

# THE CENTAUR



## Dressage in the Info Age

by Andrea M. Jones

I was horse-crazy as a kid. I read about horses, daydreamed about them. My school notebooks were covered with doodles and drawings of them. I didn't walk, I cantered. My friends were similarly inclined, and our conversations revolved around horses rather than boys, clothes, or makeup. When I was thirteen, my parents bought me a horse, and riding and showing soon occupied my free time. A few years later, a new trainer moved to town and introduced me to dressage, giving my passion a new focus. I loved the grace and beauty of the discipline. My ambition tended to outstrip the abilities of both me and my horse, but I embraced the ideals of connection and communication, of harmony and balance.

This was the early 1980s; there wasn't much dressage going on in my corner of southwestern Colorado, and when my trainer decided to return to California I was left on my own. I'd managed to find a single book on dressage, but it was wordy and thinly illustrated. I was seventeen and struggled with translating the written information into cues aboard my horse. I learned what "travers" and "renvers" were, but when it came to how to ride the movements, I called my former trainer long distance and quizzed her over the phone. The re-

sults were, predictably, poor. Otherwise, I focused on basics: forward movement, smooth transitions, striving for precision. I rode without stirrups to deepen my seat, and worked hard on executing accurate figures.

When I left home, I tried boarding my horse, but the expense overwhelmed me and I sent him back to my dad's place. I took some lessons, but spending an isolated hour now and then riding a strange horse was a world away from my ideal of connection and communication.

**"I feel as if I've stepped abruptly into a parallel universe."**

With neither the facilities nor the finances to keep a horse, I began to press all things equine to the periphery of my life. I was still horse crazy and still wished to learn dressage, but without a horse to ride, I opted for avoidance. I didn't read horse books or look at equine-themed magazines. The thought of going to a horse show, of being a spectator while other people rode, was not only unsatisfying, it was painful. When I talked to friends who rode, I steered the conversation away from horse-related topics.

Horses and dressage have, fortunately, entered my life again, bringing joy, companionship, exasperation, satisfaction, and muscles that ache as they never did when I was seventeen. These new physical challenges are unpleasant but not *(Continued pg. 2)*

Feature: Dressage in the Information Age.....1

RMDS Art Show ..... 2

Region 5 News .....8

President's Message .....9

By-Law Proposals .....10

Calendar .....12-13

Chapter news .....14

A Young Champ's Journey ..18

Longe Line Lessons.....21

Classifieds .....20

Biz ads.....22-23

surprising. What's downright astonishing is the wealth of resources I suddenly find at my disposal. Dressage trainers and instructors are everywhere, as are dressage shows and clinics. Bookshelves groan with lavishly illustrated volumes on every aspect of dressage equitation, conditioning, and training. Videos and DVDs of clinics, performances, and training techniques abound. I am amazed to see specialized exercise programs for dressage riders, not to mention tack stores well-stocked with dressage saddles, bridles, and clothing. The Internet offers quick access to any of these products, along with its own menu of websites, streaming video, and chat opportunities. All this has, of course, been developing for years, but I feel as if I've stepped abruptly into a parallel universe.

Still, the property my husband and I bought is in the central mountains of Colorado, thirty miles from the nearest town. I spend most of my time working on my own, as I did as a girl. The difference is access to information. I've acquired a small library of dressage books, DVDs, and magazines. I've audited a few clinics and have even been a spectator at some shows. Fortunately, I've gotten better at translating ideas into action in the saddle.

My new challenge has to do with an overabundance of information rather than a dearth. I am tasked with sifting through all the opinions and perspective offered to me as an aspiring dressage rider. Although I have begun to trailer my horse for occasional lessons, I am solely responsible for the consistency, continuity, and appropriateness of his training program.

Somewhat ironically, my past is my lodestar in navigating my way through this universe of dressage abundance. My good fortune is that I was introduced to the discipline by someone who valued fundamentals and classic principles. I now have a much richer understanding of biomechanics and dressage theory, but I find myself using the same strategies I relied on all those years ago: seeking forwardness, precision, and a proper seat. Having established connection and communication with my new horse, I'm now in pursuit of harmony and balance. I'm pleased to report that the combination of old basics and new insights has led us to a pretty fair travers and renvers. The movements are all the more thrilling for having waited twenty-five years to execute them.

*Our thanks to Andrea Jones for this article.*

## RMDS Art Show Reminder

This year's RMDS Art Show & Sale will be held November 8 at Spice of Life Catering, Arapahoe Road in Boulder. Artists are encouraged to bring entries for the open show, which includes categories for junior under 14, junior riders 15-21 and adults 22 and older.

In order to be entered, art work must be brought to the show site by 2 pm on the date of the show.

There will be categories for painting, photography, sculpture and "other media." The art work should have an equestrian theme, with an orientation toward dressage.

Artists are encouraged to bring their own displays. The artwork will be exhibited prior to the awards banquet. Art work will be judged by a yet to be determined artist or group of artists. Artists may sell their work at the conclusion of the evening.

For info, contact Jeannette Hillery, 303-494-7718 or at [jmhillery915@comcast.net](mailto:jmhillery915@comcast.net).



**ARE YOU DEDICATED**  
**TO DRESSAGE?**  
*Learn, Ride & Win  
with Cañon Ridge Farms*

We Invite You To Visit Our Brand New Facility

- 28 stall heated barn with daily turnout
- Customized care including high quality feeding program
- Personalized instruction with our top trainers
- Sand/rubber footing in our 110 x 220 indoor arena and our full size outdoor arena

**CAÑON RIDGE  
FARMS**

BOARDING, TRAINING, SALES  
303-663-3245  
[www.canonridgefarms.com](http://www.canonridgefarms.com)  
Creekside

# Andria Allen

BRINGING PEOPLE AND PROPERTIES TOGETHER



## Now's the Time! Interest Rates are Falling

- MINERAL & WATER RIGHTS INCLUDED!
- SUBSTANTIAL PRICE REDUCTION OF \$200K
- ABILITY TO SUBDIVIDE
- BRING ALL OFFERS!



### GREAT INVESTMENT PROPERTY IN LOVELAND

Create your dream equestrian property or subdivide & build to suit. Almost 40 irrigated acres of lush pasture, 4000 sq ft home w/stunning mountain views. Sale includes center pivot irrigation system and all equipment. Approved wetland pond on property. MIS #527793. **NEW PRICE \$1,487,000**



**NEW LISTING!**

### 5 ACRE RANCH IN BERTHOUD

Great location halfway between Berthoud and Longmont with easy access to I-25. Lovely home with 5 beds, 5 baths and lots of versatile space. Three stall heated, custom wood barn with 60ft, 3/4 bath, feed and hay storage, tack room. Huge pole barn for garage or storage. Detached oversized temperature controlled garage/workshop. Cross-fenced pastures and arena. **PRICE \$890,000**



*Andria Allen*  
PROPERTIES

*What I DO is what counts; not just what I say.  
Call me today and let me know what I can do for YOU!*

*For more photos and information on these and additional properties visit us online at [www.AndriaAllen.com](http://www.AndriaAllen.com) • Call me for professional, personal service*

**www.AndriaAllen.com • 303.810.8375 • Office: 303-772-5800**

# ROCKY MOUNTAIN DRESSAGE SOCIETY

## 2008 RMDS EXECUTIVE BOARD

President.....	Laura Speer	970-330-7233	riversidestables_evans@yahoo.com
Past-President.....	Heather Petersen	719-683-8435	slush@drwgw.net
Vice-President .....	Sharon Soos	303-904-7534	sksoos@mesanetworks.net
Secretary .....	Alex Curnutte	303-663-0358	curnuttes@msn.com
Treasurer.....	Sharon Soos	303-904-7534	sksoos@mesanetworks.net

## PERMANENT COMMITTEES

Adult Amateur .....	Tara Nolan	719-210-4242	taranolan@live.com
Awards.....	Barb Goldman	303-666-4528	boelandjarb@hotmail.com
Results.....	RMDS Central Office	720-890-7825	rmds@rmds.org
Championship Show.....	Debbie Wilke	303-646-8937	ddwilke@msn.com
Communications.....	Nicole Bizzarro	303-939-0110	nicoleb@burkedes.com
Centaur Production .....	Gavin Ehringer	719-471-8764	gavinehringer@earthlink.net
Omnibus Production.....	Burke Design-Nicole Bizzarro	303-939-0110	nicoleb@burkedes.com
Omnibus Advertising .....	RMDS Central Office	720-890-7825	rmds@rmds.org
Webmaster .....	Michael Petersen	719-683-8435	webmaster@rmds.org
Education .....	Heather Petersen	719-683-8435	slush@drwgw.net
Junior/Young Rider .....	Susan Rudman	303-697-8528	sewrunred@msn.com
Junior Camp .....	KC Parkins-Kyle	303-841-9953	murphyhors@aol.com
Membership.....	RMDS Central Office	720-890-7825	rmds@rmds.org
Registration Officials.....	RMDS Central Office	720-890-7825	rmds@rmds.org
& Show Standards			
Scheduling & Insurance.....	RMDS Central Office	720-890-7825	rmds@rmds.org
Scholarship .....	Grace Maddox	303-823-8881	grace.maddox@gmail.com

## CHAPTER PRESIDENTS

Arkansas Valley .....	Brenda Haley	719-275-0118	shininghorse@copper.net
Boulder Valley.....	Claudia Barkmeier	303-417-1675	cbarkmeier@rwbaird.com
Colorado Springs.....	Simone Windeler	719-540-2000	wjsimone@msn.com
Foothills .....	Dolly Hannon	303-919-4112	dollyhannon@msn.com
Grand Valley.....	Tiger Adams	970-523-7464	tiger@thehorseinsport.com
High Plains .....	Alex Curnutte	303-663-0358	curnuttes@msn.com
Northern Colorado.....	Laura Speer	970-330-7233	riversidestables_evans@yahoo.com
Penrose .....	Sharon Ghilarducci	719-462-5760	quailridgedrsg@hotmail.com
Tri State.....	Tammy Fagan	307-856-5451	tfagan@wyoming.com
Western Colorado.....	Judith Family	970-923-8832	dns@rof.net

## GOVERNING BODIES

RMDS is a USDF Group Member Organization.

RMDS members are automatically USDF Group Members.

United States Dressage Federation (USDF)  
4051 Iron Works Pkwy. Lexington, KY 40511  
859-971-2277

RMDS Central Office: rmds@rmds.org

2942 Park Lake Drive

Boulder, CO 80301

Phone: 720-890-7825 Online dues paying now available at: www.rmds.org

US Equestrian Federation (USEF)  
4047 Iron Works Pkwy. Lexington, KY 40511  
859-258-2472

USDF Region 5 Director

Theresa L. Hunt

huntery@mindspring.com

USDF YR Rep: Tammy Fitch, tfitch@lcfsystems.com

USDF Youth Coordinator: Julie Barringer-Richers, 720-341-5033 jbarringerrichers@comcast.net

Federation Equestre Internationale (FEI)

Ave. Mon Repos 24, PO Box 157

1000 Lausanne 5, Switzerland

41 21 310 47 47

©2008 *The Centaur* is the official publication of the Rocky Mountain Dressage Society. Its content may not be reproduced in print or electronic media without permission of the publisher. Copying for personal or educational use is allowed. Editorial questions, article suggestions, article submissions, corrections, and letters to the editor may be sent to: Gavin Ehringer, editor, *The Centaur*, PO Box 9, Colorado Springs, CO 80901; phone (719) 471-8764; e-mail: gavinehringer@earthlink.net. Advertising questions and copy should be directed to: RMDS Central Office, 2942 Park Lake Dr., Boulder, CO 80301; phone (720) 890-7825; e-mail: rmds@rmds.org.

### RMDS Meeting Schedules RMDS Executive Board

All RMDS Executive Board meetings occur on the second Thursday of every odd-numbered month. Steering committee meetings are held on the second Monday of every even-numbered month. Board of Governor's meeting is held the second Saturday of Nov. Contact the Central Office for precise dates.

#### RMDS CHAPTER MEETING SCHEDULE

**Arkansas Valley** 3rd Thurs,  
Quality Inn, Canon City, 6 pm.  
Brenda Haley 719-275-0118  
shininghorse@copper.net  
www.horsetop.net

**Boulder Valley**, 2nd Mon.,  
even months.  
Claudia Barkmeier 303-417-1675  
cbarkmeier@rwbaird.com

**Colorado Springs**, 3rd Tues,  
Location TBD.  
(Check CSDressage.org website).  
Simone Windeler 719-540-2000  
wjsimone@msn.com

**Foothills**, 1st Thurs. each month.  
Dolly Hannon, 303-919-4112  
dollyhannon@msn.com

**Grand Valley**, 1st Tues. each month,  
location TBD.  
Tiger Adams, 970-523-7464  
tiger@thehorseinsport.com

**High Plains**, 3rd Tues. each month,  
7 pm, location TBD.  
Alex Curnutte 303-663-0358  
curnuttes@msn.com

**Northern Colo.**, 3rd Tues.  
each month, location TBD.  
Laura Speer 970-330-7233  
riversidestables\_evans@yahoo.com

**Penrose**, 1st Wed, each month,  
location TBD.  
Sharon Ghilarducci 719-462-5760  
quailridgedrsg@hotmail.com

**Tri State**, TBA,  
Tammy Fagan 307-856-5451  
tfagan@wyoming.com

**Western Colorado**, Judith Family,  
970-923-8832  
dns@rof.net

## RMDS SPONSORED EDUCATIONAL EVENTS

All events are open to everyone to audit or participate unless otherwise stated. A great opportunity to continue your education.

2008

Dec 3-7 USDF Convention-Denver, CO  
Contact Laura Speer to volunteer  
970-330-7233  
riversidestables\_evans@yahoo.com

Dec 6-7 Adequan/USDF National Symposium -  
Kyra Kyrklund  
Contact Heather Petersen to volunteer  
719-683-8435 slush@drwg.net

2009

January 24 Judges' Continuing Education - USDF  
Janet Brown, Freedom Farms, Parker

February 7 TD & Show Management Continuing Education  
Comfort Suites, Castle Rock w/ Deeda Randle,  
Heather Petersen, Camille Griffing, Laura Speer

Sept 24 Rocky Mountain Series-Sport Horse Breeding  
Finals & USDFBC Finals - Colo. Horse Park

Sept 25-27 RMDS Open and Championship Show -  
Colo. Horse Park

For details on these and other RMDS events, contact Educational  
Chairman Heather Petersen  
719-683-8435 slush@drwg.net or  
Read the Centaur  
Go on the website - [www.rmids.org](http://www.rmids.org)  
Contact the RMDS Central Office 720-890-7825 or [rmids@rmids.com](mailto:rmids@rmids.com)



#### Calendar Info

Always contact the individual to check calendar information, as dates, times and places may change. SHOW COMPETITORS SHOULD DO A SCORE CHECK WITH THE CENTRAL OFFICE OR ON-LINE at [www.rmids.org](http://www.rmids.org). Send calendar items and events requiring RMDS sanction to Beth Geier, RMDS Central Office, 720-890-7825.

**THE CENTAUR NEWSLETTER**

The Centaur Newsletter is published monthly. To guarantee that ads and articles will run in a given month, they must be received by the 10th of the month prior to the month of publication, i.e. January 10 for the February edition. If not received by the deadline, articles and ads may be placed in the following issue, if not time sensitive.

**CONTACT INFORMATION**

For article suggestions, articles, columns, letters to the editor: Centaur editor Gavin Ehringer, PO Box 9, Colorado Springs, CO 80901 ph. 719-471-8764, e-mail gavinhringer@earthlink.net.

**ADVERTISING**

RMDS office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301 ph. 720-890-7825, e-mail rmds@rmds.org.

**DISPLAY ADVERTISING**

For information about corporate advertising and/or sponsorship, please contact Beth Geier (contact info above).

Artwork (ads) must be provided in electronic format only. Acceptable forms include: JPG, PDF, TIFF, EPS, Quark XPress (include all fonts and image files). IF UNSURE ABOUT AD FORMATTING, please contact editor (contact info above) for consultation and advice. **Microsoft Word IS NOT an acceptable form of advertisement submission, except in the case of classified ads.**

*No substitutions may be accepted.* If your ad is submitted in a file format other than those listed above, you will be contacted regarding an additional charge for reformatting or redesign. Hourly charge for redesign/reformat is \$35, in minimal units of one hour.

Please be sure to include a printed version of your ad with your payment so that the ad may be proof-read against the electronic version. Printed ad copy cannot be used as final art.

**CLASSIFIED ADS**

Classified ads may be submitted via e-mail to the RMDS office, address above. You may also type or hand-write a classified ad and mail it to RMDS headquarters, attn. Beth Geier, *The Centaur*. Please, limit your classified ad copy to 50 words or less. Exceeding 50 words will result in additional charges per line.

**PAYMENT AND AD COPY DELIVERY**

E-mail ads to: [RMDs@rmds.org](mailto:RMDs@rmds.org), and cc the electronic copy to: [gavinhringer@earthlink.net](mailto:gavinhringer@earthlink.net). Send payment and hard-copy to: RMDS Office, Beth Geier, 2942 Park Lake Dr., Boulder, CO 80301.

**AD RATES AND SIZE SPECIFICATIONS.**

Classified \$20 per item for sale (includes web listing). 50 words maximum. Classified w/photo \$32 per item for sale.

Full page .....	\$150.....	7.5" x 9.5"
Half page .....	\$90.....	7.5" x 4.75"
Outside back half.....	\$105.....	7.5" x 4.75"
1/4 page (Vertical Only).....	\$55.....	3.75" x 4.25" (vertical only)
1/8 page (business card) .....	\$30.....	3.625" x 2.25" (horizontal only)

Ask about discounts for multi-month or annual ad contracts.

Payment for ads is due the 10th of the month. If not received by the 30th of that month, an 18% charge will be assessed. If payment is not received by the following 10th of the month, the person will be listed on the RMDS website under the suspended category.

**EDITORIAL POLICY**

Articles submitted for publication will not be returned. Please contact the editor before submitting unsolicited articles or photos. Articles represent the work and views of their authors, not necessarily the RMDS, its officers or employees.

**TRAINERS AND INSTRUCTORS - Get on the World Wide Web and Build New Business.**

If you wish to increase business, you can place your information on the RMDS website at very low cost. Send information to: Michael Petersen, 12395 Gull Lane, Peyton, CO 80831, ph. 719-683-8435 or e-mail: [webmaster@rmds.org](mailto:webmaster@rmds.org) (note on the subject line "trainer info").

Please include your name, phone number(s), postal addresses, e-mail, locations where you train and other pertinent info, i.e. awards, certifications, lesson types, schooling horses, etc.

The website averages 200 hits per month on the trainer page and RMDS receives 25-30 e-mails per month requesting names of trainers/instructors in the RMDS region. Don't miss the opportunity to expand your client base and gain recognition.

Cost is \$50 annually. Mail check to: RMDS Central Office, 2942 Park Lake Drive, Boulder, CO 80301.

**ADVERTISE EVENTS ON THE RMDS WEBSITE**

Website ads on the RMDS site provide your event with high visibility. Your ad will run for one month from the date it first appears. Unless the webmaster is notified in advance ([webmaster@rmds.org](mailto:webmaster@rmds.org)), the ad will be removed from the website once the date of the event advertised has passed.

Please limit content of the ads to 20 words. E-mail and website addresses will be displayed as links.

Because of the implicit connection to the RMDS, we reserve the rights to:

1. Refuse any ad.
2. Edit ad content.
3. Limit the number of ads displayed at any one time.

**IMPORTANT INFO ON RMDS MEMBERSHIP**

Awards are based on the information on your membership card. Be sure to double-check everything very carefully.

Duplicate cards are available for \$2.00. If emailed to you, they are free. Request a new one by emailing the Central Office at [rmds@rmds.org](mailto:rmds@rmds.org)

Proof of adult amateur status must be sent to the Central Office every year. Showing proof at shows is not enough for the year-end awards. Owner, rider, horse **MUST** be current members **PRIOR** to any ride for the score to count towards qualifying for RMDS Championships and for qualifying for any year-end award. If PONY is not listed under breed and you have a pony, send a copy of the measurement form or the permanent pony card to the Central Office. Remember, membership and its details are your responsibility. Be sure corrections are made.



## RMDS Membership Form

RMDS is a USDF Group Member Organization. All members are automatically USDF Group Members.

Individual Membership - \$55.00 (add \$5 after January 1)

Additional family members (same address) - \$40

Business Memberships- \$75.00 Centaur newsletter only - \$35.00 Life Membership - \$650.00

All business memberships include one individual membership.

Please include all information for person designated as individual member.

All individual members will receive Centaur newsletter & the Omnibus.

Indicate Local Chapter (only one):

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Boulder Valley                          | <input type="checkbox"/> Arkansas Valley                    | <input type="checkbox"/> Foothills (Golden, Evergreen) |
| <input type="checkbox"/> High Plains (Parker, Littleton, Aurora) | <input type="checkbox"/> Colorado Springs                   | <input type="checkbox"/> Penrose (Canon City)          |
| <input type="checkbox"/> Tri-State (Wyoming, Adjacent States)    | <input type="checkbox"/> Northern Colorado (Fort Collins)   | <input type="checkbox"/> Grand Valley (Grand Junction) |
|  | <input type="checkbox"/> Western Colorado (Aspen, Vail etc) |  |

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/ZIP \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (E-Mail) \_\_\_\_\_

USDF No. \_\_\_\_\_ Occupation \_\_\_\_\_

Names, DOBs, & USDF #s of additional family members \_\_\_\_\_

I pledge \$ \_\_\_\_\_ to go towards the RMDS pledge to the USDF Capital Campaign. (Include amount with your membership check)

Type of Membership: (check one)  Individual  Business  Family  Centaur Only

\_\_\_\_\_ Please remove my name from lists sold by RMDS  Renewing member: Need another binder-include additional \$8.00

-----Tear Here-----

### Horse Registration Form

- Horses must be registered with RMDS to be eligible for year-end awards and for horse-of-the year award.
- Eligibility starts on the date the envelope containing this form and check is postmarked.
- The name on this registration must be the same as that used on horse show entry forms.

Lifetime Horse Registration Fee - \$40.00 Changes (i.e., owner or horse's name) \$15.00

Horse Name \_\_\_\_\_ Sex \_\_\_\_\_

Breed (if known) \_\_\_\_\_ Registration No. (include copy of papers) \_\_\_\_\_  
(list grade if no registry papers available.)

Owner Name(s) (one owner must be an RMDS member) \_\_\_\_\_

Address of Owner \_\_\_\_\_

Owner's Phone (Home) \_\_\_\_\_ (E-Mail) \_\_\_\_\_

Name of Representative (If owner is a business) \_\_\_\_\_

**Membership & horse registration acknowledged via postcard. Mail completed form with check made payable to RMDS to: RMDS Central Office - 2942 Park Lake Dr. - Boulder, CO 80301 720-890-7825**

*Region 5 Report from Theresa Hunt*

The USDF Convention and Symposium is around the corner, December 3-7 in Denver, Colorado. The convention is a great way to get involved in the governance of our sport and to meet other dressage people from other states. One of the items to be discussed will be the proposed USEF Competition Performance Standards. Thursday 1:30-2:30 USEF Performance Standards Forum (open) will be your opportunity to discuss the proposed standards. The CPS will NOT be discussed during the USEF rule change forum to be held later on Thursday afternoon 4:15-5:45 pm in the USEF Proposed Rule Change Forum (open).

The rule change proposals are on the USEF website, go to rules and scroll down to the bottom. The CPS is rule DR135. You should review all the rule change proposals and contact your GMO or Participating Member delegates to voice your opinion, and also, if you would like them to discuss any concerns in the council and committee meetings. The meeting schedule is available on the USDF website and in the September USDF Connection.

Your PM delegates are

Julie Barringer-Richers

[jbarringerrichers@comcast.net](mailto:jbarringerrichers@comcast.net)

Scarlett Fahrenson [stgeorg@dakotacom.net](mailto:stgeorg@dakotacom.net)

Elizabeth Glass [Quilthorse@cox.net](mailto:Quilthorse@cox.net)

Susan Leutwyler [theleuts@cox.net](mailto:theleuts@cox.net)

Heather Petersen [slush@drwgw.net](mailto:slush@drwgw.net)

Catherine Siemiet [catsbarn@aol.com](mailto:catsbarn@aol.com)

Dianne Stanley [pstanmt@bresnan.net](mailto:pstanmt@bresnan.net)

The Salute Gala on Friday, December 4, will induct Robert Dover and Fiona V Baan to the Hall of Fame, and also, will honor those receiving rider awards.

Advance registration for the convention will save you 20% and the deadline is November 11. The September *USDF Dressage Connection* contains the Convention preview and registration, also available online at [www.usdf.org](http://www.usdf.org). Hope to see you there.

Enjoy your Horses and Happy Riding!

Theresa Hunt

Region 5 Director

*Freedom Farms says  
goodbye to Fieka  
'a Fine Fellow'  
1993-2008.  
Our deepest  
sympathy to  
Tyteeka Reye  
in the loss of her  
magnificent partner.*



# Editor's Page

*From the desk of RMDS President Laura Speer*

It seems strange that by the time all of you read this, another successful RMDS Championship show will have come and gone. The next thing to look forward to will be the Awards Banquet in November. If you haven't attended this event, please come! It is a great place to see your fellow riders (all dressed up!), mingle, view high quality artwork, bid on auction items, and have a super time! Plus, this event no longer drags into the wee hours of the night. Come have fun with us!

I always take this time in the fall to evaluate how my horse year went and make my plans for the next year. For me, this year was not so productive. Starting off the show season with a tornado kind of put a damper on my outlook. My horses are sound and somewhat fat and lazy --like what I've become. I've talked to numerous friends that were excited about going to Championships this year. Although I've been happy and proud of their success, I've been twinged with some jealousy.

What am I going to do? Well, for one, I'm going to start riding and training again. Sitting on the sidelines all of the time isn't progressing the riding. I'm also going to set some goals and a timeline for achieving them.

My horse is at an awkward in-between-a-level stage so I'd like to see him a solid 2nd level next year. Since I

live out in Timbucktoo (aka Greeley), I have to plan on doing some traveling for my training. My choice of a trainer is someone I know who can take a person up the levels, who themselves show, and who doesn't mind me clinicing. It is sad to see frustrated individuals who are at the same level year after year due to their loyalty to an out-of-touch trainer. I like loyalty as well as the next person but it is my money and business is business. Sometimes you have to know when to move on.

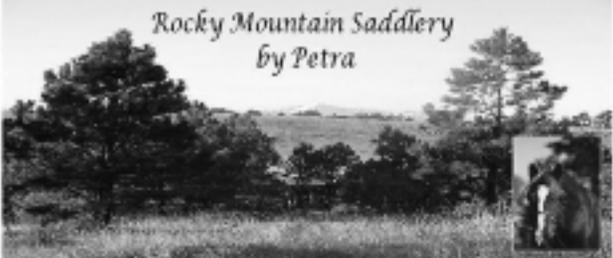
A professional should not hold a grudge when you do move on either. As a professional myself, I know that people come and go in the horse world. Sometimes it is a little hard when you thought things were going well with a client but it ended up with a parting of the ways. Life is too short and there are too many horse people out there to be angry so I always let bygones be bygones and just move on.

So did you meet your goals this year? Regardless of whether you did or didn't, this might be a good time for you to join me in setting some new goals for your riding now. Maybe we will see each other at Championships next year!

With Forward Thoughts,  
Laura Speer



*Rocky Mountain Saddlery  
by Petra*



**RMS Professional Classic Line**  
www.rockymountainsaddlery.by.petra.com



*Alignment  
Balance  
Precision  
Quality*



Contact your RMS Representative

<p><i>TJ Sommerfield</i></p> <p>303-941-9949 tj.sommerfield@gmail.com</p>	<p><i>Simone Windeler</i></p> <p>719-287-2040 wjsimone@msn.com</p>
---	--

**Sore Horse?**

Muscle Motion, LLC

Pulsed Peak Performance (P3) Sessions  
Can Help!

P3 provides electromagnetic stimulation of nerves, muscles and body tissues. P3 sessions help:

- Reduce soreness
- Reduce inflammation
- Increase circulation
- Increase relaxation
- Expedite healing



Haul-ins Welcome/On-Farm Calls

Help Keep Your Athlete Running at  
Peak Performance!

303.917.4121 – 303.204.2642

Muscle Motion, LLC • Linda or Pat • Elizabeth, CO

# RMDS Proposed By-Law Changes

For discussion and possible changes at the Board of Governors' Meeting - Nov. 8, 2008. Use the 2008 Omnibus for reference.

## PROPOSED BYLAWS CHANGES

(Need 2/3 vote) - page E-11 Article XIII, A.  
No changes to the Bylaws

## PROPOSED STANDING RULES CHANGES

(Need majority vote) – page E-11 Article XIII, A.

### SECTION III. RMDS RECOGNIZED/APPROVED COMPETITIONS

Page E-13

#### L. RMDS Recognized Competition Approval:

Add & renumber

*2. All non-chapter competitions held on the same date, as a protected Chapter sponsored competition shall be recognized by RMDS only with the written permission from the protected Chapter's sponsored competition show manager. If the competitions are within a 50-mile radius, such written permission shall only be for a single occurrence of the recognized competition and shall not be binding for shows in subsequent years.*

### SECTION V. AWARDS - YEAR END

Page E-15

A. Eligibility: Add & renumber

*6. PONIES: RMDS follows USEF rules: DR 134. To become registered as a pony, the pony must be measured at an RMDS or USDF/USEF show. A copy of that measurement must be sent to the RMDS Central Office to officially register the pony.*

### SECTION IX. MEMBER BENEFITS

Page E-22

A General Benefits:

*5. A Chapter basic membership fee of ~~\$10.00~~, to be determined by the RMDS Executive Committee, shall be paid.*

### SECTION XIV. RMDS CHAMPIONSHIP SHOW

Page E-25

A. General:

Add & renumber

*4. For pony championships, scores can be earned in any rider's division class (AA, Open or Junior) as long as the pony is registered with RMDS as a pony and meets the standards stated in Sec XIV, B.5.*

## Technical Delegates, Judges & Certified Instructors

### Dressage Judges Ratings & Levels Qualified to Judge

Status	Status	Levels	Status	Status	Levels
"L"	Learner*	Training-Second (RMDS only)	"S"	Senior	All Levels
"r"	Recorded	Training-Second	"I"	International	All Levels
"R"	Registered	Training-Fourth	"O"	Olympic	All Levels
* May only judge at RMDS shows.					
<b>FEI 'I'</b>		Beth Geier .....303-673-9840	<b>TECHNICAL DELEGATES USEF</b>		Sabine Kallas .....307-733-9497
Janet Foy .....719-260-1566		Ilyse Gold .....970-588-3859	Eva-Maria Adolphi (UT) r.801-254-3247		Ellene Kloepfer .....303-828-3879
<b>USEF 'S'</b>		Jan Goodrich-Spear.....303-664-0152	Rusty Cook - r.....505-877-1456		Clayton Martin.....719-379-3716
Debbie Riehl-Rodriguez ..303-642-7708		Gwen Ka'awaloa * .....303-646-4363	Veronica Holt - R .....303-646-3829		Sheri Mattei-Mead .....970-669-3733
Sandra Hotz .....303-817-2030		Linda Coates-Markle.....303-469-0279	Laurie Mactavish - R .....970-390-5160		Kathryn Meistrell .....303-646-9059
Anita Owen.....303-953-9904		Sarah Martin * .....719-379-3716	Heather Petersen .....719-683-8435		Bridget Milnes .....303-660-4986
<b>USEF 'R'</b>		Kathleen Mayger* .....970-310-8729	Deeda Randle (WY) - R...307-638-6737		Kristi Wysocki .....303-648-9877
Janet "Dolly" Hannon.....303-919-4112		Linda Ohlson-Gross * .....303-840-9818	Catherine Siemiet - r .....719-942-5311		<b>USDF CERTIFIED INSTRUCTORS</b>
Kristi Wysocki .....303-648-9877		KC Parkins-Kyle.....303-841-9953	Dianne Stanley - r (MT) ...406-652-4061		<b>TRAINING – 4th</b>
<b>USEF 'r'</b>		Sally Robertson.....303-237-6915	Libby Stokes - r.....303-688-2795		Simone Ahern-Harless ....719-749-9274
Loni Gaudet .....970-532-0852		Kathy Simard* .....720-981-4448	<b>RMDS - (RMDS sanctioned shows only)</b>		Nancy DeVaney .....303-681-2516
Amy Jablonovsky .....970-493-2833		Maria Wasson .....303-682-9594	Joan Clay .....970-490-1927		Loma Fowler .....303-841-0417
Suzanne Zimmer .....303-478-8325		Regina Wendler .....970-879-7505	Jeannette Hillery .....303-494-7718		Sarah Martin.....719-379-3716
<b>USDF 'L' Graduate</b> – Schooling & RMDS only recognized shows		Simone Windeler .....719-540-2000	Susan Selby .....970-227-9530		Kathy Simard.....720-981-4448
Simone Ahern-Harless* ...719-749-9274		*Denotes graduating with distinction	M. Elaine Thomas .....719-495-1510		Melinda Weatherford .....970-484-5218
Francie Brashear.....303-840-7626		<b>DRESSAGE SPORT HORSE BREED- TRAINING JUDGES</b>	<b>USDF CERTIFIED INSTRUCTORS</b>		
Gigi Brittain* .....303-646-1506		Janet Foy 'R' .....719-260-1566	<b>TRAINING – 2ND</b>		
Julie Burt .....719-372-6270		Debbie Riehl-Rodriguez 'R' .303-642-7708	Julie Burt .....719-372-6270		
Rae Ann Cook * .....970-225-1408		Kristi Wysocki 'r' .....303-648-9877	Jill Cantor Lee .....970-686-9163		
Emmy Detlof.....719-495-4188			RaeAnn Cook .....970-225-1408		
Marti Foster * .....303-277-1132			Janet "Dolly" Hannon.....303-279-4546		

**Northern Colorado's Premier Dressage Facility**



Regularly Scheduled Clinics with European/American Instructors  
 Trainer of Your Choice Welcome  
 Nike Air Foot Indoor Arena~Box Stalls with Runs ~ Daily Turnout  
 Multi-Use Outdoor Arena with Jumps  
 Full Care Boarding Facility ~ Open Space Access  
 Conveniently located near Windsor, Fort Collins and Loveland



Boarding Available  
 Please Call for an Appointment  
 970/686-6025  
 970/231-2251  
 Windsor, Colorado

# COUNTRY SUPPLY

Help support our Junior Camp! RMDS receives a small percentage back when you make a purchase on line.  
 Go to: [www.Horse.com](http://www.Horse.com) .  
 Place your order and use Code: RMDS camp Password: dressage

# Wild Hoofbeats



AMERICA'S VANISHING WILD HORSES

BY CAROL WALKER



An emblem of the American West and once numbering in the millions, the wild horse is considered by some today as a resource to be exploited or a pest to be eliminated. Now the wild horse is on the verge of being removed entirely from our nation's public lands. *Wild Hoofbeats* takes us deep into "Aolie Tovin" in Wyoming's Red Desert and one of the largest remaining wild herds in America. In passionate prose, but above all in stunning photographs that are both intimate and grand, Carol Walker convinces us to take the future of these elegant, exceptional animals to heart.

160 pages soft cover large format full color book including over 200 of Carol's moving wild horse photos.

Only \$29.95 US + s&h  
 Calendar only \$11.95 + s&h



"Carol Walker's love of wild horses is evident. The collection of masterful photographs in *Wild Hoofbeats*, along with the insightful and personal account of her experiences, gives us a poignant glimpse into the secret and often tragic world of America's wild horses."

-Tony Stromberg, author of *Spirit Horses*

For more info or to Order *Wild Hoofbeats* Books &/or Calendars, visit us online at [www.WildHoofbeats.com](http://www.WildHoofbeats.com)

For Everyone on Your Gift List! Mention this ad and get 25% off on purchases of 4 or more Books and/or calendars.

10% of all proceeds will go to the Cloud Foundation

# 2008 Shows & Events

## OCTOBER 2008

- 3-5 **Ralf Schmitzer Clinic** Whispering Winds Farm, Monument  
Contact Simone Windeler 719-287-2040  
or T.J. 303-941-9949
- 4-5 **Nancy Smith Clinic at 8th Heaven Farms**  
Contact Beverly 303-688-5727 or  
info@8thHeavenhorses.com
- 4-5 **Jan Ebeling Clinic** Ithaca, NE  
Contact Jamee Amundson-Folmer 308-894-5039  
piaffenpassage@aol.com
- 7-9 **Ralf Schmitzer Clinic** Whispering Winds Farm, Monument  
Contact Simone Windeler 719-287-2040 or  
T.J. 303-941-9949
- 11-12 **Ralf Schmitzer Clinic** Casa Serena, Monument  
Contact Simone Windeler 719-287-2040  
or T.J. 303-941-9949
- 11-12 **Milbrook Farms Autumn Dressage Show** Lehi, Utah-USEF  
Contact Jan Lawrence, 801-768-8739  
millbrk@xmission.com
- 11-12 **Dr. Thomas Ritter Clinic** Black Forest, CO  
Contact Alex Robinson 719-495-2153  
therobinsons4@xmission.com
- 14 **Janet Foy Clinic** Reiterhof Ranch  
Contact Jody 303-646-9520  
www.geocities.com/ingolfn/
- 15-16 **Patrice Edwards from TTT Trust-England.**  
8th Heaven Farms, Castle Rock.  
Contact Beverly Swanson 303-688-5727  
eighthheavenhorses@yahoo.com
- 17-19 **Steffan Wolff Clinic** Stellar Stables, Parker.  
Contact Heather Kennedy 303-478-0304.
- 18-19 **Dennis Callin Clinic** Kaimana Farms, Elizabeth  
Contact Gwen Ka'awoloa 303-646-2795  
or kaimanafarms@hotmail.com
- 23-25 **Linda Strine Clinic** Circle Back Farm, Berthoud  
Contact Loni 970-532-0852 before 9 pm
- 26 **Third Annual Taos Equestrian Center Halloween  
Costume Show**, Taos, NM  
Contact Judy 575-377-3401 cshjih@aol.com
- 28 **Janet Foy Clinic** Reiterhof Ranch  
Contact Jody 303-646-9520  
www.geocities.com/ingolfn/
- 31-11/2 **Great American Insurance Group/USDF Regional V Dres-  
sage Championship** Scottsdale, AZ (USEF)  
Contact Sue Plasman 530-695-0509  
splasman@comcast.net

## NOVEMBER 2008

- 4 **Janet Foy Clinic** Reiterhof Ranch  
Contact Jody 303-646-9520  
www.geocities.com/ingolfn/
- 8 **"Not Ready for Regionals" Schooling Show**, 8th Heaven  
Farms, Castle Rock.  
Contact Beverly Swanson, 303-688-5727
- 18 **Janet Foy Clinic** Reiterhof Ranch  
Contact Jody 303-646-9520  
www.geocities.com/ingolfn/

## CLINIC

GERMAN MASTER DRESSAGE TRAINER

STEFAN WOLFF

OCTOBER 17TH -19TH, 2008

STELLAR STABLES

PARKER CO

CURRENTLY STEFAN WOLFF TRAINS AND TEACHES THROUGH GRAND PRIX AT BROOKSIDE EQUESTRIAN CENTER IN WALNUT, CA. PRIOR TO 2008, STEFAN WOLFF WORKED AND TRAINED WITH KLAUS BALKENHOL (2008 USA OLYMPIC DRESSAGE COACH) FOR 6 YRS. DURING THAT TIME, STEFAN COMPETED AT THE F.E.I. WORLD BREEDING CHAMPIONSHIPS OF YOUNG DRESSAGE HORSES IN 2007. STEFAN WOLFF WAS THE 2006 RECIPIENT OF THE YOUNG PEOPLE SUPPORT AWARD FOR THE STATE OF NORDRHEIN-WESTFALEN FOR THE BEST MASTER-EXAMINATION. IN 2005, STEFAN WAS A FINALIST AT THE BUNDESCHAMPIONATE FOR 5 YEAR OLD DRESSAGE HORSES WITH "HIS HIGHNESS".

THREE DAY CLINIC \$170/DAY (PREFERENCE FOR 3 DAY SLOT)

OPENINGS FOR 3RD LEVEL AND ABOVE

OVER NIGHT STABLING AVAILABLE UPON REQUEST

\$15/DAY AUDITING FEE

CONTACT HEATHER KENNEDY 303 478 0304

# 2008 Shows & Events

**DECEMBER 2008**

3-7 **USDF Convention** Denver  
 Contact RMDS President Laura Speer to volunteer  
 970-330-7233 riversidestables\_evans@yahoo.com

6-7 **Adequan/USDF National Symposium \* Kyra Kyrklund**  
 Denver  
 Contact USDF www.usdf.org 859-971-2277

9 **Janet Foy Clinic** Reiterhof Ranch  
 Contact Jody 303-646-9520  
 www.geocities.com/ingolfn/

**JANUARY 2009**

24 **Judges Continuing Education w/Janet Brown** Freedom Farms, Castle Rock  
 Contact Heather Petersen 719-683-8435  
 slush@drgw.net

**FEBRUARY 2009**

7 **TD & Show Managers Continuing Education**, Comfort Suites Castlerock.  
 Contact Heather Petersen 719-683-6485, slush@drgw.net

**SEPTEMBER 2009**

24 **Rocky Mountain Sport Horse Breeding Championships & Qualifying Open Breed Show** USEF  
 Contact Heather Petersen 719-683-8435, slush@drgw.net

25-27 **RMDS Championships and Open Show** Parker-USEF  
 Contact Heather Petersen 719-683-8435, slush@drgw.net

**OCTOBER 2009**

16-18 **Great American Insurance Group/USDF Region V Dressage Championships** Albuquerque, NM (USEF)

*For updates to the calendar, go to the website: www.rmids.org.*

These events depend upon volunteers. If you can help, please contact the event organizer.

*Isn't it time you and your horse enjoy the best?*



**8<sup>TH</sup> HEAVEN FARMS**

**NOW ACCEPTING SELECT CLIENTS**

Call 303.688.5727 to schedule a visit



**8TH HEAVEN FARMS** is a **FIVE STAR ★★★★★** equestrian facility:  
 Excellent care for your horse, first class amenities for you, and top-notch trainers and visiting clinicians for both.

KC PARKINS KYLE  
Head Dressage Trainer

GIGI BRITAIN  
Dressage Instructor

ROGER KYLE  
Colt Starting & Fear Management Coach

Come experience the hospitality of 8th Heaven - you'll never want to come back to earth.

*Located just 8 miles east of Castle Rock*

## Paragon Equestrian Centre



We are now accepting a limited number of Students and Horses in training with

Sandra Hotz

Please contact Sandy for information  
 303-817-2030  
 hotzdressage@gmail.com



COMPETITIVE RIDING \* LESSONS  
 WORKSHOPS \* CLINICS \* SALES

- \* International Level Competitor
- \* USDF Certified Instructor
- \* USDF Silver & Bronze Medalist

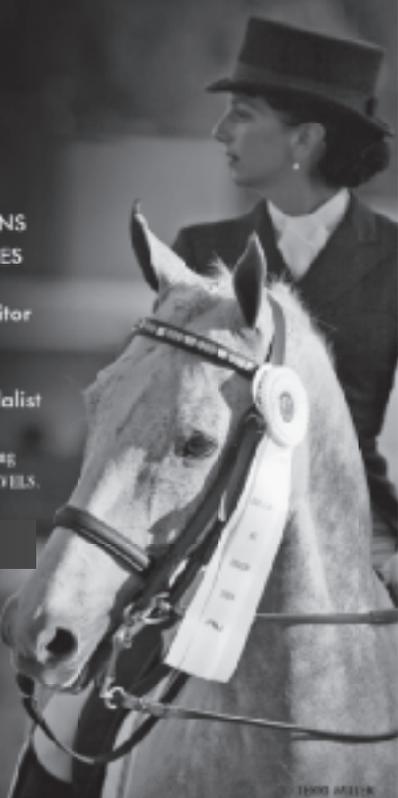
Adhering to Classical principles, developing elegant riders and happy horses at ALL LEVELS.

Located at Sextant Farm in Longmont.

Your dreams are my business.

970.209.8491

WWW.JCLDRESSAGE.COM



# Chapter News

## Arkansas Valley Dressage Association

The third show in the AVDA Riverwalk Schooling show series has been scheduled for October 11, 2008. The show will be at Pathfinder Park, between Cañon City and Florence. Along with dressage tests from introductory through second level, western and gaited horse dressage tests, prix caprilli, quadrille, and an in-hand classes are available. Come join us for some fun, good schooling, and great fall weather! Entries should be postmarked by October 7. A flyer and entry forms are available at [www.horsetop.net](http://www.horsetop.net).

One of the goals of AVDA is to offer educational opportunities for all riders, not just those who are already familiar with the benefits of dressage. We are currently exploring partnering with local 4-H clubs in bringing a clinician to our area. This clinic would not only provide opportunities for our members, but would also help us launch our outreach to young riders who are interested in learning about the advantages of dressage and classical riding principles, regardless of the style or riding or breed of horse that they prefer.

## Foothills Chapter

The Foothills Chapter of RMDs had their "Last Chance" show on Sunday Sept. 14, at Table Mountain Ranch, Golden, Colo. In spite of uncooperative weather and some frisky horses the show went well.

We want to thank Jan Wingate for once again arranging

*Merchants,  
Get ready for Christmas  
sales by placing your ad  
in The Centaur!*

Ad deadlines for November & December are approaching - be sure to have your ad ready by the 10th of October for the November issue and by Nov. 10 for the December Christmas issue.

For ad rates and info see page 6 of this month's Centaur.



the WONDERFUL volunteers, Suzanne Zimmer our judge, Heather Peterson our show secretary, Camille Griffin, our day show manager, Judy and Aurturo Favela, managers of TMR, Sally Higgins, and Lori Mitchell for prep work, and all the volunteers who made our show a success.

We had our last chapter meeting at a local restaurant to say good bye to Susan Kracklauer who is moving to Atlanta. We will have our Oct. meeting also at Malone's ( 63th Ave./Indiana, next to Albertson's Supermarket in Arvada, 7 pm on Thursday, Oct. 2. Call Dolly Hannon for more details 303-919-4112. This is an important meeting as it is the last one before the RMDs BOG. Please come!

*Dolly Hannon  
Foothills Chpt. President*

## Northern Colorado Dressage Association

After taking the usual summer off from meetings, NCDA held it's first fall meeting at the Ft. Collins Equestrian Center on September 18th to make plans for the membership for the next few months.

NCDA will be holding a fun/schooling show on Sunday, October 26th at the Ft. Collins Equestrian Center. In addition to the usual dressage classes, we will have a Halloween costume class and a cowboy dressage class. The cowboy dressage class will allow riders to ride a dressage test in their western saddle and attire. Kathleen Mayger will be the judge and it looks like this will be a fun show! If you would like a prize list for this show, please contact Laura Speer at 970-330-7233.

In October we will also have an acupuncture demonstration and a low cost clinic with Jill Cantor Lee. NCDA would like to sponsor a larger clinic with a well known clinician next year too. NCDA is eagerly looking forward to having more events in the upcoming year!

*Laura Speer  
NCDA President*

## Tri-State Dressage

We had our last Schooling Show of the season on Sept. 20th. There was a good turn out and the weather held up so we could stay outdoors. We would like to thank our friends at the Whirling K Arena in Dubois, WY for hosting the show. For those of you that haven't been to the Whirling K, it is a beautiful facility. We hope to have them host one next year too. A big Thanks goes to all the volunteers that made the Series possible. We will be planning a date for our Awards night and starting the planning for the 2009 Schooling Series at our next meeting TBA.

*Tammy Fagan  
Tri-State Dressage President*



**RMDS AWARDS BANQUET – 2008**

**Painted Ponies**  
**Hosted by the Boulder Valley Chapter**  
Saturday, November 8, 2008  
Flatirons Country Club/Spice of Life Events Center  
5706 Arapahoe Avenue\_  
Boulder, CO

- 5:30 PM           Cocktails
- 6:00 PM           Dinner & Awards Presentation
- 7:00 PM           Awards Presentation
- 5:30–9:00 PM   Auction items available for bidding

Please RSVP by November 1, 2008. A completed form with payment constitutes your reservation. No phone reservations (No exceptions!) Late reservations will be accepted until November 5 with an additional \$10 fee. Make check out to RMDS and mail to:  
Beth Geier – 2942 Park Lake Drive – Boulder, 80301

**Directions:**

From the South: Take I-25 to US 36- Go west on US 36 to Foothills Parkway  
North on Foothills Parkway to Arapahoe Road  
East (right) onto Arapahoe  
Go 1.7 miles to Flatirons Country Club - turn right into facility

From North: Take I-25 to Exit Dacono/  
East (right) to Hwy.287  
South (left) onto Hwy 287 to Arapahoe Road  
West (right) onto Arapahoe  
Go 5.6 miles to Flatirons Country Club – turn left into facility

**Reservations @ \$38 per person:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I do NOT plan to attend the banquet but will be attending the awards presentation and am enclosing a \$15 fee per person to help cover the costs.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**For nearby hotels, contact the Central Office**

# KL Realty

**Karen Libin**

**NEW LISTING**



**POSSIBLE EQUESTRIAN CENTER**

76 acres with significant water rights and numerous usage options in the desirable Gaynor Lake subdivision. Offer includes a high-end 8000 sq.ft., 5 -bed, 6-bath house built in 2001 on 1.5 acre, a second building parcel of 5.7 acres with mature tree growth and an outlot of 68 acres with a boat house on the lake. The entire property has fantastic views of the back range. Suited to the outdoor-orientated buyer with aquatic and equine or agricultural interests, and wanting a second building site.

\$3,800,000 | MLS# 580586



**PRIVATE PARKLAND**

Boulder Creek winds its way through this wildlife haven of 48 acres, nurturing the huge trees and undergrowth which in turn provide cover and breeding grounds for raptors, herons and various other species. Includes a 6,000 sq.ft. house and 5,400 sq.ft. shop.

\$2,500,000 | MLS# 572356



**DESIRABLE HYGIENE**

84 acres with 29 shares of Lefthand , privately located with good city access. Includes a 1000 sq.ft. house; approved for 3,500 sq.ft.

\$1,750,000 | MLS# 574861



**KEENESBURG FARM**

Farm for the future! 155 acres with bonded Henrylyn water and 180 under pivot. 2,156 sq.ft. house, 27,000sq.ft in outbuildings.

\$1,850,000 | MLS# 575342



**FAIRFIELD FARM**

Fairfield Farm provides a thirty-five acre sanctuary with all the peace and tranquility of a rural farm, but within minutes of Boulder, Lafayette and Louisville. It includes a 6 bed, 7 bath home, a 7-stall barn and pastures.

\$2,600,000 | MLS# 576081



4535 Broadway, Boulder, CO 80304 | 303.444.3177

# The KL Team

# BOULDER'S INDEPENDENT REAL ESTATE BROKER



### BOULDER COUNTY FARM

32 irrigated acres with possibility to lease extra 48 with outbuilding and fully fenced. Includes small house and pond.

\$895,000 | MLS# 561289



### MOUNTAIN HOME

Secluded 3br/3ba log home up James Canyon on 4.08 acres with large 40'x80' shop plus fenced area for horses.

\$949,000 | MLS# 571967



### PRIVACY AND PEACE

Very private with views. 40 acres irrigated. 3 bed, 2 bath home, outbuildings and open space for neighbors.

\$2,500,000 | MLS# 569508



### EQUINE ELEGANCE

Stunning views abound from this approximately 20 acre irrigated, organic property.

\$939,000 | MLS# 580588



### FABULOUS FARM

Beautiful, quiet 8.5 acre farm with wells, mature trees, 2BD/1BA house, accessory blds, new septic.

\$549,000 | MLS# 537576



### 10 ACRES

Majestic log home with barn on 10 acres bordering Roosevelt National Forest and endless trails.

\$885,000 | MLS# 559964



### FABULOUS 10 ACRES

Travel up a 1/4 mile driveway to the top of the hill for panoramic views bordering national forest.

\$410,000 | MLS# 567381

Whether you are buying or selling,  
call us for a free consultation.

See all of our listings at...

[www.klrealty.net](http://www.klrealty.net)

# Lessons Learned on the Road to the 2008 NAJYRC

By Morgan Heinrichs

I found my horse Orlando, AKA "Ollie", in January of 2008. Before Ollie, Juniors and Young Riders had always been a goal. I have always believed that they should be just that, goals, not necessarily the start or end of a career. So when we got Ollie we decided that we should go for it and try for Juniors.

Our first two Juniors qualifiers were early in the year. Because of this the tests were all held in indoor arenas, which we soon discovered to be our biggest enemy. For some reason indoor arenas make Ollie very claustrophobic and feel that the world is out to get him. Ollie would be absolutely perfect in the warm-up, even when it was snowing so hard that I could barely see where I was going, but as soon as we stepped a hoof in the indoor he would completely shut down. He acted terrified and I could barely get him to half of the arena.

We finished our first test together with an impressive 180 degree turn-and-run as the judge rose for the final salute. So our first test together was bad, yes I was disappointed, yes I had hoped for more, but in reality I had only had him for six weeks. At this point I was still very hopeful for next time. Little did I know that the next show in Fountain would be just as challenging.

Ollie thought that the concept of actually using the whole dressage arena was a terrible idea. He thought

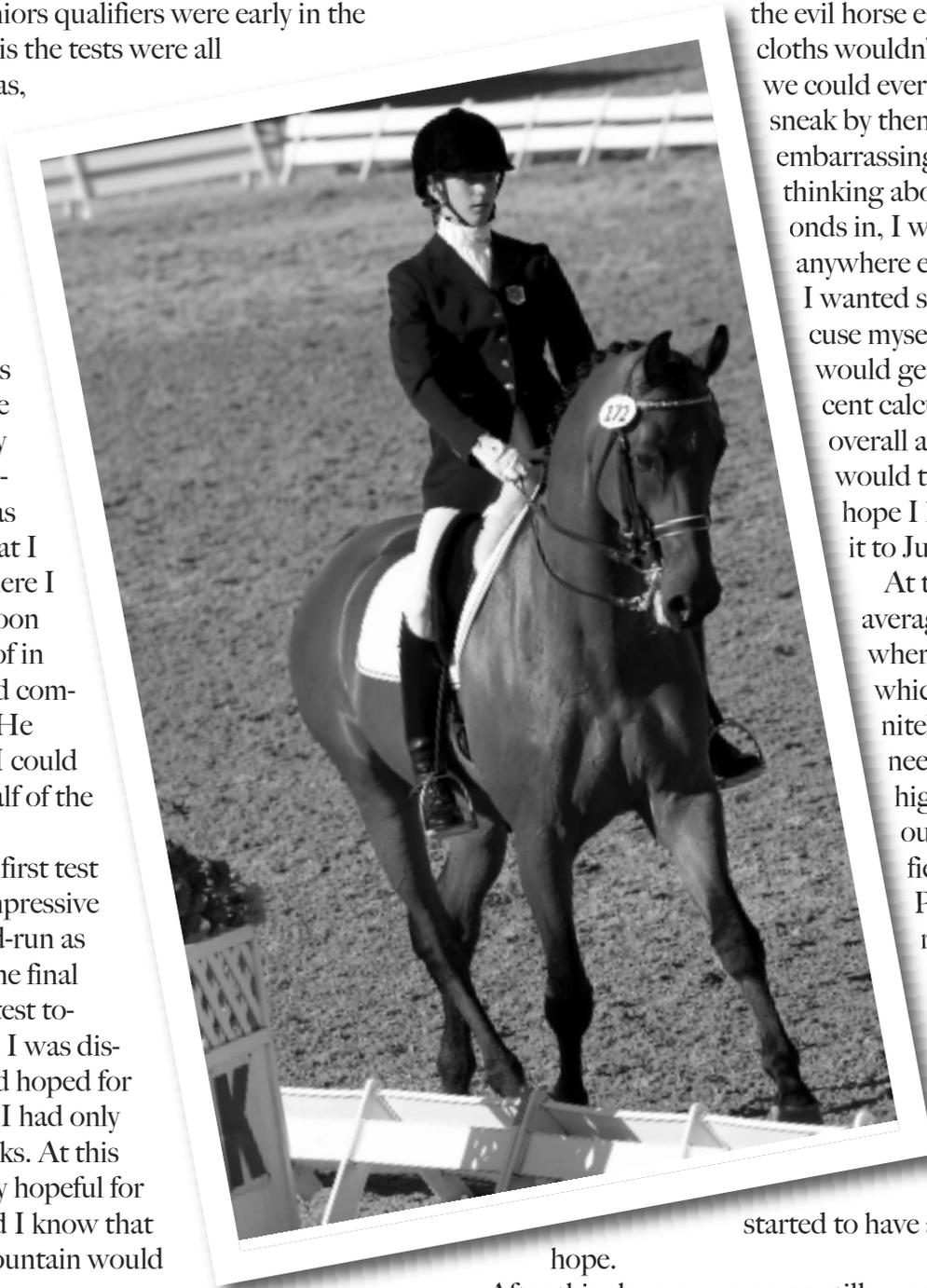
that it would be much safer just to stay as far away from the Judge's booths as possible. Then, when we did manage to make it somewhat close to them, I soon realized that Ollie had come up with a back up plan without confiding in me. He decided that if we barely moved then, maybe, the evil horse eating tablecloths wouldn't see us and we could ever so slowly sneak by them. It was so embarrassing, I remember thinking about two seconds in, I wish I could be anywhere else right now. I wanted so badly to excuse myself but if I did I would get a zero percent calculated into my overall average, which would take away all hope I had of making it to Juniors.

At this point our average was somewhere around a 57 which was definitely not the needed 62% or higher. Luckily our next qualifier was at High Prairie. I was really excited to finally get to ride in an outdoor arena. This show was much better and I

started to have a renewed

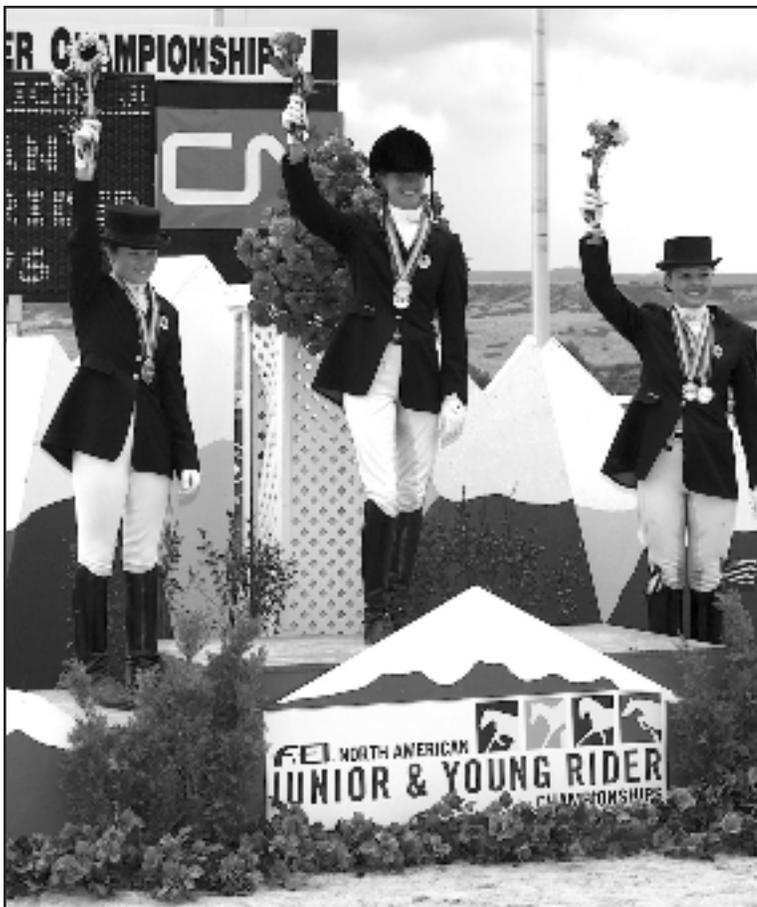
hope.

After this show our average still wasn't great but it also wasn't bad. Now we had to make the decision whether or not to go to one last show in Utah. I re-



member saying “If we don’t go then we will always be wondering what could have happened if we went.” So the answer was clear and we made the 10-hour trek to Utah. This was the show where Ollie and I really started to click. On the last day of the qualifying season, we had made the team.

Going to Juniors was intimidating at first, but it was such a great experience. Everyone involved was so nice and encouraging. The biggest lesson that I took from all of this is the importance of having goals. It is also very important to know that it is okay to change your goals, and that short term goals are just as important as the long term ones. For instance, we had to change our goal from getting a 62% to just getting past the scary tablecloths.



But each time that we changed our goals I never lost sight of our long term goal, even when it looked like we could never get there.

Just making it to the North American Junior and Young Rider Championships was huge for me, and then winning two gold medals felt completely unreal.

I think that everything is still sinking in, even to this day. The most rewarding part of the NAJRC wasn’t actually winning, it was knowing that Ollie trusted me now. He really went all out for me. It was so incredible to see him completely light up during our tests instead of his old tendency to shut down. That was when I knew that we had truly reached our goal and I could not have been happier.

I would like to thank my parents, my trainer and friend Jenny Baldwin, and all of our friends who provided continued support, without whom none of this would be possible.

*The Centaur would like to thank Morgan Heinrichs and congratulate she and her family for her excellent performance at the NAJRC.*

# Classified Ads

## HORSES

**Dutch Warmblood** 12 yo mare. Excellent lineage, sire went to Grand Prix, grandfather Zooloog competed in 1991 Pan-American Games. Well proportioned 15.2 hands. Smart, alert, sound, eye-catching bay. Beautiful, forward mover with significant over-step. One owner. Shown to second level, training at third. \$10,500 (720)-344-2431 LynnMackerman@comcast.net

**74.6% at Training Level!** Remarkable 4 yr. old grey gelding by Holsteiner stallion, Chaleon. Coupe de Ville earned overall high point at his second dressage show with an outstanding 74.6%. This talented youngster has three great gaits, an ideal temperament, and tons of potential! Video available. \$20k. 303-931-1210 or email silvertipfarms@att.net

**Performance Horse**, lovely Clydes/Morab mare, 7 yo. Confirmed Training Level dressage, schooling First/Second Level, in professional training with USDF Gold Medalist/USDF Certified Trainer. Potential as an Eventer. Bay w/hind stockings & wide blaze, 15.3h. Excellent temperament, kind and willing, loves trails, sound, no vices. \$12K. 719-589-2050.



**Imported 3rd Level Horse:** Millenium is 9 y.o., 17hh, palomino Hann/Trak imported from Germany. Working 3rd level with FEI potential. Amateur/YR friendly and talented enough for professional or NAJYRC. Always sound & is sane. \$35,000 or OBO. Misty 605-390-8375-misty@arete-equestrian.com or Chandra 605-280-7455-clouir@yahoo.com

**SF Life Eternal** Regional and national level sport horse/dressage prospect. Has shown and won in hand against aged mares. Started under saddle. Three gorgeous gaits with a personality to match. \$4,200.00 or best offer. Contact (970)-846-4866



**SF Jabels Slider** Sport horse/dressage prospect. 3 year old gelding, well started under saddle. BIG mover with a willing attitude. Will make a great amateur or youth horse. Sweepstakes. \$4,500.00 or best offer. Contact (970)-846-4866



**Yearling half brother to Maude RF & Morocco.** Sire Mannhattan(Oldenburg), dam TB mare. Fabulous disposition & gaits! Bay w/2 whites, should mature 16.2+. Pasture raised, handled daily. \$5k firm. Can board. 970-371-2934.

**IALHA Half-Andalusian gelding.** 7 yo gray reg., Trail horse, now training dressage. Easy to sit and work with! Sound and sane. \$7500/obo to right home. 970-330-7233

## TACK/EQUIPMENT

**Shadbelly:** Pikeur, worn once, size 12 (16 inches between shoulder seams) - \$400 - Anne 307-742-5735; 307-761-0643

**Top Hat** Reed Hill, size 6 7/8, 3XXX beaver, excellent condition, with hat box - \$120 - Anne 307-742-5735; 307-761-0643

**Hennig saddle** 17 inch custom made. Good condition. \$3800. Call Jill at 970-209-8491

## TRAINERS

**Boarders & students welcome at Sextant Farms** in Longmont. Dedicated to the art of dressage at all levels for all disciplines. Offering excellent care, footing, and training through the FEI levels. Trainers include USDF certified instructor Jill Cantor-Lee - jcldressage.com and Rachel Ames - equitanz.com. Please call Jill 970-209-8491 for more information.

### Thank you to all NAJYRC volunteers:

Sharon Schneidman  
Anne Campbell  
Charlotte Curnette  
Libby Stokes  
Kate Sotiroff  
Meryl Compton  
Karen Jones  
Beth Geier  
Dolly Hannon  
Veronica Holt  
Miggy Monroe  
Beverly Swanson  
Pamela Devore  
Jennifer Jennings  
Marcie Krummick  
Lori Holohan  
Simone Windeler  
Heather Petersen  
Dan Richert

Mary Jo Hoepner  
Joan Clay  
Katie Patterson  
McKynzee Wiggins  
Hannah Sotiroff  
Morgan Fleming  
Mary Klopfenstein  
Cindy LeFevre  
Leslie Barringer  
Jessica Swensen  
Megan Levit  
Sarah Martin  
Brooke Devore  
Larissa Jennings  
Jenny Rukavina  
Lauren Rudman  
Susan Rudman  
Camille Griffin  
Sue Devlin

Suzanne Koczon-Shiple  
Kathy Simard  
Cat Siemet  
Jennifer Sotiroff  
Megan Sotiroff  
Julie Barringer-Richers  
Alex Curnette  
Kathleen Donnelly  
Mike Bingham  
Ellen Siebert  
Loni Gaudet  
Stacey Susan Mikula  
Kailey Devore  
Katie Risdahl  
Billie Marsielles  
Christina Rudman  
Dawn Metzger  
Michelle Anderson  
Emily Kenney

And especially to Kristi Wysocki for organizing the volunteers and receiving the Howard Simpson High Five award.

## In Praise of the Longe Lesson

by Beverly Swanson, 8th Heaven Farms

We've been hearing a lot about the benefits of longe lessons lately. Hilda Gurney and Arthur Kottas in *Dressage Today* both recommend longeing as one of the best tools a rider can employ to improve her skills, no matter what level she rides. Recently in the April 2008 Centaur, Sarah Martin also made this same recommendation.

Yet I don't know of too many riders or trainers that take advantage of this opportunity, and I wonder why. Of course, one needs a horse schooled to longe and stay round while the rider is working. Amazingly, many horses are perfectly capable of this with a few sessions. But are we as riders either afraid to show our shortcomings, or too arrogant to think we may benefit?

Alois Podhajsky, former director of the Spanish Riding School, says:

*"The rider's seat must be supple and flexible, upright and deep in order to be able to give the correct aids without disturbing the balance of the horse, especially in difficult exercises. The best way to obtain the correct seat, especially for a dressage rider, is longeing without stirrups. During this work, the rider need pay no attention to guiding his horse but can concentrate on controlling his own movements in the various paces. This is the quickest way to achieve the necessary independent seat, if the legs and reins are to be employed as aids and not as a means to regain lost balance. Absolute control is the basic requirement for every rider."*

My own experience has shown me that, yes, this is a surefire way to improve your seat, balance, independent aids – and conquer fear of getting piled!

I began longe lessons on my own horse last fall with Kelly O'Leary, who specializes in longe lessons along with her regular training. An evil grinning gnome of a woman who has me doing any number of gymnastics in the saddle, she makes me laugh and enjoy every minute of it. Since then, I have longed on several different horses, learning to balance and work with my seat individually with each horse.

When I started, I just wanted to learn to sit the big trot of my new mare. I figured a few longe lessons would be just the trick. But then Kelly started me working on all these gymnastic movements. I had trouble un-

derstanding how punching my arms, doing knee lifts, heel kicks, windmills, backstroke, pulling the rope, touching the tail, bending my body to one side then the other, often in combination and in all gaits, could possibly be necessary to just sit the trot. After all, I already could post and canter pretty well and manage the Training Level tests with my relatively green-to-dressage mare.

I stuck with it though, because I began to notice a significant improvement in my confidence in my seat and balance. When Renne spooked a bit, or got pretty fast, or started throwing her head around, I could sit still and deep in the saddle and let her get over herself without my interference or tensing.

Then I noticed my hips and legs gradually becoming independent, able to move freely and relax, not pinching at the knees or becoming tight in tense situations. My arms and hands are still a work in progress, but I am no longer balancing on the

reins, and I am becoming more and more aware of where my shoulders, elbows and hands are in relation to the movements. Every lesson gives me a new body awareness, and improves my riding just that much more.

I've graduated to riding Andy now, the famous Grand Prix mustang. A horse that knows his business, he has made me work, but given me the gift of his talents too. My confidence has increased dramatically learning from him, and the corresponding lessening of the fear of being dumped along with it. How important that is to the partnership with your horse!

I know I will never give up my longe lessons, even on the off chance I actually learn to ride well. I urge you to give longeing a try, and also urge trainers to incorporate longeing in their programs, particularly for novice riders.

Yes, it exposes all your weaknesses, but isn't it worth it if you can actually FIX those problems? And if you have the guts and determination to improve yourself, you may be surprised at the admiration from your fellow riders, and the improved performance of your grateful horse.

*RMDS member Beverly Swanson is a frequent contributor to The Centaur.*



# Business Ads

## Improve Your Balance, Feel & Timing with Lunge Lessons

**Kelly O'Leary**  
**720-480-8266**

USEF SILVER MEDALIST  
DlearyKelly@hotmail.com



Your Horse or My GP Schoolmaster

**Raian Kaiser**, certified instructor



Now offers the unique and gentle bodywork of The Equine Touch for your horse, and Vibromuscular Harmonization for you.

Part of a comprehensive training program with a focus on improving your seat and your horse's gaits.

(970) 203-0725 equinetouchinfo@yahoo.com

### Rocky Mountain Equine Massage Therapy

A unique style to help the horse balance movement

*Listen-Connect-Follow-Influence*

Introductory rates through June 2007

Carolyn Knapp-Nelson, CEMT Discounts for multiple  
720-985-7107, cell horses at a single location

## HAPPY HORSE

### TACK & SADDLE SHOP

NOW SHOP ONLINE!!!  
[www.happyhorsetack.com](http://www.happyhorsetack.com)

113 Peterson Street Ft. Collins, Colorado

Featuring  
*Amerigo Saddles*  
*Custom Cavallo Boots*

*Tack & Saddle Repairs*  
*Frequent Buyer Programs*

*Quantity Discounts for*  
*multiple products and awards!*

**970.484.4199**

## RMDS BRIDLE TAGS Make Great Gifts!

Only \$30 for two  
Contact RMDS Central Office  
for more details  
(720) 890-7825

## Show Managers & Show Secretaries

### Wonderful booklet of "How To" information.

\$30, postage included  
Contact RMDS Central Office



## Southwest Sport Horse

**Kristina K. Lee**  
608.897.3403

(Cell) 608.931.8934  
KLee4@aol.com

N4222 Oak Hill Circle  
Brodhead, WI 53520

[www.southwestsporthorse.com](http://www.southwestsporthorse.com)

## JANET "DOLLY" HANNON



Dressage Instruction  
Training - Clinics  
USEF "R" Judge

Cell: 303-919-4112  
Barn: 303-2794546  
E-mail: [dollyhannon@msn.com](mailto:dollyhannon@msn.com)  
6282 Kilmer Loop #201  
Golden, CO 80403

# Business Ads



*Professional, Artistic Images  
of Horses & Their People*

## Living Images

BY CAROL WALKER

phone 303.823.6642 • email cw@livingimagesCJW.com  
Visit our online portfolio at www.livingimagesCJW.com



## FOXCREEK

### Mobile Equine Outfitters

**(303) 413-0179**

1750 30<sup>th</sup> Street, Ste. 86., Boulder, CO 80301

[foxcreekmeo.com](http://foxcreekmeo.com)



The BLENDING of DESIGN and CRAFTSMANSHIP

Deborah Deacon deb@mysaddle.com  
303-709-3386 www.mysaddle.com

## Specializing in Sports Psychology for Equestrians



Garget Farms  
3833 West County Road 8  
Berthoud, CO 80513  
(970) 351-7121 • (970) 443-5467  
[www.mentaladvantagecf.com](http://www.mentaladvantagecf.com)

Dr. Margot P. Nacey (#1716)  
Licensed Clinical Psychologist

The Mental Advantage Program  
EMDR  
Imagery & Visualization  
Performance Enhancement  
Seminars and Clinics  
Pony Camp

# Classical Legacy

PROMOTING CLASSICAL EQUITATION AND THE ANDALUSIAN HORSE




## FRANCES CARBONNEL

USDF Bronze and Silver Medalist

303-646-0521 H • 720-979-3120 C  
[www.classicallegacy.com](http://www.classicallegacy.com)

SALES • CLINICS • INSTRUCTION



## PHANTOM HILL FARM

RaeAnn Cook  
USDF certified Instructor  
Training & Lessons

(970) 225-1408 • [PhFdressage@msn.com](mailto:PhFdressage@msn.com)  
7808 S. Lemay Ave. • Fort Collins, CO 80525



## FLYING STAR STABLES

- ☆ Boarding/Training
- ☆ Lessons/Clinics/School Horses
- ☆ Young Horses Started
- ☆ Horses for Sale

**(303) 655-1815**  
KIM BENSON

☆ 1044 COUNTY ROAD 15  
BRIGHTON, CO 80601  
3 MILES EAST OF I-25 AT EXIT 229

[FLYINGSTAR@MESANETWORKS.NET](mailto:FLYINGSTAR@MESANETWORKS.NET)  
[WWW.FLYINGSTARSTABLES.COM](http://WWW.FLYINGSTARSTABLES.COM)



## FLYING STAR SADDLES

**(303) 655-1815**

### ALBION

### Lovatt & Ricketts

### Duett



KIM BENSON  
**Web:** [www.flyingstarstables.com](http://www.flyingstarstables.com)  
**Email:** [flyingstar@mesanetworks.net](mailto:flyingstar@mesanetworks.net)  
3 miles east of I-25 at Hwy 7

Dressage, Hunter/Jumper and All Purpose  
Consignment Saddles available

 **THE**  **TACK COLLECTION**

Sell your stuff (and get more stuff!) at **THE ANNUAL TACK SWAP!**



**Friday Oct 24th & Saturday, Oct 25th**

Bring CLEAN, serviceable English tack and riding apparel to the store between Monday, October 13th and Saturday, October 18th. Then come back and shop the swap from October 24-25. Great for growing equestrians and bargain hunters!

**DURING THE SWAP**, we are having a sale on selected items up to 75% off, including saddles!!

Store hours are 9 - 6 Monday through Saturday at:  
1355 Forest Park Circle in Lafayette  
(SE corner of 95th & Arapahoe)  
phone: 303/666-5364 • fax: 303/604-2783  
toll free: 866/303-TACK  
email: info@tackcollection.com

PRESTIGE • TRILOGY • KEITH BRYAN • PASSIER

[www.tackcollection.com](http://www.tackcollection.com)



ROCKY MOUNTAIN DRESSAGE SOCIETY  
2942 PARK LAKE DRIVE  
BOULDER, CO 80301-5139

Nonprofit  
Organization  
US Postage  
**PAID**  
Parker, CO  
Permit No. 22