ROCKY MOUNTAIN DRESSAGE SOCIETY



March 2005

Nine Chapters in Colorado & Wyoming

THE NEW SUV FOR 2005!

by Star Hughes

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BETSY STEINER CLINIC! USDF INSTRUCTOR CLINICS

Top-Notch educational opportunities need your participation and support. These clinics are open to EVERYONE SIGN UP NOW see page 7 and 16 The new 2005 SUV everyone is hearing about is **sports utility vaulting**. Vaulting! What is it? Horsepower plus rider balance and agility and the security to take you anywhere, anytime, in and out of the arena and off the beaten path.

Are you struggling to improve your riding, but can't seem to get it together? Is your horse's movement all it can be? Do you fervently believe that a different saddle will solve your position problem? Is your trainer at a loss for words that will help you "get" it? Then, Sports Utility Vaulting may be just what you're missing!

The top European riders, especially, the Germans, assume that everyone knows about vaulting, because it is the foundation for the secure, effective, correct seat necessary to good riding. In Germany, for example, there are thousands upon thousands of vaulters, with many clubs having a hundred or



more members. Vaulting is a very popular sport for groups of—and here's the rub—children!

American horsewoman Elizabeth Searle first brought the competitive sport of vaulting here from Germany in the late 1960's. It flourished in California but languished in the East and other parts of the USA where more familiar riding styles predominated. If you were a lucky young rider back East, you might have learned a little vaulting through Pony Club, as a means to improve your seat and balance for jumping.

In most parts of the USA, few people outside of the AVA (American Vaulting Association) ranks have seen vaulting, let alone, had the opportunity to try it. The vaulting folks have seen appears to be a scary form of acrobatic trick riding, performed by muscular young people, on a horse on a longeline. Quite entertaining to watch, but impractical in real riding life. Enter now, "sports utility vaulting", as AVA president Nancy-Stevens Brown describes it. Viva! Vaulting for the rest of us!

Vaulting isn't just for kids anymore. Adults in the USA can now join the fun and find what basics they have been missing in developing their riding skills. Sports Utility Vaulting is what its name implies, a usable and useful

ROCKY MOUNTAIN DRESSAGE SOCIETY

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THOUGHTS

from the President

by Susan Selby

As showing season is nearing with the first recognized show being held at the Colorado Horse Park in Parker on March 19 & 20th, our rider pictured here is set and ready for showing. Let's take a closer look at what's going on:



The Dressage Queens are in a buzz and have filed a complaint with management that all lower level riders must wear a helmet and looking at her age doesn't she need a chin strap, not sure, but we'll include that in our complaint.

Veronica Holt, Technical Delegate, has asked the ring steward to be sure and check a competitor's horse's bit as they leave the show ring, as she has

noticed his ears have been pinned back the whole time. Can she (the ring steward) really do that?

The pony club mothers have requested a measurement of a rider's pony, as they are sure he is too tall for the pony class. Can that be? Is there such a thing as a pony being too tall?

In the sweltering heat of summer, a rider has opted to take her jacket off. "What nerve!" say the other competitors, waiting for the judge to blow the whistle and excuse her from the class, and if not for lack of a jacket then surely for that bright red thing on her neck! After all, RED is not a conservative color and will certainly be cause for elimination.

Do we really know the rules or do we think we know the rules? I would encourage you to read them for yourself, as many have changed. You can download them from rmds.org or usef.com.

Happy Showing by the Rules,

Susan Selby

P.S. Check out Veronica Holt's summary of new rules and some changes to existing ones on page 25.

The Latest Scoop From The Editor's Stall



A BEHIND THE SCENES LOOK AT THE CENTAUR

I want to take a moment and first thank everyone for submitting stories and ideas. With all the enthusiasm, I thought I would take this opportunity, as Centaur editor to share a

behind the scenes look at who is involved in the publication process.

The Centaur has a very small staff and the backbone of the publication is Beverly Swanson. Beverly is practically a native Coloradoan having moved here when she was two and a half. She has also spent time in many different countries allowing her to have some wonderful stories of riding horses all over the world. Beverly is a Graphics and Communications Director for a K-12 private school and runs her own design and computer marketing business. In her spare time, Beverly works on the graphic design and layout on the Centaur, as well as, selling ads, sifting through and begging for content and keeping the calendar, judges list, and other RMDS official news up-to-date. She also owns two thoroughbred mares and trains with K.C. Perkins-Kyle. Like the rest of us, dressage is a passion for Beverly making her commitment to the Centaur enjoyable. Beverly put it best by saying, "I really enjoy

doing the Centaur. It keeps me in touch with a lot of people and has made me feel like a member of the dressage community." There are drawbacks to having this job, one of which is not rushing to her mailbox to read the latest copy as she knows the publication inside and out a month ahead of time. If you run into Beverly, please thank her for her time and commitment.

I have the pleasure of introducing a new addition to our staff. I feel very fortunate to say the Centaur now has a regular columnist. Claudia Barkmeier will be in charge of the monthly barn and rider profile column. Her column will provide us at the Centaur the opportunity to get to know our RMDS members on a more personal level. Any suggestions of barns or riders to profile can be sent to Claudia via my e-mail.

The Centaur staff welcomes additional monthly columnists or feature writers. Please be in touch if you are interested in submitting work to the Centaur.

Best regards,

Kathleen

P.S. I apologize as my e-mail address was incorrectly printed in the last edition. My correct e-mail address is: kathleendonnelly20@hotmail.com.

Letters to the Editor

Dear Mom (Kathleen),

Thank you for all your wonderful stories. I am especially enjoying the nutrition articles. Gretchen's nutrition program is great! I only have one thing to add. I feel carrots and apples should be added to the daily diet. I also love peppermints, but I guess sugar can be hard on the teeth. However, I still feel every owner should add all the above items to their horse's daily diets.

Your loving horse,

Corbet

P.S. I like the picture of us together in your column.

Dear Centaur Editor,

Thanks for all the great stories! I never read the Centaur before this, but now look forward to receiving it in the mail. I even read it before my AARP Newsletter. Your mother and I fight over it to see who gets to read it first. Keep up the good work!

Sincerely,

Dad

Address all letters to Centaur Editor to the following email address: kathleendonnelly 20@hotmail.com. We reserve the right to edit all submissions.

BECOME A CENTAUR COLUMNIST

Features: 1000-1500 words. Find a great story and take the time to write it up as a feature.

Clinic Review: 750-1000 words. Write up in detail what you learned from your favorite clinician. Include name, date, and location.

Junior Corner: 500-750 words. Hey kids! Tell the Centaur what is going on in your area, profile juniors or horses, write in about special awards won, or just anything in general with riders 21 and under.

Ask The Barn Princess, Trainer, or Judge: Back by popular demand from our readers. Have a burning question that you don't know who to ask? This is your chance! Send your questions to the Barn Princess, Trainer, or Judge via the editor's e-mail. Each question will be answered personally.

Letters to the Editor: Have any article ideas or just have a comment about the Centaur? Here is your opportunity to voice your opinion. Write a letter to the editor to be published.

Chapter News: Attention all RMDS Chapters. Every month there is a 1/4 page just for your chapter news. There is no charge for this 1/4 page, so submit your material ASAP!

RMDS Education Column

by Leslie Easter

2005 Clinics and Seminars

Mar 2005: Show Prep Seminar

Location: High Prairie

This clinic is to be held in conjunction with the Winter Wake Up Show at Colorado Horse Park. We have several clinicians who will work together to share their experiences in grooming at top National and International competitions, explaining the techniques used to keep top competitive horses looking their best in the show ring. This seminar is also intended to include a fashion show and we are looking for a tack store willing to participate!

May 2005: RMDS Education Symposium: May 7, 8, 2005 and Clinic May 9, 10, 2005: Betsy Steiner, based on her new book "A Gymnastic Riding System using Mind, Body and Spirit"

This will be a two day seminar, discussing the Mind/Body/Spirit for both rider and horse at each step of the training scale. It should include lecture as well as demo riders. The clinic will build on the seminar as Betsy works with each horse and rider combination, plus possibility of demonstration of Equilates for proper body control and fitness is under discussion. Dates confirmed.

October 14-16, 2005: Kathy Connelly and Toine Hoefs Possible location: Canon Ridge Farm, Castle Rock

This clinic will be with Toine Hoefs, a KWPN Breed judge, who has judged at many high profile shows, including the Sporthorse and Breed Show at Dressage at Devon, 2003, AND Kathy Connelly! We are planning a 3 day clinic, where on the first day, Mr. Hoefs will do a conformation clinic, evaluating each horse from the perspective of dressage or jumping, discussing what will be easy/difficult for each specific horse. Then on the second day the horses will be ridden and we'll see if Mr. Hoefs evaluation is correct regarding the under saddle work. Both Toine and Kathy will then offer suggestions as to specific exercises to help the horses in their work! On the third day Kathy will take this into clinics with horse/rider pairs.

DON'T FORGET THE USDF INSTRUCTOR'S WORKSHOPS!

The Instructor Workshops are open to everyone, and we can all learn from these clinics whether we are instructing or not.

EDUCATIONAL OPPORTUNITIES NEED YOUR SUPPORT!

SUV ...from cover

method for people who just want to be able to ride the "normal" way, better, and more confidently.

Before you choke-- "NO WAY I'll EVER DO THAT!"-- relax! Grown-ups aren't required to leap onto the horse at full canter. But, being able to mount easily and gracefully from the mounting block, or at least, get a leg up without embarrassing yourself, is a skill much desired. Imagine actually being able to feel the horse's movement and go with him smoothly at sitting trot! Imagine enjoying cantering, feeling that rush of wind in your face, without worrying that your horse is getting ready to run away with you....

Sports Utility Vaulting. Get back to basics. Improve your core. Develop that deep seat. Sing and swing. Do a little dance. Fall in love again with riding horses, not fall off! Amaze and delight yourself, your horse, and your trainer when your left leg actually obeys the aids for leg yield. Vaulting can change your riding and your life for the better. Ready, Set, GO!

Take a test ride featuring the new SUV. In the Parker area, see Star Hughes, at EquesTraining, #720-851-4925. Ask for the Centaur Seat special. Call Noel

Martonovich, Little Spring Ranch, Golden, #303-277-0356, for a location nearest you!

COMING ATTRACTIONS:

Catch those beautiful young people, the Golden Gate Vaulters, in action on Doc, the flying horse, LIVE AT DANCING WITH HORSES, January 19 and 20th, 7:30 P.M., at the Equestrian Events Center, Denver. See you at the SHOW!

Congratulations go to CSU, Fort Collins, for their new coed college vaulting program, which begins this coming semester on January 26, 2005.

Star Hughes, creator of the Centaur Seat riding program for adults, combining vaulting, yoga, and pilates in work and play on horseback, will be lecturing on her unique method of training at the HORSE EXPO in Denver, March 11-13, 2005.

The 2005 Vaulting National Championships will be held in Denver this coming August!

Stay tuned....

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MORE CLASSIFIEDS

TACK/EQUIPMENT/PROPERTY

Stubben Tristan Special Dressage saddle. Excellent condition. Black, 18" seat, 31 cm tree. No fittings. \$850 OBO. Sue Gentle 307-634-1743

97 Hart 2-horse trailer. Call Cariellen 720-733-8788

Room for Rent: Live 5 minutes from the Colorado Horse Park in Parker. Share 2 BR, 2 BA condo with 6th grade teacher. Access to pool, hot tub and workout facility. \$600/mo + utilities. Call 720-480-6597.

WANTED: One large stall with daily turnout or shed with run Spring, 2005, close to Silverthorne/Dillon area. Marrying and moving there in May/June. Quiet, vice-free 17.2 bigboned mature gelding needs proper new home. Excellent footing required and indoor arena highly desired. We have impeccible references on the Front Range. Email mdbrown2@frii.com or call 970.278.1081 (office) or 970.214.2280 (home).

CALL FOR BIDS

Jr/YR 2004 Camp Director at High Prairie Farm. Dates are June 12 - 15, 2005.

Centaur Publishing

Omnibus Publishing

Contact Beth Geier at the RMDS Central Office, 720-890-7825.

CLASSIFIEDS

To place an ad: please see instructions under RMDS Info on page 17

HORSES

SHOWGIRL!!! Loves to show. Beautiful, Double Registered Buckskin Mare, 12 YR old, 15.1hh. Lovely mover, charming, sweet, smart. Perfect Jr Rider mount. Competes consistent mid-60's training, 1st & 2nd level. Must see to appreciate. Rider sadly must sell. Call 303-525-4849

14.2 hand mare for half lease - experienced dressageand jumper, very gentle; outdoor arena rideable year round, cross country jumps, miles of trails at front door. Lessons available. Call 303-665-6186.

15'2H Thoroughbred Mare, 11yrs, First Level Dressage, Excellent mover, supple, eager to please, great collection & expressive gaits. Will move up levels quickly. For sale or Lease \$10, 000 Olathe, CO (970)323-8835

FOR SALE: Elegant white Andalusian gelding, 12 yo 16 hh Spectacular passage, Spanish walk, 3 good gaits for competition. Excellent half-passes trot and canter, outstanding collected work, decent medium gaits. Light and responsive to your hand and leg, eager and willing, fun to ride, Sound. \$25,000 Call Frances Carbonnel 303-646-0521 (h) or 303-688-3253 (barn).

CUTEASABUTTON: 4 yo registered tobiano paint mare with fabulous disposition, swinging trot, wonderful balanced canter, not afraid of a thing! Ready for training level. Long white mane & tail, super youth horse in spite of her age. \$4,500 Call Frances Carbonnel 303-646-0521 (h) or 303-688-3253 (barn).

Handsome 8 yr. old Holsteiner Cross Geld 15.3 H. Chestnut with chrome - blaze, 4 socks. Dam's Grandsire Cor de la Breyere. Low mileage! Willing, kind, a quick learner. Started Dressage & has trail experience. Big walk, nice gaits. \$10,000 Wild Wind Farm 303-646-3505 email wildwindfarm1@aol.com

Backyard Horse: Small older horse, good for horse company or a small child to walk/trot. Very well trained and very sweet. Loves children. Call Patti Sibley at 303-668-0108.

Andalusians for Competitive Dressage

Contact Skelton Mountain Dream Ranch – Joe Skelton, 970-482-1954 Email: smdrllc@aol.com & web: www.SkeltonAndalusians.com.

4-year-old, 15.3h, grey mare. Ready for Training Level. This is a once in a lifetime opportunity to buy a mare that can take you through to Gran Prix in championship blue ribbons. She is 1/2 sister to Decoroso SMDR with the same fabulous movements! From the top breeder of Andalusians in the US (3 of the top 5 Open Training Level Andalusians in 2004). \$30,000.

4-year-old 15.3h, Bay filly. Ready for Training Level. This big bay filly is also going to be special if your looking for a competitive Dressage horse to take you up the levels.

3-Year-Old Andalusian Colts for Dressage: If you are looking to get your own Andalusian and start him in Dressage, we have three colts that are ready to start their Dressage saddle training. Start them yourself or let us start them for you. We produce winners with our Andalusians!

Andalusians – Your Dream Dressage Horses: Can't afford a trained Dressage horse, buy one of our youngsters and watch them grow into Dressage Champions! From the top breeder of Andalusians in the US (3 of the top 5 Open Training Level Andalusians in 2004). All of our stallions & mares are Dressage quality.

Andalusian Stallions for your Mare! Have you always wanted to breed your mare to a Dressage Champion Stallion? This is the YEAR! Enamorado VII is a 16.2h, bay that has been shown through I-1 by Hilda Gurney of California and in 2004 was the RMDS 4th Level Freestyle Champion & Horse of the Year. Decoroso SMDR is a 16h, grey that has movements to dream for. He was the RMDS 3rd Level Freestyle Champion and Horse of the Year in 2004.

Stunning German Approved Oldenburg broodmare. 10 yrs, 17h. Injury forces retirement. Straight with big impulsion, big and gorgeous shoulder. Trained to 3rd, but now only for trails. Passed on allgood traits to colt. Gold German bloodlines, sire Ex Llbris, dam fromInschaallah line. Open & ready to breed. Best offer. TIsha Green 801-541-9017

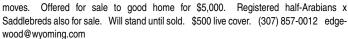
CHARLEMAGNE: 1997 bay Oldenburg gelding. Big, beautiful and show-proven, 17.2 hands. Schooling 3rd level + half-steps. Always 7's or 8's on gaits. AA Show Champion USDF Region V Training Level, AA Show Reserve Champion USDF Region V First and Second Levels. See ad on NetEquine.com for pedigree and more info. \$30,000. Call Susan Kracklauer at 303-421-3511.

JUST IN TIME FOR BREEDING SEASON! Beautiful, purebred Swedish warmblood broodmare. Ex-dressage horse, SWANA approved, three beautiful gaits, 10 years old. For sale or lease. This is a wonderful opportunity to breed a top quality warmblood mare for one or more seasons without having to buy the mare! Call for more info: 970-568-3810

Legacy Hill Farms in beautiful Castle Rock, Colorado always has an incredible selection of dressage horses imported directly from Europe. We have many phenomenal horses to choose from which are always personally handpicked with an emphasis given to correctness, temperament, beauty and of course, soundness. Visit us online and see our "Sales" pages for a list of current horses for sale and don't miss the "Success Stories" page. It's dedicated to our past clients and their new horses. WE IMPORT CHAMPIONS!! www.legacyhillfarms.com 303-663-9494

SADDLEBRED STALLION For Sale Reg. #82440 ASHA, 1984, Dark Liver Chestnut, 16 hands, good bone, straight legs, good feet, short-back. Old bloodlines, Grandson of Wing Commander, On The Go, with Denmark influence top and bottom. Passes his size, intelligence, willing attitude, good work ethics on to his get. Offered for sale to good home \$10,000. Registered horses for sale all ages, prices start at \$1,500. Will stand until sold. \$750 live cover. (307) 857–0012 edgewood@wyoming.com

Blue List Egyptian Stallion for Sale AHRA #401709 Serenity El Hajar, 15.1+ hand, grey, bred by Serenity Arabian Stud at Citra, Florida. Dam and full brother returned to EOA. Khofo++, *Morafic, Nazeer, Mabrouka, Mamlouka, Sultann, Sameh, Kamla are just a few names in his pedigree. Bred for endurance and speed, but this boy has some nice dressage



For Sale, Jambalaya, ASHA #119632, saddle-bred mare, 1990, 15.2 hands, chestnut, narrow stripe, 3 white legs, currently in foal to our reg. saddlebred stallion for a mid summer foal. This is her 2nd foal. She is trained 1st level and likes to jump. Hasn't been ridden for last 6 years. So would need some retraining. Sweet, but has

tendency to be nervous, would need sensible owner, she will do anything for who she trusts. \$3,500 with foal or \$2,500 without. (307)857-0012 edgewood@wyoming.com

Safe, sensible, sensitive and sound. Journey is perfect for Jr/YR or AA. He has won regional and nat'l awards at 2nd level, schooling 3rd. Born 4/1/94, easy/ fun to ride. 16 hh, bay, performance horse gelding. Regular shoes. Incredibly willing. Good home a must!

Exceptional **7 yo Holsteiner** mare. Lovely mover, 70% at 1st, West. Slope champ. Trusting, level-headed and very sweet. Jumps, trails. Nice for any level. \$20K Sandy 970-626-3335





more classifieds on pg. 25

2005 RMDS Education Symposium and Clinic with Betsy Steiner at Pheasant Ridge Farm, Boulder May 7, 8 and 9, 2005

This clinic will be based on Betsy's new book "A Gymnastic Riding System using Mind, Body and Spirit." This will be a three day seminar/clinic, discussing the Mind/Body/Spirit for both rider and horse at each step of the training scale. It will include lecture and demo riders. The clinic will build on the seminar as Betsy works with each horse and rider combination to identify where they are in each dimension. She can then provide guidance and exercises to help the horse and rider individually, and as a pair, move forward.

Demo riders for seminar ride free, Clinic riders are first come, first served.

Demo Rider Evaluation Form	Pre-Registration Form	
Name:	Name:	
Address:	Address:	
City, ST ZIP:	City, ST ZIP:	
Telephone:RMDS Member #:	Telephone:RMDS Member #:	
Rider Name:		
Owner Name:	Symposium Pre-registration: May 7, 2005	
Horse Name: Age: Level: Breed: Sex:	Pre-registration Audit Fees due April 1, 2005:	
<u> </u>	Non-RMDS Member, add \$10 to every fee.	
Have you read Betsy's Book: A Gymnastic Training System for the Mind, Body and Spirit?	Audit Symposium and Clinic (2 or 3 days), pre-registered: \$75	
1. At which level(s) (from the book) would you place yourself?	Audit Symposium only (1 day), pre-registered: \$60	
2. At which level(s) (from the book) would you place	Clinic Pre-registration: May 8-9, 2005	
your horse?	Audit Clinic only (2 days): \$55	
3. Are you willing to follow instruction on new ideas, even if you don't understand or necessarily agree?	Audit Clinic only (1 day): \$45	
4. What are your strong points and challenges?	Clinic Fee for Riding with Betsy: \$175 per ride, 50% deposit due April 1, 2005, non-refundable unless your ride(s) is filled prior to the clinic. Riders MUST attend the symposium on Saturday.	
5. What are your horses' strong points and challenges?		
6. What clinicians/instructors do you ride with on a	Rider Name:	
regular basis?	Owner Name:	
7. In what type of exercise program outside of riding	Horse Name: Age:	
do you participate regularly?	Level: Sex:	
Please include a 15-20 minute video which shows the work you and your horse are currently doing.	Cost at the door will be an additional \$10.00 per day.	
Thanks for your interest in being a demo rider! If selected, you are required to read the book in advance and attend the entire symposium. Please send tape and completed application to the RMDS Central Office, 2942 Park Lake Drive, Boulder, CO 80301 no later than March 31, 2005. For info, call 720-890-7825. Thanks!	Please US mail this form with check or money order payable to RMDS, postmarked before April 15th, 2005, to RMDS Central Office, 2942 Park Lake Drive,	

Please attach additional page if needed.

USDF INSTRUCTORS' WORKSHOPS

Tammy Parsons-USDF 859-271-7878

	Beginner (Training-2nd)	Advanced (3rd-4th)
Riding/Training	April 2-3-Sarah Geikie Phantom Hill-Rae Ann Curtis 7808 S Lemay Ave Ft Collins 80525 970-225-1408	April 9-10-Lilo Fore Sun Prairie-Simone Ahern 13925 E Hwy 24 Peyton 80831 719-749-9274
Longeing	April 23-24-Debbie Bowman Pendragon Stud 5005 Lorraine Road Larkspur, CO 80118 303-688-4871	
Teaching	July 9-10-Cindy Sydnor Mt Magic Sport Horses Nancy Chesney 5351 Tall Horse Trail Sedalia, CO 80135 303-681-2516	Aug 13-14-Rachel Saavedra Chatellen Jill Cantor Lee 8612 Weld County Road 74 Windsor 80550
Pre-Cert	Early Spring 2006	Sept 17-18-Debbie McDonald Canon Ridge-Debbie Cranston 2940 Canon Ridge- Castle Rock 80104 303-663-1384
Final Testing	Spring 2006	Sept 30, Oct 1-2 Need date approval from USDF

There will be 8 participating instructors, 4 participating auditors who will be able to ask questions, but will not actually do any teaching, riding etc, and there will be silent auditors (unlimited).

Participating instructors \$350 per session
Participating auditors \$100 per day
Silent auditors \$30 per day
Pre-certification session \$400 (no auditors)

For more details, call Pam Geier 303-673-9840 and/or check the USDF website.

Reservations will be necessary. Please be clear as to which level you are attending and which dates. Please make your reservation today by sending your check. Remember, it is first come first serve.

Send checks to: RMDS Central Office, 2942 Park Lake Drive, Boulder, CO 80301