3.5" x 2"

(horizontal only)

Ask about discounts for multi-month or annual ad contracts.

Payment for ads is due on the 7th of the month. If not received by the following 7th of the month, the person will be listed on the RMDS website under the suspended category.

EDITORIAL POLICY

Articles submitted for publication will not be returned. Please contact the editor before submitting unsolicited articles or photos. Articles represent the work and views of their authors, and not necessarily that of RMDS, its officers or employees.

Utilize the RMDS Network

Trainers and Instructors

Use the RMDS Website to Build New Business

If you wish to increase business, you can place your information on the RMDS website at very low cost. Send information to: RMDS Central Office, 2942 Park Lake Dr, Boulder, CO 80301, Phone 720.890.7825, or email: rmds@rmds.org (note on subject line "Trainer Info".) Please include your name, phone, address, email, training locations and other pertinent info such as awards, certifications, lesson types, schooling horses, etc.

The website averages 200 hits per month on the trainer page and RMDS receives 25-30 emails per month requesting names of trainers in the RMDS region. Don't miss the opportunity to expand your client base and gain recognition.

Cost is \$50 annually. Mail check to: RMDS Central Office, 2942 Park Lake Drive. Boulder, CO 80301.

Advertise Events on the RMDS Website

Website ads on the RMDS site provide your event with high visibility. Your ad will run for one month from the date it first appears. Unless the RMDS Central Office is notified in advance (rmds@rmds.org), the ad will be removed from the website once the date of the event advertised has passed.

Please limit content of the ad to 20 words. Your email and website addresses will be displayed as links.

Because of the implicit connection to the RMDS, we reserve the rights to:

- Refuse any ad.
- Edit ad content.
- Limit the number of ads displayed at any one time.

Important Info on RMDS membership

Awards are based on the information on your membership card. Be sure to double-check everything very carefully.

Duplicate cards are available for \$2.00. If emailed to you, they are free. Request a new one by mailing the Central Office at rmds@rmds.org.

Proof of AA status must be sent to the Central Office every year. Showing proof at shows is not enough for the year-end awards. Owner, rider, and horse MUST be current members PRIOR to any ride for the score to count towards qualifying for RMDS Championships and for qualifying for any year-end award. If PONY is not listed under breed and you have a pony, send a copy of the measurement form or the permanent pony card to the Central Office. Remember, membership and its details are your responsibility. Be sure corrections are made.

Technical Delegates, Judges, and Certified Instructors

Dressage Judge Ratings and Levels Qualified to Judge

Any class ridden before a judge not qualified to judge at that level must ride "Hors d'concours" where the score does not count.

Status	Status	Levels	Status	Status	Levels
"L"	Learner*	Training - Second (RMDS only)	"S"	Senior	All
"r"	Recorded	Training - Second	3* (FEI C)		All
"R"	Registered	Training - Fourth	4* (FEI I) International		All
			5* (FEI O)		All

*may only judge at RMDS recognized shows.

FEI PARA Dressage 3*

Kristi Wysocki 303-648-9877

FEI 4*

Janet Foy^ 719-260-1566

USEF 'S'

Debbie Riehl-Rodriguez^* 303-263-0768

Sandra Hotz^ 303-817-2030

Anita Owen 303-953-9904

Janet "Dolly" Hannon^* 303-919-4112

Kristi Wysocki^* 303-648-9877

^ = FEI Young Horse Certified

* = Dressage Seat Equitation Certified

USEF 'r'

Loni Gaudet 985-966-3832

Amy Jablonovsky 970-493-2833

Gwen Ka'awaloa 303-917-3679

USDF 'L' Graduates (Schooling and RMDS

Only recognized shows)

Simone Ahern* 719-749-9274

Julie Burt 719-431-2342

Alison Child* (UT) 435-640-3287

Linda Coates-Markle 303-469-0279

Alex Curnutte 303-906-7083

Kathleen Donnelly* 970-310-8729

Amy Fulstone* 775-721-1123

Beth Geier 303-673-9840

Jessica Greer 970-581-5613

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Simone Windeler 719-287-2040

*Denotes Graduation with Distinction

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Debbie Riehl-Rodriguez 'R' 303-263-0768

Kristi Wysocki 'R' 303-648-9877

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Heather Petersen 719-683-8435

Technical Delegates USEF

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Rusty Cook (NM), r 505-877-1456

Laurie Mactavish (CO), R . 970-390-5160

Debbie Moloznik (CO), r ... 818-515-0377

Heather Petersen (CO), r . 719-683-8435

Catherine Siemiet (CO), r . 719-942-5311

Dianne Stanley (MT), R 406-652-4061

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Jeannette Hillery 303-494-7718

Mary Jo Hoepner 719-495-3648

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Training - Second

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Jill Cantor Lee 970-209-8491

RaeAnn Cook 970-225-1408

Janet "Dolly" Hannon 303-279-4546

Ellene Kloepper 303-523-0191

Clayton Martin 719-379-3716

Bridget Milnes 303-660-4986

Kristi Wysocki 303-648-9877

Training - Fourth

Simone Ahern 719-749-9274

Nancy DeVaney 303-681-2516

Loma Fowler 303-841-0417

Sarah Martin 719-379-3716

Kathy Simard 720-981-4448

Melinda Weatherford 970-484-5218

Riding Institute for Disabled Equestrians

Located on Silt Mesa, Silt, Colorado *By Dee Stiers*



7:00 am. The morning chores have all been completed, the horses and ponies are happily eating their breakfast. Now the true work begins!

Volunteers from ages 14 to 70 begin to arrive and start getting the tack and horses for the first therapy session! Four horses are being tacked up in various types of saddles and reins. Each volunteer is greeted by the instructors and the volunteers are informed of their roles for the day. The music can be heard from the arena which sets the mood for the whole valley!

7:50 am. The students start to arrive! The sound of happy voices from both the volunteers and riders create the loving atmosphere that lasts all day!

Certain volunteers are trained to help the special-need student get on the therapy horse carefully and safely. Sidewalkers are ready to balance the rider on the horse while the horse starts his walk with steady rhythm. The horse leader assures that the horse is comfortable which is most the important part of the session. Usually there are four horses, 12 volunteers, and two instructors ready to begin going through the stretching exercises and activities the students can do at the walk.

In the mean time, while the riders are in the arena, four more volunteers are getting the next group of horses ready for the next session. Each time we have different disabilities, different ages from 2 to 70, and different horses which help them by moving in a gentle and rhythmical manner.

The joy and the love that connect the students with the volunteers is priceless. The teamwork that is present every day is priceless. The families enjoying our "okay" corral, enjoying the nice weather, knowing their child is in good hands is priceless. I share my dressage horse, Faraday, who gives the rider confidence and makes me proud – priceless! This is a non-profit organiza-

tion, it is completely supported by donations, sponsors and grants. We hope to have some dressage schooling shows for fundraisers this coming year. Dressage, therapeutic riding, movements created for dancing, movements created for independence – PRICELESS.



Ignorance of Horses is Not Bliss

By Bryan McKenzie for *The Daily Progress*, Charlottesville, VA

When I told my Facebook buddy Andy that I was watching YouTube dressage videos, listening to the Broadway musical "Avenue Q" soundtrack and drinking a nice Pollack Vineyards chardonnay, he inquired as to whether there was something in my closet that, perhaps, needed to be brought out.

Well, there was. I know this may be a bit of a shock, but I'm equine ignorant; I don't know a halter top from a bridal dress.

That has led to some frustrating conversations with my friend Michelle, a serious and enthusiastic dressage rider, that often sound something like this:

She said: "Acero and I worked on our pilaf down to the mizzen mast and did a stretchy-chewy circle around the nougat before we canter-levered the lower circle, broke into a trot by the hat trick and finished up at the thistlewait."

I said: "Really? Wow."

When it comes to horses, ignorance is not bliss and can cause great consternation. For instance, despite having seen "Equus" on stage and screen, I was totally unprepared for my first horseback ride, a four-hour, dude ranch trail ride through the Colorado Rockies.

It was a beautiful Carbondale day and, after introductions, we inspected our steeds. I attempted to impress our wrangler, Kerry, by inquiring as to where it was on the horse that they extracted the milk. He twisted his handlebar moustache, spit a bit of tobacco juice and looked me in the eye for several uncomfortable seconds, but said naught.

With an eight-person group raring to ride, Kerry set about finding us the proper mounts, asking how much riding experience we had over the years. When I requested one fitted with training wheels, he twisted, spat and muttered two words, "Dragon Fire."

With Kerry's help I managed to mount the massive charger, who seemed a bit tired, bored and perhaps a touch depressed, and settled in the saddle.

"Uh, where's the seatbelt?" I asked.

"Funny," he said, spitting. "A man invented seatbelts for horses. Then he died."

With neither seatbelt nor air bag, we set off on the ride. Horses, if you don't know, are large and very strong and can easily crush a puny human, but the first few hours of the ride were remarkably calm. Dragon Fire asked only that I sit motionless on her back and not touch her in exchange for not leaving me busted and broken on a wooded hillside.

I was good with that.

All was rainbows and unicorns until we passed a passel of golden rod, to which I am allergic, and I learned how one mighty, full-body sneeze that caused heels to strike horse flank can change everything.

Horses are fast. When they run, their human cargo bounces around in the saddle like a sack of potatoes on a flatbed truck and Dragon Fire could run. We quickly passed horses one, two and three with me hanging on to the saddle horn and screaming like Malibu Barbie at a trailer park Tupperware party.

We flew by horses four and five, pulling alongside the rider on horse six who immediately set about giving me a weather report, shouting "the rains, the rains" at the top of her voice when any damn fool could see there wasn't a cloud in the sky.

Horse seven disappeared followed by eight and we were gaining quickly on Kerry who heard the commotion behind, turned in the saddle and shouted at me to "yank the damn strings, boy!"

I did.

Dragon Fire slowed to a walk.

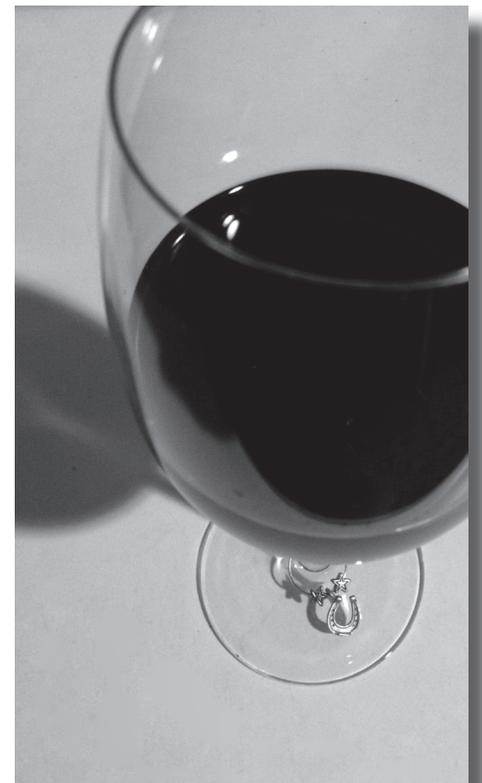
We made it back to the ranch without further incident and Kerry politely said goodbye to everyone, inviting us back any old time. Everyone except for me.

"You be sure and come back on a Sunday or a Monday," he said as he shook my hand. "Those are my days off."

Which is why Andy found me sitting in my living room watching horse videos on the computer, listening to music and sipping fine Monticello area wine: When it comes to horses, knowledge is a good thing.

And being far away from the barn is the safest place to be.

bmckenzie@dailyprogress.com



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From his classical dressage background to a top International competitive career, George Williams has something to offer everyone with an interest in dressage.

George started riding dressage seriously in 1973. He traveled to Germany as a 17 year old to study and earned his German Bronze Rider Medal. He returned to the US, won 2 national AHSA and USDF Championships in 1981, and then followed his mentor Karl Mikolka to ride the famed Lippizan Stallions of Tempel Farms in Illinois for 20 years. He left Tempel Farms to follow a career path that led him to competing in dressage on the International level. In 2003, George and Rocher, owned by Chuck and Joann Smith, placed 5th in the World Cup in Sweden, won the USDF Grand Prix and Grand Prix Freestyle Horse of the Year and they were named Dressage Horse of the Year by the Chronicle of the Horse. He has continued to be a strong competitor Nationally and Internationally on many horses. George is also now President of the United States Dressage Federation, a member of the USEF Board of Directors and Dressage Committee, along with a contributing author to several books and publications.

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From Parker: South on Colo. Hwy 83 to Bayou Gulch Rd. Make a left onto Bayou Gulch (the turn for the Colorado Horse Park) and take it until it dead ends at Flintwood Rd. Make a left onto Flintwood, then a right onto Daley Circle Travel .7 miles and make a right into Stellar Stables. From Franktown: Travel north on Colo. Hwy 83 to Bayou Gulch. Left onto Bayou Gulch east until it dead ends at Flintwood Rd. Left onto Flintwood, right onto Daley Circle .7 miles and right into Stellar Stables.

Saturday, January 12, 2013

9:00 am – 4:00 pm

RMDS Members \$60^ Nonmembers \$75^ At the door (all) \$80

(^includes box lunch if paid at least one week in advance)

Please fill out the form below and return with a check made payable to RMDS to:

Michelle Anderson | 302 Lionel Lane, Elizabeth, CO 80107



RMDS & USDF JUDGES CONTINUING EDUCATION ENTRY FORM

Name: _____

E-Mail: _____ Phone: _____

Address: _____

City, State, Zip: _____

Shows and Events

All shows are RMDS recognized except schooling shows.

DECEMBER 2012

- 5-8 **2012 Adequan/USDF Annual Convention New Orleans, LA**
Contact: USDF.org/convention

JANUARY 2013

- 12 **Judges Continuing Education with Gary Rockwell**
Stellar Farm, Parker, CO – OPEN TO ALL
Contact: Education Chairman, 720-890-7825
education@rmds.org

FEBRUARY 2013

- 9 **RMDS Show Manager & TD Clinic**
Comfort Suites, Castle Rock, CO – OPEN TO ALL
Contact: Education Chairman, 720-890-7825 education@rmds.org
- 23-24 **George Williams Symposium**
Tomora Training Center, Greeley, CO – OPEN TO ALL
Contact: RMDS Central Office, 720-890-7825, rmds@rmds.org

MARCH 2013

- 9-11 **Rocky Mountain Horse Expo – Denver, CO**
- 16-17 **GVDS Spring into Fun Schooling Show**
Mesa County Fairgrounds, Grand Junction, CO
Contact: Inka Spatafora 970-260-2660
classicaldressage@earthlink.net

APRIL 2013

- 19-21 **Dressage for the Cure at the Peak**
Colorado Springs, CO – USEF
Contact: Heather Petersen, 719-683-8435, slush@drwgw.net
- 20-21 **USDF Region 5 Adult Clinic – Arizona**
Contact: USDF usdf@usdf.org
- 27 **RMDS Show I at Sun Prairie – Peyton, CO**
Contact: Simone Ahern 719-749-9274
- 27 **BVD Ride-A-Test, Singletree Farm, Boulder, CO**
Contact: Beth Geier, 303-673-9840, bethgeier1@comcast.net
- 28 **Boulder Valley Spring Fling, Singletree Farm, Boulder, CO**
Contact: Beth Geier, 303-673-9840, bethgeier1@comcast.net

MAY 2013

- 4-5 **GVDS Spring into Fun Schooling Show**
Mesa County Fairgrounds-Grand Junction, CO
Contact: Inka Spatafora 970-260-2660
classicaldressage@earthlink.net
- 11-12 **Rocky Mountain I & II, Somerset Farms, Longmont, CO – USEF**
Contact: Heather Petersen, 719-683-8435, slush@drwgw.net
- 19 **Autumn Hill Spring into Summer Show**
AHIEC, Longmont, CO
Contact: Julie Barringer-Richers, jabr57@gmail.com
- 25 **RMDS Show II at Sun Prairie – Peyton, CO**
Contact: Simone Ahern 719-749-9274
- 31-Jun 2 **High Prairie Dressage I, II, III**
Colorado Horse Park, Parker, CO – USEF
Contact: Glenda McElroy 818-841-3554 glenda@glenroys.com

JUNE 2013

- 1-2 **GVDS Spring into Fun Schooling Show**
Mesa County Fairgrounds – Grand Junction, CO
Contact: Inka Spatafora 970-260-2660
classicaldressage@earthlink.net
- 8-9 **CDEC Open Dressage Show – Laramie, WY – USEF**
Contact: Bill/Sue Gentle 307-634-1743 sbgentle@hotmail.com

- 15-16 **Rocky Mountain Summer I & II**
Somerset Farms, Longmont, CO – USEF
Contact: Heather Petersen, 719-683-8435, slush@drwgw.net
- 19-22 **Junior Camp, Tomora Training Center, Greeley, CO**
Contact: Julie Haugen, 970-217-7820, youngriders@rmds.org
- 23 **Centaur Rising Dressage Show I**
Anchorage Farms, Pine, CO
Contact: Kris Cooper 303-838-5086 kris@anchorage farm.com
- 29-30 **Autumn Hill Festival I & II, Longmont, CO – USEF**
Contact: Heather Petersen, 719-683-8435, slush@drwgw.net

JULY 2013

- 6-7 **Rocky Mountain III & IV – Somerset Farms**
Longmont, CO – USEF
Contact: Heather Petersen 719-683-8435 slush@drwgw.net
- 6-7 **Millbrook Farms Summer Dressage Festival**
Fairfield, UT – USEF
Contact: Jan Lawrence 801-631-2516 millbrk@xmission.com
- 12-13 **Dressage at the Peak Summer Warm-Up & II**
Fountain Valley School, Colorado Springs, CO – USEF
Contact: Heather Petersen 719-683-8435 slush@drwgw.net
- 14 **Centaur Rising Dressage Show II**
Anchorage Farms, Pine, CO
Contact: Kris Cooper 303-838-5086 kris@anchorage farm.com
- 16-21 **NAJYRC**
- 27 **RMDS Show III at Sun Prairie – Peyton, CO**
Contact: Simone Ahern 719-749-9274
- 27-28 **Autumn Hill Festival III & IV – Longmont, CO – USEF**
Contact: Heather Petersen 719-683-8435 slush@drwgw.net

AUGUST 2013

- 2-4 **Dressage in the Rockies I, II, III**
Colorado Horse Park, Parker, CO USEF
Contact: Glenda McElroy 818-841-3554 glenda@glenroys.com
- 10-11 **Millbrook Farms Summer Dressage Show**
Fairfield, UT – USEF
Contact: Jan Lawrence 801-631-2516 millbrk@xmission.com
- 11 **Centaur Rising Dressage Show III**
Anchorage Farms, Pine, CO
Contact: Kris Cooper 303-838-5086 kris@anchorage farm.com
- 16-18 **Paragon I, II, III & CDI*****
Stanley Park Fairgrounds, Estes Park, CO – USEF
Contact: Heather Petersen 719-683-8435 slush@drwgw.net
- 24 **Foothills Chapter Ride-A-Test**
Roberts Ranch, Littleton, CO
Contact: Lori Mitchell 303-816-2375 bandwdressage@gmail.com
- 24 **Pendragon Stud Dressage Show – Larkspur, CO**
Contact: Leslie Terry 303-688-4147
- 25 **Boulder Valley So Long to Summer Show**
Sextant Farm – Longmont, CO
Contact: Beth Geier-303-673-9840 bethgeier1@comcast.net
- 31 **RMDS Show IV at Sun Prairie – Peyton, CO**
Contact: Simone Ahern 719-749-9274
- 31-Sept 1 **GVDS Fall Show**
Mesa County Fairgrounds, Grand Junction, CO – USEF
Contact: Inka Spatafora classicaldressage@earthlink.net

For updates to the calendar, go to www.rmds.org

**THESE EVENTS ARE DEPENDENT UPON VOLUNTEERS.
IF YOU CAN HELP, PLEASE Contact: THE EVENT ORGANIZER!**

RMDS-SPONSORED EDUCATIONAL EVENTS

All events are open to everyone to audit or participate unless otherwise stated. A great opportunity to continue your learning!

2013

Jan 12	Judges' Continuing Education with Gary Rockwell, Stellar Stables, Parker, CO – OPEN TO ALL
Feb 9	Show Management & TD Training, Comfort Suites, Castle Rock, CO – OPEN TO ALL
Feb 22	Trainers' discussion with George Williams – TBA
Feb 23-24	Symposium with George Williams, Tomora Training Center, Greeley, CO
June 19-22	Junior Camp, Tomora Training Center, Greeley, CO
Sept 18	Breed Show
Sept 19-22	RMDS Championships & USDF/Great American Region 5 Championships – Colorado Horse Park, Parker, CO

For details on these and other RMDS events:

Contact Michelle Anderson, the RMDS Education Chairman, at 303-646-1375, michand@hotmail.com. Also, read the Centaur, go to www.rmds.org, or contact the RMDS Central Office at 720-890-7825, rmds@rmds.org.

Western Dressage Association®

For Immediate Release, Western Dressage Association of America

The Western Dressage Association® of America (WDAA) has experienced substantial growth and achieved many milestones in its short existence.

The WDAA achieved a 501(c)3 tax-exempt status from the Internal Revenue Service as a recognized educational organization. It is an affiliate of the United States Equestrian Federation. It has established Alliance relationships with a number of breed organizations including AMHA, IFSHA, ASHA, the Andalusian and Lusitano Show Alliance, and the Pintos. The WDAA has State Affiliates, both licensed and in the application process, in more than 20 states and an International Alliance with the Western Style Dressage Association of Canada. Other international Alliances are also in process in Europe, Australia, and South America.

In 2011, both the Friesian and the Morgan World Championships offered Western Dressage. In 2012, the Pinto and Color Breed World Championships have done the same with an equally overwhelming response. The year 2013 will see the addition of tests for higher levels of Western Dressage which tie closely to the new Rules which include the expectations and guidelines for judging horse and rider in more advanced levels.

The new WDAA Rules which take effect for the 2013 competition year were crafted by western equine professionals with an in-depth background in dressage, to provide a platform for exhibitors and shows ranging from local schooling shows which offer Western Dressage to World Championship Shows for USEF and non USEF breeds.

The WDAA, and its local Affiliate, Western Dressage Association® of Colorado, completed a two-day seminar in October 2012, of Train the Trainer™, guiding 31 equine professionals from across the nation through classroom and arena demonstrations of and discussions about the sequential curriculum of Western Dressage training.

The majority of these successes and achievements have been realized through the generous contribution of time, funding, and talent of its members, affiliates, and volunteers. Their devotion to the organization brings a passion and enthusiasm to the discipline of Western Dressage. The WDAA has been guided throughout by the leadership, strategy, and policies of its Board of Directors and Advisory Board, both of which are volunteer positions and provide their services without funding. Each are comprised of distinguished professionals from all facets of the equine industry.

Two such professionals are Eitan Beth-Halachmy and Jack Brainard. Each has contributed to the mission, vision and direction of Western Dressage. These horsemen have given their time, talent and advice to the WDAA to help in its growth. We are grateful for their commitment to the educational mission of the WDAA. Eitan and Jack stepped down at their request effective October 30, 2012 from the WDAA Advisory Board to focus on Eitan's personal brand and business: Cowboy Dressage. WDAA, as a not-for-profit, 501(c) 3 tax-exempt organization, has a much different mission and place in the equine community. The WDAA continues to serve its members and to work to fulfill its educational mission.

The equine world, in this country and internationally, is diverse. It encompasses individuals and professionals as well as disciplines, businesses, breed organizations, and educational organizations that all are part of a grand mosaic.



RMDS 2012 YEAR END AWARDS

RMDS SENIOR AWARDS

OVER 60 YEARS OLD AND STILL SHOWING

Susan Alvey	Judy Bash	Lynda Beierwaltes
Nancy Brenckman	Christine Bruns	Frances Carbonnel
Judith Carnick	Deborah Carter	Deb Crooks
Janice Dansky	Sandra Eckles	Linda Gaber
Deborah King	Marsha Novicki	Diane Patrick
Susan Reed	Sally Robertson	Jolie Rossing
Jane Swanhorst-Ringolsby	Patti Taylor	William Terry
Lynn Vransy	Jan Wasson	Connie Williams

OVER 70 YEARS OLD AND STILL SHOWING

Robert Kinne

SPECIAL AWARDS

2010 Russ Fawcett Memorial Award donated by Janet Foy – 2012 Sharon Schneidman

Older and Better Trophy donated by Cariellen DeMuth. Awarded to the rider over 45 years of age with the highest median.

70.879% Andreo owned and ridden by Sandra Eckles

Junior Rider High Median (under 18 years of age) Sea Otter Memorial Trophy donated by the Tautz Family.

70.100% Rivendell owned and ridden by Jackson Gillespie

High Overall Median Trophy awarded to the horse/rider combination with the highest median score excluding freestyles.

72.568% Karat CF owned by Dianne Stanley ridden by Petra Warlimont

Single High Score Trophy awarded to the horse/rider combination with the highest single score excluding freestyle scores.

81.429% Cady O'Daly Gabriel owned and ridden by Emma Ciafone

The Captain Michael D. Jablonovsky Trophy donated by Amy Jablonovsky.

Awarded to the horse/rider combination with the highest median score for Third Level and above.

74.211% Harmony's Wicked Spring owned by Harmony Sporthorse ridden by Loma Fowler

You've Come a Long Way Baby donated by Cariellen DeMuth. Awarded to the horse/rider combination with the largest point spread between their highest and lowest scores.

Spread of - 23.924% Bambino owned and ridden by Dallas McCullough
High – 72.200% Low – 48.276%

High Scoring Mare 3rd Level and above donated by Crooked Willow Farm

68.487% Maude RF owned by Julie Hesse ridden by Grant Schneidman

Youth Award: 12 & Under High Median donated by Duke's Morgan Farm. Awarded to the horse/rider combination with the highest median at any level.

70.082% Cady O'Daly Gabriel owned and ridden by Emma Ciafone

High Median Pony-JR/YR – P.S. American Girl Award, donated by Leslie Terry – Pendragon Farm

64.792% Simply Sterling owned by Michaela Schenk ridden by Hailey Davis

DeMuth Memorial Trophy donated by Janet Foy. Awarded to the high median for riders 65 years & older.
68.885% Lillibet owned and ridden Judith Carnick

The Lisa Robbins Memorial Adult Amateur Trophy. Awarded to the AA horse/rider combination with the highest median at any level. Donated by the Lisa Robbins Memorial Fund
70.879% Andreo owned and ridden by Sandra Eckles

BREED AWARDS

Appaloosa – donated by Stabile di Cavallo-Elaine Haberman
Not Awarded

The Purebred ArabianOPEC Warmblood Trophy – donated by Carriellen DeMuth
64.569% Jazzzz owned by Judith Weber ridden by Hannah Reed

Dutch WB – donated by Shannon Lemons in memory of Sooty
71.333% Vesper owned and ridden by Nicole Roach-Reinsvold

Friesian – In honor of Jitze B – donated by The Culver Family
69.032% Ysbrand H. owned by Audrey James ridden by Petra Warlimont

Grade – donated by Joder Arabian Ranch
69.000% General owned by Karen Randall and ridden by Simone Ahern

Hanoverian – donated by Deborah Carter/Silvertip Farm
71.558% Dostojewsky SF owned by Somerset Farms ridden by Petra Warlimont

Holsteiner – donated by Singletree Farms-Jan Treadwell
65.674% Lawman owned by Mary Lou Stewardson ridden by Sabrina Wood

Iberian – donated by El Canto Luisitanos
72.568% Karat CF owned by Dianne Stanley ridden by Petra Warlimont

Morgan – donated by Morgan Sport Horse Association
68.007% Canabar Jolly Rodger owned by Ann Bialkowsky ridden by Julie Haugen

Oldenburg – donated by the Heinrichs Family
70.264% Power Play owned and ridden by Devon Wycoff

Paint/Pinto – donated by Jeri Yarbrough in honor of “Bear”
64.569% SP Hollywood Eclipse owned by Devon Wycoff and ridden by Leila Brache

Quarter Horse – donated by Barbara Goldman in memory of Revelation
66.203% Navy Blue Details owned and ridden by Kristin Fortunski

Saddlebred – donated by Shirley Hoffman
57.187% Sims’ Vanilla Jazz owned and ridden by Katie Grimland

Swedish WB – donated by the Swedish Connection, Janet Brown Foy
63.800% Passhawn owned and ridden by Mary Kraft

Thoroughbred – Cowboy Cadillac Memorial Trophy donated by Shannon Badillo
69.400% Midnight Oil owned by Karen Paul ridden by Brooke Bolen

Trakehner – donated by the friends of Pandur
70.000% Amalia owned by Patricia Leech ridden by Simone Ahern

Westfalen – donated by Eugenie & Kara Holbrook
69.429% Furst Love

owned by Kara Alexis Holbrook ridden by Greta Vowell

SPORT HORSE OF THE YEAR – IN HAND

Current Year Foals – donated by Sarah & Clayton Martin
Not awarded

Yearling & Two-year old Horse of the Year: One & Two years old – donated by Laura Speer

Champ:	73.750%	Worthy Aspirations	owned by Heather Petersen
Res:	72.000%	Dragonfly WT	owned by Alexia Nestora
Third:	70.700%	New Song's Courageous Son	owned by Alyce Wich
Fourth:	70.450%	Saga Splendor Ges	owned by Sharon & Peter Soos
Fifth:	70.375%	Benvolia Ges	owned by Sharon & Peter Soos
Sixth:	68.850%	Presley's Splish Splash	owned by Donna Baxter

Three Year-Old Horse of the Year: Three years of age – donated by the Petersen Family

Champ:	77.825%	Sequel HF	owned by Rimma Paul
Res:	68.250%	New Song's Let Freedom Ring	owned by Karen Laden

Stallions Horse of the Year: Four years & older – donated by Somewhere Farm in memory of the thoroughbred stallion, Bailey

Champ:	67.600%	Valedor de Valmoor	owned by Elaine Haberman
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Mares Horse of the Year: Four years & older – donated by Stabile di Cavallo/Elaine Haberman

Champ:	76.800%	Aretha CWF	owned by Alexia Nestora
Res:	73.238%	Springfield	owned by Katherine Simard
Third:	70.300%	Inch Pincher	owned by Barbara Thomas
Fourth:	69.213%	Perfect Love GWA	owned by Elaine Tolari
Fifth:	68.150%	Diamond Mirage	owned by Donna Baxter

Horse of the Year, Materiale – donated by Patricia Leech

Champ:	75.500%	Dona Luna	owned by Jolie Rossing ridden by Chanett Chemnitz
Res:	75.000%	Diva MCF	owned by Susan Alvey ridden by Chanett Chemnitz
Third:	69.200%	In The Moment	owned and ridden by Erin Ashby

HORSE OF THE YEAR – FREESTYLES

First Level Adult Amateur – donated by the Stires Family in memory of Melanie Stires

Champ:	74.917%	Tecolote	owned and ridden by Jane Ann Lake
Res:	69.750%	Steel Magnolia	owned and ridden by Ashley Eberhardt
Third:	63.000%	Bouke	owned and ridden by Mary Chamberland

First Level – donated by Edith T. Ray

Champ:	74.917%	Tecolote	owned and ridden by Jane Ann Lake
Res:	71.361%	Waipua	owned and ridden by Jane Renner
Third:	69.750%	Steel Magnolia	owned and ridden by Ashley Eberhardt
Fourth:	63.000%	Bouke	owned and ridden by Mary Chamberland

Second Level – Donated by Bridget Milnes in honor of Wulsdorf and First Edition

Champ:	69.333%	Vitet	owned by Julie Barringer-Richers ridden by Kate Sotiroff
Res:	67.694%	Tecolote	owned and ridden by Jane Ann Lake
Third:	67.167%	King Justice	owned and ridden by Lexy Donaldson

Third Level, Barbara Gardner Award – donated by Carolyn Schoenfield

Champ:	60.906%	Donner	owned and ridden by Caitlin McMillon
Res:	58.722%	BDF Obelsisk	owned and ridden by Beth Beymer

Fourth Level – Donated by Andrea Doelling in honor of First Chance and First Impression

Champ:	64.542%	Jip van Stal Geurts	owned and ridden by Susan Traylor
Res:	63.000%	Winzherheart	owned and ridden by Lisa Brandman

Prix St Georges

Champ:	69.500%	Power Play	owned and ridden by Devon Wycoff
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Intermediare I – Joint Venture Trophy donated by Dolly Hannon and Whit Watkins

Champ:	68.750%	Boucheron	owned and ridden by Ann Edelman
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Grand Prix – In honor of Decoroso SMDR, donated by Skelton Mountain Dream Ranch and Renee Martig

Champ:	70.125%	Safarie	owned and ridden by Gwen Ka'awaloa
Res:	68.542%	Rock On	owned by Mary Allyn ridden by Shannon Dahmer
Third:	65.771%	Fino	owned and ridden by Frances Carbonnel

HORSE OF THE YEAR – PONY AWARD

Training Level – donated by Julie Barringer-Richers/Wild Rose Farms

Champ:	64.792%	Simply Sterling	owned by Michaela Schenk ridden by Hailey Davis
Res:	61.000%	Lilliput	owned by Alicia Goode-Allen ridden by Olivia Williams

First Level – donated by the Barringer-Richers Family

Champ:	66.411%	Miss Tokhe	owned and ridden by Sophie Mueller
Res:	64.865%	Jazzzz	owned by Judith Weber ridden by Hannah Reed
Third:	64.171%	SP Hollywood Eclipse	owned by Devon Wycoff ridden by Leila Brache
Fourth:	63.710%	CF Godiva Chocolate	owned and ridden by Savannah Rose Franklund
Fifth:	59.113%	Lilliput	owned by Alicia Goode-Allen ridden by Olivia Williams

HORSE OF THE YEAR – YOUTH AWARDS

12 & Under High Median – donated by Duke's Morgan Farm. Awarded to the horse/rider combinations with the highest median at training and first level.

Champ:	70.082%	Cady O'Daly Gabriel	owned and ridden by Emma Ciafone
Res:	64.655%	Ultimatum	owned by Nancy Davis ridden by Gaylen Ann Davis
Third:	61.000%	Lilliput	owned by Alicia Goode-Allen ridden by Olivia Williams
Fourth:	59.113%	Lilliput	owned by Alicia Goode-Allen ridden by Olivia Williams

HORSE OF THE YEAR – JUNIOR/YOUNG RIDERS

Training Level – In honor of Vivianna donated by the Stellar Pony Club Riding Center

Champ:	71.071%	Rivendell	owned and ridden by Jackson Gillespie
Res:	70.082%	Cady O'Daly Gabriel	owned and ridden by Emma Ciafone
Third:	69.400%	Midnight Oil	owned by Karen Paul ridden by Brooke Bolen
Fourth:	67.500%	Jubilee Banjo	owned by Frances Carbonnel ridden by Elise Martinez
Fifth:	67.000%	Bambino	owned and ridden by Dallas McCullough
Sixth:	65.700%	Amazingly Sheik	owned and ridden by Daniella Lucas

First Level – donated by Julie Barringer-Richers/Wild Rose Farm

Champ:	67.432%	Rivendell	owned and ridden by Jackson Gillespie
Res:	66.293%	Mykatas Questionnaire	owned by Victoria Fernalld ridden by Sarah Kirchner
Third:	66.290%	Graphite	owned by Lisa & Sophie Nasrullah ridden by Sophie Nasrullah
Fourth:	66.207%	Navy Blue Details	owned and ridden by Kristin Fortunski
Fifth:	66.168%	Avangeline RH	owned and ridden by Michaela Schenk
Sixth:	65.811%	Cailin's Clover	owned by Sheri Prucka ridden by Elizabeth Prucka

Second Level – donated by RMDS

Champ:	66.325%	King Justice	owned and ridden by Lexy Donaldson
Res:	64.295%	Orrwood Maddison Bay	owned by Victoria Fernalld ridden by Caroline Fernalld
Third:	63.690%	PS Sir Galahad	owned by Laura Backus ridden by Madeline Backus
Fourth:	60.857%	De Cerno	owned and ridden by Krystal Mettler
Fifth:	60.698%	CF Godiva Chocolate	owned and ridden by Savannah Rose Franklund
Sixth:	60.045%	Indy	owned and ridden by Carson Zweck-Bronner

Third Level – donated by Boulder Valley Chapter

Champ:	64.776%	Milo	owned and ridden by Inga Fuengerlings
Res:	63.784%	Fanfare	owned by Kylee Lourie ridden by Heidi Kirchner
Third:	62.297%	Welkin	owned by Stephanie Busley ridden by Bethany Roof
Fourth:	61.925%	Nagano	owned by Kylee Lourie ridden by Megan McCracken
Fifth:	61.795%	Superstar	owned and ridden by Laine Collins
Sixth:	60.769%	Amper	owned by Julie Barringer-Richers ridden by Meryl Compton

Fourth Level – donated by Wild Rose Farm/Julie Barringer-Richers

Not awarded

FEI Level – donated by Wild Rose Farm/Julie Barringer-Richers

Champ:	69.704%	Power Play	owned and ridden by Devon Wycoff
Res:	68.487%	Amazing	owned by Kylee Lourie ridden by Victoria Fernalld
Third:	67.237%	Westfalica	owned and ridden by Talia Hershaft
Fourth:	64.013%	Phoenix	owned and ridden by Jordan Farr
Fifth:	63.245%	Mon Cher	owned by Greta Vowell ridden by Morgan Fleming
Sixth:	62.106%	Megabucks	owned by Gary Lawrence ridden by Evan Hills

HORSE OF THE YEAR – ADULT AMATEUR**Training Level** – donated by Laurie Harrison

Champ:	68.200%	Eisenprinz	owned and ridden by Amie Ingold
Res:	66.458%	Nathan of Cedar Lane	owned and ridden by Cindy Evers
Third:	65.893%	Stonehous Laurel	owned and ridden by Courtney Souki
Fourth:	65.800%	FWF Comanche Fire	owned and ridden by Sandy Pearce
Fifth:	64.464%	Roca	owned and ridden by Jennifer Sotiroff
Sixth:	64.400%	Strollin Spirit	owned and ridden by Valeska Davis

First Level – La Pouliniere Trophy donated by Suke & CiCi Lee

Champ:	70.879%	Andreo	owned and ridden by Sandra Eckles
Res:	70.730%	Ravenelli's Wizard	owned and ridden by Jana Ward
Third:	69.919%	Pablito	owned and ridden by Heather Brady
Fourth:	67.662%	Arnoud	owned and ridden by Sandra Eckles
Fifth:	67.568%	Steel Magnolia	owned and ridden by Ashley Eberhardt
Sixth:	65.000%	Stamp n' Pirate	owned and ridden by Margie McNew

Second Level – Major Anders Lindgren Trophy donated by the Hollister family

Champ:	69.785%	Royal Aries	owned and ridden by Danielle Culver
Res:	66.310%	Werner	owned by Rachel & Alicia McCarty ridden by Kristin McCarty
Third:	65.793%	Lionheart	owned and ridden by Joan Stang
Fourth:	65.329%	La Dolce Vita	owned and ridden by Ann Mahoney
Fifth:	64.309%	Pablito	owned and ridden by Heather Brady
Sixth:	62.857%	Destiny	owned and ridden by Isabel Sheets

Third Level – donated by Nonesuch Farm

Champ:	69.648%	Rolex Tyme	owned and ridden by Layne Sandercott
Res:	67.205%	Victory	owned and ridden by Natalie Ellis
Third:	65.128%	Lionheart	owned and ridden by Joan Stang
Fourth:	64.680%	White Sun	owned and ridden by Kim Lampert
Fifth:	64.051%	Werner	owned by Rachel & Alicia McCarty ridden by Kristin McCarty
Sixth:	62.393%	Avignon	owned and ridden by Deborah Carter

Fourth Level – Ricky Wasik Memorial donated by Haze Pash

Champ:	64.590%	Born Free	owned and ridden by Susan DeSylvia
Res:	61.000%	Beaumont	owned and ridden by Andrea Lewis

Prix St Georges – Waterloo Perpetual donated by Lori Oakley

Champ:	65.395%	Sucarlos	owned and ridden by Marissa Kimberlin
Res:	63.092%	Paladin	owned and ridden by Jennifer Kirch
Third:	63.026%	Con Bravo	owned and ridden by Kacy Vahey
Fourth:	62.632%	Winzerheart	owned and ridden by Lisa Brandman
Fifth:	60.592%	Selim	owned and ridden by Anne MacGuire

Intermediare I – donated by Meredith Mathers in memory of Hannah

Champ:	64.868%	Hotchkiss	owned and ridden by Susan Alvey
Res:	63.290%	Orion	owned and ridden by Malva Tarasewicz
Third:	63.158%	Tennyson	owned and ridden by Suzie Halle
Fourth:	61.414%	Boucheron	owned and ridden by Ann Edelman

Intermediare II

Not Awarded

Grand Prix

Champ:	58.457%	Belissima	owned and ridden by Sally Robertson
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HORSE OF THE YEAR – OVERALL**Training Level** – donated by RMDS

Champ:	72.100%	Vesper	owned and ridden by Nicole Roach-Reinsvold
Res:	71.071%	Rivendell	owned and ridden by Jackson Gillespie
Third:	70.189%	Pamona	owned by Mary Chamberland ridden by Simone Ahern
Fourth:	70.082%	Cady O'Daly Gabriel	owned and ridden by Emma Ciafone
Fifth:	69.900%	Hound Dog	owned and ridden by Shannon Dahmer
Sixth:	69.400%	Midnight Oil	owned by Karen Paul ridden by Brooke Bolen

First Level – donated by High Plains Chapter

Champ:	72.838%	Karat CF	owned by Dianne Stanley ridden by Petra Warlimont
Res:	70.967%	Amalia	owned by Patricia Leech ridden by Simone Ahern
Third:	70.879%	Andreo	owned and ridden by Sandra Eckles
Fourth:	70.861%	Furst Love	owned by Kara Alexis Holbrook ridden by Greta Vowell

Fifth:	70.730%	Ravenelli's Wizard	owned and ridden by Jana Ward
Sixth:	70.645%	Vesper	owned and ridden by Nicole Roach-Reinsvold

Second Level – Erwin Perpetual Trophy donated by Joan Meyers

Champ:	71.015%	Highschool SF	owned by Susan Alvey ridden by Petra Warlimont
Res:	69.785%	Royal Aries	owned and ridden by Danielle Culver
Third:	69.000%	General	owned by Karen Randall ridden by Simone Ahern
Fourth:	68.421%	French Roast	owned by Jana Ward ridden by Jessica Greer
Fifth:	66.325%	King Justice	owned and ridden by Lexy Donaldson
Sixth:	66.310%	Werner	owned by Rachel & Alicia McCarty ridden by Kristin McCarty

Third Level – donated by the Stanich Family

Champ:	69.648%	Rolex Tyme	owned and ridden by Layne Sandercott
Res:	69.203%	Wannadoo	owned by Beth Nicholson ridden by Karen Whitman
Third:	67.500%	Highschool SF	owned by Susan Alvey ridden by Petra Warlimont
Fourth:	67.205%	Victory	owned and ridden by Natalie Ellis
Fifth:	66.311%	Avanti	owned by Deborah Lee Slack & Nell Foxworth ridden by Nell Foxworth
Sixth:	65.128%	Lionheart	owned and ridden by Joan Stang

Fourth Level – donated by Sue Halaz & the Foothills Chapter

Champ:	72.594%	Dostojewsky SF	owned by Somerset Farms ridden by Petra Warlimont
Res:	69.125%	Rolex Tyme	owned by Layne Sandercott ridden by Maureen Sterling
Third:	68.625%	Napali	owned and ridden by Sandra Hotz
Fourth:	68.353%	Washington DC W	owned and ridden by Karen Whitman
Fifth:	67.669%	Wannadoo	owned by Beth Nicholson ridden by Karen Whitman
Sixth:	64.590%	Born Free	owned and ridden by Susan DeSylvia

Prix St. Georges – Pregelstrand Trophy donated by Wanda Verner/Mile High Horse Ranch

Champ:	71.053%	Matinee SF	owned by Somerset Farms ridden by Petra Warlimont
Res:	70.593%	Dostojewsky SF	owned by Somerset Farms ridden by Petra Warlimont
Third:	69.704%	Power Play	owned and ridden by Devon Wycoff
Fourth:	68.487%	Amazing	owned by Kylee Lourie ridden by Victoria Fernald
Fifth:	68.027%	Maude RF	owned by Julie Hesse ridden by Grant Schneidman
Sixth:	67.654%	Genuine Gem	owned and ridden by Julie Burt

Intermediare I

Champ:	70.132%	Maude RF	owned by Julie Hesse ridden by Grant Schneidman
Res:	67.588%	Regulus 24	owned and ridden by Allison Dechant-Nimmo
Third:	67.566%	Rufus	owned by Deborah Carter ridden by Allison Dechant-Nimmo
Fourth:	66.140%	Navarro	owned by Joy Lanzano ridden by Jessica Greer
Fifth:	66.096%	Peteta	owned and ridden by Stephanie Busley
Sixth:	64.868%	Hotchkiss	owned and ridden by Susan Alvey

Intermediare II – Graf Bobby Memorial Trophy donated by Philip & Jennifer Oldham

Champ:	69.474%	Rohmero	owned by Deborah Voigt ridden by Petra Warlimont
Res:	67.675%	Chrysler	owned by Virginia Carr ridden by Jenny Baldwin
Third:	66.842%	Eeltsje F.	owned by Paula Marsh ridden by Nicole Glusenkamp
Fourth:	61.382%	Olaf	owned by Sarah Bushong-Weeks ridden by KC Parkins-Kyle

Grand Prix – Two White Feet Trophy donated by Heather Petersen

Champ:	69.734%	Stefano 8	owned and ridden by Beatrice Marienau
Res:	67.766%	Red Adair	owned and ridden by Kristi Wysocki
Third:	66.596%	Fabioso	owned by Virginia Carr ridden by Jenny Baldwin
Fourth:	65.638%	Rock On	owned by Mary Allyn ridden by Shannon Dahmer

Fifth:	65.426%	Sir Sherlock JSS	owned and ridden by Susan Schneider
Sixth:	63.889%	Chrysler	owned by Virginia Carr ridden by Jenny Baldwin

FUTURITY TROPHY

The futurity class at the RMDS Championships consists of the average of the scores from Training Level Test 4 and First Level Test 1 donated by Foothills Chapter and Friends of Sherry DeLeon and Triple Hema

Champ:	70.453%	Karat CF	owned by Dianne Stanley ridden by Petra Warlimont
Res:	69.617%	Marquis	owned and ridden by Anita Williams
Third:	69.497%	Pamona	owned by Mary Chamberland ridden by Simone Ahern
Fourth:	67.375%	Prairie Onyx	owned by Katie Gunderman ridden by Simone Ahern
Fifth:	67.295%	Big Idea	owned and ridden by Mimi Junick

Thank you to facilities & people that helped with the RMDS educational opportunities

Tomora Equestrian (Winter Wake-up Show, Adult Youth Team Competition, Junior Camp)
 Colorado Horse Park (Championships)
 Comfort Suites in Castle Rock (TD/Show management)
 Stellar Stables (Sarah Martin clinic)
 Sun Prairie Stables (Judges' clinic)

RMDS Volunteer of the Year – Jon Haugen

Chapter Volunteers of the Year

Arkansas Valley – Jamee Amundson
 Boulder Valley Dressage – Kim Lampert
 Northern Colorado – Bill Chunko
 Colorado Springs Dressage – Patricia Leech
 Pikes Peak – Not Awarded
 Foothills – CC Ross
 Platte River: – Elaine Haberman
 Grand Valley Dressage – Not Awarded
 Wasatch Valley – Not Awarded
 High Plains Dressage – Not Awarded
 Western Colorado – Not Awarded



The USDF convention takes place at the beginning of December in New Orleans and I'm looking forward to seeing our regional representatives and working through the business of the organization. Some of the big topics for this year will be the annual budget and the budget for the first USDF National Championships. The National Championships working group has put a lot of effort and research into the budget and planning and process I'm sure everyone's questions will be well answered. USDF is in the process of hiring the management team for the Championships and once that is put in place, things will roll very quickly. I will definitely update you on the convention and the different discussions in my January column.

Just another reminder that bids will be opening soon for hosting the 2014 Great American USDF Region 5 Championships. I'd love to hear from any interested parties as soon as possible so I can get you a list of the information we're going to need for those bids. All Regional Championships must now be held by October 20th since the winners of the Adult Amateur and Open di-



visions will feed into the new Nationals Championships that will be starting in 2013. I really hope that things will work out for the Arizona group to use the new West World facilities and that they will stay in our rotation! The region is definitely best served if we can keep the Regional Championships rotating since we are such a large and diverse (weather-wise) area.

I hope everyone has a great Holiday Season and I hope I saw quite a few of you at the USDF Convention and Symposium!

Till next month!

-Heather Petersen, Region 5 Director

Help Us Expand and Improve Your Newsletter

The RMDS Board invites you to submit articles in any of the following areas for publication in *The Centaur*. If you have other ideas, please let us know!

Nicole Bizarro puts the newsletters together for us. Submit your articles to Beth Geier, at rmds@rmds.org.

What's up in our membership: Information on achievements, acquisitions or noteworthy successes of members.

Information about RMDS, both promotional and educational: Answers to other questions about RMDS governance and function that may arise. Feel free to submit questions, for example....: What goes into running a dressage show? How does the Board pick clinicians?

Articles (and photos) recapping every RMDS-sponsored clinic, show and educational event: Please volunteer to be a "reporter"

or submit photos.

Health Chronicle: A personal narrative about your horse's own experience to illustrate an interesting medical issue. It might be expanded with information from professionals in the area.

Journeys: What have you learned in your dressage life? Where have you been, and where are you going? We hope you'll share your own thoughts on the challenges and efforts to surmount them that are inevitable in the "journey" with our horses.

Barn and Books: This column will be entirely dependent on you, the membership. Please send your great ideas—your favorite products, safety ideas, books you have read and a short critique. Get creative and share!

Focus on Volunteers: A way to highlight different jobs and to praise members who have gone above and beyond the call of duty—either

as an official RMDS volunteer, or in helping a horse friend in need. Please catch your friends doing something good, and let us all know about it.

Spotlight on Membership: Highlight one of our members each issue, to help us learn more about each other and to share our lives, both horsey and otherwise. Please feel free to send your own bio for publication.

Photos: Fun, funny, or awesome. Catch your fellow riders looking good or goofy and share with all of us!

Other ideas.....please share....

Submit articles and photos to Beth Geier, at rmds@rmds.org. Every effort will be made to publish articles, but they may be edited for length or clarity. 🐾 🐾 🐾

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CONTINUING EDUCATION – “TD” & SHOW MANAGEMENT

Saturday, February 9, 2013

OPEN TO EVERYONE! Learn the Inner Workings of a Show.

Technical Delegates: 8:30 am - 12:15 pm with Veronica Holt (USEF TD)

- Want to find out what happens behind the scenes of a show?
- Want to be a TD?
- Need to hone your skills?
- Need clarification of the rules and/or become aware of the new ones?

Show Managers/Secretaries: 1:00 pm with Heather Petersen

- What are the responsibilities of the secretary vs. show manager
- Scheduling, general logistics, necessary forms and information
- Handbook available for \$30

RMDS is strongly encouraging all show management to attend. There are more upcoming changes in the rules!

This workshop is for you!

Comfort Suites – Castle Rock
4755 Castleton Way, 303-814-9999

COST

One session only \$35 Non RMDS members \$45
Both sessions \$50 Non RMDS members \$60
At the door - \$65 for everyone.

Reservations are necessary to determine the number of handouts.

Please fill out the form below and return with a check made payable to RMDS to:
Michelle Anderson | 302 Lionel Lane, Elizabeth, CO 80107



CONTINUING EDUCATION - “TD” & SHOW MANAGEMENT ENTRY FORM

Name: _____

E-Mail: _____ Phone: _____

Address: _____

City, State, Zip: _____



RMDS MEMBERSHIP FORM

RMDS is a USDF Group Member Organization. All members are automatically USDF Group Members.

Individual Membership - \$60.00 (**\$65 after January 1-late fee**) Additional family members (same address) - \$45

Business Memberships - \$100.00 Centaur newsletter only - \$35.00 Life Membership - \$750.00

Life Business Membership \$1,000.00 - Transfer Life Business to new owner \$100.00

All business memberships include one individual membership.

Please include all information for person designated as individual member. If an adult amateur, include current copy of USEF AA card. All individual members will receive Centaur newsletter & the Omnibus.

Membership & horse registration acknowledged via postcard or email. Mail completed form with check made payable to RMDS.

Indicate Local Chapter (only one):

- | | | |
|---|--|--|
| <input type="checkbox"/> Arkansas Valley | <input type="checkbox"/> Foothills (Golden, Evergreen) | <input type="checkbox"/> Pikes Peak (Colo. Spgs. area) |
| <input type="checkbox"/> Boulder Valley | <input type="checkbox"/> Grand Valley (Grand Junction) | <input type="checkbox"/> Platte River (Greeley, E. Colorado) |
| <input type="checkbox"/> Colorado Springs | <input type="checkbox"/> High Plains (Parker, Littleton, Aurora) | <input type="checkbox"/> Wasatch Mountains (Utah) |
| | <input type="checkbox"/> N. Colorado (Ft. Collins, Loveland) | <input type="checkbox"/> Western Colorado (Aspen, Vail etc.) |

Name _____ Date of Birth _____

Address _____

City _____ State/ZIP _____

Phone (Home) _____ (Work) _____ (E-Mail) _____

USDF No. _____ Occupation _____

Names, DOBs, & USDF #s of additional family members _____

I pledge \$ _____ to go towards the RMDS Scholarship Fund. (Include amount with your membership check)

____ Please remove my name from lists sold by RMDS ____ Renewing member: Needs binder-**include additional \$8.00**

____ Referred by: _____: _____ Permanent Bridle Tag (a pair) **add \$50**

RMDS Horse Registration Form

Horses must be registered with RMDS to be eligible for year-end awards and for horse-of-the year award.

Eligibility starts on the date the envelope containing this form and check is postmarked.

Both rider AND horse AND owner must be current before scores count toward year end awards and qualifying for RMDS championships.

The name and all information on this registration must be the same as that used on horse show entry forms.

Check One: ____ Lifetime Horse Registration - \$40.00 ____ Changes (i.e., owner or horse's name) - \$15.00

Horse Name _____ Sex _____ Breed (if known) _____

Registration # (include copy of papers. List grade if no registry papers available.) _____

Owner Name(s) (one owner must be an RMDS member) _____

Address of Owner _____

Owner's Phone (H) _____ (E-Mail) _____

Name of Representative (If owner is a business) _____

"A loud rider makes a deaf horse."

From Dressage Trainer Dr. Klimke, concerning small mistakes; "Doesn't matter".



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NOTES:

RMDS Membership Cards – You may download your membership card by going to the RMDS website, www.rmds.org. Click on “Forms,” then “Membership Card.”



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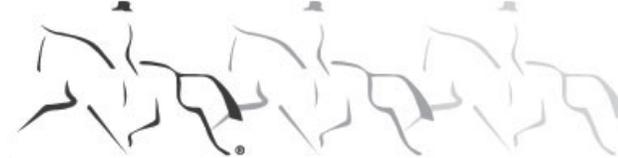
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ARTIST OF THE MONTH

Barb Young

For many years I bred warm-blood sport horses, including Maude RF, with good success at Rainbow Farm. When I couldn't find anyone to photograph my sales horses and stallions, I learned how to do it myself and loved capturing the beauty of horses. So I began a new career in equine photography: horse shows and events and recently Fine Art. For the past 12 years now I've been studying, working and competing, with some good success. I am always on the lookout for that special



photo session with you and your beloved horses together, whether in quiet friendship or dramatic action. Just let me know. My contact information is on my website: www.BarbYoungPhotography.com.

LOOK FOR my article coming in next month's Centaur: "Quick Tips on How to Take Better Pictures of Your Horses Yourself."