

e-Centaur December 2017

REMEMBER TO CLICK FOR LINKS!

JUDGES CE WITH MELISSA CRESWICK JAN. 27

MELISSA CRESWICK CLINIC **JAN. 28-29**

RMDS BANQUET & AWARDS JAN. 13, 2018

USDF INSTRUCTOR TRAINER WORKSHOP JAN. 27-28- AZ

TD/SHOW MANAGEMENT CE

FEB.10

Annual RMDS Awards Banquet! Don't miss our celebration of 2017 and Silent Auction!



PRESIDENT'S MESSAGE

It's December and the last month of 2017.

Hello winter and colder temperatures. Less time to ride. More time for Holiday planning. No matter what holiday you celebrate I hope you and your family have a joyous season. Plan ahead for the care and needs of your equine partners. Hay and water are even more important when the temperatures drop.

Now as a rider with goals for next season . . .

Well we ride when we can. As long as our horses have exercise, a few extra days off is okay. Time with family and friends over the Holidays is very important to our mental health. Enjoy the time you have this season as the New Year is almost here. RMDS is already planning our clinic and show schedules. Make time in your plans to participate as opportunities for education are plentiful.

watching everyone celebrate their own accomplishments and the success of friends as well. Dinner and celebration of a successful show season is so special for all members and the silent auction is so much fun. Hopefully you have already made your reservations. Happy Holidays

I am looking forward to our Awards Banquet on January 13th, 2018. I enjoy

Mele Kalikimaka from my family to yours

Aloha, Gwen Ka'awaloa



Now accepting Young Horses in training - establishing a solid foundation with a well-rounded education. Kelly Boyd, USDF Silver Medalist

720 480 8266 olearykelly@hotmail.com • classicalequestrian.com

Guess what? TDF's Young Rider International Dream Program is going to

the European Championships at Aachen this year! Are you eligible? 2018 applications must be received in the TDF office by Friday, March 30, 2018.

The program is open to USDF Young Riders, riding at Fourth Level or above, who are 16-21 years of age.

Also, 22-year-olds who competed at Fourth Level or above in 2017 may apply. The tentative dates for the trip have been set for July 16-23, 2018

From Arlene Rhodes, GVDS President

GVDS Fall Schooling Shows



point for the Sept schooling show with scores in both of her classes being 73.750%

Pic #2:Believe WS "Twiggy" ridden by Judi Devore was High Point Friday with a 71.875% in Intro AA. She also got a 72% in Materiale for 4-5 year old mares. She was Reserve High Point on Saturday with 73.750% in Intro AA and she got a 72.600% in Materiale. Pic #3: Side Saddle Quadrille Freestyle: Paige Burnham riding Chala Brittana

Leiah Burnham riding Zorro's Whispering Spirit Trisha Hansen riding Dedra Clara Hansen riding Chico

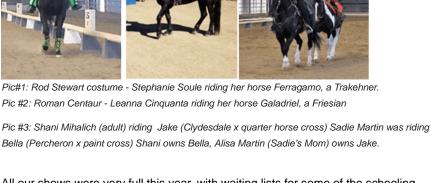
We ended our show season with a fun and full schooling show in October. We

a pair ride a Pas de Deux for a musical freestyle each day and they had a different costume each day. Another rider rode in four classes and had four different costumes - all in medieval European themes. An assisted ride had a young girl in a lady bug costume following a lead rider. Next year we may offer prizes to reward the amount of energy poured into these efforts.

decided to let members come in costume if they wanted, no prizes or competition. We were awed at how many riders went to very great lengths with their costumes. We had



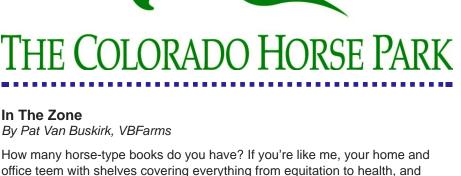
enjoyable!



All our shows were very full this year, with waiting lists for some of the schooling shows. We always have quite a variety for our judges - in September we had a quadrille musical freestyle western sidesaddle entry. All year we have had leadline

This year we were so fortunate to have Judi DeVore start monthly newsletters with lots of pictures and articles by members. She has done an extremely professional job and it has helped our club be a more supportive community as we learn about a member each month.

entries and Prix Caprilli entries. Our show manager Pat White, Volunteer Coordinator Anne Shofstall and show secretary Dee Closson made each show a success and



and read, I'm always going back to Sally Swift's Centered Riding 2, finding something I didn't remember from an earlier reading.

In The Zone

In my recent journey back to Sally's work, I found a reference to Ray Mulry's book, In The Zone, where she mentioned Ray's work on soft stomach breathing along with her instructions on ground-center-grow. Ray's book, published in 1995, is subtitled Making Winning Moments Your Way of Life. Of course, as a true book junkie, I had to have it! Although Mr. Mulry refers to Sally's work throughout his book, it is less about

especially dressage. However, it seems that no matter how many books I buy

relaxation, balance, flexibility and focus, both physically and mentally, giving practical exercises for developing these skills. He ends with, "When you are in that sweet spot and at the top of your game, when you are at your best, you are in the zone where mind and body function as one. Your mind is focused on what you are doing. Your full body movements

riding and more about being. He breaks down being "in the zone" into steps of

Sound familiar?

are spontaneous and effortless."

Ray Mulry's book is still available on Amazon, and a very good read. I highly recommend it.



Ponies" from our own Renee Martig, Past President of NCDA. Congratulations, Renee!

Look what's in the "Back in the Saddle" catalog - original artwork "Pocket