

THE CENTAUR

“Summer afternoon... the two most beautiful words in the English language.” -Henry James

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Cynthia Dunoyer Celebrates her USDF Century Ride on Casanova



Photograph courtesy of Karena McCurdy Images

Cynthia and Casanova's ride took place on June 5, 2010 at The Colorado Horse Park in Parker.

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Cynthia gave us a little background on her road to the Century Ride:

I got Casanova as a sixteen-year-old. He knew walk, trot and canter. In three years I taught him everything I knew; he was such an attentive, enthusiastic student! I'd try something new once, do it a second time, and then take a short rest. At that moment he would do it himself, as if to say, "I know it, Maman, you don't have to tell me!" So I decided we could easily do a fourth level test for our Century Ride. Though he was quite worried all during the ride from new surroundings, flower pots, and LOUDspeakers, his self-control was commendable so I was complimenting him the whole time.

I'm a mother of four, grandmother of eleven, and my husband is French; it was in France that Dressage all started. As I watched beautiful rides there I had to ask myself: "But HOW do they do all this?" You saw nothing from the rider. This is Magic. SO! I had to find out! Thus began my journey into dressage.

Region 5 Report

DEADLINES: Region 5 GMO volunteer of the year award, nominations for GMO newsletter and website of the year are due to USDF by August 31. This is also the deadline for the Ruth Arvanette Grant for members to go to the USDF convention. You can find the criteria and applications on www.usdf.org.

The FEI Junior and Young Riders are preparing for the NAJYRC championships at Kentucky Horse Park. As I write this we still have qualifying competitions and the riders are not selected. We have had a great fundraising year and a lot of enthusiasm. Good Luck to those that make the team or compete as individuals, and a big thanks for all the volunteers and contributions!

This year our Regional Championships will be at Colorado Horse Park on September 2-5, 2010. We had to move the dates earlier due to the 2010 World Equestrian Games September 25 - October 10, 2010 at the Kentucky Horse Park. So plan your competition year to qualify for our championships.

We have a USDF "L" program starting in Arizona with session A October 23-24. To participate in Sessions A-C, you do not need to have the second level scores, only if you go onto Part 2, Sessions D and Final exam. For more information, contact Dorie Vlaten Schmitz: dvschmitz@msn.com.

Stay Cool and Happy Riding!
-Theresa Hunt, Region 5 Director



Chapter News

High Plains Chapter

High Plains Chapter will be finalizing the Hilda Gurney Symposium which is to be held in October. Look for more information in the August Issue, and check out our website at www.highplainsdressage.com for more information.

I would also like to send a request to all Training/Boarding Facilities, Tack Shops, Trainers, and Groomers/Braiders to e-mail their information to the High Plains website, so we can make this information readily available to all.

-Mary Buckley, President

Colorado Springs Chapter

The Colorado Springs Chapter's June meeting included an educational event featuring Shelly Wallen of Energy Therapy, LLC from Littleton, Colorado. She discussed the differences in the human and animal energy systems and essential oils for horses. We were excited to hear about this form of therapy and

how it benefits our horses.

Our May meeting with Janet Foy was great. She changed the discussion topic to the new dressage tests that USDF is working on. We were excited to be able to have Janet explain some of the changes and give us a preview of why the changes were made as well as ask questions. One of the most interesting aspects of these changes was the fact that Intro will now have three tests instead of two with an intro to canter in Intro Test 3. In addition, Training through Fourth will also only have three tests. It was a great discussion and very enlightening not only for riders but show management as well.

The business aspect of the meeting included the treasurer's report, upcoming educational events, and Dressage at the Peak shows in July. We did have a change of venue to Fountain Valley school. We are VEERY excited about this because this venue has a covered warm up as well as a huge indoor arena. This are always pluses in the Colorado July weather since we could get rain, heat waves, and even snow! We discussed the

Chapter News

need for volunteers, sponsorship, and how we can meet the needs of participants.

Colorado Springs meetings are held the 3rd Wednesday of the month. Please check our website for details on the meetings and educational events at www.csdressage.org

-*Elaine Haberman*, President

Foothills Chapter

The Foothills Chapter has had some changes to plans, including cancellation of the Leslie O'Neal Olsen Clinic, planned for June 26 and 27 at Bridlewood Stables in Evergreen, due to insufficient registration. Foothills Chapter members have indicated an interest in training and education, so this cancellation, while disappointing, is not viewed as a lack of commitment or interest for this type of opportunity.

The Foothills Chapter has confirmed that two scholarships are available for the 2010 year. Information and application details are available on the Foothills Chapter Website at [\[hillsdressage.org\]\(http://hillsdressage.org\). Application deadline is June 30 and scholarships will be awarded by July 15.](http://www.foot-</p>
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Also, due to current real estate activity at Table Mountain Ranch and the uncertainty about the status of this location at show time, we are cancelling the Ride-A-Test and show on July 31 and August 1. Thank you for your understanding of our need to cancel an event for which we could not guarantee the great experience people have come to expect from this show. The plan is to find a new location, if necessary, when we get the date back next year.

These changes stimulated discussion about transitioning from chapter meetings every other month to hosting quarterly education/clinic sessions on weekends. The Chapter is in the planning stages for this potential shift in operations. Please stay tuned for news about this approach and opportunities for great education to come!

On behalf of the Foothills Chapter,
-*Heather Fitzgerald*

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*Colleen
Diamond*
at her new location at Castle Rock's
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ROCKYMOUNTAINDRESSAGE SOCIETY

SUGGESTED BYLAW/STANDING RULE CHANGE

- Please use the current Bylaws and Standing Rules for your reference.
- Email (or mail) your suggested changes to the RMDS Central Office (rmds@rmds.org) by September 1 for consideration at the Board of Governors meeting in November.

Bylaw change _____ Standing Rule change _____

Page number _____ Article # _____ (be specific)

Rewrite section you wish to change and show what is to be deleted (if anything):

Name: _____ E-Mail: _____

Reason for change: _____

RMDS Central Office-2942 Park Lake Drive-Boulder, CO 80301

New Member Referral Program

RMDS is starting a new program on January 1, 2010 to help increase membership. It is called the Member Referral Program. Everyone who refers a new member to RMDS will be entered into a drawing for a prize. If someone has been a previous member but not for the past 5 years, they are also considered a new member for this program. When you refer someone and they join RMDS, please instruct them to put your name down on the new line on the membership form. Once we receive their membership, we will put your name on a list. At the end of the year at the BOG, all the names will be put into a hat and a name will be drawn to receive a prize.

Three individual memberships for 2011 have been donated as the prizes: one by Heather Petersen and two by Elaine Haberman of Stabile Di Cavallo! We offer a big Thank You

to these ladies for their generous donations! We will also be presenting an additional prize to the person who has referred the most new members!

Please pass the word on to everyone you know in RMDS that we are starting this program! If you know someone who has joined and they haven't put your name on the membership form, please have that person call Beth in the Central Office at 720-890-7825, so she can include you on the list. We will send the list of names out at the end of the year so everyone can make sure their name is on it. If not, please have the member you referred call Beth so you can be added to the list.

Thank you for all of your help!!

Russ Fawcett Memorial Award

Donated by *Janet Foy*

RMDS To Recognize 'Lifetime Achievement'

The "RFMA" will be awarded to an individual (professional or Amateur) who has shown dedication to the sport of dressage through education and "giving back." The RFMA will be awarded based on individual written nominations sent to the RMDS Central Office received by September 1.

A committee will review applications and choose the winner. Please send your nominations to the Central Office at: RMDS, 2942 Park Lake Road, Boulder, CO 80301 – rmds@rmds.org - fax-720-890-7825

Reminder: Check Year-End Scores

at www.rmds.org.

Oct. 5 is the last day to make changes.

Thanks again to our sponsors, BizTek International and Autumn Hill IEC, for supporting the RMDS Winter Wake Up (in the Summer) 2010 Show. Also our greatest appreciation extends to the many volunteers without which this never would have been the great show it was. Thank you so very much!

Through the Grapevine

What's happened lately in your life or with the friends you hold dear? Let us know "Through the Grapevine" at vanbergc@yahoo.com.

The following trainers have relocated to Cresta Farm in Franktown, Colorado: Colleen Diamond, Jenny Brauer, and Stephanie Leahey. Cresta Farm is the former Destiny Ranch, located at 5530 E Hwy 86, Franktown. -*Cindi O'Shea*

President's Message

The show season is in full swing and many of you are reaping the fruits of your hard labor throughout the winter months. I certainly wish you the best of luck for all your tests and the ability to show off your horses to the best of their abilities.

As many of you know there was a meeting at the FEI in February this year. The meeting dealt with LDR (long, deep, round) and Hyperflexion. Dr. Gerd Heuschmann of Germany went with 40,000 signatures in tow showing the FEI that many horse enthusiasts are in disagreement with current training methods.

According to Dr. Heuschmann, the meeting was constructive and quite positive. Different work groups have been formed within the FEI to help define what is acceptable and what is not. The attached drawings show acceptable stretches. Hopefully this will better our sport and encourage riders to once again see their horses as partners and not tools to reach international fame.

Dr. Heuschmann will be right here in Colorado for a clinic in August. It will take place south of Colorado Springs from Aug 13th through 15th. Check out the RMDS calendar for more details.

I had the great fortune to see him speak live a few years ago and he was very good. His explanations are clear, concise and to the point. He can describe quite complicated biomechanics in simple terms so that everyone can understand what he is talking about. If you have a chance to go, I would highly recommend this.

The World Equestrian Games are upon us. Starting on Sep 25 and ending on Oct 10 will be two weeks packed with all kinds of equestrian events. Apparently Anky van Grunsvan will not show in Dressage (due to injured horses), but may represent Holland in Reining. On top of that there will be jumping, eventing, vaulting, driving, endurance and para dressage. If you are going, please consider writing an article about your experience. It would be fun to get a first hand report on all the great things that happen there. Our own Janet Foy will be helping to stage the dressage events for the TV crews. Good luck with that Janet.

RMDS wants to thank BizTech International, our presenting sponsor, and also Autumn Hill International Equestrian Center for donating their facility so generously to the Winter Wake Up show. Without these sponsors we would not have been able to hold this show. For Autumn Hill we want to thank Jeff and Mary Wycoff – we really appreciated it. I also want to mention the superior support from Julie Barringer-Richers and the grounds crew, headed by Russel. We could not have done it without you.

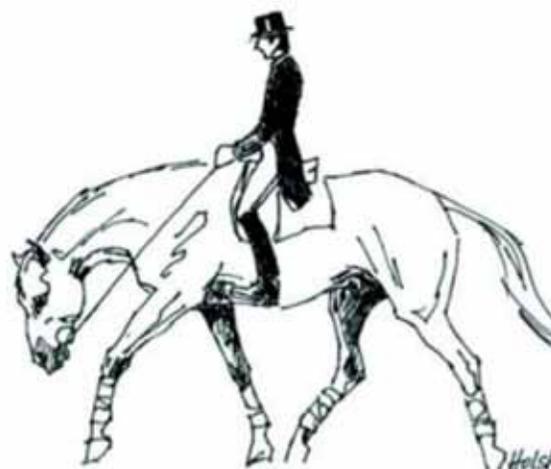
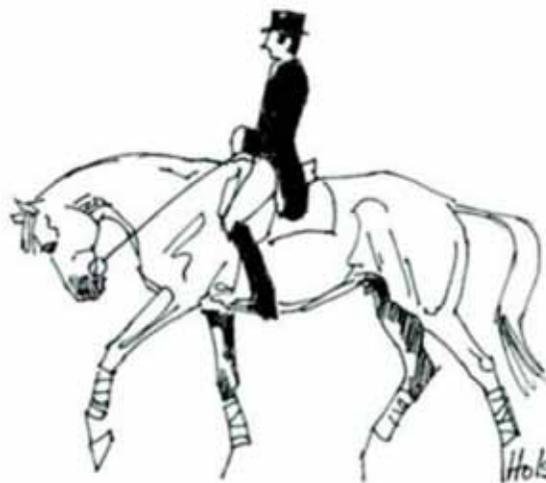
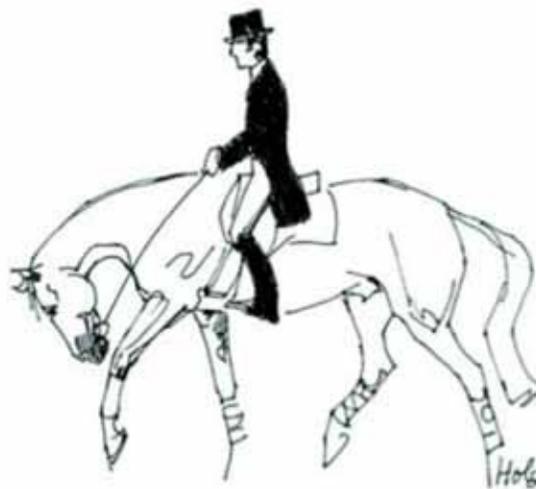
RMDS is looking for a few daring souls that want to take on the junior/young rider camp for 2011/12. K.C. Parkins-Kyle has informed me that she will not be able to hold it again after 2010. Thank you K.C. and the 8th Heaven Team for doing

an outstanding job. If you are interested in holding the camp, please contact me or the Central Office.

It is baby season. I have the great fortune to have one of my own, a little filly – half Andalusian, half Thoroughbred. I am looking forward to seeing her grow up. If you have any baby stories – share them with us.

Enjoy your summer – see you at the shows.

-Simone Windeler, President, RMDS



FEI Acceptable Stretches

United States Dressage Federation Issues Protective Headgear Safety Statement

-Linda M. Schultz

Lexington, KY (May 25, 2010) - The United States Dressage Federation (USDF) released an official statement regarding protective headgear use following the Spring USDF Executive Board meeting held at their headquarters in the Kentucky Horse Park in Lexington, Kentucky.

The statement, "USDF strongly recommends all riders wear protective headgear when mounted," is in line with USDF's current policy to require all photos of mounted riders in the USDF Connection magazine include protective headgear.

USDF is also requiring the statement on all videos it produces and any videos or educational materials for which it offers accreditation for its University program.

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit www.usdf.org, e-mail usdressage@usdf.org, or call (859) 971-2277.

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FUN AND FRIENDLY EVENT

USDF Region 5 Youth and Adult Team Competitions

Saturday, August 14, 2010
Autumn Hill IEC, Longmont, CO

This program provides an opportunity for youth and adults to compete in a team-like atmosphere, and encourages camaraderie and support for youth and adults competing at any level.

FUN for ALL! No Pressures! Easy on your wallet! Informal dress! and Meet New Friends!

ALL RIDERS will be put on a scramble team of riders, youth with youth and adults with adults.
Meet your Team on Friday night at the Wonderful, Fabulous, And HIGHLY Educational Event!

THEN...

Name your Team (something cute, funny, or utterly ridiculous), Grab an innocent bystander or two to help the team, call them a "Team Manager". This person will feel important and your team can use them to assist with horses, get to the ring on time, get water, etc. (moms, dads, trainers work well in this role.)

THEN....

1. Each team member will ride their test of choice.
2. Each team member will participate in an equitation class (Youth) second test (adults).
3. Each team member will complete a written test (study guides provided and pencil provided).

SERIOUS STUFF - Ribbons will be given through sixth place, USDF/USEF Rules apply, Only friendly riders allowed to participate.

Have a fun time with some new friends and make sure to get your 2010 RMDS Entry Form in by the close date of July 30th, 2010.

DON'T YOU WANT TO SIGN UP? Check Prizelist for more information.

The RMDS Scholarship Program

Revamped and Revisited

-Loni M. Gaudet, Scholarship Committee Chair

During the past two years of working with the RMDS Scholarship Program, I have gained much insight about the actual workings of the program, and received a lot of feedback from members. Based on this experience and feedback, I prepared a revision to the program guidelines that was presented to the Executive Board before the May meeting, for discussion during that meeting.

The Board had a few suggestions and corrections, and now that those have been incorporated and finalized, it is time to share the major changes with you.

Volunteering Requirement

Because RMDS relies on volunteers, we have added two requirements – one for applicants, and one for recipients. Volunteering has always been a strong consideration in the selection process, but it's also necessary for RMDS's proper functioning, therefore the Board suggested that it become a requirement. Starting this year, scholarship applicants must have completed a minimum of 8 hours of volunteering at RMDS events in the year prior to the scholarship year for which they are applying. These hours must be documented using the Volunteer Hours Form found on the RMDS website, <http://rmds.org/forms/>. Volunteering can be at ANY RMDS event, such as a clinic or a show.

In addition to volunteering in order to apply, scholarship recipients must complete an additional 8 hours of volunteering at RMDS events during the year in which they are awarded the scholarship. These hours must also be documented using the appropriate form.

Scholarship Amounts

Scholarship awards are dependent upon the amount of money in the RMDS Scholarship Fund. These funds are generated in several different ways.

One way is through YOUR donations on your show entries. Reminder!! Remember to add a dollar or more where it says "\$1 Donation to RMDS Scholarship Fund" on the very last line of your show application. Or you could even round up your fees on this year's horse show entries. If everyone rounded up their entry form to the nearest dollar, or maybe the nearest five dollars, it would give the scholarship fund a huge leg-up.

Another avenue is people who donate "just because." RMDS appreciates any and all contributions to the scholarship fund.

A new source of funding is those funds generated by RMDS member's purchases through our partner, Moxie Equestrian, (<http://www.moxieequestrian.com/>). Funding from Moxie proceeds was suggested by Dolly Hannon at the May meeting. Please take a moment to thank Dolly for her great suggestion.

This brings us to another change. The board agreed that once the scholarship fund has exceeded \$10,000, the scholarship awards can draw down the fund by 70% of the available funds. (Until such a time, the awards cannot exceed 50% of the available funds.) So if the fund has \$10,000, \$7,000 would be available for scholarships. Divided by four types of scholarships, the amount would be over \$1,700, or RMDS could award more than one scholarship for each category. So the more we donate, the greater the scholarship awards will be.

Scholarship Timeline

The dates for submitting your scholarship application have changed. The previous dates conflicted with the entire Championship/Back-to-School time of year, and several people commented that the time either passed them by, or they didn't have the extra time to prepare their applications.

The new dates for submission are from October 1st to November 30th for the following year's scholarships. By this time of the year, I hope we are settling in for fall, and not yet stressed over the holiday season.

The Scholarship Committee will review all applications and make recommendations to the RMDS Executive Board at the January meeting. The Board will vote on the recommendations presented, and the Scholarship Chair will announce the names of the scholarship recipient(s) by January 30th of the Scholarship year.

Conclusion

While the policy changes are not numerous, they are significant. Please mark your calendars with the scholarship application deadline of November 30, 2010, and PLEASE, remember to round up or add a dollar or more to the scholarship fund when you fill out that next entry form.

About RMDS

2010 RMDS Executive Board

President	Simone Windeler	719-540-2000	simonedressage@gmail.com
Past President	Laura Speer	970-371-2934	riversidestables_evans@yahoo.com
Vice President	Mary Jo Hoepner	719-495-3648	vicepresident@rmds.org
Secretary	Susan Rudman	303-697-8528	sewrunred@msn.com
Treasurer	Sharon Soos	303-904-7534	sksoos@mesanetworks.net

Permanent Committees

Adult Amateur	Lori Mitchell	303-816-2375	baffleddressage@aol.com
Awards	Shannon Lemons	719-686-0064	lemons_shannon@yahoo.com
Results	Central Office	720-890-7825	rmds@rmds.org
Championship Show	Laura Speer	970-371-2934	riversidestables_evans@yahoo.com
Communications	Cathy Van Berg	303-916-6136	vanbergc@yahoo.com
Centaur Production	Cathy Van Berg	303-916-6136	vanbergc@yahoo.com
Omnibus Advertising	Central Office	720-890-7825	rmds@rmds.org
Omnibus Production	Burke Design, Nicole Bizzarro	720-890-7825	rmds@rmds.org
Webmaster	Michael Petersen	719-683-8435	webmaster@rmds.org
Constitution, By-laws	Central Office	720-890-7825	rmds@rmds.org
Education	Heather Petersen	719-683-8435	slush@drwgw.net
Insurance, Show Standards	Central Office	720-890-7825	rmds@rmds.org
Junior/Young Riders	Colleen McFadden	303-665-2631	Mcfadden_colleen@hotmail.com
Junior Camp	KC Parkins-Kyle	303-841-9953	murphyhors@aol.com
Marketing	Heather J. McEntee	719-338-9913	heather@hjmcdressage.com
Membership			
Horse Registration	Central Office	720-890-7825	rmds@rmds.org
Registration Officials and			
Show Standards	Central Office	720-890-7825	rmds@rmds.org
Scheduling	Central Office	720-890-7825	rmds@rmds.org
Scholarship	Loni Gaudet	970-532-0852	lonigaudet@earthlink.net

Chapter Presidents

Arkansas Valley	Brenda Haley	719-275-0118	shininghorse@copper.net
Boulder Valley	Nicole Donohue	303-827-6150	hobbyhorse6789@yahoo.com
Colorado Springs	Elaine Haberman	719-358-1577	stabiledicavallo@gmail.com
Foothills	Dolly Hannon	303-919-4112	dollyhannon@msn.com
Grand Valley	Lisa Binse	970-243-8543	lbpawprints@yahoo.com
High Plains	Mary Buckley	303-627-4413	topbuckley@comcast.net
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Wasatch Mountains	Sally Shaffer	435-640-8797	wasatchmtnsdressage@yahoo.com
Western Colorado	Judith Family	970-923-8832	dns@rof.net

Governing Bodies

UNITED STATES DRESSAGE FEDERATION

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 Lexington, KY 40511

USDF Region 5:

Director Theresa L Hunt hunterry@mindspring.com
 FEI JRYR Coordinator Susan Rudman 303-697-8528 sewrunred@msn.com
 Website www.usdfregion5.org

US EQUESTRIAN FEDERATION, INC 859-258-2472 www.usef.org
 USEF
 4047 Iron Works Parkway
 Lexington, KY 40511

RMDS is a USDF Group Member Organization and RMDS members are automatically USDF Group Members.

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About RMDS

RMDS CHAPTER MEETING SCHEDULE

Arkansas Valley: 3rd Thurs., location TBD,
6 pm.
Brenda Haley, 719-275-0118,
www.horsetop.net

Boulder Valley: 2nd Mon., even months,
location TBD,
Nicole Donohue, 303-827-6150,
hobbyhorse6789@yahoo.com

Colorado Springs: 3rd Tues., Colorado
Springs City Hall,
Elaine Haberman, 719-358-1577,
stabiledicavallo@gmail.com
www.CSDressage.org

Foothills: quarterly meetings, location TBD,
Dolly Hannon, 303-919-4112,
dollyhannon@msn.com

Grand Valley: 1st Thurs. each month, loca-
tion TBD,
Lisa Binse, 970-243-8543,
Lbpawprints@yahoo.com

High Plains: 3rd Tues. each month, 6:30pm,
August Moon Grill in Parker, on East Main
Street. Mary Buckley, 303-627-4413,
topbuckley@comcast.net
www.highplainsdressage.com

Northern Colo.: 3rd Tues., each month,
location TBD,
Laura Speer, 970-330-7233,
riversidestables_evans@yahoo.com

Wasatch Mountains
Sally Shaffer, 435-640-8797
Location TBD

Western Colorado: Judith Family,
970-923-8832, dns@rof.net

RMDS SPONSORED EDUCATIONAL EVENTS

All events are open to everyone to audit or participate unless otherwise stated. A great opportunity to continue your education.

2010

- July 24-25** RMDS L-Program Final Session, Autumn Hill IEC, Longmont. **CLOSED. Scribes Needed.**
- August 14** USDF Region V Adult & Youth Team Competition- Autumn Hill IEC, Longmont
- September 1** Rocky Mountain Series-Sport Horse Breeding Finals & USDFBC Finals, Colorado Horse Park
- September 2-5** RMDS Open & Championship Show, and Region V Championships, Colorado Horse Park

For details on these and other RMDS events:

- Contact Heather Petersen, 719-683-8435, slush@drwgw.net - Education Chairman
- Read the Centaur, or go to the website at www.rmids.org
- Contact the RMDS Central Office 720-890-7825, or email rmids@rmids.org

Meeting Schedule of the RMDS Executive Board

All RMDS Executive Board meetings occur on the second Thursday of every odd-numbered month. Steering Committee meetings are held on the second Monday of every even-numbered month. Board of Governor's meeting is held the second Saturday of Nov. Contact the Central Office for precise details.

The Centaur Newsletter

The Centaur newsletter is published monthly. To guarantee that ads and articles will run in a given month, they must be received by the 10th of the month prior to the month of publication, i.e. January 10 for the February edition. If not received by the deadline, articles and ads may be placed in the following issue, if not time sensitive.

CONTACT INFORMATION

For article suggestions, articles, columns, letters-to-the-editor: Centaur Editor, Cathy Van Berg, 1767 Rose Petal Lane, Castle Rock, CO 80109, Phone: 303.916.6136, email: vanbergc@yahoo.com

ADVERTISING

RMDS Office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301, Phone: 720.890.7825, email: rmds@rmds.org

DISPLAY ADVERTISING

For information about corporate advertising and/or sponsorship, please contact Beth Geier (contact info above.)

Artwork (ads) must be provided in electronic format. Acceptable forms include: jpeg, pdf, tiff, eps, and doc. IF UNSURE ABOUT AD FORMATTING, please contact the editor (contact info above) for consultation. No substitutions may be accepted. If your ad is submitted in a file format other than those listed above, you will be contacted regarding an additional charge for reformatting or redesign. Hourly charge for redesign/reformat is \$50, in minimal units of one hour.

Please be sure to include a printed version of your ad with your payment so that the ad may be proof-read against the electronic version. Printed ad copy cannot be used as final art.

CLASSIFIED ADS

Classified ads may be submitted via email to the RMDS office (address above.) You may also type or hand-write a classified ad and mail it to RMDS headquarters, attn: Beth Geier, **The Centaur**. Please limit your classified ad copy to 50 words or less. Exceeding 50 words will result in additional charges per line.

PAYMENT AND AD COPY DELIVERY

Email ads to: rmds@rmds.org, and cc the electronic copy to vanbergc@yahoo.com. Send payment and hard-copy to the RMDS office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301.

AD RATES AND SIZE SPECIFICATIONS

Classified \$20 per item for sale (includes web listing.) 50 words maximum. Classified w/photo \$32 per item for sale.

Full Page.....	\$1507.5" x 9.5"
Half Page.....	\$907.5" x 4.75"
Outside back half	\$1057.5" x 4.75"
1/4 Page (Vertical Only)	\$553.75" x 4.25"
1/8 Page (Business Card)	\$30	.. 3.625" x 2.25" (horizontal only)

Ask about discounts for multi-month or annual ad contracts.

Payment for ads is due on the 10th of the month. If not received by the following 10th of the month, the person will be listed on the RMDS website under the suspended category.

EDITORIAL POLICY

Articles submitted for publication will not be returned. Please contact the editor before submitting unsolicited articles or photos. Articles represent the work and views of their authors, and not necessarily the RMDS, its officers or employees.

Utilize the RMDS Network:

Trainers and Instructors - Get on the Web and Build New Business

If you wish to increase business, you can place your information on the RMDS website at very low cost. Send information to: RMDS Central Office, 2942 Park Lake Dr, Boulder, CO 80301, Phone 720.890.7825, or email: rmds@rmds.org (note on subject line "Trainer Info".) Please include your name, phone, postal address, email, training locations and other pertinent info, i.e. award, certifications, lesson types, schooling horses, etc.

The website averages 200 hits per month on the trainer page and RMDS receives 25-30 emails per month requesting names of trainers in the RMDS region. Don't miss the opportunity to expand your client base and gain recognition.

Cost is \$50 annually. Mail check to: RMDS Central Office, 2942 Park Lake Drive. Boulder, CO 80301.

Advertise Events on the RMDS Website

Website ads on the RMDS site provide your event with high visibility. Your ad will run for one month from the date it first appears. Unless the RMDS Central Office is notified in advance (rmds@rmds.org), the ad will be removed from the website once the date of the event advertised has passed.

Please limit content of the ad to 20 words. Your email and website addresses will be displayed as links.

Because of the implicit connection to the RMDS, we reserve the rights to:

- Refuse any ad.
- Edit ad content.
- Limit the number of ads displayed at any one time.

Important Info on RMDS membership

Awards are based on the information on your membership card. Be sure to double-check everything very carefully.

Duplicate cards are available for \$2.00. If emailed to you, they are free. Request a new one by mailing the Central Office at rmds@rmds.org.

Proof of adult amateur status must be sent to the Central Office every year. Showing proof at shows is not enough for the year-end awards. Owner, rider, and horse MUST be current members PRIOR to any ride for the score to count towards qualifying for RMDS Championships and for qualifying for any year-end award. If PONY is not listed under breed and you have a pony, send a copy of the measurement form or the permanent pony card to the Central Office. Remember, membership and its details are your responsibility. Be sure corrections are made.

About RMDS

Technical Delegates, Judges, and Certified Instructors

Dressage Judge Ratings and Levels Qualified to Judge

Any class ridden before a judge not qualified to judge at that level must ride "Hors d'concours" where the score does not count.

Status	Status	Levels	Status	Status	Levels
"L"	Learner*	Training - Second (RMDS only)	"S"	Senior	All
"I"	Recorded	Training - Second	"I"	International	All
"R"	Registered	Training - Fourth	"O"	Olympic	All

*may only judge at RMDS recognized shows.

FEI 4*

Janet Foy 719-260-1566

FEI ParaEquestrian Dressage 'O'

Anita Owen 303-953-9904

USEF 'S'

Debbie Riehl-Rodriguez 303-642-7708

Sandra Hotz 303-817-2030

Anita Owen 303-953-9904

Janet "Dolly" Hannon 303-919-4112

USEF 'R'

Kristi Wysocki 303-648-9877

USEF 'r'

Loni Gaudet 970-532-0852

Amy Jablonovsky 970-493-2833

Suzanne Zimmer 303-478-8325

USDF 'L' Graduates (Schooling and RMDS

Only recognized shows)

Simone Ahern* 719-749-9274

Barbara Bell (WY) 307-548-7079

Gigi Brittain* 303-646-1506

Julie Burt 719-372-6270

Alison Child* (UT) 435-640-3287

Linda Coates-Markle 303-469-0279

Kathleen Donnelly* 970-310-8729

Beth Geier 303-673-9840

Jan Goodrich-Spear 303-664-0152

Jessica Greer 970-581-5613

Gwen Ka'awaloa* 303-646-4363

Sarah Martin* 719-379-3716

Linda Ohlson-Gross* 303-840-9818

KC Parkins-Kyle 303-841-9953

Kathy Simard* 720-981-4448

Patti Thurman* (UT) 435-640-1362

Maria Wasson 303-682-9594

Simone Windeler 719-540-2000

*Denotes Graduation with Distinction

Dressage Sport Horse Breeding Judge

Janet Foy 'R' 719-260-1566

Debbie Riehl-Rodriguez "R" 303-642-7708

Kristi Wysocki 'r' 303-648-9877

FEI Chief Steward

Veronica Holt 303-646-3829

Technical Delegates USEF

Eva-Maria Adolphi (UT), r 801-254-3247

Rusty Cook (NM), r 505-877-1456

Veronica Holt, R 303-646-3829

Laurie Mactavish, R 970-390-5160

Heather Petersen, r 719-683-8435

Deeda Randle (WY), R 307-638-6737

Catherine Siemiet, r 719-942-5311

Dianne Stanley (MT), r 406-652-4061

Libby Stokes, r 303-688-2795

Technical Delegates, RMDS sanctioned shows only

Joan Clay 970-420-0887

Jeannette Hillery 303-494-7718

Susan Selby 970-227-9530

M. Elaine Thomas 719-495-1510

USDF Certified Instructors

Training - Second

Julie Burt 719-372-6270

Jill Cantor Lee 970-209-8491

RaeAnn Cook 970-225-1408

Janet "Dolly" Hannon 303-279-4546

Ellene Klopfer 303-828-3879

Clayton Martin 719-379-3716

Kathryn Meistrell 303-550-5130

Bridget Milnes 303-660-4986

Kristi Wysocki 303-648-9877

Training - Fourth

Simone Ahern 719-749-9274

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*"No heaven can heaven be, if my horse
isn't there to welcome me."*

Author Unknown

2010 Shows and Events

All shows are RMDS recognized except schooling shows.

JULY 2010

- 8 **RMDS Executive Board Meeting, Perkins Restaurant, I-25 & Colorado Blvd**
Contact RMDS Central Office, 720-890-7825, rmds@rmds.org
- 10 **Rocky Mountain Dressage Show III, Longmont, USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 10-11 **Manuel Trigo's Seminar "Piaffe & Passage," Casa Serena, Franktown**
Contact Michel Goldman, 303-396-2556, infor@equisa.biz
- 11 **Rocky Mountain Dressage Show IV, Longmont. USEF-BREED**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 16 **Dressage at the Peak Summer Warm-up, Fountain Valley School, Colorado Springs, USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 16 **Wasatch Back Dressage Festival I, Salt Lake Equestrian Center, UT-USEF**
Contact Alison Child, 435-640-3287, achild@kirwin.com
- 17 **Wasatch Back Dressage Festival II, Salt Lake Equestrian Center, UT-USEF**
Contact Alison Child, 435-640-3287, achild@kirwin.com
- 17-18 **Dressage at the Peak II Summer, Fountain Valley School, Colorado Springs, USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 17-18 **Bent Jensen Clinic, Indian Hills Equestrian Center, Indian Hills, CO**
Contact Alison Dechant, 303-204-9782, alliedechant@msn.com
- 18 **Centaur Rising Dressage Show II, Anchorage Farm, Pine**
Contact Kris Cooper, 303-838-5086
- 18 **Autumn Hill Sunday Series II, Autumn Hill IEC, Longmont**
Contact Julie Barringer-Richers, 720-341-5033, jbbarringerichers@comcast.net
- 24 **Whispering Winds Schooling Show 4, Whispering Winds, Monument**
Contact Simone Windeler, 719-540-2000, simonedressage@gmail.com
windelerdressage.com
- 24 **Autumn Hill Dressage III, AHIEC, Longmont-USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 24-25 **USDF L-Program Final Session, Autumn Hill IEC, Longmont -CLOSED-**
Contact Heather Petersen, Education Chairman, 719-683-8435, slush@drwg.net
- 25 **Autumn Hill Dressage IV, AHIEC, Longmont-USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 28-Aug 1 **NAJYRC, Lexington, KY**
Contact Susan Rudman, 303-525-8305, sewrunred@msn.com
- 31 **Sage Creek III, Sage Creek Equestrian, Heber City, UT-USEF-YR**
Contact Jennifer Layman, 435-901-3480, jenn_layman@yahoo.com
- 31-Aug 1 **Leslie O'Neal Clinic, Ft Collins Equestrian Center, Ft Collins, CO**
Contact Laura Speer, 970-330-7233, riversidestables_evans@yahoo.com

AUGUST 2010

- 1 **Sage Creek IV, Sage Creek Equestrian, Heber City, UT-USEF-YR**
Contact Jennifer Layman, 435-901-3480, jenn_layman@yahoo.com
- 1 **Foothills Last Dance, Table Mountain Ranch, Golden**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 6 **Dressage in the Rockies I, Colorado Horse Park, Parker-USEF 2010 Region 5 Championship Qualifier**
Contact Glenda McElroy, 818-841-3554, glenda@glenroys.com
- 7 **Dressage in the Rockies II, Colorado Horse Park, Parker-USEF-BREED, 2010 Region 5 Championship Qualifier**
Contact Glenda McElroy, 818-841-3554, glenda@glenroys.com

- 7-8 **Lyndon Rife Clinic, Ft Collins Equestrian Center, CO**
Contact Caryn Malone, 720-975-7271, bugsymalone76@aol.com
- 7-8 **Cheyenne Dressage & Eventing Dressage Show, 2010 Regional Championship Qualifier, Cheyenne, WY, USEF**
Contact Rowena Heckert, 307-632-4151, rheckert@msn.com
- 8 **Dressage in the Rockies III, Colorado Horse Park, Parker-USEF 2010 Region 5 Championship Qualifier**
Contact Glenda McElroy, 818-841-3554, glenda@glenroys.com
- 10 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com
- 12 **RMDS Executive Board Meeting, Perkins Restaurant, I-25 & Colorado Blvd**
Contact RMDS Central Office, 720-890-7825, rmds@rmds.org
- 13-15 **Dr. Gerd Heuschmann meets Susan Harris Clinic, MM Equestrian Center, Fountain, CO**
Contact Alex Robinson, 719-351-9721, therobinsons4@msn.com
- 14 **USDF Region V Youth & Adult Team Competition, Autumn Hill IEC, Longmont**
Contact Lori Mitchell, 303 816-2375, Colleen McFadden, 303-618-8198
- 14-15 **Dressage at Sun Prairie, Sun Prairie Stables, Peyton-USEF**
Contact Simone Ahern, 719-339-2286, simone@sunprairiestables.com
- 15 **Centaur Rising Dressage Show III, Anchorage Farm, Pine**
Contact Kris Cooper, 303-838-5086
- 15 **Autumn Hill Sunday Series III, Autumn Hill IEC, Longmont**
Contact Julie Barringer-Richers, 720-341-5033, jbbarringerichers@comcast
- 20 **Paragon Dressage Shows I, Estes Park, CDI*-BREED**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 21 **Paragon Dressage Shows II, Estes Park, CDI*-2011 YR**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 21-22 **Grand Valley Dressage Fall Show & Western Slope Championships, Grand Junction-USEF**
Contact Lisa Binse, 970-243-8543, lbpawprints@yahoo.com
- 22 **Paragon Dressage Shows III, Estes Park, CDI*-2011 YR**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 24 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com
- 28 **Whispering Winds Schooling Show 5, Whispering Winds, Monument**
Contact Simone Windeler, 719-540-2000, simonedressage@gmail.com
windelerdressage.com
- 29 **Boulder Valley So Long to Summer, Somerset Farm, Longmont**
Contact Jeannette Hillery, 303-494-7718, jmhillery915@comcast.net

SEPTEMBER 2010

- 1 **Rocky Mountain Sport Horse Breeding Championships & Qualifying Open Breed Show, Colorado Horse Park, Parker, USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 2-5 **RMDS Championships and Open Show, Colorado Horse Park, Parker-USEF**
Contact Heather Petersen, 719-683-8435, slush@drwg.net
- 7 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com
- 9 **RMDS Executive Board Meeting, Perkins Restaurant, I-25 & Colorado Blvd**
Contact RMDS Central Office, 720-890-7825, rmds@rmds.org
- 21 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com

OCTOBER 2010

- 5 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com

2010 Shows and Events

16-17 **Debbie McDonald Clinic, Plum Creek Hollow Farm, Larkspur**
Contact Debbie Landy, 303-435-2000, deblandy@mac.com

19 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com

23-24 **USDF L Program, Session A, Central Arizona Riding Academy, Arizona**
Contact Dorie Vlaten Schmitz, dvschmitz@msn.com

NOVEMBER 2010

2 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com

13 **RMDS Board of Governors Meeting, High Plains Chapter Hosting**

16 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com

DECEMBER 2010

7 **Janet Foy Clinic, Reitehof Ranch, Franktown, CO**
Contact Jody, 303-646-9520, jbdrsj@hotmail.com

11-12 **USDF L Program, Session B, Central Arizona Riding Academy, Arizona**
Contact Dorie Vlaten Schmitz, dvschmitz@msn.com

JANUARY 2011

29 **Judges Continuing Education**
Contact Heather Petersen, 719-683-8435, slush@drgw.net

29-30 **USDF L Program, Session C, Central Arizona Riding Academy, Arizona**
Contact Dorie Vlaten Schmitz, dvschmitz@msn.com

APRIL 2011

2-3 **USDF L Program, Session D1, Central Arizona Riding Academy, Arizona**
Contact Dorie Vlaten Schmitz, dvschmitz@msn.com

JUNE 2011

18-19 **USDF L Program, Session D2, Central Arizona Riding Academy, Arizona**
Contact Dorie Vlaten Schmitz, dvschmitz@msn.com

NOVEMBER 2011

4-6 **USDF L Program, Final Exam, Central Arizona Riding Academy, Arizona**
Contact Dorie Vlaten Schmitz, dvschmitz@msn.com

For updates to the calendar, go to www.rmids.org
THESE EVENTS ARE DEPENDENT UPON VOLUNTEERS. IF YOU CAN
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Dr. Gerd Heuschmann Clinic

-Simone Windeler, RMDS President

From April 4th through the 6th, 2008, I had the opportunity to attend a clinic with Dr. Gerd Heuschmann in Heber City, Utah.

After reading his book *Tug of War*, I had high expectations for this clinic and have to say that he not only fulfilled but exceeded them.

The clinic started with a 3 hour lecture on Friday morning. We had at least 40 people in the room, and Dr. Heuschmann dove right in. His English was very clear and easy to understand and he kept his explanations in layman's terms that made it simple to follow his explanations.

Dr. Heuschmann began his lecture with this statement: "The horse's anatomy determines its way of training." A deceptively straightforward sentence that turned out to be the basis for all his teachings.

If you imagine your horse as a simple stick figure you would have two sets of pillars in the front and back that are connected through a bridge. This bridge is made up by the spine and has to carry about 1/3 of your horse's weight and yours if you're riding. Since the spine is only about the width of your wrist the question emerges: How does my horse do this? Most people would then argue that the back muscles are there to carry this weight plus the rider. Dr. Heuschmann emphatically states that this is not the case. Muscles he says, are for moving, not carrying. As a matter of fact if you put pressure on a muscle and force it to "carry" all you get is a stiff muscle. Those of you that have been on a tense horse know that this is not a good riding experience.

So what does carry the rider then? Well, you do have the spine and a series of ligaments and connective tissue. Most riders know that a supple back makes for good riding. How do we get the back to be supple? First and foremost we need the back to come up. Anatomically speaking this is initially only possible in the following way: your horse has a big ligament that runs roughly from the poll to its withers, also called the nuchal ligament. It also has a ligament that runs from the withers to the tail, the supraspinous ligament. This supraspinous ligament is responsible for bringing your horse's back up. Only with the back up can the two big back muscles, the longissimus muscles relax and work. If your horse stretches forward and down it engages the nuchal ligament which in turn engages the supraspinous ligament and brings the back up. In a young horse that has not had a chance to develop its neck muscles yet, this is the only way

to do this. As horses get more trained the muscles in the neck can take the role of the nuchal ligament and create positive tension on the supraspinous ligament and therefore bring up the back.

Unfortunately our horses today are so well bred, that their necks give the impression of a well developed neck muscle which can lead the rider to ask the horse too soon to bring up the neck. If those muscles cannot yet create this positive tension in the supraspinous ligament, the horse cannot truly bring up its back. And that is where the true problem for most of us lies. Dr. Heuschmann illustrates clearly the difference between relative and absolute elevation. The more your horse's neck muscles are developed the higher it can carry its neck without a detrimental effect, and at the same time bring its back up. If you bring the neck up before those muscles are ready you are taking your horse into absolute elevation for its frame no matter where that is in relation to your picture of a perfect dressage frame.

If a horse is brought into elevation that is too high in relation to its muscle development you will get a stiff back muscle. That in turn creates problems with the gaits and we might see a lateral walk, loss of rhythm in trot and canter and in more extreme cases it will develop into rein or bridle lameness. As a USDF "L" graduate I have the opportunity to judge local shows and unfortunately have observed all of the above. A stiff back also will create problems in the lengthenings and often draw the comment "out behind." For more details on the biomechanics I highly recommend that you read Dr. Heuschmann's book.

As we moved on in the lecture, Dr. Heuschmann often quoted from books and writings that had been created for the German cavalry. Some of the gems that stuck with me were that horses need to be trained for about two years to make them riding horses. After that you decide if the horse is more talented for jumping or dressage, but your first goal must be to just create a rideable horse.

The rule of thumb on how many days a week to work a horse is as many days as he is old. Three days for a 3-year old, four days for a 4-year old, five days for a 5-year old and so on. That would mean if I wanted to ride my horse every day, it should be 7 years old if started as a 3 year old.

Back in the cavalry days they tried to create a horse that could carry a rider from Berlin to St. Petersburg without breaking down. Our requirements today are different, but I felt there was still a lot of truth to these teachings.

Dr. Heuschmann then went on to show us some of the problems he sees with the international dressage horse and explained why some of the movements are no longer true in the biomechanical and classical sense of riding. His philosophy is highly controversial in Europe and he jokingly stated that half the horse community would want to marry him; the other half would rather see him go away. It was a true eye opener for many people to see how many of the movements that we thought were performed well, are actually performed rather poorly.

After the lecture we moved to the indoor arena for the hands-on portion of the clinic. We had 8 lovely horses from Morgans to American Warmbloods, Arabians to Friesian crosses, Paints, Danish Warmbloods, you name it. It was a wonderful cross-section of horses you'd find throughout America and some of them quite a surprise to Dr. Heuschmann. He rode every one of them to make sure that he understood what the riders were dealing with. More than once he remarked that this was a first for him (first Paint, first Morgan, etc) to sit on a horse of that particular breed.

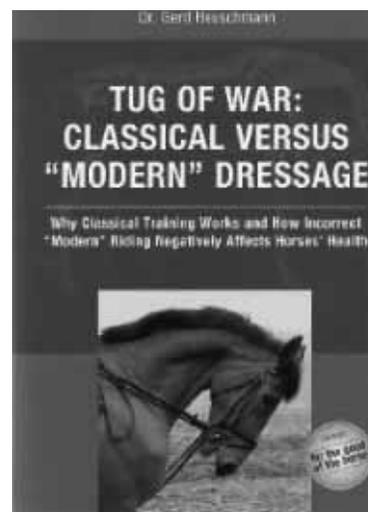
He pointed out that most horses were not supple enough in their backs to bring their hindquarters underneath themselves. We had horses that ran the gamut from Training Level to Prix Saint Georges and yet he used the same ideas on every one of them. He started with some walk work and asked for shoulder-in or leg yield (with quarters to the outside) on the circle. Those horses that had difficulty with that movement started with leg yield along the wall, facing the wall. As the horses were working laterally we all could observe that they started to move their mouths, chewing the bits more – he called that “talking.” As soon as they start “talking” you can ask for trot, with the idea of engaging the inside hind leg and riding that leg towards the poll. Trot was initially all posting, and often he asked the rider to get into a light seat or 2-point seat.

The back muscles move unilaterally at the trot, meaning that while one shortens (that is the side where the hind leg steps forward), the other one must lengthen. In the canter the muscles move almost bilaterally. Therefore it is often possible to relax the back quicker in canter. Some riders were asked to get into a 2-point and canter down the long side with as much speed and energy as they could muster. Coming towards us at full speed (we auditors sat at one short side), more than one of us flinched. It was clear though that this was a big release and improvement in most horses.

Dr. Heuschmann requested many walk breaks on a long rein. He pointed out that a trained horse does not need a long break, half a circle is often enough. As the horses progressed he worked on rein-back with deliberate steps backward and forward, often asking for 10 or more backward's steps. He always asked for the lateral work and to get the mouth “talking” before any trot or canter. The last day we even saw some of the horses in working Piaffe. One horse finally showed clean changes with a relaxed back and we observed some good trot extensions. All the horses improved over the three day clinic; some of them very dramatically. Dr. Heuschmann is a very kind and gifted teacher that clearly put the well-being of the horse over working on any movements or drills. As he says, once the back gets right, the movements almost come by themselves. He clearly demonstrated that to the audience with Piaffe on a horse that had not done this before.

All-in-all an outstanding clinic with a wealth of information. His book should be required reading for anyone who wants to ride, no matter the discipline. Better knowledge and more correct information will make us all better riders.

Simone Windeler is a USDF “L” Graduate that rides and trains in Black Forest, CO. She is also a certified instructor of the Classical Riding Academy Schmitzer in Germany.



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Why Not Adult Amateur Team Championships?

-Janet Foy, FEI 4* Judge

Having been involved with dressage and RMDS and USDF for 40 years, I have one comment to make. Things are improving for each stakeholder with the exception of the Adult Amateur and the Pony Division. Juniors and Young Riders now have the North American Young Rider/ Junior Team Championships which are run exactly like the Olympic Games. They have the opportunity to qualify for teams in their regions, and to win team and individual medals. It is an amazing opportunity for the kids to experience this type of competition. Each team has a Chef D'Equipe. There is a jog. There is team spirit. There are medal ceremonies. And of course there is disappointment as well.

The top 12 Juniors, Young Riders and Brentina Cup competitors qualify across the country. This is not a team competition, strictly an individual one. This competition is held in conjunction with The USEF Festival of Championships. This competition allows the kids to compete at the same venue at the same time as our High Performance riders. Watching Steffen Peters and Ravel warm up and compete is very inspiring.

The top 12 High Performance Riders also compete at this venue. These riders qualify via High Performance Qualifiers. The Grand Prix (Or big tour) only can qualify at CDIs. The PSG/Intermediare I (or small tour) qualify at designated High Performance competitions which are judged by three FEI judges.

The Young Horse and Developing Horse Championships offers a venue for head-to-head competition for horses aged 4 to 12 years old. In 2011 the competition will include the Developing Grand Prix section for horses aged 8 to 12. This is a wonderful competition to attend for the spectator. You may see the entire training process in one competition!

Adult Amateurs do have a chance to compete at their USDF/ USEF Regional Championships. It has been a dream, and money has been set aside to use these Championships as a vehicle for a head-to-head. However, due to the late competition dates, and the amazing size of our country, this dream seems almost impossible. Who wants to haul horses in November? Where is there an indoor venue for stabling, warm up and competition rings to hold hundreds of horses? So, in my opinion, it is time to open another avenue of thought.

Eventing has already proven that Adult Amateur Team

Competition is fun and rewarding. Why not dressage? Here are some of my ideas.

USDF/USEF can use this as a joint venture. Since USDF Regions are already established, this would be the basis for the teams, just as it is in Young Riders and Juniors. Since each Region is quite large, I think there would need to be a geographic division. Using Region 5, which goes from Canada to Mexico, I think 2 divisions might work. There would be a Northern Team Division (Wyoming, Montana, Colorado, Utah) and a Southern Team Division (New Mexico, W Texas and Arizona).

Teams would consist of a Training, First, Second, Third and Fourth Level Rider. There would be designated shows for these qualifying scores. Teams would need at least two scores at two competitions (they would all ride and scores would be averaged, which would be the team score). This would also allow for drop scores if there were more than two competitions. At the end of the qualifying season, teams from each division would be ranked. The top two teams would then qualify for the head-to-head Championships.

The additional piece I would like to add is clinics for the teams at reduced fees or perhaps no fees. Only those competing as teams would be invited to these training sessions. So this program would combine education AND competition.

The Championships would be held in perhaps late August. The venue would be bid out just like all other USEF/USDF Championships. Ideally, the venue would rotate across the country, from East Coast to Midwest to West Coast.

Teams would complete two rides, one warm up and one the highest test of the level for the team awards. There would be a Gold, Silver and Bronze Team Medal. In addition, the top 15 riders would compete for Individual Medals via a freestyle. (Of course there is no Training Level Freestyle, so only First-4th Level competitors would be allowed). There would be a maximum number of teams allowed to compete from each region, just as only 2 from each country can go on to the Individual medals in the Olympics.

This is the "big picture" and of course there a lot of small details to be fleshed out. I am hoping I will get positive and constructive feedback from the members!



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Omnibus Corrections 2010

- C-31 Boulder Valley Dressage So Long to Summer, August 29th. Anyone under 18 must wear an ASTM approved helmet at all times when mounted.
- C-33 Dressage in the Rockies: August 6-8. A 2010 Regional Championship Qualifier
- C-71 Dressage at the Peak II- NEW Location
Fountain Valley School - Colorado Springs, 80911
Directions from I-25 North or South: Take Exit 135; turn east onto Academy Blvd.; travel east-northeast (road curves) on Academy Blvd. to Bradley Road (1.3 miles); exit to your right, then turn left (using the roundabout) from the exit onto Bradley Road; go east on Bradley Road, and turn right onto Grinnell Blvd. at the four-way stop sign. Go south on Grinnell. The School entrance is on your left about 3/4 mile down Grinnell Blvd., and after the light for Crawford Ave.
- C-75 Foothills Chapter "Last Chance Show" CANCELLED
- C-76 Cheyenne Dressage & Eventing Dressage Show- a 2010 Regional Championship Qualifier
- C-79 USDF Region 5 Youth & Adult Team Competition. Judges: Linda Coates-Markle "L" & Simone Windeler "L"
TD: Jeannette Hillery



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RMDS is a USDF Group Member Organization. All members are automatically USDF Group Members.

Individual Membership - \$55.00 (October – December) **(\$60 after January 1-late fee)**
Additional family members (same address) - \$40
Business Memberships- \$75.00 Centaur newsletter only - \$35.00 Life Membership - \$650.00

All business memberships include one individual membership.

Please include all information for person designated as individual member. *If an adult amateur, include current copy of USEF card.*
All individual members will receive Centaur newsletter & the Omnibus.

Indicate Local Chapter (only one):

- Arkansas Valley
- Boulder Valley
- Colorado Springs
- Foothills (Golden, Evergreen)
- Grand Valley (Grand Junction)
- High Plains (Parker, Littleton, Aurora)
- No. Colorado (Ft. Collins, Greeley)
- Wasatch Mountains (Utah)
- Western Colorado (Aspen, Vail etc.)

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Names, DOBs, & USDF #s of additional family members _____

I pledge \$ _____ to go towards the RMDS Scholarship Fund. (Include amount with your membership check)

Type of Membership: (check one) Individual Business Family Centaur Only

____ Please remove my name from lists sold by RMDS Renewing member: Need another binder-**include additional \$8.00**

____ Referred by: _____ :: _____ Permanent Bridle Tag (a pair) **add \$30**

-----Tear Here-----

Horse Registration Form

- Horses must be registered with RMDS to be eligible for year-end awards and for horse-of-the year award.
- Eligibility starts on the date the envelope containing this form and check is postmarked.
- The name & all information on this registration must be the same as that used on horse show entry forms.

Lifetime Horse Registration Fee - \$40.00 Changes (i.e., owner or horse's name) \$15.00

Horse Name _____ Sex _____

Breed (if known) _____ Registration No. (include copy of papers) _____
(list grade if no registry papers available.)

Owner Name(s) (one owner must be an RMDS member) _____

Address of Owner _____

Owner's Phone (Home) _____ (E-Mail) _____

Name of Representative (If owner is a business) _____

Membership & horse registration acknowledged via postcard. Mail completed form with check made payable to RMDS
to: RMDS Central Office - 2942 Park Lake Dr. - Boulder, CO 80301 720-890-7825

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DREAM DRESSAGE PONY Derby Star B is an 11y/o German Riding Pony, schooling 3rd level with a professional trainer. I currently have 3 dressage ponies and not enough time! Derby would be a wonderful youth, or small adult amateur pony. He has his pony card. I am asking 40,000. Miggy Monroe 303-933-6655

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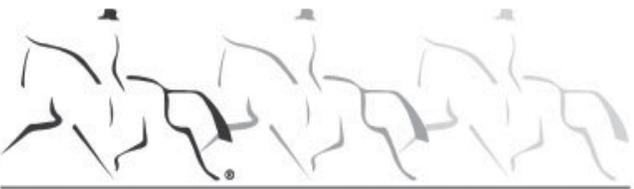
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