

ROCKY
MOUNTAIN
DRESSAGE
SOCIETY

 **CENTAUR**
NEWSLETTER

July 2004

Nine Chapters in Colorado & Wyoming

In This Issue

Local Riders Sweep USET	Cover
Thoughts from the President	3
RMDS Education Column	4
Jr/YR Camp Report	8
Overcoming Show Jitters	10
Chapter News	13
Events Calendar	14-15
RMDS Notes	16
Newsletter Notes	17
RMDS Membership Form	17
RMDS 2004 Championships	18
USDF Instructor Workshop	18
Turnout Time	19
Notes from the Stall	20
Balance	22
Region 5 Report	23
Classifieds	26

Changes are coming!

*New format,
new features..*

Watch your Centaur!

Local Riders Sweep USET Qualifier Classes at Colorado Horse Park

Parker, CO – Riders from five states competed at the Colorado Horse Park in the High Prairie I, II and III Dressage shows, which included the region's only USET Qualifier. "This is a beautiful facility. Competitors and horses enjoy showing here," said show manager Glenda McElroy. "We are thrilled to be able to bring this caliber of event to the area." The USET Qualifying classes are held only at select shows throughout the country. Top finishers are invited to compete at the USET Championships, held in California.

Grant Schneidman of Parker, CO and Nostrum won the USET *Grand Prix* Qualifier while Sue Halasz, head trainer at Crooked Willow Farms, took top honors in the remaining three qualifying classes.

In the USET *Prix St. Georges*, Halasz claimed the top three prizes in the class judged by FEI 'O' judge Axel Steiner, Marilyn Payne and Tracey Lert. Halasz was victorious with Lector, an 11-year-old gray Dutch gelding owned by Jan Jaspers. Inca, a 14-year-old Dutch gelding owned by Barbara McElnea, claimed second place.

Lauren Smith's Lamiro was third. Halasz and Lector's USET Qualifying score gave them the FEI Champion title. FEI Reserve Champion for the show went to another gray Dutch gelding, Lewis, ridden by Jill Cantor Lee.



Photo by Silvestri

Sue Halasz and Inca

Freestyle competition took place during Dressage at High Prairie II with the USET Intermediaire, \$500 FEI and \$250 USDF Freestyles highlighted in an afternoon performance. Halasz and Inca were once again the team to beat winning the USET Intermediaire Freestyle with a 71.125%. Karen Perkins on Patricia Thomas' gray Andalusian Stallion Generoso, and Patty Thurman with Wendy Gray-Bizzaro's Morgan, WTR Chocolate Bar were winners in the \$500 FEI and \$250 USDF Freestyles respectively.

Halasz and Inca proved to be formidable opponents by winning the USET *Intermediaire* Qualifier with a 66.917%, and in doing so claiming FEI Highpoint Champion honors for the third show. "He is one of those special horses," said Halasz. "He has an incredible work ethic. I am thrilled with his efforts this weekend."

DISCOUNT HORSE SUPPLY

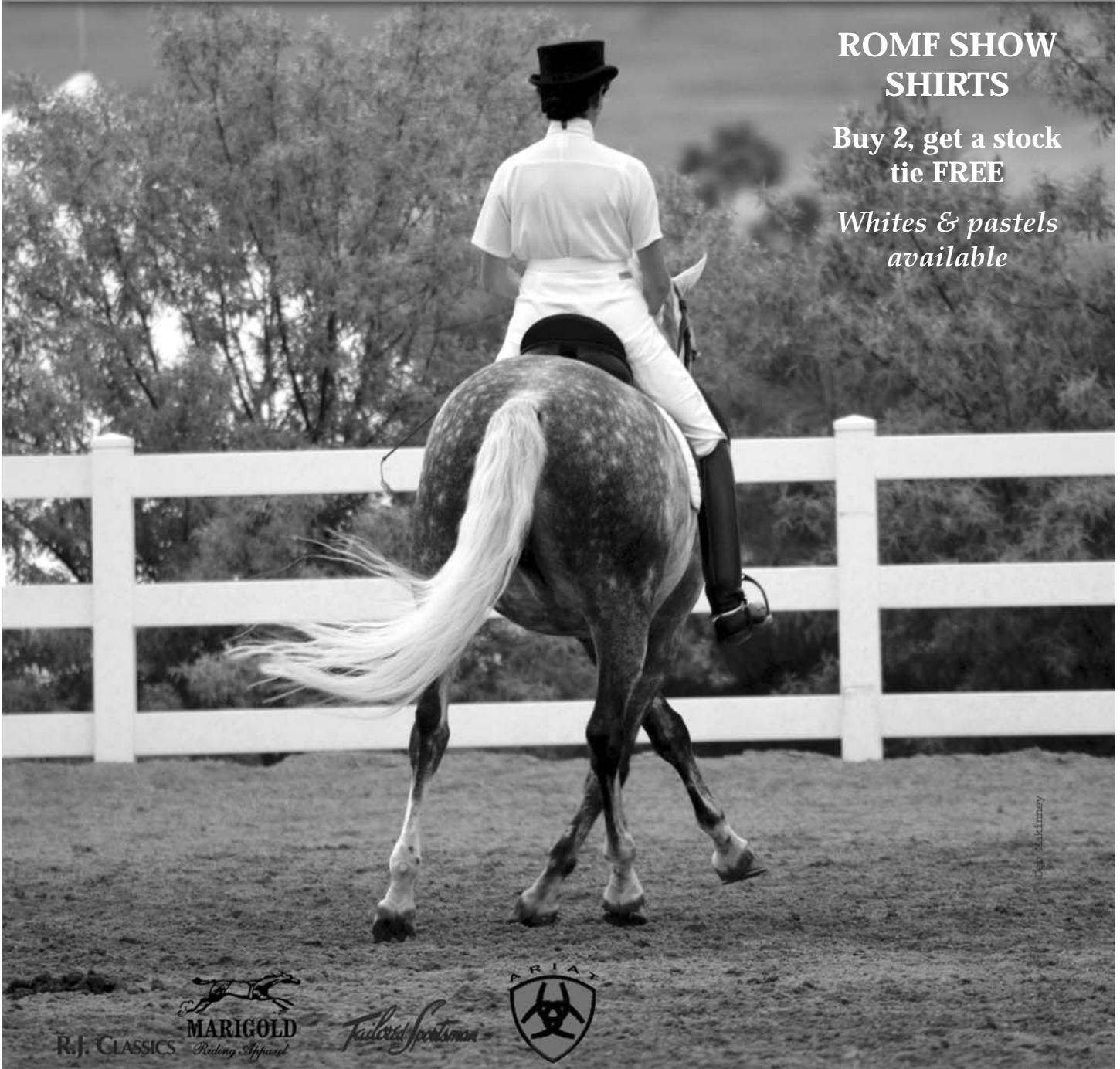
EVERYTHING FOR THE HORSE AND RIDER.

303.841.9128

**ROMF SHOW
SHIRTS**

**Buy 2, get a stock
tie FREE**

*Whites & pastels
available*



© 2004 Dakimney



**UP TO 50% OFF SUMMER CLOSE OUTS
GREAT SAVINGS ON ALL YOUR SHOWING NEEDS**

12543 N. State Highway 83 (2 blocks N. of Lincoln on Parker Road), Parker, CO 80134 • www.discounthorsupply.com
Open 7 days a week • M-F: 10-6 Sat: 10-5 Sun: 10-4 • Visa, Master Card, Novus, American Express • We ship UPS!

ROCKY MOUNTAIN DRESSAGE SOCIETY

Officers & Directors

President	Heather Petersen 719-573-0398 <i>slush@drwg.net</i>
Past President	Ruan Seville 719-520-0414 <i>rmdsruan@hotmail.com</i>
Vice President	Susan Slack 970-229-0087 <i>Susann10@juno.com</i>
Secretary	Janet Alexander 719-531-5182 <i>Jalexander_msaclaims@att.net</i>
Treasurer	Tara Peltier 303-449-0282 <i>tarapeltier@yahoo.com</i>

Permanent Committees

Adult/Amateur	Leslie Easter 303-646-5654 <i>leslieeaster@hotmail.com</i>
Awards	Barb Goldman 303-666-4528 <i>boelandjarb@hotmail.com</i>
Results	Central Office 720-890-7825 <i>rmds@indra.com</i>
Championship Show	Linda Bena 719-630-0122 <i>horsinaround@isp.com</i>
Championship Breed Show	Pam Geier 303-673-9840 <i>pamgeier1@comcast.net</i>
Communications	Kevin Horst 303-682-2817 <i>kevinhorst@yahoo.com</i>
Centaur Production	Beverly Swanson 303-584-9904 <i>bswanson2003@qwest.net</i>
Omnibus Production	Burke Design - Nicole Bizzarro 303-473-0664 <i>nicoleb@burkedes.com</i>
Website	Lori Oakley 303-485-9785 <i>equesdesign@yahoo.com</i>
Education	Leslie Easter 303-646-5654 <i>leslieeaster@hotmail.com</i>
Jr/Young Riders	Deb Stromberg <i>rmds@indra.com</i>
YR Board Rep	Leigh Romano 303-444-9759 <i>Lromano@qwest.net</i>
Marketing and Fundraising	Stephanie Soule 303-621-2292 <i>briansoule@earthlink.net</i>

Membership, Scheduling/Insurance,
Regis Officials/Show Standards

Chapter Presidents

Boulder Valley	Barb Goldman 303-666-4528 <i>boelandjarb@hotmail.com</i>
Colorado Springs	Felicia Music 719-686-8507 <i>fmusicmaker@netscape.net</i>
Foothills	Carol Milan 303-279-1397 <i>milanbydesign@attbi.com</i>
Grand Valley (Grand Junction)	Kelly Schlage 970-242-5935 <i>Sue Benjamin: benacres@peoplepc.com</i>
High Plains	Terri Wallace 303-695-8566 <i>terri.wallace@worldnet.att.net</i>
Northern Colorado	Gail Burger 970-226-6815 <i>silblufox@aol.com</i>
Penrose	Sharon Ghilarducci 719-462-5760 <i>quailridgedrsg@hotmail.com</i>
Tri-State	Darlene Vaughan 307-332-7261 <i>popoagieranch@hotmail.com</i>
Western Colorado	Judith Family 970-923-8832 <i>jfamily@rof.net</i>
RMDS Central Office	Beth Geier 720-890-7825 2942 Park Lake Drive Boulder, Colorado 80301 • <i>rmds@indra.com</i> / <i>www.rmds.org</i> <i>For Membership, Marketing & Dues, please contact Central Office</i>

Centaur Newsletter

Address Corrections

Central Office 720-890-7825, *rmds@indra.com*
 Editor

Kevin Horst 303-682-2817, *kevinhorst@yahoo.com*
 Production

Beverly Swanson, 303-584-9904, *bswanson2003@qwest.net*
 USDF Region 5 Director

Theresa L. Hunt, *huntery@mindspring.com*
 USDF

859-971-2277
 USEF, Inc (formerly USA Equestrian)

859-258-2472
 RMDS is a USDF Group Member Organization and RMDS members are
 automatically USDF Group Members

THOUGHTS

*from the President**by Heather Petersen*

The USDF 'L' Graduate program is down to its final leg - we may soon have a whole new pool of 'L' graduate judges for RMDS shows, and more importantly, a larger base of education in the RMDS area. What a wonderful opportunity we've had by having this program in our area. The feedback was been great and the support has been phenomenal. I would especially like to thank Janet "Dolly" Hannon, Suzanne Zimmer, Glenda McElroy and the staff at High Prairie - they've all played a large behind-the-scenes role in keeping things running. We had a very successful schooling show at High Prairie on June 3rd for the 'L' candidates to judge and we really appreciate all those who showed and helped by running rings, scribing and scoring. Thankfully the weather held out!

As a continuation of the 'L' program line of basics through the levels and the criteria of the levels, we will be having a half-day symposium with Marilyn Heath the Thursday of Championships, September 23, 2004. There will be a small cost for attendance, but it should be a wonderful educational event. Since everyone couldn't audit the L program, we'll try and bring the 'L' program to the riders. Plan to bring your horses early on Thursday morning and join us for a fun afternoon that will be sure to enhance your dressage fundamentals.

On another note, I had a chance to travel to a show up north, the NCDA Dressage Classic in Cheyenne, Wyoming. What a wonderful group of people and a very well run show. If you've never had a chance to travel outside your "circle", please consider doing so this year or next year to support other shows in our RMDS network. It's fun to occasionally stay in a hotel, mingle with people you never see except at championships, try new restaurants and battle the winds on the interstate. What's even more interesting is to see how other people do it - run shows, warm-up their horses, setup their tacks stalls, all the fun things that go into showing. If you're currently not competing, call the show manager and see if you can help out.

Don't forget to earn back some of your championship entry fees by working a half-day or more for CASH! Check out future Centaurs for more information!

Til' we meet again...

Heather

Changes are coming - watch your Centaur for details!



RMDS Education Column

by Leslie Easter

The RMDS Spring Symposium with Stephan Kieswetter was awesome! The discussion of the training scale, the demo riders and the clinic rides were all very educational and inspirational. Again, a big THANK YOU to all of the demo horses, riders and owners.

Currently, I'm working on the following clinics, and if there's another topic you'd like added to the list, contact me via e-mail at leslieeaster@hotmail.com.

- 1) Longeing, Long-Reining and In-Hand Work: Because the USDF Instructors Symposium is going to be addressing these topics, the RMDS Executive Board has suggested that we table this idea for a year or so.
- 2) A Symposium with Betsy Steiner has been investigated based on her new book "A Gymnastic Riding System using Mind, Body and Spirit." Due to the Instructors Symposium in October, I am looking for a date in the spring, perhaps the early May date that was used for the Training Scale clinic this year. The seminar might be the same type of format: Seminar then clinic - we'll see what can be worked out.
- 3) The Ground Manners seminar/clinic looks like a January/February/March event, so I'm starting to

look for a location and some instructors. We'll try to include some Natural Horsemanship techniques, TTeam techniques, etc. Please let me know if anyone has ideas for additional topics and clinicians.

- 4) I'm considering the idea of the suggested Show Prep Seminar being held during Championships, or possibly during Dressage at the Rockies or another show. Thoughts regarding this? If there is a show that would like to host this seminar, please let me know. Topics could include Tack Cleaning, Grooming, Braiding, Attending to the Tail, etc. Perhaps appropriate attire could be demonstrated in an evening session...**Feedback on how you all would like to see this happen is necessary!**

As summer is almost upon us, good luck in all of your showing and training! Pray for evening rains, to cool and soften the ground and bring green back into the grass!

Happy Riding!



ROCKY MOUNTAIN DRESSAGE CHAMPIONSHIP



Official Event Hotels- 8.2 Miles from Colorado Horse Park



Sept. 23-27, 2004



Comfort Suites - (303) 814-9999

- King or Queen Suites \$79.99
- All Suite Property
- Free Deluxe Continental Breakfast
- Pet Friendly (Fee Applies)
- Microwaves, Refrigerators, Coffee Makers, Irons, Hair Dryers - All Rooms
- Free High Speed Internet Access
- Guest Laundry· Indoor Pool and Spa

Days Inn and Suites - (303) 814-5825

- King or Queen/Queen Rooms \$74.99
- Suites Available
- Free Deluxe Continental Breakfast
- Pet Friendly (Fee Applies)
- Microwaves, Refrigerators (some rooms), Coffee Makers, Irons, Hair Dryers - All Rooms
- High Speed Internet Access (Fee Applies)
- Guest Laundry· Indoor Pool and Spa

Pheasant Ridge Ranch

**A Premier Equestrian Facility
In Boulder County
Under New Ownership & Management
(303) 665-1323**



Colleen Seltz &
Ed Sbarbaro
Owners/Managers



Cynthia Moore
Hunter/Jumper Trainer

Hunters & Jumpers
Dressage
100x200 Heated Indoor Arena
Outdoor Arena
Miles of Open Space
70 Acres of Turnout
Indoor and Outdoor Stalls
Minutes from Boulder
Grooming bays and hot water wash rack

Now Accepting New Boarders



Exclusively listed and sold by
Andria Allen
303-810-8375



LOCAL RIDERS SWEEP USET CONTINUED

from page 1

Last year's Young Rider champion Katie Westphal of Augusta, Kansas and her horse Epigram returned this year to compete in the open division. The pair won their *Intermediaire I* class on the second day of competition.

Overall high point winners included: Glenda Needles on Regalo Cavallo with a 73.333% in show I, Margo Gogan on Tristan with a 75.769% in show II, and Margo Gogan on Starlight with a 73.462% in show III. Tropical Rider and Markel Insurance sponsored these awards with a gift certificate towards a pair of breeches made with deerskin leather from Tropical Rider, and a fabulous bag for horseshow paperwork donated by Tami George of Markel Insurance.

For complete results visit www.cornerstonedressage.com. For a complete schedule of upcoming events, check out www.coloradohorsepark.com.

COLORADO HORSES AND RIDERS VICTORIOUS IN CALIFORNIA SHOWS

Larkspur, CO—Some of the country's top riders hail from California—Steffen Peters, Leslie Morse, and Guenter Seidel to name just three. If you want to put your riding and your horse to the test, head to the Golden State where there is a CDI*** nearly every weekend. Sue Halasz, head trainer at Crooked Willow Farms, has been making the journey west for several years. This April and May, she spent almost five weeks on the road with nine horses. Beginning with the Golden State Dressage Festival CDI*** April 8-11 and finishing with the Del Mar National Dressage and CDI*** April 29-May 2, Sue and her horses and students made the travel worthwhile with top scores and blue ribbons from First Level to *Prix St. Georges*.

Among the highlights of the trip were the *Prix St. Georges* (PSG) victories at the Del Mar National Dressage show with Lauren Smith's Lamiro. The PSG classes were very large; one had 42 entries. The Dutch Warmblood gelding won the open PSG on April 30 with a 67.500 beating Olympic Medalist Steffen Peters in the process. The gelding won the open PSG again two days later under FEI 'I' judge Natalie Lamping. "This is Lamiro's first year at *Prix St. Georges*, so this was really exciting," Sue said. The ribbons were a nice reward for Lamiro's owner who had a baby a month ago. "She's eager to climb back in the saddle so this only encouraged her," Sue explained.

Another big winner during his five weeks away from home was Deborah Carter's La Vie Nouveaux. The Dutch gelding earned a 68.605 at the Golden State Dressage Festival and also won classes at Dressage Affaire, April 16-18, and Del Mar National. La Vie was the RMDS Third Level Year End Champion in 2003. "To bring a horse

through the levels takes a big commitment from a horse's owners," Sue explained. "All of the owners and even other people from the barn came to watch. That kind of support is really remarkable."

Colorado was also well represented in the USET Qualifiers. In the USET *Intermediaire Freestyle at Dressage Affaire* Barbara McElnea's Inca was second with a 70.98%. Sue followed this up with a third in the same class on Jan Jaspers' Lector who earned a 67%. Heather Kennedy, trainer at Normandy Farms, riding Alex Curnutte's Dutch Warmblood Kuriant was second in the PSG USET Qualifier with a 65.3% and third in the *Intermediaire I* USET Qualifier, with a 65.4%

2004 has been Heather's first year of riding in the USET Qualifiers so she was especially pleased. "I was extremely excited with Kuriant. He always tries so hard," Heather said. "I couldn't believe it when we placed second. I was convinced that they had mis-scored the tests!" Heather credited Sue with providing the extra training that she needed to make the leap into the USET classes. "Sue really helped me a lot during these shows. It never would have turned out this well without her help," she said.

The pros were not the only ones taking home the ribbons at the big shows. Heather's student Julie Hesse earned High Score Fourth Level Adult Amateur at the Del Mar National. Riding Opel, Julie earned two blue ribbons at fourth level receiving a 67.674% in one class.

It's not often that horses successfully make the switch from one career to another, but that is exactly what Crooked Willow Farm's Grannius II has done. Last year he competed on the A-Circuit as a regular working hunter. This year he's earning top prizes in the dressage ring. The Holsteiner stallion by Graf Grannus was the Combined Second and Third Level Champion at Dressage Affaire and earned scores up to 68.837% at the Golden State Dressage Festival.

Another Crooked Willow stallion Calahan earned blue ribbons even though he is just four years old. The Holsteiner by Contender showed training and first level and was the Reserve Training/First Level Champion at Dressage Affaire. "He's a very special horse," Sue said.

Plum Creek Hollow's Walhall, a seven-year-old Hanoverian, earned blue ribbons at each of the shows at fourth level with scores up to 68%. "Consistently placing well is a big deal for a young horse," Sue explained.

Facing the country's best horses and riders may deter some from traveling, but Heather Kennedy found the experience very rewarding. "It was a bit intimidating," she said. "But when an Olympic rider wishes you good luck as you canter into the ring, it's a great feeling."



Unique Victorian

This charming Victorian house is situated on 10 lush acres, accessed by a quiet country road. Numerous outbuildings, large trees, pond, excellent irrigation and protected mountain views.

10870 49th
Offered at \$999,900
MLS# 383772



117 Acres

Unsurpassed views, lush irrigated farmland, year round running water and large trees. One of the best building sites in Boulder County. 5.4 acres with water tap and 102 acre outlot with excellent water rights. The location is 5 minutes from Lyons and Longmont and 25 minutes to Boulder.

8101 Table Mountain Ct.
Offered at \$2,450,000
MLS# 409463



Mattoon Highlands

Exquisite attention to detail is found throughout this charming custom built log home nestled amid 3.8 acres of aspen and pine near Jamestown. Every element in this 3 bedroom, 2 bath home offers a sense of rustic authenticity.

54 Lynx Drive Jamestown
Offered at \$499,000
MLS#407119



Attention Equestrians

Lovely working ranch on 35 irrigated acres with paddocks, loading sheds, two barns and fenced arena. Immaculate 5 bedroom, 5 bath home in quiet neighborhood with lake rights, productive irrigated pasture and an outdoor riding arena with solid footing. The entire lot is fenced and cross-fenced for dogs and horses.

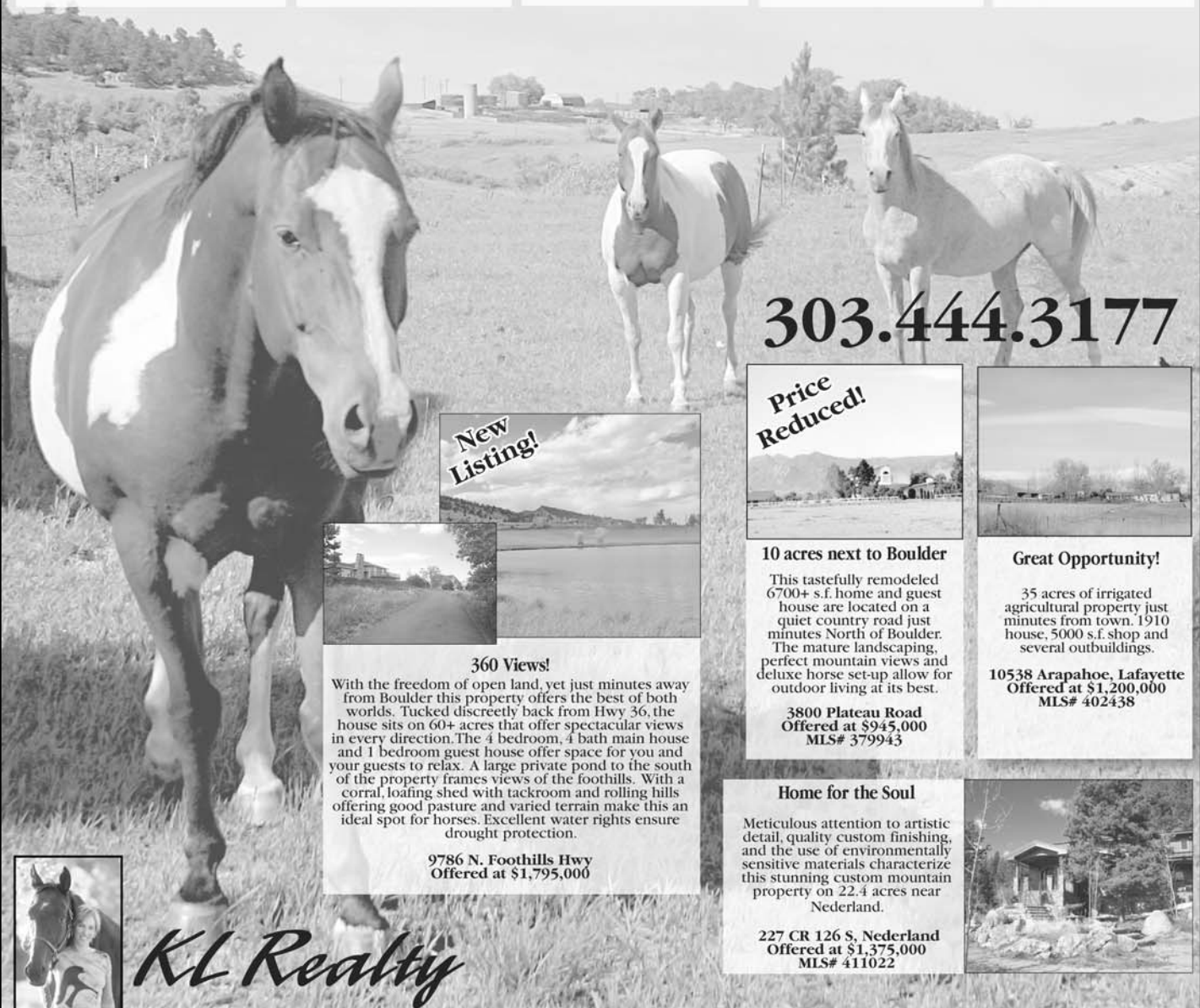
3933 High Plains Drive
Offered at 1,130,000
MLS# 414880



Rockin' KT Ranch

Discover enduring beauty in this splendid turn-of-the-century 4 bedroom, 3 bath farmhouse. The 38 acres is prime farm ground with excellent water rights, three ponds, running water to all pastures and a state of the art pivot irrigation system. A large barn awaits hay and horses.

7849 Ute Hwy
Offered at \$1,465,000
MLS# 411557



303.444.3177

New Listing!



360 Views!

With the freedom of open land, yet just minutes away from Boulder this property offers the best of both worlds. Tucked discreetly back from Hwy 36, the house sits on 60+ acres that offer spectacular views in every direction. The 4 bedroom, 4 bath main house and 1 bedroom guest house offer space for you and your guests to relax. A large private pond to the south of the property frames views of the foothills. With a corral, loading shed with tackroom and rolling hills offering good pasture and varied terrain make this an ideal spot for horses. Excellent water rights ensure drought protection.

9786 N. Foothills Hwy
Offered at \$1,795,000

Price Reduced!



10 acres next to Boulder

This tastefully remodeled 6700+ s.f. home and guest house are located on a quiet country road just minutes North of Boulder. The mature landscaping, perfect mountain views and deluxe horse set-up allow for outdoor living at its best.

3800 Plateau Road
Offered at \$945,000
MLS# 379943



Great Opportunity!

35 acres of irrigated agricultural property just minutes from town. 1910 house, 5000 s.f. shop and several outbuildings.

10538 Arapahoe, Lafayette
Offered at \$1,200,000
MLS# 402438

Home for the Soul

Meticulous attention to artistic detail, quality custom finishing, and the use of environmentally sensitive materials characterize this stunning custom mountain property on 22.4 acres near Nederland.

227 CR 126 S, Nederland
Offered at \$1,375,000
MLS# 411022



KL Realty

KL Realty | 1531 Broadway Boulder CO | 303444.3177 | www.klrealty.net | karen@klrealty.net

Jr/YR Camp Report

by Beverly Swanson



Neither heat, rain, hail nor funnel clouds kept 25 junior riders from making the most of this year's RMDS summer camp at the Colorado Horse Park (formerly known as High Prairie). Four days of education, fun, food, and best of all, horses 24 hours a day added up to an unforgettable experience for campers and counselors both.

After Sunday morning check-in, stabling themselves and their horses, the riders and camp counselors KC Parkins-Kyle and Beverly Swanson assembled up at the 'berm' for lunch and orientation. Riders were divided into an initial four groups for rotation of mounted and ground sessions, with time between for fun and horse care.



Trainer Kim Benson demonstrates leg position

The afternoon began with young trainer Tenley Remsing putting the pairs through their paces and assessing the groups for level of talent, experience of rider and/or horse, and stage of training. Riders in the ground session chose a test to ride in the final show and diagrammed the movements on paper to study through the week.

Stall and tack room inspections were held each day at 4:00 pm, dinner at 5:00, and evening ground sessions from 6:00 to 8:30. Sunday had the kids getting their saddles fitted by Master Saddle Fitter Alice Kremers, and Denver Mounted Patrol trainer Roger Kyle demonstrating "sacking out" with retired patrol mount Murphy as the designated "sackee."

Monday morning the groups schooled with trainer Kim Benson, who worked them HARD on seat and leg position, emphasizing the physical form and condition they needed to become more in control of their aids and their horses. Back at the barn, Kelly Stoochnoff demonstrated braiding and turnout for show days. The afternoon mounted session was the initial test run-through with KC, and Jan Kelley, Reiki Master, treated all the horses to Healing Touch/Reiki therapy sessions, showing their young owners how to use healing energy with their mounts.

That evening, farrier Craig Quinn spoke about shoeing and did a live demonstration on one of the horses needing front shoes. Frances Cleveland from the Denver Zoo had everyone sniffing essential oils as part of her aromatherapy/herbal treatment demonstration.

Tuesday morning was time for a little mental breather with a trail ride led by trainer Michelle Shupe, while the opposite ground session did a "foot run" through the rider's chosen test with Valerie Ritterbusch. If you hadn't memorized your test by this time, it was not for lack of trying!

Kathy Simard, trainer and local "L" judge, came for afternoon lessons, but by the time she finished the first group, the clouds had gathered and lightning and thunder was headed in fast.

Colorado Horse Park weather set in with a vengeance for the next few hours, causing some nervous and scary moments watching a couple of funnel clouds develop overhead. Then the rain came down so hard on the metal barn we couldn't hear ourselves think!

Apparently, no one was yet wet enough, however, as a balloon toss contest that evening quickly degenerated into an all-out water fight. After games and letting off some steam, everyone gathered in the barn to watch horse videos

(including KC's famous blooper test with Flamenco!) and to receive their awards in categories such as: Most



Gabi Lopez & Bailey

Improved, Camp Sweetheart, Most Colorful Pair, Xtreme Makeover – Equine Edition, Braveheart, and many more. A Team award was given to the best overall stall/tack room inspection, ribbons were handed out for three categories in the art contest, and each camper received a goodie bag containing donations from local tack shops.



McKinley Harvey & Sweetie

A late night, which included a June bug invasion (yuck!), was followed by a wet, misty, foggy morning for the show. Dolly Hannon, "R" judge and avid Jr/YR

Jr/YR Camp *continued*

supporter, did her best to score and write in the damp, but ultimately moved to the covered gazebo to judge from the side. The horses were all fresh and charged up from the change in weather, giving some of the competitors the ride of their life – in more ways than one!



KC Parkins Kyle and Kayleigh Ray

They spooked, they ran, they jiggled and jogged, but all of the riders showed true character and soldiered on despite the obstacles and confusion.

Laughter, tears, and hugs were plentiful as parents and trainers arrived to haul everyone back home. The girls all agreed that “it was the best camp ever” and exchanged phone numbers with new friends who shared the experience.

As for the two counselors – well, let’s just say that a hot bubble bath and a foot rub were foremost on their minds as they finished packing up and headed home, exhausted but extremely gratified to have spent the past four days with such a wonderful group of up-and-coming dressage riders.

A Big Thank You to Everyone who contributed to this year’s camp:

Education Volunteers

Tenley Remsing, trainer
 Alice Kremers, Master Saddle Fitter
 Roger Kyle, Denver Mounted Patrol
 Kim Benson, trainer
 Kelly Stoochnoff, trainer
 Jan Kelley, Healing Touch practitioner/Reiki Master
 Craig Quinn, farrier
 Frances Cleveland, aromatherapist
 Michelle Shupe, trainer
 Valerie Ritterbusch
 Kathy Simard, trainer and ‘L’ judge
 Dolly Hannon, ‘R’ judge

Gift Donations

Discount Horse Supply
 Horse & Hound
 Spirit Horse Saddlery
 The Tack Collection

Camp Assistants from Autumn Hill

Taryn Anderson
 Dawn White O’Connor
 Rachel Israel

Parent Volunteers:

Carol Brussel	Teresa Grand
Rachel Dolak	Tammie Ray
Mimi Poppenwimer	Colleen McFadden
Robin Lopez	Lisa Wiggins
Kim Spatt	Julie Taylor

USDF NATIONAL-LEVEL TRAINERS' CONFERENCE TO FEATURE KATHY CONNELLY

The United States Dressage Federation (USDF) is pleased to announce that the 2004 National-Level Trainers' Conference on October 23-24 at Cañon Ridge Farms in Castle Rock, CO, will feature internationally recognized dressage competitor, trainer, coach, and author Kathy Connelly. Connelly will present two full days of live demonstration and an evening lecture on the "Fundamentals of Training: Combining Theory and Technique - Integrating the Riders' and Horses' Points of View."

Connelly has won national titles at the FEI level and has trained horses and riders to the same level. Among others, she has trained and coached the 1995 North American Young Riders (NAYR) Champion, the individual silver medalist at the 1999 Pan American Games, the 2003 Canadian World Cup Champion, and the silver medal team at the 2003 Young Rider team competition in Australia. Connelly herself represented the United States at the Dressage World Cup Final in Gothenburg, Sweden.

Connelly is also an advocate for excellence in the sport of

dressage in the United States, contributing her time and knowledge as a member of the U.S. Equestrian Dressage Committee and as chair of the U.S. Equestrian subcommittee for test writing. She also serves as a member of the U.S. Equestrian Licensed Officials Committee and the USDF Planning Committee. She served as co-chair on the USDF Evaluation of the Certified Instruction Program, is now a member of the USDF Certified Instruction Steering Committee, and is a USDF Certification Examiner.

Debbie Cranston has generously donated the use of her Cañon Ridge Farms, in Castle Rock, CO, for the live demonstration portions of the conference. The evening lecture on Saturday night will be held at the Douglas County Events Center.

Complete registration and travel information is available on the USDF Web site at www.usdf.org/CalendarEvents/TrainersConference/index.asp. For more information, contact Heather Henley at (859) 271-7875 or hhenley@usdf.org.

Overcoming Show Jitters

By John R. Garrett, C.H.T.

You know the scenario... You've done the work. You practice and practice. Both you and your trainer are pleased with your progress. Your horse has been fine-tuned to respond to your slightest command. You know, without question, that you are ready for the show.

You get there early. Your equipment is organized, your stall is waiting, and your horse is clean and beautiful. You've got an hour before your class. You tack up. You walk to the warm-up arena. With confidence and enthusiasm, you leap into the saddle.

The first thing you notice is the sweat on your palms. Then perhaps a slight flutter in your stomach. Your horse gets a little jiggy as he senses something amiss. Your breathing gets shallow. Memories of past show catastrophes creep into your mind. Adrenaline pumps into your bloodstream. Your horse spooks at a flag flapping in the wind. You spot the judge walking to the arena. Your mind reels. Confidence sags.... Suddenly the excitement about the show turns to classic show jitters.

Why does this happen? First, be assured, nervousness before a show or any stressful event is not a character flaw. As human beings, we are simply wired this way. Like all animals, nature programmed us with a "fight or flight" response to keep us alive. We have plenty of practice overriding this response, but that doesn't stop us from feeling its affects.

When the body perceives a threat of any kind, several things happen. Depending on the severity of the threat, blood from your extremities is pulled in and held by the core of your body. This is to keep your heart and lungs working at maximum efficiency and to keep you from bleeding to death if a saber-toothed tiger bites your arm or leg. Adrenaline is released, giving your muscles a boost in strength and ability. If you don't use up the adrenaline, your body begins to shiver. Muscles tighten and prepare to flee or defend. You try to relax but you feel helpless and uptight. Your horse, being finely tuned to the twitch of your every muscle, believes you sense a threat. He, too, becomes upset and tense, trying to locate whatever it is you are threatened by. He is on high alert, waiting for the tiger to jump out

from behind the judge's stand or from behind the flapping flag.

The affects you are feeling are functions of the autonomic nervous system, and, therefore, not controllable by your conscious mind. But does that mean you are simply a pawn to your body's ancient programming? How can you change your physical and emotional reactions to stress?

There are simple tools you can use to consciously change how your brain functions under stressful situations. These tools can ease, and sometimes even negate, the response of your autonomic system.

Watch for our series of articles in the next four issues as we will explore and explain several techniques that will help you overcome nervousness and show jitters. We will explain how the brain functions, and why these simple methods work so well to enhance your performance and help make showing (or anything you find stressful) more fun! We will teach you how to use these techniques in all areas of your life, both in the saddle and out.

Let's start where it all begins, with the brain. The human brain could actually be considered two separate brains connected by a large bundle of nerves. This nerve bundle, called the *corpus callosum*, allows the left hemisphere of the brain to talk to the right hemisphere.

In the typical person, the left hemisphere and the right hemisphere have different jobs. The left controls things such as logical and linear thinking, focuses on details, breaks things down into parts, and includes your primary speech center. The right hemisphere specializes in emotions and intuition, and is the center for creativity and imagination. It also enables you to see how details relate to each other and how they fit into the "big picture."

When faced with a stressful challenge, most people respond by automatically over-identifying with only one hemisphere, drastically limiting their response potential. The corpus callosum naturally shuts down under stress, leaving us with what could accurately be called, half a brain!

You can imagine how this automatic response could affect your show experience. If you over identify with the emotional side of your brain, you might lose the ability to tap into the very logical and linear design memory of a dressage test or a jump pattern. How



SHOW JITTERS *continued*

many times have you or your friends gone to a dressage show and simply forgotten the test? The test was stored in the left hemisphere, so if you feel afraid and you are stuck in the right side of your brain, you no longer have access to the test!

If you over identify with the logical side, you may lose your emotional or intuitive contact with your mount. You may also disrupt the concepts of both the big picture and artistic expression so necessary for good scores in dressage and freestyle. You may remember the pattern, but you might lose the rhythm as you lose touch with the feelings in your body as it moves with the horse.

You may remember a time in your life when you had strongly over-identified with one hemisphere of your brain. Perhaps you can recall an intense emergency where you felt no emotion at all, but took charge and took care of business (acting from the left hemisphere) without being hampered by fear or emotion. Later, you might have been surprised when the corpus callosum started working again and emotions you didn't know you had, finally were expressed.

Or perhaps you remember a time when you or someone you knew were so overcome with emotion (acting from the right hemisphere) you were stunned into inaction and simply froze, unable to respond in any way. You may not have been able to talk or had trouble thinking of the words you wanted to say. When things calmed down and the *corpus callosum* again became active, you slapped your forehead and shouted, "AGH! I should have said THAT!" The words were not available when you were in an emotional state because the speech center is in the left hemisphere, not the right.

Both of these scenarios demonstrate what happens when the *corpus callosum* becomes a barrier instead of a bridge between the two hemispheres of the brain. It is easy to see why this hampers performance in any activity.

In our next article, we will teach you simple techniques that powerfully activate the *corpus callosum* and give you back your WHOLE BRAIN POTENTIAL. These techniques, collectively called Psychological Kinesiology, can be learned by anyone, and can even be performed while in the saddle. You will be amazed at how quickly and easily you can halt the automatic response of over-identifying with one hemisphere of the brain, and how effective having your whole brain working for you can be when you are under stress. You will be able to watch your scores soar, as you will have the ability to use all your brain's potential without being short-circuited by jitters, nervousness, or fear.

John R. Garrett, C.H.T., Performance Coaching, founder of The Garrett Institute, www.GarrettInstitute.com

CALL FOR DANCING HORSES AT 2005 NAT'L WESTERN STOCK SHOW

The National Western Stock Show is in the planning stages for our 99th Stock Show January 8-23, 2005, and we are interested in making some changes to the Dancing Horses program, which is scheduled for January 19 and 20.

Following the 2004 Dancing Horses program, we initiated a survey through our customer list. We found the public loved the Pueblo Symphony Orchestra and the horsemanship involved with the event. But, our customers told us they did not like the story line and would like to see more dressage.

We are looking for Colorado riders interested in performing at the 2005 event as well as ideas for national riders we may want to contact to participate. We are also looking for an executive producer. Following the 2003 National Western Stock Show, Charles Sylvester retired as the show's general manager.

Call (303) 297-1166 ext. 200, or email admin@nationalwestern.com for more information. Send resumes regarding the executive producer position, as well as for riding positions in the 2005 show to:

Marvin Witt
National Western Stock Show
4655 Humboldt Street
Denver, CO 80216-2818



SPIRIT HORSE SADDLERY

A Full Service Tack Shop with a Focus on Dressage
Tack, Riding Fashions, Gifts, and Jewelry



Spirit Horse has a great selection of
Consignment Dressage Saddles!

241 E Kiowa Ave (Hwy 86)
Elizabeth, CO 303.646.1049

TECHNICAL DELEGATES, JUDGES & CERTIFIED INSTRUCTORS

DRESSAGE JUDGES RATINGS & LEVELS QUALIFIED TO JUDGE

Status	Status	Levels	Status	Status	Levels
USDF "L"	Learner (not a judge)	Training-Second	USEF "S"	Senior	All Levels
USEF "I"	Recorded	Training-Second	FEI "I"	International	All Levels
USEF "R"	Registered	Training-Fourth	FEI "O"	Olympic	All Levels

JUDGES

FEI 'I'

Janet Brown (CO)
(719) 633-0231

USEF 'S'

Debbie Riehl-Rodriguez (CO) (303) 642-7708
Sandra Hotz (CO) (303) 817-2030

USEF 'R'

Janet "Dolly" Hannon (CO) (303) 467-3221

USEF 'I'

Amy Jablonovsky (970) 493-2833
Kristi Wysocki (303) 648-9877
Suzanne Zimmer (303) 478-8325

USDF 'L' Graduate

Francie Brashear (303) 840-7626
RaeAnn Curtis (970) 225-1408

Emmy Detlof (719) 495-4188
Martí Foster (303) 277-1132
Joyce Hardesty (AZ) (480) 513-6318
Gwen Kaawaloa (303) 646-4363
Sandra Keeley (970) 468-5095
Ann MacGuire (307) 237-9148
Sarah Martin (303) 652-1158
Bridget Milnes (303) 660-4986
Jim Moore (303) 805-0554
KC Parkins-Kyle (303) 841-9953
Kathy Simard (720) 981-4448
Maria Wasson (303) 682-9594

Dressage Sport Horse Breeding Judge

Janet Brown (719) 633-0231
Debbie Riehl-Rodriguez (303) 642-7708
Kristi Wysocki (303) 648-9877

Technical Delegates USEF

Joyce Hardesty (AZ) (480) 513-6318
Veronica Holt (CO) (303) 646-3829
Laurie Mactavish (CO) (970) 926-8666
Debbie Moloznik (253) 630-3340
Deeda Randle (WY) (307) 745-4336
Diane Stanley (MT) (406) 652-4061
Libby Stokes (CO) (303) 688-2795

Technical Delegates RMDS

Joan Clay (970) 490-1927
Jeannette Hillery (CO) (303) 494-7718
Jane McBride (719) 598-4496
M. Elaine Thomas (719) 495-1510

USDF Certified Instructors


Training - 2nd

Simone Ahern (719) 749-9274
Jill Cantor Lee (970) 686-9163
RaeAnn Curtis (970) 225-1408
Janet "Dolly" Hannon (303) 279-4546
Deb Hindi (970) 641-6586
Sabine Kallas (307) 733-9497

Ellene Kloepper (303) 828-3879
Clayton Martin (303) 652-1158
Sheri Mattei-Mead (970) 669-3733
Kathryn Meistrell (303) 646-9059
Bridget Milnes (303) 660-4986
Kathy Simard (720) 981-4448
Kristi Wysocki (303) 648-9877

USDF Certified Instructors

Training - 4th
Nancy Chesney (303) 681-2516
Loma Fowler (303) 841-0417
Sarah Martin (303) 652-1158
Melinda Weatherford (970) 484-5218



ARE YOU DEDICATED TO DRESSAGE?
Learn, Ride & Win with Cañon Ridge Farms

We Invite You To Visit Our Brand New Facility

- 28 stall heated barn with daily turnout
- Customized care including high quality feeding program
- Personalized instruction with our top trainers
- Sand/rubber footing in our 110 x 225 indoor arena and our full size outdoor arena

CAÑON RIDGE FARM S

BOARDING, TRAINING, SALES
303-663-3243
Castle Rock



HIGH PLAINS DRESSAGE - 2004
@Columbine Equestrian Center
August 21-22, 2004
Open: 7/21 - Close: 8/4
USEF#4363-USDF#68802-RMDS#1027
Judges: Anita Owens & Jill Young
Check your Omnibus for details or
Contact Heather Petersen, show secretary
719-573-0398 or e-mail her at
slush@drwg.net

Chapter News

FREESTYLE EVENT A SUCCESS FOR CSDA

By Judi Tobias

At one of our early planning meetings for the 2004 Dressage at the Peak show, Linda Bena, Heather Petersen and I were brainstorming and one of us suggested the possibility of holding an evening performance of the FEI rides and the musical freestyles and inviting the public. We knew that one of our judges, Hilda Gurney, would be a great drawing card. We knew that we had the facility, Penrose Equestrian Center's, indoor arena. Because it would be in conjunction with our annual show, we felt we would have competitors and an audience. We decided to try.

At our next meeting we had made progress and we decided to make the affair a benefit for a charity. Several were suggested and we picked the Morris Animal Foundation, a Colorado-based group that funded research into health issues of companion animals, including horses, and endangered wild specials such as the lowland gorillas. We contacted the Colorado Springs Convention and Visitor Bureau. They were very helpful and put out press releases to all the local newspapers. We put our PSAs [Public Service Announcements] to local radio stations and a flyer featuring Aurora artist, Liz Andrews', sketch of Gifted. Still we wondered, "If we hold it, will they come?"

The evening of the event, May 22, came. We had enough entries for a two and a half hour show. Our caterer had put out a spread of appetizers for 200 people and we had volunteers to take tickets and serve drinks. As the doors opened, people began coming into the arena and filling the bleachers. Long lines of them waited outside the door. Finally, they were seated. Our first musical freestyle featured petite 10 year old Madeline Smith and her bay Arabian gelding, Mistanny Troika. The music was "Thank Heaven for Little Girls." The crowd loved it. It set the tone for the entire evening. Even the intermission was a hit. Sarah Martin narrated a demonstration of dressage movements and the progression of the movements and collection through the levels, featuring her student Tyler Haney and her lovely grey Phoenix. Because of our scoring system we could even award ribbons immediately after the classes so the audience could applaud the winners.

We were ecstatic at the success of the evening. Would we do it again? Just wait until next year!

Congratulations to the winners of the Evening Freestyle Event

First Level Freestyle

Madeline Smith riding Mistanny Troika, owned by Madeline Smith

Second Level Freestyle

Patty Thurman riding WTR Chocolate Bar owned by Wendy Gray-Bizzaro

Third Level Freestyle

Patty Thurman riding Greentree Courtney owned by Wendy Gray-Bizzaro

Grand Prix/I2

Grant Schneidman riding Nostrum owned by Autumn Geerdes

AA Prix St George/I1

Sally Robertson riding Belissima owned by Sally Robertson

Open Prix St George/I1

Jill Cantor Lee riding Lewis owned by Elizabeth Schump

FEI Jr

Eloise Aud riding Crocodile Dundee owned by William Aud

FEI YR

Megan Gregg riding Verden owned by Megan Gregg

Happy Half Halts!!

From Tri State Dressage Chapter

As the saying goes, third time's a charm. (Our greetings keep losing themselves in cyberspace.) Hope all are enjoying this summer with lots of riding. Tri State now has their show behind them and members are looking forward to our next adventure. We will be serving refreshments at the Fremont County Fair during the rodeo and demolition derby. Far cry from dressage but variety is the spice of life. This should help us get on great financial standing so we can help folks with some clinics, camps and seminars.

Time to begin thinking about elections for our group. This term is over in November. Anyone interested in a board position please contact Darlene Vaughan, popoagieranch@hotmail.com. Thanks to all who helped with the show, we appreciate your time and effort.

2004-2005 SHOWS & EVENTS

JULY 2004

- 2 **DRESSAGE IN THE PLAINS #1 -PEYTON, CO-USEF**
Camille Griffin 303-663-0041 glenhavenfarm@hotmail.com
- 3-4 **DRESSAGE IN THE PLAINS #2 -PEYTON, CO-USEF**
Camille Griffin 303-663-0041 glenhavenfarm@hotmail.com
- 8 **RMDS EXECUTIVE BOARD MEETING - OPEN TO ALL**
RMDS Central Office 720-890-7825
- 9-12 **ALEX WORTMANN CLINIC IN PINE, CO**
Kris Cooper 303-838-5430
- 9-11 **CINDY SPALDING CLINIC-LOST LAKE EQUESTRIAN CTR & URBAN FARM**
Cindy Spalding 417-491-3131 somerset@sofnet.co
- 10 **DALWHINNIE DRESSAGE SHOW #3-RIDGWAY, CO-USEF**
Carol Patzau 970-626-4253 whinnie@dalwhinnie.com
- 11 **DALWHINNIE DRESSAGE SHOW #4-RIDGWAY, CO-USEF**
Carol Patzau 970-626-4253 whinnie@dalwhinnie.com
- 11 **AUTUMN HILL SUNDAY SERIES #1-LONGMONT, CO-RMDS**
Barb Goldman 303-666-4528 boelandjarb@hotmail.com
- 17 **ASPEN #1- ASPEN, CO-USEF**
Barbara McElnea 970-963-3234 barmac@sopris.net
- 18 **ASPEN #2 - ASPEN, CO-USEF**
Barbara McElnea 970-963-3234 barmac@sopris.net
- 18- **DRESSAGE AT CHESTNUT GLEN FARMS-LONGMONT-RMDS**
Dianna Osborn 303-995-0994 diannamar@aol.com
- 17-18 **JACKSON HOLE DRESSAGE - JACKSON, WY - USEF**
Wendy Morgan 307-733-3696 wmorgan@wyoming.com
- 20 **HIGH PLAINS CHAPTER MEETING @ CANON RIDGE FARMS**
Terri Wallace 303-695-8566
- 23-25 **AUTUMN HILL DRESSAGE FESTIVAL & BREED SHOW-USEF**
Barb Goldman 303-666-4528 boelandjarb@hotmail.com
- 24-25 **BLACK HILLS DRESSAGE SHOW- RAPID CITY, SD-USEF**
Sue Hinker 605-348-2816
- 31 **PENDRAGON STUD DRESSAGE SHOW #1- LARKSPUR-USEF**
Christy Hutton 303-740-7039

AUGUST 2004

- 1 **PENDRAGON STUD DRESSAGE SHOW #2-LARKSPUR-USEF**
Christy Hutton 303-740-7039
- 3-8 **ALEX WORTMANN CLINIC IN PINE, CO**
Kris Cooper 303-838-5430
- 6-8 **CINDY SPALDING CLINIC-LOST LAKE EQUESTRIAN CTR & URBAN FARM**
Cindy Spalding 417-491-3131 somerset@sofnet.com
- 6 **DRESSAGE IN THE ROCKIES #1-PARKER, CO-USEF**
Glenda McElroy 818-841-3554 glenda@glenroys.com
- 7 **DRESSAGE IN THE ROCKIES #2-PARKER, CO-USEF**
Glenda McElroy 818-841-3554 glenda@glenroys.com
- 8 **DRESSAGE IN THE ROCKIES #3-PARKER, CO-USEF**
Glenda McElroy 818-841-3554 glenda@glenroys.com
- 7-8 **CHEYENNE DRESSAGE & HUNT CLUB-WYOMING-USEF**
Susan Rocha 307-632-1738 sue_rocha@hotmail.com

- 15 **AUTUMN HILL SUNDAY SERIES #2-LONGMONT, CO-RMDS**
Barb Goldman 303-666-4528 boelandjarb@hotmail.com
- 21-22 **HIGH PLAINS SHOW-LITTLETON, CO-USEF**
Heather Petersen 719-573-0398, slush@drwg.net
- 21-22 **USDF "L" FINAL (ONLY THOSE IN FULL PROGRAM)**
Heather Petersen 719-573-0398, slush@drwg.net
- 21 **UTAH DRESSAGE SOCIETY ANNUAL SHOW #1-SANDY, UT-USEF**
Eva-Maria Adolphi 801-254-3247 adolphi@redrock.net
- 21 **UTAH DRESSAGE SOCIETY ANNUAL SHOW #2-SANDY, UT-USEF**
Eva-Maria Adolphi 801-254-3247 adolphi@redrock.net
- 28 **ASPEN RIDGE RMDS DRESSAGE SHOW-MONUMENT, CO-RMDS**
Heather Petersen 719-573-0398, slush@drwg.net

SEPTEMBER 2004

- 4-5 **AUTUMN HILL HARVEST DRESSAGE FESTIVAL-LONGMONT, CO**
Barb Goldman 303-666-4528 boelandjarb@hotmail.com
- 4-5 **WESTERN SLOPE CHAMPIONSHIP & OPEN SHOW- GRAND JUNCTION - USEF**
Candace Rickard 970-858-9535 ppencil@juno.net
- 6 **CONTINENTAL DIVIDE DRESSAGE SHOW-LOVELAND, CO-USEF**
Cathie Crosby 970-472-1748 ccrosby43@yahoo.com
- 9 **RMDS EXECUTIVE BOARD MEETING - OPEN TO ALL**
RMDS Central Office 720-890-7825
- 10-12 **CINDY SPALDING CLINIC-LOST LAKE EQUESTRIAN CTR & URBAN FARM**
Cindy Spalding 417-491-3131 somerset@sofnet.com
- 11 **PENDRAGON STUD FALL SHOW -LARKSPUR, CO-RMDS**
Leslie Terry 303-688-4147 lesliet34@aol.com
- 23 **RMDS BREED CHAMPIONSHIPS & OPEN BREED SHOW-USEF PARKER, CO**
Pam Geier 303-673-9840 pamgeier1@comcast.net
- 24-26 **RMDS DRESSAGE CHAMPIONSHIPS & DRESSAGE OPEN SHOW PARKER, CO -USEF**
Heather Petersen 719-573-0398, slush@drwg.net
- 25-26 **USDF L PROGRAM FINAL SESSION**
Heather Petersen 719-573-0398, slush@drwg.net

OCTOBER 2004

- 10 **FOOTHILLS CHAPTER FALL SHOW-GOLDEN, CO-RMDS**
Marti Foster 303-277-1132 mlfoster@msn.com
- 22-25 **ALEX WORTMANN CLINIC IN PINE, CO**
Kris Cooper 303-838-5430
- 22-24 **CINDY SPALDING CLINIC-LOST LAKE EQUESTRIAN CTR & URBAN FARM**
Cindy Spalding 417-491-3131 somerset@sofnet.com
- 23-24 **USDF TRAINERS CONFERENCE- KATHY CONNELLY-COLORADO**
CONTACT USDF 859-971-2277

NOVEMBER 2004

- 5-7 **REGION V CHAMPIONSHIPS -ARIZONA-USEF**
Jay Chabucos 480-513-6377

2004-2005 SHOWS & EVENTS

12-14 CINDY SPALDING CLINIC-LOST LAKE EQUESTRIAN CTR & URBAN FARM

Cindy Spalding 417-491-3131 somerset@sofnet.com

13 RMDS BOARD OF GOVERNORS' MEETING/AWARDS BANQUET

Heather Petersen 719-573-0398, slush@drgw.net
Western Colorado, TBA; : Linda Waag – (970) 923-6388

DECEMBER 2004

10-12 CINDY SPALDING CLINIC-LOST LAKE EQUESTRIAN CTR & URBAN FARM

Cindy Spalding 417-491-3131 somerset@sofnet.com

FEBRUARY 2005

12 TD WORKSHOP

Contact RMDS Central Office 720-890-7825

APRIL 2005

9-10 USDF INSTRUCTOR LOUNGING WORKSHOP - LILO FORE

Contact Pam Geier 720-890-7825

MAY 2005

7-8 RMDS SYMPOSIUM

CONTACT LESLIE EASTER 303-646-5654

14-15 USEF "R" PROGRAM-REVIEW-JANET BROWN- TABLE MTN. RANCH

Contact Heather Petersen 719-573-0398

28-29 USDF INSTRUCTOR RIDING WORKSHOP - LILO FORE

Contact Pam Geier 720-890-7825

AUGUST 2005

6-7 USEF "R" TESTING-JANET BROWN & LOIS YUKINS

Contact Pam Geier 720-890-7825

13-14 USDF INSTRUCTOR TEACHING WORKSHOP – DEBBIE McDONALD

Contact Pam Geier 720-890-7825

SEPTEMBER 2005

TBA USDF INSTRUCTOR WORKSHOP PRECERTIFICATION

Contact Pam Geier 720-890-7825

OCTOBER 2005

TBA USDF INSTRUCTOR WORKSHOP FINAL TESTING

Contact Pam Geier 720-890-7825



Phelpphoto.com

*Amazing Sport Horses
Available*



PROVIDING AMAZING HORSES FROM
WEANLINGS TO BROODMARES.
CALL US TODAY TO CHOOSE YOUR WINNER.

ph : 303.621.8512 fax : 303.621.8511
email : harmony_sporhorses@yahoo.com

RMDS NOTES

DRESSAGE TRAINERS/INSTRUCTORS

GROW YOUR BUSINESS!

If you'd like your business posted on the new RMDS Webpage send information to Lori Oakley, 8670 N. County Line Rd., Longmont, CO 80503 or email loakley@equestrianwebdesign.com (make subject read "Trainer Info"). Include your: name, phone #, address, email address, barn location(s) where you train, if you travel/clinic, your experience/qualifications, what level you train through, what special awards earned (like USDF medals), if you have lesson horses available, and any other specialties.

Cost is only \$50 annually. The website currently averages 200 hits per month on the trainer page, and RMDS receives 25-30 emails a month requesting names of trainers/instructors in the RMDS region. Don't miss this opportunity to expand your client base and gain recognition.

Mail check to RMDS Central Office, 2942 Park Lake Drive, Boulder, CO 80301.

RMDS EXECUTIVE BOARD

All RMDS Executive Board meetings occur on the second Thursday of every odd numbered month. The steering committee meetings will be held on the second Monday of every even numbered month. The Board of Governors meeting is held on the second Saturday of November. Call the Central Office for exact dates.

ADULT AMATEUR

A copy of your USEF Adult Amateur Card must be filed with RMDS each year to update your record with RMDS and to qualify for RMDS A/A year end awards.

RMDS Central Office

Phone number: 720-890-7825
Address: RMDS Central Office
2942 Park Lake Drive, Boulder, CO 80301

Contact: Beth Geier, rmds@indra.com, www.rmds.org

Website Contact: Lori Oakley
8670 N. County Line Road
Longmont, CO 80503
loakley@equestrianwebdesign.com

Support RMDS

with the purchase of a bridle tag.

Just \$25.00

buys a permanent Bridle tag for
Horse/Rider pairs.

Tags are white plastic with black numbers.
Please make checks payable to RMDS.

Send orders and payment to:

**RMDS Central Office,
2942 Park Lake Drive Boulder, Colorado 80301**

Bylaw and Standing Rule Changes

All suggestions for Bylaw and Standing Rule changes are welcome. To suggest a change, you **must** follow the guidelines. Remember, it is easy to criticize, but we must also include constructive alternatives when we do.

- * All suggestions must cite the Article number, the title, and the section below it that would be changed.
- * Put a line through the words to be deleted and type the new phrasing afterwards. RMDS will not rewrite the correction. You must make your suggestion and rewrite it as you would like it to be passed.
- * Send all suggestions via email to the RMDS Central Office: rmds@indra.com

THANK YOU!!!

Beth -RMDS Central Office
2942 Park Lake Drive
Boulder, CO 80301
fax & phone 720-890-7825



SHOW INFORMATION

ALWAYS CALL THE CONTACT, UNLESS YOU HAVE BEEN NOTIFIED ALREADY, AS DATES, TIMES AND PLACES MAY VARY.

CALENDAR SUBMISSIONS

Submissions of events for inclusion in the Centaur calendar need to be received no later than the 5th of the month prior to the month that the item is to run. Please be sure to spell all names (clinicians/judge, location, contact) and include a phone number where you can be reached with any questions. Send all calendar items and/or requiring RMDS sanctions to: Beth Geier, RMDS Central Office, (720) 890-7825

RMDS CHAPTER MEETING SCHEDULE:

- Boulder Valley**, 1st Monday – even months
Contact: Barb Goldman – 303-666-4528
- Colorado Springs**, Date and location vary,
Contact: Felicia Music – 719-598-4496 or check www.csdressage.org
- Foothills**, 1st Wednesday – every month; Table Mtn Ranch;
Contact: Carol Milan – 303-279-1397
- Grand Valley**, 1st Thursday – every month; Roaming around;
Contact: Kelly Schlagel – 970-242-5935
- High Plains**, TBA;
Contact: Terri Wallace – 303-695-8566
- Northern Colorado**, 1st Thursday – every month; CSU Vet Teaching Hosp.;
Contact: Gail Burger – 970-226-6815
- Penrose**, 1st Wednesday – every month; Roaming around;
Contact: Sharon Ghilarducci – 719-462-5760
- Tri State**, TBA; Contact: Darlene Vaughan – 307-332-726
- Western Colorado**; Contact: Barbara McElnea – 970-962-3234

NEWSLETTER NOTES

- The Centaur newsletter is published monthly .
- To guarantee that ads and articles will be run in any given month, they must be received with full payment by the 10th of the month prior to month of publication! i.e. January 10 for February issue.
- If not received by that date, they will be placed in the following edition if not time-sensitive

IMPORTANT ADDRESSES

Articles: Please send all articles for editorial review to:
Kevin Horst, kevinhorst@yahoo.com
P.O. Box 18857, Boulder CO 80308-1857, (303) 682-2817

The Centaur appreciates articles submitted by the membership for publication. Please remember – all articles submitted are subject to editorial changes and/or corrections at the discretion of the editorial staff.

Advertisement Production and Mailing Specifications:

- DUE DATE IS 10TH OF THE MONTH PRIOR TO MONTH OF PUBLICATION i.e. December 10 for January issue
- No Ads will be accepted without full payment.

DISPLAY ADVERTISING

For information about corporate advertising and/or sponsorships, please contact Stephanie Soule at (303) 621-2292 or email at briansoule@earthlink.net.

Artwork must be provided in electronic format only. The following are acceptable file formats:

- Collected Quark document (all fonts and images included)
- Press Ready PDF
- Adobe Illustrator with type converted to outlines
- Adobe Photoshop 300 dpi jpeg, eps or tiff file

No substitutes can be accepted. If your ad is submitted in a file format other than those listed above, you will be contacted regarding an additional separate charge for file conversion and/or redesign.

Please send a printed copy of your ad with your payment to represent your expectation of what the submitted electronic file should look like. These printed copies CANNOT be accepted as final art.

CLASSIFIED ADS

Classifieds may be submitted via e-mail to Beverly Swanson at bswanson2003@qwest.net. You may also type or clearly handwrite your classified and mail it to the address below. In all cases, a hard copy of your classified should accompany your payment. Please try to limit your ad to 50 words or less. Space constraints may require that we edit your ad to fit, or an additional charge per line may be requested.

PAYMENT AND DELIVERY

E-mail electronic ads to Beverly Swanson at bswanson2003@qwest.net

Mail checks and hard copy to:

RMDS Central Office, attn: Beth Geier
2942 Park Lake Drive, Boulder, CO 80301

MEMBER AD RATES AND SIZE SPECIFICATIONS

Classifieds	\$12 per item for sale	
With picture (digital only)	\$22 per item for sale	
Full Page	\$125.00	7.5" x 9.5"
Inside Back Page	\$175.00	7.5" x 9.5"
Half Page	\$85.00	7.5" x 4.75"
Outside Back Page	\$100.00	7.5" x 4.75"
1/4 Page	\$50.00	3.625" x 4.625"
1/8 Page	\$25.00/issue	3.625" x 2.25"
	\$255.00/year	

ADVERTORIALS

Articles submitted that are considered "advertising" 1/4, 1/2, or full page formats are priced as above with photos included for an additional \$15/each. An editorial fee may be charged at a rate of \$25 per hour if required (by decision of editorial staff). 15% discount on all 1/4, 1/2 and full-page yearly advertising contracts.

Unsolicited manuscripts and photographs accompanied by return postage will be handled with care, but publisher, artist, and editor are not responsible for their safety or guaranteed return. Submitted articles herein are the opinion of the author and do not necessarily reflect the policies or position of the Rocky Mountain Dressage Society Executive Board or the Centaur Editor. RMDS defers copyright responsibility to submitting author.

RMDS 2004 MEMBERSHIP FORM

- Individual = \$50 Business = \$75 Lifetime = \$650
 Centaur newsletter only = \$35 (no other benefits)
 After one family member joins as an individual member, others in family may join at \$35 each.

Please include all information for person designated as representative.

All individual members receive the Centaur newsletter and the RMDS Omnibus.

RMDS is a group member organization of United States Dressage Federation and RMDS members are automatically USDF Group Members.

Indicate Local Chapter:

- Boulder Valley Northern Colorado (Fort Collins)
 High Plains (Parker, Littleton and Aurora) Colorado Springs
 Foothills (Golden, Evergreen) Western CO (Aspen, Carbondale)
 Penrose (Cañon City) Tri-State (Wyoming, adjacent states)
 Grand Valley (Grand Junction) Renewing member need new binder (\$6)

Name _____

Address _____ City _____

County _____ State/Zip _____

Phone (Home) () _____ (e-mail) _____

USDF No. _____ Occupation _____

Type of Membership

- (✓ one) Individual Business Family CENTAUR Only

Total Fees _____ Please remove my name from lists sold by RMDS

Date of Birth _____

Be sure to send a copy of your 2004 Adult Amateur Card from USEF along with this membership form!

RMDS is a USDF Group Member Organization and RMDS members are automatically USDF Group Members

2004 HORSE REGISTRATION FORM

- Horses must be registered with RMDS to be eligible for RMDS year-end awards and for horse-of-the year award.
- To be eligible for year end awards, both owner and rider must be members of RMDS and the horse must be registered with RMDS.
- The name on this horse registration must be the same used on horse show entry forms.
- \$35 for a lifetime registration of horse, \$10 change fee.

Horse Name _____ Sex _____

Breed (if known) _____

Breed No. (include copy of papers) _____

Name of Owner(s) (one owner must be an RMDS member)

Address of Owner _____

Owners Phone (Home) _____ (e-mail) _____

Name of Representative (if owner is a business)

Mail form and check payable to RMDS to:

RMDS Central Office,
2942 Park Lake Dr., Boulder, CO 80301 • 720-890-7825

Membership renewal is January 1 annually.

Any memberships received after Oct. will be issued for the following year.

RMDS 2004 Championships Column

From Pam Geier, Heather Petersen, and Linda Bena

Three days of rain and my horse is convinced he is on the East Coast and therefore should be the appropriate super star (there is hope for him yet)! Scores are coming in from shows taking place every weekend – they are impressive. Horses and riders keep getting better every time out meaning that by Championships we are going to have a region full of accomplished teams!

Heather, Linda, Clarissa Blair, Judi Tobias and I met this past week. Color, Pomp and FUN are the theme of this year. After all, the only reason we do this is to have fun, right? On the topic of fun, the Colorado Horse Park was host to a Barrel Race this past week. One competition day ended in an impromptu challenge that pitted the combined time of two barrel horses, a team (pair) of carriage horses, a golf cart and a John Deere tractor against one another to see who had the best time around the traditional cloverleaf barrel pattern. Let me tell you, Rob (Jantzen) in his John Deere has proven he can be so accurate that he can plow in and around any of our dressage arenas without us having to take anything down – he is now a marked man! In the end, the carriage horses won, the tractor was second, the golf cart third and the combined barrel horses fourth. You never know what can happen...

Current Sponsors:

Sport Horse Breeding - Grand Champion Horse	Taka Chi Dressage Stables / Sarah and Clayton Martin
Sport Horse Breeding - Young Horse Champion	Kathy Simard
Champion Under Saddle Training Level - Open	Freedom Farms / Maureen McGrady Cloud Nine at Stonegate / Sheri Mattei-Mead
Training Level - AA	Hidden Ridge Farm / KC Parkins-Kyle
Training Level - Junior	Wild Rose Farm / Barringer-Richers Family
First Level - Open	Gretchen Moran
First Level - AA	Soraya van Asten / Rider Refinement
First Level - Junior	Anchorage Farm / Jim and Kris Cooper
Second Level - Open	Creekside Ranch - Barbara Ramlow
Second Level - AA	Sun Prairie Stable / Simone Ahern
Second Level - Junior	Gemini Dressage / Glenda Needles
Third Level - Open	Spirit Horse Saddlery / Michelle Albertus
Third Level - AA	Lost Lake Equestrian Center / Debbie Owens
Third Level - Junior	Sue Halasz
Fourth Level - Open	Canon Ridge Farm / Debbie Cranston
Fourth Level - AA	Marti Foster
Fourth Level - Junior	Crooked Willow Farm
Intermediare I - Open	Amy Jablonsky and Lollypop
Intermediare I - AA	Stacy Susan McCullough
Prix St. George - Junior	Canon Ridge Farm / Debbie Cranston
Grand Prix - Open	The Pyrok Memorial Perpetual Trophy Westmanton Stables / Grant & Sharon Schneidman
First Level Freestyle	Foxmeadow Farm - Judi Tobias
Grand Prix Freestyle	Dolly Hannon

USDF INSTRUCTOR WORKSHOP

Applications are arriving for the 2005 USDF Instructors Workshop. Interest is equally split between Beginning to Second level and the Advanced level. At this time I am thinking of having two workshops so we can take as many of you as possible. If you would like to participate, or have an application but have yet to return it, please contact me as soon as possible.

Jill Cantor Lee, who has graciously donated the facility, Chatellen, has joined the list of places donated to the program. Jill at Chatellen join Sheri Mattei-Mead at Cloud 9 at Stonegate in Ft. Collins, Simone Ahern and Sun Prairie Stable and Debbie Cranston and Canon Ridge Farms.

THANK YOU, THANK YOU, THANK YOU!!!!!!

Space is limited to eight Instructor Participants – if you are interested, please contact Pam Geier at 303-673-9840 as soon as possible for an application.

Turnout Time

ASK THE BARN PRINCESS

Dear Barn Princess,

I train and board at a small stable in the country. The facility's management is very laid-back about both people and animals. They own a few dogs and cats, and the barn help usually bring their dogs too. All of these animals are good around the horses and are no problem.

Some of the boarders also bring their dogs out, and most of them are okay, but one of them makes me nervous and my horse nervous too. I've told her this, but it doesn't seem fair to her if the other dogs are allowed out.

I own dogs, but I don't bring them to the stable because they are not trustworthy around the barn. How do I explain that I don't think her dog can be trusted? What should the dog rule be for a stable?

Signed,

Dogged

Dear Dogged,

My experience is that there are two categories of canines for a stable: out-of-your-way or better-left-at-

home. If, for any reason, a dog is encroaching on either a horse's or rider's personal comfort level, then the dog cannot be loose on the grounds.

I advise clearly explaining your concern to the dog's owner, and if she points out the other dogs' freedom to roam, simply say "They don't bother my horse. If they ever do, I will ask the same of their owners." Keep your answer short and stick to the point of your horse's welfare, not the undesirable nature of the dog.

This applies equally to all dog owners. Make sure that your canines are welcome *before* taking them anywhere. Most shows have written rules about how dogs are to be handled and whether they are allowed on the grounds. Check before you travel so that the welfare of all is maintained.

Yours in the Deep Seat,

Barn Princess

Have a question about etiquette or how to handle a sticky situation? Send your anonymous question to: The Barn Princess, 5240 Highline Place, Denver, CO 80222.

All queries will be kept strictly confidential.

MORE NEW FEATURES - GET INVOLVED WITH YOUR NEWSLETTER!

TRAINER/JUDGE TIP OF THE MONTH

Have a question or topic you'd like a trainer or judge to address? Mail your inquiry to:

The Centaur

5240 Highline Place, Denver, CO 80222, or

email to:

kevinhorst@yahoo.com or

bswanson2003@qwest.net

All queries will be kept confidential.

BARN PROFILE

and

RIDER PROFILE

Beginning in August, we will be profiling a barn and a rider each month. Have a suggestion? Email to the above addresses!

DO YOU HAVE SOME NEWS? A NEW BABY IN THE BARN? AN AMUSING ANECDOTE? TAKEN AN EQUESTRIAN TRIP?

The Centaur would like to review your stories and/or pictures for publication. If you have an interesting tidbit, please send it to the Centaur at *kevinhorst@yahoo.com*. Electronic entries only, please, and remember, no advertorial content. This is just for fun!

Notes from the Stall

by Kevin Horst

BOOK INFORMATION REQUEST

Those of you who have suffered through an injury to your horse and the healing process have a chance to help others.

Lucinda Dyer is currently writing a book for Trafalgar Square Publishing called *Back To Work* and looking for riders to interview about their experiences returning a horse to work after a common injury such as a suspensory tear or bowed tendon.

While *Back to Work* will provide detailed injury specific plans designed by veterinarians (e.g. on Week Five trot for X minutes), the major portion will be devoted to personal stories from riders who have successfully returned their horses to competition while juggling jobs and families.

Please contact Lucinda Dyer with any questions at (615) 794-0310 or by email at dyerpr@bellsouth.net.

2004 OLYMPIC DRESSAGE SELECTION TRIALS HELD TO FINALIZE "SHORT LIST" FOR ATHENS TEAM

The 2004 Bayer/USET Foundation Festival of Champions, presented by State Line Tack, Olympic Dressage Selection Trials, was held June 12 and 13 and June 18-20, 2004 at the Oaks Blenheim in San Juan Capistrano, CA. The USEF *Grand Prix* Championship at the Festival will serve as the Olympic Dressage Selection Trials to determine the "short list" for the rider/horse combinations for the 2004 Olympic Games in Athens.

The following are the riders (three riders have qualified with two horses) who have qualified to compete in the 2004 Olympic Dressage Selection Trials those marked with (*) are not competing in the trials:

*Debbie McDonald on Brentina
 Robert Dover on FBW Kennedy
 *Lisa Wilcox on Relevant
 Guenter Seidel on Nikolaus 7
 Tina Konyot on Anna Karenina
 Robert Dover on Ranier
 Steffen Peters on Grandeur
 Steffen Peters on Floriano
 *Lisa Wilcox on Royal Diamond
 Arlene Page on Claire
 Guenter Seidel on Aragon
 Leslie Morse on Kingston
 Carol Plough on Komo
 Jan Brons on Fernando

Cherri Reiber on G Tudor
 *Susan Dutta on Gumshoes DC
 Gwen Blake on Joewell
 *Michael Barisone on Neruda
 Shelly Francis on Jasper
 *George Williams on Marnix
 Tami Crawford on Dakota

To qualify for the selection trials, rider/horse combinations had to compete in a series of qualifying events held from August 2003 to June 6, 2004. Combinations were required to compete in a minimum of two qualifying competitions, completing the *Grand Prix* and *Grand Prix* Special at one event and the *Grand Prix* and *Grand Prix* Freestyle in another one or more of these qualifying events. Rider/horse combinations also had to obtain FEI Certificates of Eligibility by competing in at least two CDI's from January 2003 through June 6, 2004 and receive a minimum score of 63% from two foreign Olympic judges.

Debbie McDonald and Brentina finished the qualifying competitions ranked #1 with a score of 75.79%. The combination is not required to compete in the Trials because they were made a discretionary selection to the 2004 Olympic Dressage Team Short List. According to the USEF Dressage Athlete Selection Procedures, it is possible for a horse/rider combination to be named to the Short List by the selectors without competing in the Olympic Selection Trials.

To be considered as a discretionary selection, the combination must have been ranked in the top four in the USEF *Grand Prix* Rankings by June 6, the conclusion of the qualifying period for the USEF Olympic Dressage Selection Trials. The Dressage Selectors, with the advisement of the Chef d'Equipe and coach must ascertain that by the combination not being named to the Short List as one of the top three, it would have a direct bearing upon obtaining the best qualified team for the Games. Debbie McDonald and Brentina are currently ranked #2 in the world.

The top European qualified combination Lisa Wilcox and Relevant are ranked third in the top twelve qualifiers with a score of 73.46%. In accordance with the selection procedures for the 2004 Olympic Games Dressage Team, a combination may qualify in Europe and not return to the selection trials in the U.S. and still be named to the short list. Their qualifying score must be at least two percentage points higher than the fourth ranked combination at the conclusion of the trials. If Wilcox and Relevant's score is higher than the fourth ranked combination from the trials, they will be named to the short list.

TRAINERS & BREEDERS

Rider Refinement
Emphasizing Position & Expanding Partnership

Soraya van Asten

Certified Horsemaster

USDF Bronze Medal • PNH Level 2
 Dressage Lessons & Clinics • Travel CO, WY & NM
 719.599.3369 • 719.291.3369
 Soraya@PegaStar.net • www.PegaStar.net

Classical Legacy

Located at Singu Ranch
French Classical School

*Training • Instruction • Clinics
 Travel CO, WY and NM*

Piaf and Passage a Specialty

Iberian Horses for Sale • Andalusian Stallion at Stud
Exhibitions Available for Holiday Occasions

Frances Carbonnel (303) 646-0521
 USDF Silver Medalist francesdressage@aol.com



- Swedish/Dutch Horses for Sale
- Training for beginning riders on school horses trained to third level
- Starting young horses with dressage and natural horsemanship methods
- Boarding available


Yarbrough Stables

www.yarbroughstables.com (303) 536.9524
 Kathy Joachim, Owner
 19357 WCR 8 Hudson, CO 80642

EQUESTRAINING

Esteleta (Star) Hughes

ARIA, NARHA, EAGALA
 Certified Instructor
 T.T.E.A.M. Practitioner



*Training for the Whole Horse & Rider
 Creating the "Centaur Seat"
 Serious Fun for Mind & Body!*

720-851-4925
 equestar@rkytmthi.com

Two Locations: Parker and Elizabeth, Colorado
 P.O. Box 1025 • Franktown, CO 80116

**GRANT & SHARON SCHNEIDMAN
 NICOLE GLUSENKAMP, BEREITER**

WESTMANTON STABLES LLC

**DRESSAGE
 AT
 HIGH PRAIRIE FARMS EQUESTRIAN CENTER
 7522 SOUTH PINERY DRIVE
 PARKER COLORADO 80134
 TEL & FAX: 303.841.5280
 E-MAIL: GSSCHNEIDMAN@AOL.COM**



KATHRYN MEISTRELL

USDF CERTIFIED INSTRUCTOR

DRESSAGE
 Training - Lessons - Clinics

303.646.9059

YARBROUGH ACRES



Jeri Reilsbeck (303) 857-0388
 3281 Rd 27 Ft. Lupton, Co. 80621

COLORADO'S FINEST COLLECTION OF SPORT/WARMBLOOD HORSES
 Standing: Presley Dutch Warmblood Stallion
 Olympic Ferro/Uift/Samber

Visit our website at WWW.YarbroughAcres.com
 For more stallion information, our gallery of foals & current sales list
 Email: YarbroughAcres@hotmail.com

Katherine Conboy
 303-544-0707

I'll come to your stable

The Traveling Horse Trainer



Dressage and Combined Training
 Training / Lessons / Proven Methods
 Gain Harmony between you and your horse.

A Discussion of Balance - Conclusion

by Arlene J. Rigdon

Continued from June...

The balance and rhythm must be preserved and lengthening of stride done gradually when training the horse. The push or thrust of the movement must always come from the rear – through the body of the horse. Though in extended movements the frame of the horse will lengthen slightly, I do not lengthen it much in the early stages until the horse's balance is stabilized to the rear (lengthening should not be confused with dropping onto the forehand - the horse must learn to lengthen his frame without changing his balance). Half-halts - the momentary increase in driving aids without yielding the hand - will encourage the horse to stay balanced, and a gradual lengthening of stride will allow the horse to develop physically for the tremendous demands of the extended trot. Suppleness, cadence and rhythm are thus preserved, stride is lengthened evenly (front and rear), and the shoulders are free to swing forward, adding brilliance. The basic requirement of the movement is not lost ... that is, the ability to cover ground.

Though I have gone into extension in some detail, collection is not to be slighted. The stride is shortened and the hindquarters engaged, for now they must absorb the bulk of the weight of the horse's body - the joints of the hind leg must flex to allow engagement of the hindquarters. The forehand of the horse appears somewhat elevated because of this flexion, and the hind legs, in addition to the thrust they had to supply in extended movements, must now supply lift. The horse's balance, then, as you can see, must be well over the hindquarters for all but the simplest of lateral work (the possible exception being leg-yielding). Only then can the horse be carried on two tracks instead of falling into that direction ... for example, falling onto the leading shoulder and flexing away from the direction of movement in the two track. When this is correctly done, that increased engagement allows rather than destroys mobility of the hindquarters.

Again, since we are dealing with gymnastic development, all of this must be done by degrees, and care taken not to lose the balance and cadence. Impatience or force would only lead to faulty movements: hurrying, crookedness, stiffness, and a multitude of other problems.

Pirouettes where the hindquarters are lost, loss of rhythm during lateral work, heaviness during transitions, and many other complex problems are most probably the result of incorrect balance.

To summarize, systematic training of the horse cannot fail to deal with one of the principles of its foundation - balance. The end results are easy to differentiate

the horse whose basic development is not correct - will perform a "series of movements" in a test with little or no continuity between them; there will be no air of confidence about the horse, and he will be changing and shifting his rhythm. He will probably stiffen as demands are increased, and may even develop noticeable resistances. If you have ever seen a horse who moves smoothly, fluidly, and confidently through a dressage test - with pure cadence, suppleness, and lightness - then you have seen the result of careful, correct training ... and it is lovely to watch. The reason why the concept of balance is so difficult is that it is so evasive - it must be constantly pursued, created and recreated. Though as your horse's training progresses, his balance will become more stabilized; he will always need an alert and sensitive rider to preserve the balance, and to prepare him for a new demand.

"Dressage arrives at the very limits of art, to produce a masterpiece which must be created anew from one instant to the next, because it endures only for the moment. Nature decrees the laws of this art, because the strength and freedom of motion with which the horse was endowed by nature must be regained by him under the weight of man. The horse should not be a slave carrying his rider, but a dancer, gliding beneath him."

-The Kingdom of the Horse



BEGINNING IN APRIL, 2004, ALL RMDS CHAPTERS MAY USE UP TO 1/4 PAGE OF THE CENTAUR FOR THEIR NEWS AT NO CHARGE. SEND ITEMS IN WORD OR TEXT FORMAT TO THE CENTAUR AT BSWANSON2003@QWEST.NET

\$100 Dressage Extensions Gift Certificate

With each closed loan!



- Manage your Cash Flow
- No Income Verification
- Interest Only Payment Option

For More Information Call

Marcy Ruberto

A.L.L. City Financial Group
5600 S. Quebec St. #110-D
Greenwood Village, CO 80111

303-638-6536—Direct
marcy@allcitygroup.com





USDF Region Five Report

by Theresa Hunt, Region 5 Director

Last month I escaped from the 110 degree heat of Arizona to TD a show in Billings, Montana. It was much cooler, in the 80's and the show was well managed at a lovely facility, Barbara Ramlow's Creekside Ranch. I did not find a single missing signature or registration number on the entry forms. However, I was most impressed by the positive attitude of everyone. Spectators applauded after each ride, competitors and office staff were friendly and encouraging. It was wonderful!

Our Region now has two *FEI* JR/YR Coordinators. In the north we have Debbi Cranston, Canon Ridge Farms, Castle Rock, CO, email dbergtti@aol.com and in the south Tracy Roenick, Dynamite Dressage, Scottsdale, AZ, email tracyroenick@cox.net. Our Youth Coordinator is Julie Barringer-Richers email jabr0157@indra.com.

GMO's need to have a CURRENT copy of their ByLaws on file, as well as current officers. Contact Russ Creech at rcreech@usdf.org for more information.

Deadlines: July 1 was the deadline for shows to be qualifiers for NAYRC. The new host application form was delayed, so I am extending the deadline to August 1. I have not received a single application yet. Region 5 GMO volunteer of the year award is due to USDF by August 31. The Ruth Arvanette Grant for three members to go to the USDF convention (up to \$500 airfare expenses, plus free registration, and _ hotel expense) is due to USDF by August 31.

Mark your calendars for the National Level Trainers Conference with Kathy Connelly at Canon Ridge Farms in Castle Rock, CO October 23-24. Also the *FEI* World Cup Jumping and Dressage will be held together for the first time in Las Vegas, Nevada on April 22-24, 2005. Tickets are available online.

Stay Cool and Happy Riding!

Theresa Hunt

Region 5 Director

USDF Group Member Grants & Awards for 2004

USDF is currently accepting applications for the following grants:

RUTH ARVANETTE GRANT:

The USDF will award grants from the Ruth Arvanette Memorial Fund this year for up to three (3) GMO members to be able to attend the 2004 USDF National Convention & Symposium to be held November 30 - December 5, 2004 in Lexington, Kentucky.

Each Grant includes:

- 1) Reimbursement of up to \$500 for airfare
- 2) Reimbursement for one-half of the lodging expense (5 night maximum)
- 3) Complimentary USDF Full Convention registration. Full registration includes the Convention and University sessions, but does NOT include the Awards Banquet or Gala.

Please complete the official application form at www.usdf.org/pdf/RuthArvanetteMemorialFundApplication.pdf. A committee will review all applications and the winners will be notified, by phone or mail, no later than September 30, 2004. Please be certain to complete the form in its entirety. Incomplete applications will be disqualified.

GMO VOLUNTEER OF THE YEAR AWARD:

The Regional GMO Volunteer of the Year Award is awarded to up to one GMO volunteer from each USDF region. The award is USDF's way to recognize outstanding service at the local GMO level.

A panel of judges will review each application. The winners will be recognized at the USDF National Convention & Symposium, to be held on November 30 - December 5 in Lexington, Kentucky. Applications are due in the USDF office postmarked no later than August 31, 2004.

How to apply: The GMO president (or a designee of the GMO president) will nominate a volunteer.

BOTH APPLICATIONS MUST BE POSTMARKED NO LATER THAN AUGUST 31, 2004

Changes are coming - watch your Centaur for details!

EQUIPMENT

Jim's Trailer Repair

**1301 E. 58th Units K & L
Denver, CO
303-297-0339
1-800-865-0339**

Providing quality parts and service for horse trailers for over 23 years.

Specializing in preventative maintenance. Bring us your trailer for an annual safety check



Drive Our Reputation

Locations in Castle Rock and Parker

Purchase a late model used truck for towing your horse trailer and save thousands of dollars

**729 Wilcox Street
Castle Rock, CO 80104
Phone: (303) 660-8754
Fax: (303) 660-6022
bmotors@qwest.net**



Complete RV Sales and Service Center

Take a tour of our campers during the Championships located on-site.

Stop staying in hotels. Stay in one of our luxurious, self-contained truck campers right on the show grounds!

12202 Brighton Road, Henderson,
Colorado 80640
www.fivestarrv.com
**303 659-1725
800 222-6737**

Ph. (405) 224-6013 Fax (405) 224-2402



JACKSON HORSE TRAILERS
Route One, Box 185 Chickasha, Oklahoma 73018

Emmy's Trailers, Elbert, CO Your Local Jackson Dealer 719-495-4188

askemmy@aol.com

**A familiar name in the
dressage community you can trust**

EQUINE SUPPLIES & SERVICES



**FOXCREEK
Mobile Equine Outfitters**

(303) 413-0179

*1750 30th Street, Ste.86., Boulder, CO 80301
foxcreekmeo.com*

**THE
TACK
ROOM**




DID YOU KNOW WE HAVE a mobile unit for your saddle fitting needs, and will be at several area shows in WY and CO. Call for info, dates and location.

AUTHORIZED DEALER FOR:
Amerigo, Passier, Stubben, Pessoa, Miller's, Tipperary, Mountain Horse Clothing

1319 South Third St., Laramie, Wyoming 82070
Phone: (307) 745-6135 • Fax: (307) 745-2069
We accept Visa, Mastercard, Discover
Web address: www.wyotackroom.com;
e-mail: sales@wyotackroom.com


SERVICES

*Alice Kremers
MSA Certified Saddle Fitting
Agent, County Saddlery, Inc.
303-759-1771
FoxManRed@aol.com*



ANDRIA ALLEN
Broker Associate

Office: 303-652-8800
Fax: 303-652-8900
Cell: 303-810-8375
Email: andriaallen@coloradolandmark.com



**COLORADO LANDMARK,
REALTORS'**

Each office is independently owned and operated

ATTENTION

Effective April 1st, 2004, those people in arrears to RMDS will be posted on the website.

Contact the Central Office at (720) 890-7825 or rmds@indra.com if you have any questions.

Onsite EMTS

Onsite Care for Your Event

P.O. Box 433
Elizabeth, CO 80107

(303) 646-2795
onsitemts@hotmail.com



A partner for life.

For more than 80 years, Baird has been serving the needs of serious investors with honesty and integrity. No matter how complex your financial situation, The Barkmeier Group will help form a financial partnership with you that has your financial success as its number one priority. With over five decades of combined experience, we specialize in finding customized solutions that help clients reach their financial goals.

- Financial Planning
- Retirement and Estate Planning Services
- Asset Allocation and Portfolio Rebalancing
- Privately Managed Portfolios

The Barkmeier Group
Claudia Barkmeier, CFP™, Senior Vice President - Investments
 Senior Investment Consultant

Robert W. Baird & Co.
 1881 9th Street, Suite 250, Boulder, CO 80302
 303-786-7240 . 800-572-9983
www.bairdfinancialadvisor.com/barkmeier

Wealth Management . Investment Banking . Private Equity . Asset Management

Securities offered through Robert W. Baird & Co.
 ©2003 Robert W. Baird & Co. Incorporated. Member NYSE & SIPC. www.bairdonline.com CC-16955



A Wealth of Advice.™

CLASSIFIEDS

To place an ad: send ad with check for \$12 per item for sale (due date is 10th of the month prior to month of publication) or \$22 for a picture ad (must be digital photo), payable to RMDS to: RMDS Central Office, attn: Beth Geier, 2942 Park Lake Drive, Boulder, CO 80301.

Ad must be paid before it will be placed in the classifieds. *Email ad copy/picture to bswanson2003@qwest.net.*

Please send hard copy with check. Thank you.

HORSES

For sale: **1995 Holsteiner/SWB gelding**, 16.2 hh. Corbin is outgoing and athletic with big free movement. He is intelligent, loves attention and has much potential for dressage, jumping or combined training. This powerful moving gelding is waiting for a thoughtful, confident rider to develop his many strengths. Currently in training and may be seen by appointment. Call 970-225-1408 or 307-432-9331. Email halfpasshopenfull@aol.com for more info. Video soon.

TB Gelding— 6 year old bay, 16 hands. Excellent dressage prospect, schooling 1st level. Naturally balanced, elegant, good mover. Willing and kind. Loads, ties, clips, does trails. Asking \$5000. Call Kristin at (719)481-4595 or email KGWoestehoff@aol.com. Pictures available.

6 yo Hanoverian gelding. Champion at his keuring, scoring an 8.5. Dark bay, 16.1 H. Sweet, giving personality, great ground manners. Correctly and carefully started, solid training level, working First. Expressive gaits, but straightforward to ride. Definitely upper level potential. Leslie @ (303)646-5654 or (303)809-5996.

7 yo Mustang/Percheron 16H gray gelding. Great gaits, lots of suspension, loves trails, easy to ride. Smart and tries hard to please his rider. Just started dressage work, going Training Level. Call Sue (303)444-7833.

Super talented **4 yo Lusitano/TB** roan gelding, 15H. Wants to please and easy to train. Three fantastic gaits and a great mind, going Training Level. \$6000. Call Sue (303)444-7833.

4 yo 16H Bay Trakehner gelding by Topas II. Just starting ground work. \$7000 OBO. (303)697-8359.

SOMEONE HAS TO GO: Too many horses. Gorgeous **Trak yearling gelding** or his Mom. The yearling is a well mannered, solid bay with matching rear half stockings, should mature to 16'2" or so, his sire is Happy Hour and his grandsire is Erzsand. The mare is older, rideable sound, gray, easy to breed and work around. Her sire is Erzsand. Yearling priced at \$5000 and Mom at \$2000. Please call Pam Bjorlo at (970) 377-1336

2001 Reg. Friesian Sport Horse (Morgan/Friesian Cross) Should mature to 16H, elegant mover, Black/Bay mare with great Friesian look. Super sweet, great personality. Ground work done, has been started. Great work ethic. \$4500. Pam Zain (970)243-3229 or kzain67769@peoplepc.com

1998 Anglo-Trakehner gelding. (Torec) 16.1H Chestnut. USDF All-Breeds Awards, Training Level Junior Reserve Champion 2003. Three beautiful gaits, easy to sit, great disposition, upper level quality. Pam Zain (970) 243-3229 or email kzain67769@peoplepc.com

5-yr old Trakhener mare, 15H, bay, by Martini, Grand Prix dressage Trakehner stallion listed 1st on USDF Leading Sire list every year/out of Anglo Trak mare by Mozart, "Ocarina" has exquisite conformation, impressive gaits, is affectionate, unflappable, completely sound and undamaged for any discipline or Pony Club. \$11K OBO to good home only. Pictures/video avail. Judy Moore 719-395-8543 dialogue@amigo.net, Loveland.

6 yo Oldenburg/TB gelding 15.1h. 3 good gaits, exceptional trot. Training level dressage, schooling 1st. Also jumps, trail rides and does natural horsemanship. Fun, talented horse in a small package. Absolutely sound. \$5,000 neg. to right home. 303-447-8935 or jeremysusj@wmconnect.com

Legacy Hill Farms in beautiful Castle Rock, Colorado always has an incredible selection of dressage horses imported directly from Europe. We have many phenomenal horses to choose from which are always personally handpicked with an emphasis given to correctness, temperament, beauty and of course, soundness. Visit us online and see our "Sales" pages for a list of current horses for sale and don't miss the "Success Stories" page. It's dedicated to our past clients and their new horses. WE IMPORT CHAMPIONS!! www.legacyhillfarms.com 303-663-9494

TACK/MISC.

Passier PSL Dressage saddle. Black, medium tree, 16.5", no fittings. Very good condition. Extremely comfortable saddle. Good for a narrower backed horse. \$750.00. Leslie @ (303)646-5654 or (303)809-5996.

ScandicaNova DL Dressage, 17.5" seat, 32 cm tree, black with elk hide on seat, skirts and knee rolls. Only ridden a few times. \$1250. **ScandicaCS, Jump Saddle**, 17.5" seat, 31 cm tree, black with elk hide on seat, skirts, and knee rolls. Never ridden. \$950. Suzanne, 303-478-8325 or szimmer@nea.org.

Neidersuss saddle 17" seat. \$700. Call Cynthia (303)399-6601.

Rembrandt dressage saddle, 17.5". \$900. Call Cynthia (303)399-6601.

Passier dressage saddle PSP Baum. 17.5", medium-wide, excellent condition. No fittings. \$900. (303)663-4921.

2004 COSEQUIN USDF BREEDERS'

CHAMPIONSHIP SERIES

Rocky Mountain Series

Open Show and Finals & RMDS Sport Horse
Breeding Championship

Thursday September 23, 2004

USEF #320864 USDF #69305 RMDS #1073

ANDALUSIANS



LUSITANOS

THE IBERIAN HORSE

He is the Horse of Kings, legendary for his noble bearing, spectacular movement and athletic prowess. Today he is becoming legend for his lightness, sensitivity, collection and elegance in the dressage arena the world over.

To learn more about this naturally gifted breed, contact the RMIHC. Join us and share the living legend of the Iberian horse...

4th ANNUAL ROCKY MOUNTAIN IBERIAN HORSE SHOW
AUGUST 14 & 15. ADAMS COUNTY FAIRGROUND,
HENDERSON, CO

RIDE A TEST DRESSAGE CLINIC- SATURDAY, AUGUST 14
For information contact Amy Star, Show Manager, at
(303) 249-0546.



ROCKY MOUNTAIN IBERIAN HORSE CLUB

<http://rmihc.tripod.com> email: rmihc@earthlink.net



Jan Ebeling Dressage Clinic

While at the 2003 Pan American Games in Santo Domingo, the Dominican Republic, Jan was the highest ranking US rider clinching the Gold medal for the USA team!

AUGUST 14TH -15TH

Hosted by

MIDDLE FORK SPORT HORSES

Home of Donnersmark - Imported Oldenburg Stallion

Accepting auditors now!

RIDERS FILLED!

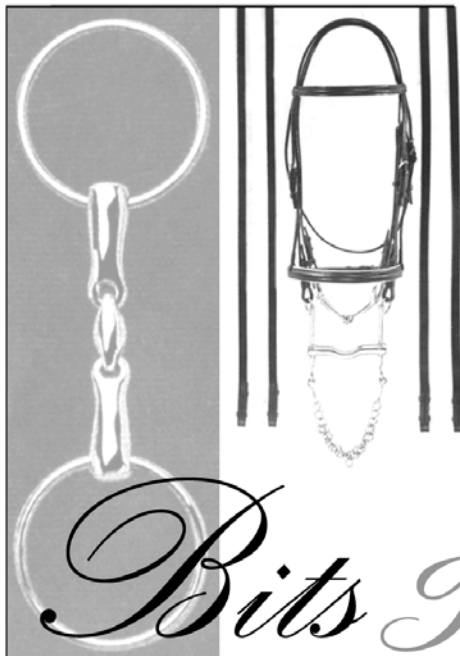
\$10 (one day) or \$15 (two days) auditor fee includes full lunch and Saturday evening cocktails and BBQ with Jan Ebeling!!



Middle Fork Ranch - Bringing the European element to Dressage for Colorado

For reservations and directions please contact:
MIKE SCHIKORA or COLIN BATE
Middle4k@aol.com or call 303-747-2626


THE TACK COLLECTION
 S A D D L E R Y

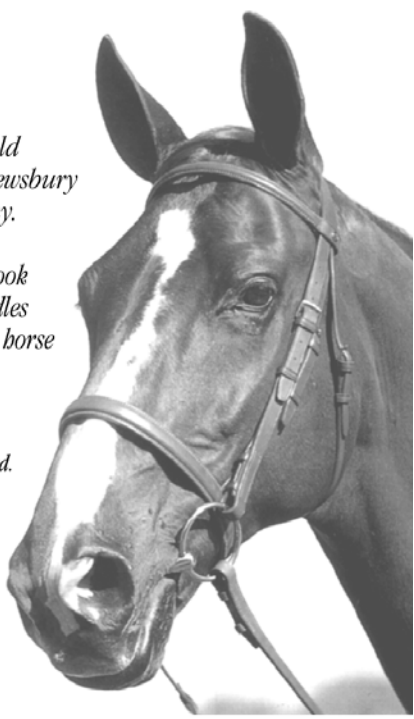


*D*iscriminating riders will appreciate the old world craftsmanship of our extensive selection of Deusbury bits from England and Sprenger bits from Germany.

Combine these extraordinary bits with the elegant look of our KL, Otto Schumacher and Passier line of bridles and you will have a superior fit that you and your horse will appreciate for years to come.



Saddle fittings provided by Beverly Harrison
 Certified by The Society of Master Saddlers (UK) Ltd.
 Contact The Tack Collection for an appointment.



Bits & Bridles

Store hours are 9 - 6 Mon. thru Sat. at: 539 S. Boulder Rd. in Louisville in the Village Square Shopping area near Safeway.
 toll free: 866/303-TACK phone: 303/666-5364 fax: 303/604-2783 e-mail: info@tackcollection.com www.tackcollection.com



ROCKY MOUNTAIN DRESSAGE SOCIETY
 2942 PARK LAKE DRIVE
 BOULDER, CO 80301-5139

Nonprofit Organization
 U.S. Postage
PAID
 Parker, CO
 Permit No. 22